

**4-H FAMILY AND
CONSUMER SCIENCES**

CANYON

— COUNTY —

FAIR

FIND YOUR FUNTM

JULY 28-31, 2022

111 S. 22ND AVENUE, CALDWELL, ID 83605

CANYONCOUNTYFAIR.ORG

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CANYON COUNTY FAIR JULY 28-31, 2022

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4-H Family & Consumer Science Superintendents

Karen Alldredge	Clothing
Amy Eager	Cloverbud
Jessie Holman	Cloverbud
Amber Bucknell	Foods & Nutrition
Carolyn Black	Miscellaneous
Kari Child	Miscellaneous
Amy Costa	Style Revue
Janna Volkers	Style Revue

CANYON COUNTY FAIR ADMISSION INFORMATION

Fair admission ticket and wristband information will be provided as soon as it becomes available.

General Rules & Information

1. Canyon County Fair Management reserves the final and absolute right to interpret these rules and regulations, and settle and determine all matters, questions, and differences in regard thereto, or otherwise arising out of, connected with, or incident to the Fair.
2. Exhibitors are required to familiarize themselves with all rules. Exhibitors or their representatives failing to comply with any of these rules are subject to forfeiture of all awards and could lead to immediate dismissal from Fair and/or not being allowed to exhibit in future Fairs.
3. Disrespect shown to any judge or Fair official by an exhibitor or their representative will result in forfeiture of all awards made to the offending exhibitor and that person and/or their representatives will be asked to leave the Fairgrounds.
4. No literature may be distributed on the Fairgrounds or in the buildings unless permission has been given by Fair Management.
5. **LIABILITY** - Exhibitor/owner of livestock/horses/exhibits assumes all risk and responsibility for loss, theft, and damage to his/herself or his/her property, or injury to any person or the property of any person by animal, while the animal/exhibit is on the Fairgrounds. The owner or custodian of property of any kind brought to the Fairgrounds whether for exhibit or for other purposes assumes, as a condition of its admission to the Fairgrounds, all risk of and responsibility for loss, damage, or theft. Exhibitor exempts the Canyon County Fair, its officers, directors and employees from liability for any loss, damage, or injury to any person or the property of any person or any animal owned or exhibited by him/her and shall indemnify the said Canyon County Fair against all claims and any injuries or damages arising from actions or negligence of the exhibitor.
6. Refer to specific department for additional rules.

4-H Family & Consumer Sciences Rules

1. All general rules and regulations apply to Family and Consumer Sciences (FCS).
2. All 4-H activities at the Canyon County Fair are governed by the current version of the Idaho 4-H Policies and Procedures. Copies are available at the Canyon County Extension Office or online at: www.uidaho.edu/extension/4h.
3. All exhibitors, parents and adults working with 4-H youth must follow the Code of Conduct as listed in the Idaho State 4-H Policies and Procedures.
4. 4-H Participation - To be enrolled in competitive 4-H events, projects and activities, an individual must be 8 to 18 years old at the beginning of the calendar year (January 1 of the current year).
5. 4-H Cloverbuds (5 to 7 years old on January 1 of the current year) are eligible to exhibit Family & Consumer Science projects.
6. **FCS entries must be submitted online by Thursday, July 1.** An entry fee of \$2.00 per item entered is due through the online submission website provided by the Canyon County Extension Office.
7. 4-H Superintendents will rely on the signatures of the 4-H leader and parents as a certification to the record book and that the exhibit is complete and ready to be judged. A project oral presentation is required. Exhibits will not receive an award if the record book is not signed. The 4-H member, leader and parent(s) must sign all record books.

8. Record book portfolios are optional to display and are not part of the judged exhibit.
9. A judge will evaluate all clothing, miscellaneous & foods exhibits and award a purple, blue, red, or white ribbon. Exhibits will be judged separately from the interview evaluation and record book.
10. 4-H members may exhibit two items per project. One item must fulfill the exhibit requirements for the project as described in the Idaho 4-H Project Requirements Handbook. A second item must demonstrate something else a youth learned in that project during the current project year.
11. Award of Excellence is awarded to only purple or blue ribbon exhibits within a project area.
12. Thank you notes - All award winners are required to write a thank you note to award sponsors before receiving their awards. Thank you notes for all FCS awards will be given to club leaders to provide for youth award recipients. FCS thank you notes need to be turned into the 4-H Department in O'Connor Field House.
13. **DRESS CODE** - 4-H youth are representing their program at all times during the Fair. Appropriate dress will be worn in all 4-H areas. Inappropriate attire includes exposure of underwear or midriff area, spaghetti strap or see-through shirts, jerseys, and short shorts.

