



Leaders' Corner

Connecting Volunteers

Letter from the President

With Fairs and the current 4-H year coming to a close, it is time for evaluation.

Evaluation is a practice of determining merit, worth or significance. Evaluation could lead one on a journey of gaining insight or even a chance for reflection giving one the opportunity to making the best better.

I ask you to take a journey of self evaluation with me. It will be one of the hardest but most rewarding journeys you will ever take. When one looks in a mirror, we see only a tiny fraction of ourselves. We do not see the whole picture of the person standing before us. To truly participate in a self evaluation, one must not be afraid to look deep into the very core of oneself and recognize the imperfections. We all have imperfections. No one is immune to them. It is what makes us human.

Journey with me through the past year of 4-H whether you are a leader, a parent, a member, or staff, it doesn't matter. Begin this journey by asking yourself some simple questions. Write down your gut reaction to the each question. It will be hard to be unfiltered and not think about the answer too much and distort the outcome. The most honest reaction is to write what immediately comes to mind.

1. What inspires me to give my best in life?
2. What makes me work harder to achieve success?
3. What is the best thing about my role and what would I change in myself to make it better?
4. What are my achievements from the past year with this organization? If I didn't have any, why?
5. What skills and knowledge did I use this past year? Do I need

improvement on any level with these skills or knowledge?

6. What kind of example do I set for those around me with my actions, words and deeds?
7. How do I deal with conflict? How can I better myself in this regard?
8. Who inspires me? Why? Do I exhibit value to their significance?

All progress is filled with failures, mistakes, and challenges. By avoiding the failures, mistakes and challenges we do not travel on the path to success. Success is measured by how we deal with or overcome the failures, mistakes or challenges we face.

With the new 4-H year about to begin, we need to look back at where we have been and what we did while we were there. We then need to redirect ourselves to where we want to be going and what we want to do when we get there.

4-H deals with the developing of life skills. One life skill is the development of character. One key concept to achieving personal growth and development of character is self evaluation. I challenge you to find your merit, self worth, and significance.

Roxanne Berheim
State 4-H
Leaders' Association
President

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EXTRA! EXTRA! Read All About It!

Exciting news for all 4-H volunteers, teen members, parents and staff, the early bird registration deadline has been extended to October 15th!

What an opportunity to participate in the event which is designed to “Unlock the Future”, your future as a knowledgeable, enthusiastic and passionate 4-H volunteer.

The upcoming leadership development experience in Boise November 6 – 8 is your key to unlocking the future. Review the registration packet, select sessions based on your project area or years of experience and come prepared to learn, be challenged and inspired.

Speaking of inspiration; our speaker for the weekend, Karen McNenny, will spend time encouraging, motivating and challenging us to reflect about all the positive contributions our volunteer hours have made and continue to make in the lives Idaho youth!

If the workshop format looks a bit different to our “seasoned” volunteers and past forum attendees, it is! We are unlocking the future with a different style of presenting information.

Please encourage your county to send your Distinguished Service Award recipient to be honored at the Friday evening gala. If you don’t know what the DSA is or means, it’s time to find out!

Invite a volunteer who has never attended a forum or, if you’re the person who has never attended, call your county office and ask for the name of other local volunteers who are making the trip and “hitch a ride”.

Bring an auction item please, all you crafty people. We need your wonderful creations for our silent and live auctions. Ask your county leaders’ council to contribute or join with other volunteers to put together a *themed* auction basket. We finance our many scholarships throughout the state with the funds earned at the auctions.

Finally, take advantage of the best part of the State Volunteer Forum, networking with your peers. Come and gain ideas, be encouraged, share stories, learn strategies you’ve not thought about, and laugh with the most caring, giving and fun bunch of people on earth. We’re all in this together. Let’s go discover the keys to Unlock the Future of 4-H.

If you have questions, need help or just want to know “what the heck is going on” please contact; Beth Carter – 208 861-7012 bethykt@yahoo.com, Tass Heim - 208 697-8896 horseldr@hotmail.com or Nancy Melville – 208 454-6556 nmelville@uidaho.edu.



“Volunteers are not paid – not because they are worthless, but because they are priceless!”

~Anonymous

State Leaders' Forum Experience

By: JoAnne Fortier, Kootenai County

The Leaders Corner Editor, Tass Heim, asked for an article on someone who has attended a State Leaders Forum in the past and also on someone who has received a Distinguished Service Award during forum. I guess I can write the article myself. I am JoAnne Fortier, an adult volunteer from Kootenai County.

I have been involved in the 4-H program as a member and an adult leader for over 50 years and have attended many State Leaders Forums. Each Forum has been fun, full of information and ideas, and a great way to meet old and new friends that have a passion to work with youth and the 4-H program. The inspiration from Keynote speakers and the workshop presenters gives me a new challenge, information and new project ideas to continue working with youth and adults in the 4-H program.

“Each State Leaders Forum have been fun, full of information and ideas, and a great way to meet old and new friends that have a passion to work with youth and the 4-H program.”

