Ada County Leader’s Association  
Wristwatch Award

This award is presented to the outstanding 4-H member in Ada County to recognize outstanding achievement and stimulate interest among older 4-H youth. Qualified applicants must complete this application and return to the Ada County Extension Office by October 4, 2013.

APPLICATION

Name ____________________________ Age _______ Birthday _________
Address __________________________________________ Phone _________
City ___________________________ Zip ___________ Years in 4-H ____________
Name of 4-H Club(s) __________________________________________
Name of Parents/Guardian __________________________________________
Approved by ____________________________________________________________________________

Leader Signature

ELIGIBILITY

1) Member must have completed 3 or more years in 4-H and have passed his/her 14th birthday at the time of application.
2) The 4-H member’s leader must approve and sign the application. A recommendation should be attached.
3) The member should have as close to 200 points as possible with the last 2 years to be eligible (2 year period may be any recent 2 year period. 200 points is a guideline, not a minimum.
4) A brief statement of the member’s greatest leadership achievement in 4-H. 100 words or more.
5) Previous winners of this award are not eligible.
6) A selection committee will determine the wristwatch winner. Their decision does not have to be based solely on the grand total of points accumulated by applicants.

PROCEDURE

1) Read the instructions in each section carefully before recording your achievements.
2) Include your most important achievements up to the maximum number allowed in each section.
3) Record appropriate points for your level of participation in the boxes behind each contest, activity, etc. Total points for each line in right hand column, then use the “TOTAL” column.
1. Contest Participation

You may select up to 15 4-H contests in which you participated within the last 2 years. Include contests representing 2 or more project/subject areas. These may include any competitive event where awards were given such as: style revue, wool scholarship contest, fitting and showing, identification contest, judging, demonstrations, public speaking, photography, or any other where the award was not based solely on your project record or exhibit. Points may be applied as follow:

- County (C) 3 points
- District (D) 1 point
- State (S) 1 point
- National (N) 1 point
- Other (O) 1 point (Regional, Area, etc.-explain)

Record points in the appropriate boxes for each level of the contest participation that year.

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<th>CONTEST (be specific)</th>
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Total: _____
2. **Activity Participation**

You may list up to 15 activities in which you participated the last 2 years. These may include National 4-H Congress, National 4-H Conference, Citizenship Washington Focus, Teen Conference, Know Your Government Conference, Workshops, Builder’s or Teen Club, Leaders’ Forums, 4-H Camp, Community Pride, National 4-H Week, domestic or foreign 4-H Exchange programs, and any others. Points may be applied as follows:

- Club (CL) 2 points
- County (CO) 3 points
- District (D) 3 points
- State (S) 4 points
- National (N) 4 points

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**Total: ________**
3. **Leadership**

You may list up to 15 4-H leadership experiences you have had during the last 2 years. This should include experiences as an officer, committee chairman, delegate coordinator, club leader (if not enrolled in leadership project--list that under project points), KYG Planning Committee, Ambassador, camp counselor, or other, where you had a role in the planning, carrying out, and evaluating some activity or program. You may include participation on a committee if you had a part in the planning/carry out/evaluation. Points may be applied as follows:

- Club (CL) 3 points
- County (CO) 3 points
- District (D) 4 points
- State (S) 4 points
- National (N) 5 points

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4. Project Participation

You may list 10 4-H projects taken in the last 2 years. Refer to the First Security Foundation Wristwatch Award 4-H Project Points, #91807.

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<tr>
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<th>PROJECT</th>
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5. If you were an officer in any 4-H organization and points were not earned elsewhere in this application, you may add the following:

Club (CL) 3 points  County (CO) 3 points  District (D) 4 points  State (S) 4 points

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6. Attach a statement of 100 words or more about your greatest leadership achievement in 4-H during the last 2 years. A maximum of 30 points may be awarded by the committee.

Committee Awarded Points ________

POINT GRAND TOTAL ________

4-H Leader's Recommendation

It is suggested the leader’s recommendation be submitted in a sealed envelope. Please be frank about the qualifications of this member. Thank you.
Wristwatch Award Program
4-H Project Points

Note: Projects are grouped according to the 8 project categories as listed in the 4-H Project Code for Idaho. Points for each project or unit are indicated after the project. More advanced projects/units are worth more points. Projects recommended for members younger than 12 are not listed and should not be used to earn points. County projects may be listed if they are recommended for members over 12. County Office should assign points appropriate to the amount of time and effort needed to complete the project, using this list as a guideline.