4-H Family & Consumer Sciences Fair Schedule

July 14, 15, 19, 20	FCS/Miscellaneous, small and large animal record book interview evaluation. 4-H leaders will schedule interview evaluations.
Monday, July 25	
3:00 - 7:00 p.m.	Check in all FCS/Miscellaneous exhibits at O'Connor Field House.
4:00 - 7:00 p.m.	4-H display area may be decorated. Contact Extension Office if willing to volunteer.
Tuesday, July 26	
9:00 a.m.	All FCS/Miscellaneous exhibits are judged.
Wednesday, July 27	
7:00 p.m.	Style Revue Practice, O'Connor Field House (<i>Required</i>)
Saturday, July 30	
5:30 - 6:15 p.m.	Dress for Style Revue at O'Connor Field House.
6:30 - 8:30 p.m.	Style Revue; 4-H Awards Ceremony for FCS and Miscellaneous exhibits following immediately after Style Revue.
Monday, August 1	
2:00 - 6:00 p.m.	Pick up and check out all 4-H books and exhibits from O'Connor Field House. This will be the only time and date to pick up exhibits and books.

4-H Clothing

Superintendent: Karen Alldredge

Preparation of Sewing Exhibits:

1. All exhibits will be provided a label at exhibit check in. The information on the labels will be generated from online fair entries. Please confirm entry accuracy of all information before submitting entry.
2. Posters and displays must meet specific project requirements.
3. The 4-H member may display either: A record book portfolio including involvement report, project book, project manual, story, skills checklist and any supplemental records. OR A 4-H clothing construction portfolio including involvement report and skills checklist.
4. Projects that require notebooks or reports as part of the exhibit requirements must be checked in with exhibit and not included in the record book portfolio.
5. Garments that have been worn should be carefully laundered and pressed before exhibiting.
6. Dresses, skirts, blouses, trousers, etc., should be brought on hangers and must be in clean, clear plastic sack or garment bag. Other sewing entries (non-clothing) should also be presented in clear plastic bags.
7. No accessories are to be exhibited with clothing project.

Division 21001 - Clothing

Class

Sewing Expressions: Level 1, Under Construction

Sewing Expressions: Level 2, Fashion Forward

Sewing Expressions: Level 3, Refine Design

Sewing For Fun

Sew Wow!

STEAM Clothing 1 Fundamentals

STEAM Clothing 2 Simply Sewing

STEAM Clothing 3 Stitch Further

STEAM Clothing Beyond the Needle

4-H Clothing - Style Revue

Superintendents: Amy Costa and Janna Volkers

All 4-H youth enrolled in 4-H clothing projects are encouraged to participate in the 4-H Style Revue Contest.

Friday, July 22, 5:00 p.m.

Typed narration card due to Canyon County Extension Office.

Wednesday, July 27, 7:00 p.m.

Style Revue practice (O'Connor Field House)

Saturday, July 30, 5:30 - 6:15 p.m.

Dress for Style Revue (O'Connor Field House)

Saturday, July 30, 6:30 - 8:30 p.m.

Style Revue; 4-H Awards Ceremony for FCS and Miscellaneous exhibits immediately after Style Revue. (O'Connor Field House)

**Constructed Garment or item
by exhibitor**

4-H member models items they created in the course of their 4-H project (examples include sewn garments, knitted or crocheted items, embroidered items or quilted items).

Class

- A Cloverbud (ages 5-7)
- B Junior I (ages 8-9)
- C Junior II (age 10)
- D Intermediate (ages 11-13)
- E Senior (ages 14-18)

Purchased Garment

4-H member models items the 4-H member purchased.

Class

- A Cloverbud (ages 5-7)
- B Junior (ages 8-10)
- C Intermediate (ages 11-13)
- D Senior (ages 14-18)

4-H Cloverbuds

Superintendents: Amy Eager & Jessie Holman

The Idaho 4-H Cloverbud Program is offered for youth who are 5 to 7 years old by January 1, of the current 4-H year. Approved Cloverbud curriculum is developmentally appropriate activity-oriented, involves cooperative learning and is focused on life skills taught through a broad spectrum of subject matter.

- Fair exhibits by Cloverbuds are non-competitive and are optional. A participant summary sheet may be used with Fair exhibits, but is not required.
- Cloverbuds may not be involved in competitive situations, and projects involving firearms or motorized vehicles.
- A participation ribbon or similar recognition will be given to all Cloverbuds who participate at the Fair.