At the State Leaders Forum in 1991 I received the Distinguished Service Award. It was a great honor and surprise. I did not plan to attend the Forum that year and ended up driving to Burley to receive the award at the DSA Banquet. At that time I was involved with the Kootenai County 4-H program and Kootenai/Shoshone 4-H Leaders Association and had received the Kootenai 4-H Leader of the Year. My name was submitted to the State Leaders' Association as the Kootenai County nominee. The next year I was asked to be on the planning committee for the Forum which was being hosted by District I. As the years have gone by I have been on several planning committees and also volunteered to be on the State Leaders' Board. At the 2014 State Leaders Forum in Lewiston I was honored as an inductee to the Idaho 4-H Hall of Fame. I enjoy working with all the youth, volunteers, 4-H Program Assistants, and Extension Educators. The State Leaders' Forum has been a great way to network with everyone. Thank you to everyone for these honors.

In attending the State Leaders Forum, it is fun to travel to different parts of the State of Idaho and see the passion volunteers have for 4-H and working with youth. Attending workshops that are full of information whether it's a fun sewing project, learning leadership skills, discovering a new 4-H project, Shooting Sports Training, a Working Ranch Horse presentation, or how to setup a Facebook Page for your club, will all help you "Make the Best Better." I would encourage all volunteers to attend a State Leaders Forum.

CALLING ALL VOLUNTEERS!

Attention! Attention! It is our desire EVERY enrolled 4-H volunteer receives the Leaders' Corner. Will you kindly email Tass Heim horseldr@hotmail.com when the this issue reaches your inbox? All I need is two words "Got it" and I can track who is and who is not receiving the Leaders' Corner. I hope to get 2,500 emails from around the State. Thank you.





State Leaders' Forum Experience



By: Kortni Wells, District III

Over the past 25 years Roxanne Berheim has been active in many 4-H activities from county to district to state and national events. Just a few examples of her involvement includes being a 4-H camp chaperone, poultry superintendent, organizing Archery shoots throughout the county, participant in WRLFs, coach for the Idaho re-curve team at Archery nationals and serving as an officer for her District Leaders' Council. Roxanne is a mother, grandmother, practical jokester and role model and a leader.

Roxanne has been to 9 State Leaders' Forums. She says of her experiences, "I have gained the knowledge that I am not alone in my struggle. Other leaders make great sounding boards and offer ideas to keep things fresh. I learned of resources which I can take advantage of for support, information or back up." The best part of being involved? She has used forums to network with other leaders which adds to great friendships from around the State. As a leader, attending forums gives her a chance to be rejuvenated, and "dive" right back into 4-H.

Roxanne shared that each forum holds such special memories. There was one where District IV rallied around one another after the terrible loss of an outstanding leader and friend. During another forum Tim Lowber's number was used to bid on Live Auction items without him knowing (I think we bought him a Mariner's Jersey).

Roxanne and her husband Mike were awarded a Distinguished Service Award in 2002. Her leadership skills have also been passed on to her children who have been alongside her attending State Events and teaching workshops.

I have grown to know Roxanne through many 4-H events both at the District and State level. She is a great leader, mentor, and friend.

Reasons to Volunteer

Do your part
 Meet new people
 Join the excitement
 Be a positive Influence
 Raise Awareness
 Develop new talents
 Grow from the experience
 Learn and Serve
 Personal satisfaction
 Work for a cause
 Be part of a Team
 Face new challenges
 Pass along Wisdom
 Preserve the environment
 Keep Active
 Raise Awareness
 Share your vision



Spotlight

By: Virginia Dye, District IV

Kandee Boice

Madison County 4-H Coordinator

“The opportunities for learning at these forums are outstanding”

Kandee has been the 4-H Coordinator for Madison County for four years. She attended the State Leader’s Forum in southeast Idaho and shared her experience.

What is the State Leader’s Forum?

State Leader’s Forum is a 2-3 day conference held annually in November. Each year it is held in one of the 4 different areas in the state. It is directed specifically toward leasers/volunteers. Classes are taught by other volunteers and 4-H Professionals in all areas of 4-H. Examples of classes might be quilting, live-stock quality assurance, scholarship availability, cloverbud opportunities, and lots more. There are usually 12-30 different classes to choose from.

Who should attend?

I have been to several of these forums since I started as the 4-H program coordinator. The 1st year I attended, I was trying to soak up as much information as possible to help with my job and to encourage my leaders. I learned so much that 1st year. I try not to miss the opportunity to attend each year. Every time I attend, I can share the thin with the youth

How many times have you been to a Forum?

I have been to state leaders’ forum two times and regional leaders’ forum once. Sometimes, the distance makes it harder to attend, so I make it a priority to attend when it is on this side of the state. I have been to Burley and Fort Hall. The regional forum was in Billings, Montana.

What did you gain or implement from attending a Forum?

