

EXTENSION TRENDS: **PAYETTE COUNTY**

University of Idaho Extension, Payette County • www.uidaho.edu/payette



2022 By the Numbers

- **2,697** direct contacts
- **425** youth participants
- **55** volunteers
- **1,335** volunteer hours
- **\$657,046** extramural funding

Our Advisory Council

Special thanks to our volunteers who help shape programming and inform the work we do for UI Extension in Payette County: Barbara Brody, Jane Llanas-Talbot, Danny Gabiola, Gayle Van Weirduizen, Ariel Serrano and Mike Partin.

UI Extension Educator



Joey Peutz
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2022 Impact

Well Connected Communities is a grant funded initiative with the goal of ensuring that lifelong health and well-being are within everyone's reach. The Payette Community Health Action Team is tackling issues on affordable housing, walkability, nutrition security and mental health.

Eat Smart Idaho provided classes in Payette County, in the Southern District and throughout the state to teach low-income adults and youth about healthy eating and cooking for less, saving money at the grocery store, keeping food safe, being active, and planning meals. UI Extension worked with community partners to implement environmental changes to help make the healthy choice the easy choice. 91% of adult participants showed improvement in one or more food resource management practices and 95% showed improvement in one or more diet quality indicators following participation in an Eat Smart Idaho class series, compared to practices before the series.

The Extension Collaborative on Immunization Teaching and Engagement project integrated the confidence, complacency, convenience model of vaccine hesitancy to deliver an innovative project that prioritized education using a mobile clinic model to serve rural communities with limited access to healthcare, and Hispanic agricultural employees and their families in southern Idaho. The project delivered immunization clinics using an innovative three-step approach: identifying worksite leadership and/or community influencers and coordinating a mobile vaccination clinic; providing personalized Q&A prior to opening the clinic with emphasis on family education; and providing follow-up for clinics.

The Fruitland Preparatory Academy school garden began in 2017 through a Grow Healthy Kids and Communities grant and continues to provide an opportunity for youth to learn about gardening, the science behind soil, and healthy eating. UI Extension Educator Joey Peutz offers food preservation and cooking classes to participants in the garden project.

4-H in Payette County

Youth participating in the 4-H shooting sports programs learn the safe, appropriate and responsible use of firearms and archery equipment while gaining marksmanship skills. The shooting sports program helps youth learn life skills, build self-worth, strengthen conservation ethics and become more effective environmental stewards. The UI Extension, Payette County 4-H Youth Development program has quadrupled the number of youth involved in shooting sports by offering trained certified instructors to lead each shooting sports discipline on a county level.

Youth involved in 4-H programming are far likelier to give back to their communities, be civically active, make healthier lifestyle choices, participate in STEAM programs during out-of-school time and pursue entrepreneurship than their peers who are not involved in the program.

On the Horizon

UI Extension will have an updated and refreshed publications website in 2023. This is a great place to find evidence-based information from safely making jerky to managing Boxelder bugs around your home.

A new 4-H coordinator will start in February 2023, bringing fresh ideas, enthusiasm and passion to the UI Extension 4-H Youth Development program in Payette County.