Division 20001 - Cloverbud

Class

A Cloverbud

4-H Foods and Nutrition

Superintendent: Amber Bucknell

Preparation of Foods Exhibits:

1. All exhibits will be provided a label at exhibit check in. The information on the labels will be generated from online fair entries. Please confirm entry accuracy of all information before submitting entry.
2. Posters and displays must meet specific project requirements.
3. The 4-H member record book portfolio including involvement report, project record book, project manual, story and any supplemental records may be displayed and is not judged with the exhibit.
4. Projects that require notebooks or reports as part of the exhibit requirements must be checked in with the exhibit and not included in the record book portfolio.
5. Food exhibits should be placed on a disposable plate and covered with a new plastic bag or covering.
6. Recipes and their source must to be included with all food exhibits.
7. Any perishable exhibits that spoil will be disposed of during Fair.
8. Food that requires refrigeration will not be accepted.

Division 22001 - Food & Nutrition

Cooking Basics & Nutrition

Class

Baking 1
Baking 2
Baking 3
Baking 4
Cooking 101
Cooking 201
Cooking 301
Cooking 401

Dutch Oven Cooking

Class

Dutch Oven Cooking Level 1
Dutch Oven Cooking Level 2

Entertainment Foods

Class

Cake Decorating Course 1 Year 1
Cake Decorating Course 1 Year 2
Cake Decorating Course 2 Year 1
Cake Decorating Course 2 Year 2
Cake Decorating Course 3 Year 1
Cake Decorating Course 3 Year 2
Candy Making

Food Preservation

Class

Boiling Water Bath Canning
Dehydration of Fruits & Vegetables
Frozen Foods
Pressure Canning

Healthy Living

Class

Choose Health: Food, Fun & Fitness
Keeping Fit & Healthy Level 1
Keeping Fit & Healthy Level 2
Keeping Fit & Healthy Level 3

Food Science

Class

Dairy Food Science
Exploring Food Science Unit I, The Secrets of Baking
Exploring Food Science Unit II, The Secrets of Protein Chemistry
Exploring Food Science Unit III, The Inner Mysteries of Fruit & Vegetables
Exploring Food Science Unit IV, Be a Food Scientist

4-H Miscellaneous

Superintendent: Carolyn Black & Kari Child

Preparation of Miscellaneous Exhibits:

1. All exhibits will be provided a label at exhibit check in. The information on the labels will be generated from online fair entries. Please confirm entry accuracy of all information before submitting entry.
2. Posters and displays must meet specific project requirements.
3. The 4-H member record book portfolio including involvement report, project record book, project manual, story and any supplemental records may be displayed and is not judged with the exhibit.
4. Projects that require notebooks or reports as part of the exhibit requirements must be checked in with exhibit and not included in the record book portfolio.
5. 4-H Club Secretary book, Treasurer book, and Scrapbook are exhibited in the Miscellaneous Department.

Division 23000 - Self-Determined

Class

Citizenship & Civic Education
 Communication & Arts
 Consumer & Family Science
 Environmental Education
 Healthy Lifestyle Education
 Personal Development & Leadership
 Plants & Animals
 Science & Technology

Division 23001 - Personal Development, Citizenship & Leadership

Class

Citizenship Washington Focus (CWF)
 Child Development: Babysitting Guide
 Child Development: Level 1 - Growing On My Own
 Child Development: Level 2 - Growing With Others
 Child Development: Level 3 - Growing In Communities
 Consumer Education: Level 1 - The Consumer In Me
 Consumer Education: Level 2 - Consumer Wise
 Consumer Education: Level 3 - Consumer Roadmap

Division 23001 - Personal Development, Citizenship & Leadership

Class continued

Entrepreneurship, Be the E, Level 1
 Entrepreneurship, Be the E, Level 2
 Entrepreneurship, Be the E, Level 3
 Exploring 4-H
 Financial Champions, Money Fundamentals Level 1
 Financial Champions, Money Moves Level 2
 Financial Management: My Financial Future Beginner
 Financial Management: My Financial Future Advanced
 Financial Management: Reading Makes Cents
 Financial Management: High School Financial Planning Program
 Keeping Healthy: First Aid in Action
 Keeping Healthy: Staying Healthy
 Keeping Healthy: Keeping Fit
 Know Your Government: Exploring Citizenship
 Know Your Government: Advanced Citizenship - KYG Steering Committee
 Know Your Government: Power of the Press - KYG Reporter
 Leadership: Road Trip
 Life Smarts Program
 Build Your Future