I have learned so much from these forums. Some of the things I have learned and tried to implement in our county is the Cloverbud Program, the Teen Counsel Program, ultrasounding in livestock, scholarship opportunities available to youth, fun sewing and craft projects, and team building games. One of the most important aspects that you gain by attending is the networking opportunities with other 4-H volunteers and staff that are exactly like yourself. These forums keep my love and excitement for 4-h Alive.

What are the most memorable parts of attending the Forum?

My favorite part of these forums is not only the learning that takes places, but the comradery and friendships that you become part of. Everyone attending wants to improve the lives of our youth and improve themselves. When this takes place it is a sight to see.

Would you recommend attending a Forum?

I would highly encourage everyone involved in the 4-H program to attend. This includes leaders, volunteers, and teens. Oh, yea! There is a whole program for teens that attend— it’s awesome! If your goal is to help our youth and improve the 4-H program, I think this is the best training you can get. The state and our local extension office offers scholarships to help cover the cost of registration so it makes this an extremely cost effective conference to attend.

“My favorite part of these forums is not only the learning that takes place, but the comradery and friendships that you become part of. Everyone attending wants to improve the lives of our youth and improve themselves.”

STAFF
4 years

COUNTY
Madison

Volunteers, We Want to Honor You!!

The Idaho 4-H Leaders Association established the Distinguished Service Award many years ago to honor 4-H volunteers who exemplify the role of leader in the 4-H program. Over the years some of our most respected volunteers have received the DSA.

Anyone can nominate a volunteer to be recognized at the county level. Contact your county office regarding deadlines and procedures. Many counties honor a leader each year for their distinguished service. These honorees are great candidates for State DSA!

The nomination form for the State DSA is available on the 4-H website and the nominee from each county is due to its district contact by July 1 each year. The nominees are evaluated by committee and district recipients are selected. The District DSA recipients are submitted to the state DSA chairman by August

15. The district recipient applications are evaluated by another committee to determine the State Distinguished Service Award winner. Now you know how DSA volunteers are chosen!!

Each year at the 4-H Leaders Forum, nominees from counties are recognized at the State DSA banquet. The district recipients are next announced and finally the state DSA is named.

We would love to honor someone from each county every year, but too many counties do not choose a DSA recipient! I challenge parents, volunteers and staff to take the time to submit the name of a volunteer who deserves recognition in your county. Let's give volunteers the recognition they so richly deserve!



2015 State 4-H Volunteer Forum

“A leadership development experience”

Boise, Idaho November 6 – 8, 2015



4-H Volunteers, Parents and Teens:

This Forum is your **KEY** to ...

- ◆ **KNOWLEDGE**
Enhance your leadership talents
- ◆ **ENTHUSIASM**
Get excited about new ideas
- ◆ **PASSION**
Celebrate all you do for youth

Forum Highlights

- ★ **Celebration** of ALL volunteers and recognition of Distinguished Service Award Recipients on FRIDAY evening at the Volunteer Spotlight Gala.
- ★ **New** workshop format will provide quality leadership and project information.
- ★ **Nationally recognized** speaker Karen McNenny.
- ★ Poster session featuring **4-H teens** on Saturday evening.
- ★ **Silent and live auctions** to benefit State Volunteer Association.
- ★ **Keys! Keys! Keys!** Collect them to unlock treasures!



FREE Forum Registration! Be one of the first 500 people to **LIKE** us or comment on Facebook and be eligible to win!

Search Idaho 4-H State Leaders Forum on Facebook, or
<http://bit.ly/4HVF-Facebook>



@2015s4hvf



2015s4hvf

All 4-H volunteers, parents and teens — **YOU ARE THE KEY** to Making the Best Better! Forum offers an opportunity to learn more about the program and gain leadership experience. We encourage you to attend and bring along others. Gather **KEYS** for bringing a first-timer and for bringing a teen. Teens will earn special keys for participating in the teen-led poster session Saturday. There will be more opportunities to collect keys at the Forum.

The more keys you collect, the more surprises in store for you! **Unlock Your Future!**

Tass Heim and Beth Carter, Forum Co-Chairs

Conference at a Glance

Friday November 6

9:00 am — 5:00 pm	Pre-Forum Workshops
11:00 am — 12:00 pm	Registration Desk Open
11:45 am — 3:00 pm	Tour—Birds of Prey
12:45 pm — 4:00 pm	Tour—Boise Brew Bus
2:00 pm — 4:00 pm	State 4-H Advisory Board
3:00 pm — 7:00 pm	Registration Desk Open
7:00 pm — 9:00 pm	Volunteer Spotlight DSA Gala
9:00 pm — 10:00 pm	“Make Key Connections”
9:00 pm — 11:00 pm	Teens—Keying into Friendship (games)

