Educator Andrew Bingham adapted retirement planning, complete with forecasting tools, to an online platform. These classes included a discussion on Social Security benefits, the cost of retirement, and spreadsheets to aide participants in their decision-making process. The impact for these tools can range from $0 to $100,000 over the course of an individual or couple’s retirement depending on their circumstances.

Six year-long classes of the Diabetes Prevention Program were held and a grant from the Idaho Department of Health and Welfare was received to support the program. Eighteen new Master Food Safety Advisor (MFSA) volunteers were trained and 46 advanced MFSA volunteers continued their education. These MFSA volunteers made 2,848 contacts and volunteered 1,023 hours.

The 4-H program filmed and posted nine videos to social media to replace spring day camps canceled due to the pandemic, resulting in 3,340 video views. A total of 469 STEAM Kits were provided to underserved audiences in Nampa and Caldwell. The kits included worksheets in English and Spanish and the supplies needed to complete the activity. Youth had the option to meet virtually to complete the activity. The kits were also adapted into MOSS Kits following a donation. Videos were filmed to accompany each kit. A total of 237 MOSS Kits were distributed.

Summer programming was provided in both Ada and Canyon counties, reaching 459 underserved youth. Several community partners such as Boys and Girls Club, Boise Parks and Recreation’s PlayCamps, NeighborWorks, and Sacajawea Elementary School participated.

A part-time program assistant was hired to provide community outreach events with community partners.

Bingham purchased multiple 3D printers through grant funding and began creating a curriculum revolving around the technology. Two day camps were tested, adjustments are being made, and curriculum is being written.

Educator Bridget Morrisroe-Aman delivered the 4-H Youth Yoga and Healthy Habits program at five sites reaching 111 youth.

A needs assessment for Idaho’s ag families was recently completed that will help gauge the need for financial education, specifically as it pertains to preparing later years of life. A family-centric series, U and I Together, will run every Tuesday through the summer with a second series starting in the fall.

Morrisroe-Aman is working with colleagues to develop an implementation guide for organizations wanting to implement the CDC National Diabetes Prevention Program.

Future 4-H programs include Soccer for Success, where youth learn soccer skills and health and nutrition tips; Edison Robotics utilizing the WearTech and Paper Circuits curriculum; and Juntos 4-H, a program that helps Latinx youth in grades 8-12 and their families gain knowledge to bridge the gap between high school and post-secondary education.