**2021 Impact**

Educator Kathee Tifft supervised an undergraduate intern from the U of I Department of Movement Sciences to revise and introduce the Valley on the Move walking program to encourage physical activity and decrease social isolation in the Lewis-Clark Valley. She provided an online presentation for the NEAFCS Leadership Experience workshop series on participatory action research tools and piloted the Five for Five: Better Health in Five Minutes physical activity add-on curriculum to 200 youth and adults at four online 4-H/FFA livestock animal youth field days. She also co-taught the Mental Health First Aid class in three north central counties. The training helps community members identify, understand and respond to signs of mental illnesses and substance use disorder.

Area Educator Doug Finkelnburg hosted in-person and online/hybrid cereal schools and the UI/WSU integrated pest management clinic. He delivered programs on invasive and noxious weed management for homeowners, drought implications for northern Idaho agriculture weed and pest management and herbicide resistant weed management. A three-year field study was completed on annual oat and barley hay varieties for grazing focused on agronomic performance, nutritional value and economics. The 2021 Dryland Field-Day Abstract: Highlights of Research Progress was published, and a $10,000 innovative project grant was obtained to develop noxious weed management programming. He also helped plan and execute the Pacific Northwest Direct Seed Association annual conference and summer expo.

**4-H in Nez Perce County**

The UI Extension, Nez Perce County 4-H program continued to remodel the livestock areas at the fairgrounds to accommodate an increase in large animal projects. A collaboration with 4-H programs in Benewah County and Asotin and Whitman counties in Washington provided virtual youth livestock field days focused on beef, swine, lamb and market goats. Clinic level experiences for members to observe and practice specific skills and techniques for grooming, feeding, health care and correct handling of their small animals such as poultry, rabbit and cavy projects continue.

**On the Horizon**

Tifft will complete coursework for certification in home modification offered through USC’s School of Gerontology. She will provide the Mental Health First Aid class and incorporate both programs into the Aging with Intent and Meaning healthy aging program offered throughout north central Idaho. She will oversee the county horticulture associate coordinating the Idaho Master Gardener program and continue to support the development of the Master Food Safety program. The Youth Aware of Mental Health program will be offered in regional high schools.

Finkelnburg will continue to emphasize crop rotation and diversification strategies to minimize risks and maximize cash crop production potential. He will continue working with the multi-institutional effort to implement a PNW based herbicide resistant weed initiative and will collaborate with local soil-water conservation districts to evaluate post-harvest weed seed control strategies. Educational events for crop producers, agricultural professionals, and Master Gardeners, and ISDA pesticide license recertification events, will continue.

A new horse volunteer is bringing fresh energy into the county horse program and hopes to rebuild interest and increase the number of members getting involved in 4-H horse projects.

**2021 By the Numbers**

- 1,362 direct contacts
- 571 youth participants
- 90 volunteers
- 2,060 volunteer hours
- $17,000 extramural funding

**Our Advisory Council**

Special thanks to our volunteers who help shape programming and inform the work we do for UI Extension in Nez Perce County: Tom Conklin, Clint Zener, Steve Riggers, Maria Garvey, Lisa Stoddard, Shawn Smith, Carol Thompson, Craig Hall, Janis Forsmann and Betty Peters.

**UI Extension Educators**

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