Saturday November 7

7:30 am — 8:00 am	Registration Desk Open
8:00 am — 8:45 am	Breakfast & Welcome
9:00 am — 10:30 am	Workshop Session 1
10:30 am — 11:00 am	Break
11:00 am — 12:30 pm	Workshop Session 2
12:40 pm — 1:50 pm	Lunch & Live Auction
1:50 pm — 2:00 pm	Break
2:00 pm — 3:00 pm	Keynote Address
3:00 pm — 3:30 pm	Break
3:30 pm — 5:00 pm	Workshop Session 3
5:10 pm — 6:30 pm	“Turning Your Keys into Success”; and Teen-Led Poster Session “Teens Unlocking the Future”
6:30 pm	District Night Out (dinner on your own)
9:00 pm — 11:00 pm	Teens—Lock in Friendships for the Future (pool party)

Sunday November 8

8:00 am — 10:00 am	Continental Breakfast 2016 Forum Invitation Forum Scholarship Drawing Capnote Address
10:15 am — 12:15 pm	State Volunteer Assn. Meeting
11:00 am — 2:00 pm	Post-Forum Workshops

Forum Location & Lodging Information



Located off I-84, Exit 53, Vista Avenue/Boise Airport
www.wyndham.com/hotels/49102

Group room rate only \$67 per night (plus taxes)
Up to 4 per room!

Registrants are responsible for their own reservations
CALL 208-343-4900

*Mention State 4-H Volunteer Forum
to qualify for the special group rate.
Group rate only available until Oct. 22.*

Featured Speaker



KAREN McNENNY is the founder of Made You Think Consulting and works throughout the country as a professional speaker, group facilitator and personal coach. Before starting her own business she worked as a master trainer and facilitator for the largest healthcare system in the Northwest. Prior to that she served as the Program Director for Camp Make-A-Dream, where she designed retreats and conferences for youth and adults diagnosed with cancer.

Karen has grown her knowledge base through professional conferences and continuing education classes — including training with the Disney Institute, The Studer Group, Baptist Hospital Leadership Institute, Kauffman Foundation for Entrepreneurs, and the Center for Ethical Leadership.

Not only will she educate and inspire, Karen will **MAKE YOU THINK.**



Volunteer Forum Registration Form

Registration fees are listed on the registration form. Additional fees for workshops, activities, and meals are clearly marked beside each item with an extra charge. Forum shirts are available at an additional cost.

Cancellation Policy: Full refund 1 week before, less \$20 handling fee. Cancellations after this date will be at discretion of the committee. Refunds will be issued after forum.

Late Registrations: Due to hotel restrictions, registrations postmarked AFTER Oct. 31, are not guaranteed meals.

Please Print: Name as you want it on name tag: _____

First Name _____ Last Name _____

Address _____ City _____ State & Zip _____

E-mail _____ Phone _____

County _____ District _____ Teen* Parent Volunteer Staff 4-H Alumni 1st Time Attendee

*Teens, name of your chaperone _____

Teens must be in 9th –12th grade and must have a chaperone named

REGISTRATION INFO

Early Bird and Regular Registrations include all meals and breaks, except Saturday dinner.

Early Bird Adult/Teen postmarked by 10/1/15 \$120.00

Regular Adult/Teen postmarked after 10/1/15 \$145.00

Saturday Only Adult/Teen (includes breakfast & lunch) \$75.00

Sunday Only Adult/Teen (includes breakfast) \$45.00

Guest ticket for Volunteer Spotlight/DSA Gala on Friday \$45.00

Let us know:

Friday Volunteer Spotlight/DSA Gala Banquet Entrée Selection
 Chicken Roast Beef Vegetarian

If you are bringing guest(s) for Friday Banquet, let us know their entrée selection(s), and how many.

____ Chicken ____ Roast Beef ____ Vegetarian

Saturday Lunch Entrée Selection
 Turkey Wrap Ham & Cheese Sandwich

Special Dietary Needs _____

FORUM SHIRT

Short Sleeve T — \$15.00 (order before 10/15/15)

Circle Size

S M L XL XXL

REGISTRATION RECAP

Early Bird Registration \$ _____

Regular Registration \$ _____

Saturday Only Registration \$ _____

Sunday Only Registration \$ _____

Pre-Conference Tour Fees \$ _____

Pre-Conference Workshop Fees \$ _____

Friday DSA Gala Guest(s) \$ _____

Forum Shirt(s) \$ _____

Workshop Fees \$ _____

Total Due \$ _____

**Please make check payable to:
District II Leaders' Association**

**Mail Payment and Registration Form to:
Canyon County Extension
501 Main Street, Caldwell, ID 83605**

The University of Idaho is an equal opportunity/affirmative action employer and educational institution. In compliance with the Americans with Disabilities Act of 1990, those requesting reasonable accommodations need to contact Nancy Melville by October 15, 2015 at 454-6556.



