2021 Impact

Educator Laura Sant taught 67 classes and wrote 30 newspaper articles in 2021. She taught three six-week sessions of Preserve@Home with other Extension educators from Idaho, Oregon, Colorado and Wyoming, with 86% participants completing the class with a grade of 70% or higher showing increased knowledge of safe home food preservation practices. Twenty-seven participants completed a post survey and between 33-70% reported learning new skills, and 93-100% indicated intention to do the skills/behaviors in the future.

Ninety-three pressure-canner dial gauges were checked for accuracy in Franklin County. Of these gauges, 23% were accurate, 74% had to be adjusted and 33% had to be replaced.

56% of county employees made a lifestyle goal to maintain or improve health at the beginning of the year and received a $50 incentive. 77% of those who made goals reached and maintained their goal and attended at least two educational classes. They received an additional $50 incentive at the end of the year.

4-H in Franklin County

4-H members enrolled in 959 projects in Franklin County in 2021, completing 77% of their projects. Sant taught or co-taught three projects (12 classes). She also taught three school enrichment programs (41 classes), including Bread in the Bag (6); Recruitment (4); and Ready, Set, Food Safe (31). She helped to plan and conduct the Alpine 4-H Camp for Bear Lake, Caribou, Franklin and Power counties, hosted two sessions at camp and co-taught one camp counselor training. Sant assisted with planning and presenting 4-H projects, contests and activities at the Franklin County Fair and EISF and also served as the EISF 4-H Building Chair.

On the Horizon

Sant plans to offer more Mental Health First Aid classes to county employees and community members in the upcoming year.