Division 23002 - Communication & Expressive Arts

Class

Communication - Express Yourself: Level 1 - Picking Up the Pieces
 Communication - Express Yourself: Level 2 - Putting it Together
 Communication - Express Yourself: Level 3 - The Perfect Fit
 Communication – Finding Your Voice: Public Speaking Made Easy
 Crochet, phases 1-2
 Crochet, phases 3-4
 Crochet, phases 5-6
 Crochet, phases 7-8
 Cowboy Poetry
 Knitting, phase 1
 Knitting, phase 2
 Knitting, phase 3
 Knitting, phase 4
 Knitting, phase 5
 Knitting, phase 6
 Latino Cultural Arts - ¡Qué Rico! La Cultura
 Leather Craft, Beginner
 Leather Craft, Intermediate
 Leather Craft, Advanced
 Photography: Level 1 - Photography Basics
 Photography: Level 2 - Next Level Photography
 Photography: Level 3 - Mastering Photography
 Quilting - Quilt Quest
 Visual Arts - Ceramics, Unit 1
 Visual Arts - Ceramics, Unit 2
 Visual Arts - Ceramics, Unit 3
 Visual Arts - Get Started in Art
 Visual Arts - Jewelry Making
 Visual Arts - Objects in Clay
 Visual Arts - Scrapbooking & Card Making
 Visual Arts - Portfolio Pathways
 Visual Arts - Sketchbook Crossroads

Handwork From Our Heritage (HH)

Class

(HH) Applique
 (HH) Beadwork
 (HH) Ceramics
 (HH) Dried Flower Art
 (HH) Embroidery or Crewel
 (HH) Macramé
 (HH) Needlepoint
 (HH) Origami
 (HH) Rug Making
 (HH) Specialty Embroidery
 (HH) Tole Painting
 (HH) Wheat Weaving
 (HH) Other

Division 23003 - Environmental Education & Earth Sciences

Class

Cross Country Skiing
 Ecology, Exploring Your Environment - Earth's Capacity
 Ecology, Exploring Your Environment - Ecosystem Services
 Forestry, Level 1 - Follow the Path
 Forestry, Level 2 - Reach the Canopy
 Forestry, Level 3 - Deep Woods Thinking
 Geology
 Outdoor Adventures, Level 1 - Hiking Trails
 Outdoor Adventures, Level 2 - Camping Adventure
 Outdoor Adventures, Level 3 - Backpacking Expeditions
 Wildlife Science 1
 Wildlife Science 2
 Wildlife Science 3

Division 23003 - Environmental Education & Earth Sciences

Shooting Sports (SS)

For safety reason exhibits cannot include live ammunition, broadheads, knives or functional firearms.

Class

(SS) Archery
(SS) Hunting
(SS) Muzzle Loading
(SS) Pistol
(SS) Rifle
(SS) Shotgun

Sport Fishing

Class

Sport Fishing, Level 1 - Take the Bait
Sport Fishing, Level 2 - Reel in the Fun
Sport Fishing, Level 3 - Cast into the Future

Plants & Animals

Class

Gardening, Level A - See Them Sprout
Gardening, Level B - Let's Get Growing
Gardening, Level C - Take Your Pick
Gardening, Level D - Growing Profits
Field Beans
Junior Master Gardener
Non-animal Projects
Pocket Pets, Level 1 - Pet Pals
Pocket Pets, Level 2 - Scurrying Ahead
Pocket Pets, Level 3 - Scaling the Heights
Potatoes
Small Grains
Sugar Beets

Division 23005 - Science & Technology

Class

Aerospace 1, Pre-Flight
Aerospace 2, Lift-Off
Aerospace 3, Reaching New Heights
Aerospace 4, Pilot in Command
Arc Welding

Division 23005 - Science & Technology

Class continued

Beekeeping - Level 1
Beekeeping - Level 2
Beekeeping - Level 3
Bicycle 1, Bicycling for Fun
Bicycle 2, Wheels in Motion
Bicycle 3, Bicycling Adventures
Scratch, Level 1
Scratch, Level 2
Scratch, Level 3
Electricity, Level 1 - Magic of Electricity
Electricity, Level 2 - Investigating Electricity
Electricity, Level 3 - Wired for Power
Electricity, Level 4 - Entering Electronics
Engines 1, Crank it Up
Engines 2, Warm it Up
Engines 3, Tune it Up
Entomology, Teaming with Insects, Level 1
Entomology, Teaming with Insects, Level 2
Entomology, Teaming with Insects, Level 3
Robotics - EV3 Level 1
Robotics - EV3 Level 2
Robotics: Junk Drawer Robotics, Level I
Robotics: Junk Drawer Robotics, Level II
Robotics: Junk Drawer Robotics, Level III
Robotics: Platform Robotics
Robotics: Tournament Track FLL
Robotics: Tournament Track FTC
Veterinary Science, Unit I
Veterinary Science, Unit II
Veterinary Science, Unit III
Wind, The Power of Wind
Woodworking 1, Measuring Up
Woodworking 2, Making the Cut
Woodworking 3, Nailing it Together
Woodworking 4, Finishing Up