Volunteer Forum Workshop Selection Form

Pre-Forum Workshops—Friday

- Quilt Kickoff (\$50)
- 4-H Shooting Sports Certification Training (\$50)
Special registration form is required
- Put on a Fun Archery Shoot

Pre-Forum Tours—Friday

- Velma Morrison Interpretive Center—World Center for Birds of Prey (\$17 Adults/\$15 Youth 4-16/\$10 Youth 3 & under)
- Boise Brew Bus (\$45)

Workshop Session 1 — Saturday 9 am—10:30 am

Select ONE based on your project area

- Livestock - Large Animal (beef, sheep, swine, dairy, goat)
- Horse
- Small Animal (rabbit, pygmy goat, poultry, dog, cavy, cat)
- Family and Consumer Science
- Science and Technology

Workshop Session 2 — Saturday 11 am—12:30 pm

Select ONE based on your volunteer experience

- 1-2 years of volunteer experience
- 3-10 years of volunteer experience
- 11 plus years of volunteer experience

Workshop Session 3 — Saturday 3:30—5 pm

Select ONE

- Building a Club Web Page (BRING flashdrive loaded with club pictures)
- 4-H Club Facebook Pages—A Building Session (BRING a laptop, ipad, etc.)
- Where the Action Starts!
- Toy Box Leadership (\$20)
- Are You Up for the Challenge?

Post-Forum Workshops — Sunday 11 am—2 pm

Select ONE

- Working Ranch Horse
- Hands-On Lessons—Livestock Projects

TEENS UNLOCKING THE FUTURE TEEN-LED POSTER SESSION SATURDAY 5:10—6:30 PM

CALLING ALL TEENS! It's your time to shine and share the opportunities available for 4-H'ers. Bring a poster of a project/club/county/ district/state/national event. HAVE FUN presenting your poster and answering questions!!

Yes I will bring & present a poster

Subject of poster: _____

SILENT AND LIVE AUCTIONS

Support the Idaho 4-H Volunteer Association and help grow the scholarship fund. Bring items for the auctions. Silent auction is Saturday 8am –6:30pm. Live auction is Saturday during lunch. Donations can be theme baskets or single items...Be Creative!

I plan to bring: Silent Auction Item
 Live Auction Item



University of Idaho 4-H Youth Development
Archery, Rifle, Shotgun - Shooting Sports Training



University of Idaho
Extension

November 6, 2015
Caldwell Gun Club, Caldwell, ID
(classroom location to be announced)

A minimum of 5 participants in a discipline are needed for the discipline to be held.

This statewide volunteer training and certification will support the State 4-H Policy regarding the 4-H Shooting Sports instructors in Idaho. The policy states that Idaho 4-H Shooting Sports instructors on the county level must:

- Be at least 21 years of age (18 years for assistant instructors)
- Be screened, trained and appointed as a current 4-H volunteer through the local County Extension Office.
- Successfully complete instructor-training session administered and sanctioned through the University of Idaho 4-H Youth Development Office.
- Be trained and certified in the discipline(s) that they are teaching at the county level.
- Participants must attend the entire training to complete the Idaho 4-H Shooting Sports certification.

Training Schedule

Prior to November 6, 2015

Anytime

Online Training Modules.

<http://www.uidaho.edu/extension/4h/programs/shooting-sports/elearning>

Youth Development/Risk Management Instruction: Topics covered will include risk management, 4-H program management, youth development, teaching methods, resource development. If you received 4-H shooting sports certification in 2013-2015 in which you completed the risk management training, you do not have to complete this portion of the training. All others, this is mandatory.

There may also be homework/reading assigned by instructor prior to the training that will need to be completed before face-to-face training. That information will be mailed to participants 1 week prior to the training.

Friday, November 6, 2015

8:30 a.m.-5:00 p.m.

Classroom locations:

Location for each discipline will be communicated one week prior to training to all participants (will be in Caldwell within 3 miles of the Caldwell Gun Club).

Shooting location:

Caldwell Gun Club – 21840 Pond Ln, Caldwell, ID 83607

(Directions from Interstate 84: Take exit 26 and turn west (towards Notus/Parma) at top of exit, go .9 mile and turn left on Pond Ln. Gun Club will be on the left in .2 mile)

Registration Fee: \$50.00 (Includes lunch on Friday, snacks, and resources)

Registration Deadline: October 23, 2015

Registration form on next page

University of Idaho 4-H Youth Development Shooting Sports Training

November 6, 2015

Caldwell, ID

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: _____ EMAIL: _____

COUNTY: _____

I completed University of Idaho 4-H Shooting Sports Certification Training in 2013, 2014 or 2015: Yes No
If yes, which discipline _____

Please indicate 1st and 2nd choice of which discipline you choose to attend:

_____ Archery _____ Rifle _____ Shotgun

Registration Fee: \$50.00 (includes morning snack, lunch and afternoon snack on Friday, and resources)

Make checks payable to: Canyon County Extension

Return by **October 23, 2015** to:

Nancy Shelstad

University of Idaho Canyon County Extension Office

501 Main Street

Caldwell, ID 83605

For questions about training location, logistics,
contact Nancy Shelstad, Regional Youth Development Educator
shelstad@uidaho.edu

For questions about specific certification requirements, discipline questions,
contact Jim Wilson, Regional Youth Development Educator
jwilson@uidaho.edu

Pre-Forum Workshops

Friday

Quilt Kickoff - *Maurine Johnson*

Cost \$50 (maximum 15)

9:00 am—5:00 pm

Held in Wyndham Garden Meeting Room

Are you “Lucky at Checkers”? Join us for an all day workshop where we will make the spectacular Lucky at Checkers table runner. Participants will complete a quilted table runner suitable as a project for a 2nd to 4th year quilting member. Kit and pattern provided.

