

# EXTENSION TRENDS: BONNEVILLE COUNTY

University of Idaho Extension, Bonneville County • [www.uidaho.edu/bonneville](http://www.uidaho.edu/bonneville)



## 2020 By the Numbers

- **9,592** direct contacts
- **2,569** youth participants
- **175** volunteers
- **5,494** volunteer hours
- **\$7,800** extramural funding

## Our Advisory Council

Special thanks to our volunteers who help shape programming and inform the work we do for UI Extension in Bonneville County: Kathy Duplessis, Ann McRill, Morgan Nield, Christine Gladstone, Pamela Rich, Linda Beckstead, Hersh Mynarcik, Wendy Radford, Judy Seydel, Lauren Koss, Bryon Reed, Robin Manship, Catharine Dudley, Gary Lewis, Stan Boyle, Wendy Horman, Joy Boyle, Heather Rutledge, Josh S. and Cathy Johnson.

## UI Extension Educators



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## 2020 Impact

Eastern Idaho Pest Alert newsletters have expanded and improved with over 170 subscribers learning about pest spray schedules, other pests and beneficial bugs. The water check program helps homeowners conserve water while maintaining a healthy landscape. Educator Ron Patterson continues to help with the cereal school and Idaho Ag Outlook event where producers learn about the economic outlook for various commodities and grain growers learn about current issues regarding cereal grain production. He assists the regional agriculture economist with the farm business management program, where producers learn how to analyze their financial records to determine their financial status.

Family and Consumer Science programs included in-person and virtual wellness presentations. Several virtual programs were developed to address COVID-19 related concerns and these presentations were expanded statewide through collaboration with Statewide Health Insurance Benefits advisors and the Idaho Department of Human Resources. Local collaborations included Nuclear Care Partners, Idaho National Laboratories, Eastern Idaho Community Action Partnership, Idaho State University Friends for Learning, Eastern Idaho Public Health, and IdahoStrong, expanding impact within Bonneville County. The Improving Sleep: The Latest Research program was presented nationally to the American Association of Family and Consumer Sciences.

## 4-H in Bonneville County

The 4-H program in Bonneville County continues to grow a diverse experience due to staff, a record number of volunteers, and AmeriCorps members working to provide opportunities. Multiple workshops and camps were held to expand education to youth including a ruminant dissection experience to learn the differences between ruminant and monogastric stomachs; livestock judging training covering cattle, sheep, goats and pigs; a program on kitchen science where youth experimented with common household items to learn about reactions; and multiple new FCS programs lead by volunteers including barn quilts, hiking, fishing derby days, forestry and geology. A new club was created that focuses on service to the community and over 20 members completed nearly 10 service projects. The 4-H staff has also educated over 100 youth on ultrasound of animals for carcass contests.

## On the Horizon

Patterson plans to expand the Idaho Home Garden Tips virtual discussions to twice-monthly and add a new feature, Plant Talk with Ron & Reed, for people to ask specific questions. He also plans to expand the Eastern Idaho Pest Alert newsletter to Burley and St Anthony. Idaho Master Gardener classes will be delivered online, however, several face-to-face labs will be held to teach hands-on skills in pruning and grafting.

The Chronic Disease Self-Management workshop series will continue in Bonneville County and Educator Leslee Blanch will train of other FCS educators to facilitate this program around the state. Other upcoming programs include Performance Nutrition: Fueling for Success; Beating the Winter Blues; Improve Posture and Body Alignment; and Nutrition 101. Presentations will be offered in-person and virtually.