Citizenship and Civic Education
Exploring Citizenship, My Government (KYG), 1st or 2nd year, 20 pts.
Advanced Citizenship (KYG), 20 pts.
Power of the Press, 20 pts.
Exploring Citizenship, National Focus, 20 pts.
MY AMERICA: Building a Democracy (Video Series), any project, 12 pts.
Handwork from our Heritage (any topic),
Units 1 or 2, 12 pts.; Units 3 and up, 16 pts.
Dustin' the Barriers - Unit 1, 16 pts.; Units 2, 3, 4, 20 pts.
Teen Leader (see Personal Development and Leadership Category)

Communications and Expressive Arts
Public Speaking, 12 pts.
Leathercraft – Unit 1, 10 pts.; Unit 2, 12 pts.; Unit 3, 16 pts.
ABC's of Art – Unit 1, 12 pts.; Unit 2, 16 pts.
Photography – Adventures with Your Camera, Unit B, 12 pts.; Exploring Photography, 16 pts.; Optional focus Areas, 20 pts.
Theater Arts – Quest for Expression, 16 pts.; Voyaging Beyond, 20 pts.

Consumer and Family Sciences
Child Development – Growing in Communities, 16 pts.
Clothing and Textiles – Ready, Set, Sew, 10 pts.; Sew Some More, 12 pts; Seams Sew Easy, Sew What, Favorites, Expressions, 16 pts.; Explorations, Outdoorwear, Western Wear, Tailoring, 20 pts.
Sew and Have Fun!, 10 pts.; Sew Much More, 12 pts.; Sew on and Sew Forth, 16 pts.
Knitting – Phase 1, 10 pts.; Phase 2, 12 pts.; Phase 3, 4, 5, 6, 16 pts.
Crochet – Phase 1, 10 pts.; Phase 2, 3, 12 pts.; Phase 4, 5, 6, 16 pts.; Phase 7, 8, 20 pts.
Consumer Education – Discovering Choice, 12 pts.; Managing Choice, 16 pts.

Environmental Education & Earth Science
Geology – Pebble Pups, Unit 1, 10 pts.; Unit 2, 12 pts.; Unit 3, 16 pts.
Forestry – Trees, 12 pts.; Forests, Find a Big Tree, Developing a Nature Trail, 16 pts.; Urban Forestry, Forestry Careers, Making Forestry Pay; 20 pts.
Wildlife – Unit 2, 12 pts.; Unit 3, 16 pts.; Unit 4, 20 pts.
Survival – Unit 1, 10 pts.; Unit 2, 12 pts.; Unit 3, 16 pts.
Sportsfishing, 16 pts.
Shooting Sports (any topic) – Advancement
Step 1, 10 pts.; Step 2, 3, 12 pts.; Step 4, 5, 16 pts., Step 6, 7, 20 pts.

Healthy Lifestyle Education
Health – Teen Talk, 12 pts.; The Future, 16 pts.
Safety - ATV Rider Safety, 16 pts.
**Personal Development and Leadership**
High School Financial Planning Program, 20 pts.
Self-Determined (any subject), 20 pts.
Teen Leadership – Unit 1, 16 pts.; Units 2, 3, 4, 20 pts.
Advanced Leadership (4-H District and State Officers), 20 pts.

**Plants and Animals**
Beef - Stocker Feeder, 12 pts.; Market Beef, On the Moove, 16 pts.; Breeding, Leading the Charge, 20 pts.
Cats – Climbing Up!, 12 pts.; Cat Connection, 16 pts.
Dogs – Unit 1, 10 pts.; Unit 2, 3, Canine Connection, 12 pts.; Unit 4, 5, 6, Leading the Pack, 16 pts.; Guide Dog Puppy, 20 pts.
Goats – Unit 1, 2, 12 pts., Unit 3, 4, Stepping Out, 16 pts.; Unit 5, Showing the Way, 20 pts.
Rabbits – Pet, 10 pts.; Market, A Jump Ahead, 12 pts.; Breeding, Leaps and Bounds 16 pts.
Sheep – Market Lamb, Shear Delight, 16 pts.; Breeding, Flock, Leading the Flock, 20 pts.
Small Animals/Pocket Pets – Scurrying Ahead, 12 pts.; Scalling the Heights, 16 pts.
Swine – Market, 16 pts.; Breeding, Breeding Herd, 20 pts.
Crops – Small Grains Beginner, Field Beans Beginner, 16 pts.; Small Grains Advanced, Field Beans Advanced, 20 pts.

**Science and Technology**
Entomology – What’s bugging You? 12 pts.; Dragons, Houses, and Other Flies, 16 pts.
Veterinary Science – Unit 1, 12 pts.; Unit 2, 16 pts.; Unit 3, 20 pts.
Bicycle – Bicycle Adventures, Unit 3, 16 pts.
Computer – Booting up, Unit 1, 12 pts.; Adding On, Unit 2, 16 pts.; Reaching Beyond, Unit 3, 20 pts.
Electricity – Wired for Power, 12 pts.; Entering Electronics, 16 pts.
Small Engines – Warm It Up, 12 pts.; Tune It Up, 16 pts.
Woodworking – Nailing It Together, 16 pts.; Finishing Up, 20 pts.
Arc Welding – 16 pts.