4-H Shooting Sports Volunteer Certification Training

Cost \$50 (minimum 5 enrolled in each discipline)

9:00 am—5:00 pm

(Meeting locations to be determined)

Up to three 4-H shooting sports discipline certification trainings will be held. Be sure to mark your first and second choice of discipline to attend although you may only attend one discipline certification as they will all be held at the same time. Participants must be certified, enrolled 4-H volunteers. Enrolled 4-H volunteers must complete a shooting sports certification training in the specific shooting discipline in which they choose to lead the 4-H projects or activities. Registration fee of \$50 includes resource book, hands-on shooting, completion certificate, lunch and snacks. For more information contact Nancy Shelstad at shelstad@uidaho.edu.

COMPLETE SPECIAL REGISTRATION FORM

Put on a Fun Archery Shoot -

Roxanne, Shaylee and Mike Berheim

5:00 pm—5:25 pm (*after completion of Shooting Sports Certification Training*)

(Meeting location to be determined)

Can archery get boring? This workshop give you the tools to put on a shoot, introduce you to Field Archery, and will give a big boost to your archery program. Come have fun and learn to aim, shoot and score in a whole new way!

Pre-Forum Tours

Friday

Velma Morrison Interpretive Center (World Center for Birds of Prey)

Cost \$17 Adults, \$15 Youth, 4-16, \$10 Youth 3 and under (minimum 25)

12:00 pm – 3:00 pm

Meet at Wyndham Garden lobby at 11:45 am. No food is provided so have lunch ahead of time or bring lunch with you.

Explore and discover the amazing world of raptors eye to eye though the guided tour. Experience a courtyard full of native and non-native birds. Continue your experience inside with live raptor presentations and exhibits, plus tours of the Archives of Falconry.

Boise Brew Bus – Cost \$45 (minimum 11, maximum 14)

1:00 pm to 4:00 pm

Meet at Wyndham Garden lobby at 12:45 pm SHARP. Eat before departure; there will not be time to order food at any of the stops. The bus will provide water and snacks. Don't forget your ID!

Not just a tour, but an experience! Join us on the brew bus to tour and sample three to four of Boise's finest breweries. Get a behind the scenes look at how these breweries make their awesome beer and what makes them unique. At each stop you will have the opportunity to sample different brews and purchase a pint, flight, growler...or whatever your heart desires! Your ticket even includes a flight that Boise Brew Bus buys for you at one of the breweries!

Saturday Workshops

Workshop Session 1
Saturday 9:00 — 10:30 am
Select a project area!

LIVESTOCK—Large Animal
(includes beef, sheep, swine, dairy, goat)
Topics will include:

Hands on Lessons for Livestock Projects – *Tyanne Freeburg, Samantha Graf*. Learn about the new lesson plans that Idaho 4-H is creating for market and breeding livestock projects. These lessons can be used during club meetings as fun learning activities and are meant to compliment the adoption of the beef, sheep, and swine resource handbooks.

“It’s Contagious” - An Opportunity to Promote Parent Support for Volunteers – *Alysson Statz, Dawn Morton, Annie Grey*. Getting large animal projects completed can be overwhelming for volunteers, as they are often left to the task of preparing all of their club youth to be successful. 4-H has a hidden wealth in those exceptional parents who want to see their youth succeed and may not know how to help them. Let’s learn together a few ways to “plant the seed” that is both rewarding for parents and helpful for other 4-H youth and the volunteers.

Unlock the Possibilities, Working With Exceptional Children – *Janet Anderson*. Livestock projects sometimes seem daunting for special needs youth. Come learn how to include members of all ability levels in your projects! We will focus on how to ask for appropriate accommodations, look at different participation challenges (i.e. Autism, ADHD, Down Syndrome, and Cerebral Palsy), and teach you how to form peer partnerships to help all of your members grow and succeed in the 4-H program!

HORSE

Topics will include:

Horse Projects and Life Skills – Whoa! – *Tass Heim*. Can preparing for Horse Bowl, Hippology, Judging and Presentations model life skills? Participants will gain an understanding that promoting life skills through “project work” doesn’t have to be “work” at all. We can foster a love of learning and stimulate the desire for more knowledge.

Helmets? Now what? – *Saddle-Up Tack and Apparel Store, Middleton*. Do you have a round or an oval shape head? Do you know? Do you care? You should! It is important when fitting a helmet. Can you tell a “bad” helmet by looking at it? When do you buy a new helmet? Do you know how to fit, adjust, and check the condition of a helmet? Oh well – so you’ve been there, done that, and learned it all? Maybe not! We can all learn something new or remember something that we did know. It’s important!

