



Preserve @ Home provides research-based food preservation education across geographical barriers. Participants learn how to produce high quality preserved foods and the science behind food preservation and food safety.

Individuals with little or no previous food preservation experience are welcome. Anyone with an interest in food preservation and food safety can enroll in **Preserve @ Home**.

Enrollment & Payment Deadline
June 5, 2023

Online Course Available/Start Date
June 8 at 1:00 p.m. MT

Chats Thursday's 1:00 p.m. MT
June 15 – July 20



Cost: \$35 registration fee

Register online at
https://marketplace.uidaho.edu/C20272_ustores/web/product_detail.jsp?PRODUCTID=2135.

For more information, contact University of Idaho Extension, Franklin County at 208-852-1097 or franklin@uidaho.edu.



Online Experience

Online classroom instruction using The Extension Foundation Campus that is monitored and facilitated by Extension Faculty.

Each lesson includes online text, online discussions to facilitate participant interaction, a video chat with classmates and instructors, and open book quizzes to assess knowledge gained.



Lessons

1. Causes and Prevention of Foodborne Illness
2. Spoilage and Canning Basics
3. Canning Acid Food: Boiling Water Canner
4. Canning Low Acid Foods: Pressure Canner - Dial/Weighted
5. Canning Specialty Foods (jams, jellies and preserves; salsas; pickled & fermented foods)
6. Drying and Freezing

Supplemental Materials

7. Nutritional Value & Cost of Preserved Foods
8. Miscellaneous Food Safety & Preservation
9. Preparing for and Coping with Emergencies and Disasters.
10. High Altitude Canning
11. Starting Right – Gardening for Success
12. Root Cellaring: Storing your Garden Harvest

**Online access NOT available after
August 3, 2023**

****At the conclusion, a final exam is given and a Certificate of Completion is awarded for those who achieve 70% or greater of available points for the class.**



The University of Idaho does not discriminate in education or employment on the basis of human differences, as required by state and federal laws

Persons with disabilities who require alternative means for communication or program information or reasonable accommodations need to contact Laura Sant one week before the starting date of the program at 208-852-1097 or lsant@uidaho.edu



**PRESERVE
@ HOME**

University of Idaho Extension

**A Web-Based
Food Preservation Series**