

EXTENSION TRENDS: BONNEVILLE COUNTY

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2021 By the Numbers

- **15,806** direct contacts
- **5,311** youth participants
- **129** volunteers
- **12,812** volunteer hours
- **\$88,000** extramural funding

Our Advisory Council

Special thanks to our volunteers who help shape programming and inform the work we do for UI Extension in Bonneville County: Kathy Duplessis, Danae Schoenborn, Diane Skoy, Marnie Spencer, Donna Whitham, Mark Whitham, Linda Beckstead, Hersh Mynarcik, Wendy Radford, Judy Seydel, Bryon Reed, Catharine Dudley, Gary Lewis, Stan Boyle, Mark Wilson, Steven Boyle, Wendy Horman, Joy Boyle, Heather Rutledge, Emily Fitzpatrick, Cassie Adams, Cassie Humrickhouse, Molly Brinkerhoff, Jan Prudent, Brian Andersen, Karen Foster and Cathy Johnson.

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2021 Impact

Eastern Idaho Pest Alert newsletters continue to expand and improve, providing pest and beneficial insect information to gardeners from Burley to St Anthony. In the Garden articles for EastIdahoNews.com have increased the horticulture education to local residents. The water check program helps homeowners conserve water while maintaining a healthy landscape. The Idaho Home Garden Tips online classes have provided timely information to local growers in a convenient format. Educator Ron Patterson continues to help with agriculture and farm business management programs.

Family and Consumer Sciences programs included regularly scheduled fitness programs, both virtually and in-person, including assisted living chair-based classes. Nutrition topics presented in 2021 included performance nutrition, mindful eating, weight management, healthy aging and meal planning. General wellness topics ranged from cancer prevention and improving sleep, to body alignment and stress management. Local wellness programming partnerships in Bonneville County include: Idaho Falls Police Department, Department of Labor, Eastern Idaho Community Action Partnership, Idaho State University Friends for Learning, Eastern Idaho Regional Medical Center and several organizations serving low income community members.

4-H in Bonneville County

The 4-H program in Bonneville County saw some interesting numbers in 2021. COVID-19 restrictions in school classrooms had a significant impact on the ability to reach youth outside of standard 4-H clubs. However, while numbers of total youth contacts for the year was down 31%, project counts for 4-H were higher. Market livestock projects saw an increase of 6.8% over last year. In FCS programs, there was an increase of 41% over last year's numbers. Two AmeriCorps volunteers helped with day camps and outreach education. New projects added to the day camp lineup this year focus on outdoor and environmental education, including courses on survival, hiking, sportfishing and a unit on jump rope and healthy living. Dog projects were doubled with the addition of a new 4-H dog club. A hands-on livestock quality assurance clinic was held covering quality issues, management practices, administering medications, reading labels and record keeping, and consumer confidence. 4-H staff also presented a beef consumer education program.

On the Horizon

Patterson will lead a team to develop an online QuickBooks for farmers and ranchers class that will be available to producers across the state. This delivery will grant access to local producers at times when a strictly local class will not be large enough to justify.

Local partnerships will continue to strengthen the healthy living programming offered by Educator Leslee Blanch to venues throughout the community.