A “Bit” of Information: Bits and Biting – *Dixie Christensen*. Learn how to determine a legal or illegal bit for the show ring. Also learn the functions of various bits and training aids.

SMALL ANIMAL

(includes rabbit, pygmy goat, poultry, dog, cavy, cat)

Topics will include:

Teaching Through the Ages – *Dena Cecil*. Do you feel like you’re not getting through or not keeping the attention of your club members? Do you find yourself teaching lessons that are too hard for Cloverbuds and too easy for seniors? Youth learn in many different ways. Learn some different ways to engage youth of any age so that they are inspired to learn more and stay in 4-H.

Happy, Healthy Bunnies and Cavies – *Dana Kolstad*. “The 4-H rabbit and cavy project animal is ill.” Now what does a volunteer do? Learn the common symptoms and ailments for rabbits and cavies and how to help your 4-H families take steps to handle these problems. Also learn some steps in teaching prevention.

Biosecurity for Backyard Flocks – *Anne Clohessy, Sharon Henning*. Participants will have a better understanding of the importance of Biosecurity for public health, know what steps to take to improve Biosecurity, and recognize the importance of Biosecurity to marketing and PR in the poultry business as well as for fairs and other 4-H events.

FAMILY AND CONSUMER SCIENCE

Topics will include:

You Be The “Judge” – *Debbie Lowber*. Critical thinking is a part of everyday life. This interactive workshop will give you the opportunity to become the “judge” and gain insight in helping 4-H members with the life skill of decision-making. A brief portion of the workshop will cover the Danish Judging System and how understanding this system can help 4-H members objectively evaluate their own project work.

The New Generation of Clothing Construction – *Grace Wittman*. Learn about and gain an understanding of the new state supported clothing construction curriculum! Participate in hands-on activities that will demonstrate how to utilize this curriculum in a club meeting using “do, reflect, and apply”. Participants will leave this workshop knowing how to apply the new portfolio system to highlight the skills their members have learned.

Understanding the New Idaho 4-H Leadership Portfolio – *Donna Gillespie and Teens*. The Idaho 4-H Leadership Portfolio, piloted by teens during the summer of 2015, is an electronic record book that can be used accumulatively for all the years youth are enrolled in 4-H. You will “see” how the new 4-H Leadership Portfolio works, the information that can be included and the results of the pilot. Teens involved in the pilot will share their leadership experiences. You will also learn how to encourage and mentor youth to complete leadership opportunities.

SCIENCE AND TECHNOLOGY

Topics will include:

These are the Droids You’re Looking For: Have Confidence to Plan/Organize a Robotics Project for a Community Club – *Carol Brown*. Robotics!?! Have no fear, you can do it! The need is so great for STEM opportunities for children. Your community can benefit from a 4-H based robotics project. Learn how to plan and organize a robotics project for your community club.

Science in the Garden – *Dian Roberson*. 4-H curriculum contains activities that are designed to be led using the experiential learning model, but what is it and how do I use it? Experience the great learning effect of using this model with the Junior Master Gardener curriculum and how this model can be used with any subject matter.

Delivering 4-H Tech at Schools—You Can Do It! – *Montessa Young, Katzy Luhring, Ronnell Chavarria*. Technology and youth make a great pairing! Learn how you might work with your extension staff to help deliver a technology program to youth in local school districts. Gain ideas and strategies that can help a team organize a 4-H program to reach new audiences, both in the classroom and in after-school programs. Learn how to fit technology education into an already tight time schedule of school activities. The best part will be getting your hands on a robot to program!

Workshop Session 2

Saturday 11:00 am — 12:30 pm

Select one based on your years of volunteer experience!

1-2 YEARS OF EXPERIENCE

Topics will include:

Teaching Healthy Living the 4-H Way – *Healthy Living Teen Advocates*. Engage kids and families in eating healthy by trying some creative teaching strategies. Trying new foods and making the best food choices can be hard, but if practiced daily, it becomes easy and routine. Teen volunteers will lead you in several teaching strategies that engage youth, making learning fun. When kids are engaged, they are more likely to practice what they learn. Come learn how to teach healthy living, encouraging kids to try healthy snacks at home.

Taking the “DREAD” Out of Record Books – *Joan Gill*. The key to success (and WAY less frustration) is to treat the record book like a tool. If you work and use this tool every day...by the end of your project you will have finished it—without losing sleep and getting mad! This workshop will give you the tools to manage your record book and have fun doing it!

What’s Your Story? Using Narratives To Unlock The Power of Experiential Learning – *Johanna Harness*. You will learn creative methods to unlock the individual narrative at the center of their 4-H experience. Through examining this narrative, patterns of curiosity and questioning emerge, and goals become easier to identify. Learn more about what it means to learn by doing and take home these skills to your 4-H clubs.

3-10 YEARS OF EXPERIENCE

Topics will include:

Teaching Cloverbuds – What an experience! – *4-H Teens*. Cloverbuds are so much fun, have so much energy, and are so full of life! WOW! So...what do you do with them? Learn songs, teaching games, simple games, icebreakers – all guaranteed to keep Cloverbuds involved and eager for more. Don't be surprised to see the rest of the club joining in!

Amazing Outreach Booths – Virginia Harness. Learn how to organize an outreach booth, recruit teen volunteers, and plan games and activities to make your 4-H promotion a success!

Find Your Passion and Pass It On! – *Kathryn Hampton*. "How do I find service projects that fit my club? How do I set up a project and see it through?" Help youth discover their passion. You will gain knowledge of the wide variety of projects that are making a difference in Idaho, and receive a "Tool Kit" that tells you the do's and don'ts of setting set up a community service project.

11+ YEARS OF EXPERIENCE

Topics will include:

Keep 'Em Moving – Motivate, Engage, and Educate Groups – *Claudia Brush, parents and teens*. 4-H clubs face unique challenges engaging all members yet accomplishing learning activities. A large club does not mean chaos, boredom, and disorganization. Learn successful methods to organize hands-on events and empower your teens to promote and deliver quality experiences for younger members while growing their leadership skills.

"It's All About the Kids" – *Becky Woodward, Joelle Alexander*. "Why do you do 4-H?" If your answer is, "It's all about the kids!"What does that mean? Whose kids? Your kids? Someone else's kids? "What makes 4-H different?" Let's get the word out! Learn how to promote 4-H, with an energized approach facilitated by people who understand 4-H. Grassroots marketing starts from the ground up. It starts with YOU! You can produce big results!

Weaving Volunteer Wisdom into the 4-H Community – *Karen McNenny*. Together we will reconnect to the passion and purpose that first drew us to the 4-H community. Even in the face of change, we can find a new perspective to re-ignite our commitment and enthusiasm for youth development. Your years of experience, and endurance, are valuable as we develop the next generation of volunteers. Karen will share humorous stories and strategies on how to endure the long game as a 4-H volunteer.

Workshop Session 3

Saturday 3:50 pm — 5:00 pm

Select one!

Building A Club Web Page – *Roxanne Berheim, Adam McKinney*. Participants will set up a club website and begin to add information pertaining to their club. Information will also be shared about cyber security and what we all need to know about information shared over the internet. Please **bring a flash drive** loaded with club pictures or any information you would like to add to your website. This will help to tap into another communication link for youth and adults.

4-H Club Facebook Pages and Other Social Media – A Building Session – *Montessa Young*. Like our page, share a post and read the comments in this hands-on **bring-your-own-device** (we'll have a few to loan!) workshop that will teach you how to create and manage a 4-H club Facebook page. Our experienced "social media users" will share tips and tricks for posting, sharing pictures, and managing security settings. Learn how to use these valuable tools to communicate with club members, parents and your community.

Where The Action Starts! – *Sharla Wilson*. Unlock the power of 4-HOnline as a powerful tool that you can use for club and project management. This will be hands-on, but screen time isn't the only thing we have in store for you! Bring your questions, ideas, and unlock the power of 4-HOnline as a powerful tool that YOU can use!

Toy Box Leadership (\$20 fee) – *Gail Duke*. Have fun while learning! Playing with toys is certainly fun, but behind the fun we can learn how to deal with the reality that seems to follow youth in the formative years. The interesting thing about these valuable lessons is that they were all unintentionally learned from using the toys. Our childhood toys have already taught us some of the most important leadership lessons we need to succeed in life. Come play with us and see what more you can learn from toys.

Are You Up For The Challenge? – *Brian Luckey*. We've all done "teambuilding activities" with our 4-H'ers to help them see the importance of building trust, learning problem solving skills, and using critical thinking abilities. As adults who work with youth, it is important for us to develop these "soft skills" of leadership that can make us so much more effective. Join us as we experience Challenge activities designed to help you help others better understand and apply some of these "soft skills".

Sunday Post-Forum Workshops

11:00 am — 2:00 pm

Select one!

Working Ranch Horse Project – Tass Heim.

Meet at Western Idaho Fairgrounds

October of 2015 begins the 12th year of the District II 4-H Youth Horse Council *Working Ranch Horse Project*. Since the start of the WRH program in 2004, 436 youth have participated in one of more clinics. Over the years we have averaged 44 members per clinic. Join us to watch the clinic and get a first-hand look at how the project operates. You can stay for an hour or the full 3-hour clinic, ask questions and take home ideas for your county and district horse programs.

Hands-On Lessons – Livestock Projects – Tyanne

Freeburg, Samantha Graf.

Meet at Western Idaho Fairgrounds

There are new Idaho 4-H lesson plans for market and breeding livestock projects. These lessons can be used during club meetings as fun learning activities and are meant to compliment the adoption of the beef, sheep, and swine resource handbooks. Visit with the authors of the lessons to gain hands-on experience with using the lessons and to get your questions answered.
