



Leaders Corner

A publication of the Idaho State Leaders Association.

www.4h.uidaho.edu

INSIDE THIS ISSUE . . .

| | |
|--------------------------------|------|
| New Volunteer Coordinator | p 2 |
| State Archery Shoot | |
| Teen Conference | p 3 |
| 2013 State Leaders Forum | |
| Ambassadors Retreat | p 4 |
| Priorities of Idaho 4-H | p 5 |
| Farewell to Melissa | p 6 |
| Life Skills—Oral Presentations | p 7 |
| Friends of 4-H Member Retires | p 8 |
| Scholarship Workday | p 9 |
| Teen Winter Camp | p 10 |
| KYG 2013 | p 11 |
| WRLF 2013 | p 12 |
| Distinguished Service Award | p 13 |
| Idaho 4-H Wool Contest | p 14 |
| WRLF 2014 Workshop Proposals | p 15 |
| New DSA Application | p 18 |

May 2013

President's Corner

Our State Leaders Association President Carma Scheer is busy with the new 4-H year and is wishing everyone a wonderful Spring.



UPCOMING DEADLINES

National Dairy Conference Applications
Due **May 1**

Final Teen Conference Registration
Deadline **May 15**

Idaho 4-H Teen Conference
June 10 – 14

Natural Resources Youth Camp
June 24 – 29
Megan Satterwhite, 208-736-3634

July 1

Articles for the
Leaders Corner are due

Editors:

Bobbi Flowers

Nancy Melville

Layout:

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BREAKING barriers building bridges TEEN CONFERENCE 2013

Teen Conference 2013 will be held June 10-14 on the University of Idaho's Moscow campus.

Youths in grades 8-12 are invited to participate in a jam-packed five day event filled with educational, motivational, and confidence-boosting opportunities including workshops, contests, district competitions, and social activities.

This year's conference is filled with new and unique events such as a barbecue at the Plant Science farm, a Futures Fair featuring finances, interviewing, and career opportunities, a fundraising Zumba-thon (planning still in the works), and a state-wide Consumer Decision Making Contest. For delegates wishing to go above and beyond, prepared and impromptu speaking competitions are also available; winners will have a chance to compete in Denver, Colorado, at the Western Round-Up.

Some featured educational workshops this year include Check the Piece (livestock quality assurance), Building the Next Generation (camp counseling), Dodging Disaster (self-defense), Race to the Future (fitness), Point of Order (parliamentary procedures), and Dressing for Success (fashion). Lastly, a meaningful service project is planned for delegates to donate supplies, fill care packages, and write letters to our troops in Iraq and Afghanistan.

To register: Complete registration form, waiver, and code of conduct and submit with payment to your county extension office. Registration forms can be obtained from your county office or at the following website: <http://www.uidaho.edu/extension/4h/events/events/stateevents/teenconference>.

Fees: The deadline for early bird registration fees (\$250 for youth delegates, \$175 for adult chaperones) is April 15th. The deadline for regular registration (\$275 for delegates, \$200 for adult chaperones) is May 15th.

Remember: The University of Idaho is an equal opportunity/affirmative action employer and educational organization. The University of Idaho offers programs to persons regardless of race, color, national origin, gender, religion, age, sexual orientation, or disability.



University of Idaho
Extension

Introducing Nancy Melville, State 4-H Volunteer Coordinator

Submitted by Bobbi Flowers, Volunteer Editor, Idaho State Leaders Association - Leaders Corner



Idaho 4-H would like to welcome Nancy Melville as our new State 4-H Volunteer Coordinator. Nancy comes to us with a strong 4-H background from Malheur County, Oregon. Her participation in 4-H included livestock and home economics, as she grew up on a cattle ranch. Nancy's parents were key players in her 4-H experience with her father encouraging and assisting her in her beef projects, and her mother being her "right-hand assistant" in her sewing and knitting projects. Nancy says, "I especially loved the traveling aspect –to meetings, to competitions, to fair!"

Nancy's club involvement not only helped her to take on new and different responsibilities, but has also helped her develop a valuable, useful life skill - presenting herself and her projects in a public forum. Nancy states, "4-H certainly helped me gain the confidence and self-assurance I needed to enjoy public speaking."

Following her 4-H participation, Nancy attended The College of Idaho earning her elementary education degree. From here, Nancy's career has included being a principal and assistant superintendent. Each of these positions has afforded Nancy an opportunity for wonderful experiences working with youth, families, volunteers, staff, and community. The experiences have provided Nancy with many opportunities for youth development. She adds, "As an added bonus, I have gotten to know so many dedicated folks who, day after day, continue to make a difference for kids."

When asked why she applied for the 4-H Volunteer Coordinator position, Nancy replied, "I applied for this position because I thoroughly enjoy working with people, and that includes kids! I saw this as an opportunity to use my skills and experiences in a way that could positively affect both adults and youth."

Nancy is very excited about her new position and is looking forward to working with Idaho volunteers. Nancy states, "Your role as a 4-H volunteer in Idaho is so very important. You have an opportunity to make a dramatic difference in the lives of our kids and that is nothing short of awesome!" Nancy welcomes the opportunity to help support Idaho volunteers in our efforts of "Making the Best Better." Through promoting positive youth development we can make a difference!

Idaho 4-H looks forward to working with Nancy as it grows under the new program leadership.

District III is Shooting for the Bulls eye!!!

Submitted by Kerry Thompson, Lincoln County Volunteer

Southern District III was proud to host the first ever Idaho State 4-H Archery competition April 6, 2013 at the Twin Falls County Fairgrounds in Filer, Idaho. The top competitors in the senior divisions will be eligible to compete at the National Shooting Sports competition, usually held in June. To be eligible to attend the state shoot, youth must be enrolled in archery at their county level.

Interest in shooting sports, especially archery, has been growing by leaps and bounds in Idaho in the past few years. There are many certified instructors throughout the state. If you have youth who are interested in shooting sports, contact your local extension office. To become a certified shooting sports instructor, you must go through the State 4-H shooting sports training program which consists of an online section and an all-day hands on training section. There are several training opportunities offered throughout the state each year which offer the chance to get certified in multiple shooting sports disciplines. Contact the State 4-H Office for further information on becoming a certified leader in any of the shooting sports disciplines.



4-H Salute to Excellence

Submitted by: Bobbi Flowers, Volunteer Editor, Idaho State Leaders Association - Leaders Corner

Volunteers are the heart and soul of 4-H. In an age when time is at a premium, *4-H Salute to Excellence Awards* are an opportunity to acknowledge our volunteers' unwavering dedication to the 4-H Youth Development Movement. Research shows that volunteers are the key to positive youth development because of their longtime mentorship of 4-H youth.

The 4-H Salute to Excellence Awards was created by Gene and Sharon Swackhamer to highlight the important work of 4-H volunteers across the nation. When Gene looked back on a gratifying career uniquely shaped by 4-H, he wanted to ensure the positive impact of 4-H volunteers on future generations. From this commitment, 4-H Salute to Excellence was born.

Each year, state 4-H programs are invited to nominate two outstanding individual volunteers--one in each of two categories:

- ◆ The Outstanding Lifetime Volunteer Award is given to an individual who has spent 10 or more years volunteering for 4-H.
- ◆ The Volunteer of the Year Award is given to an individual who has volunteered for 4-H less than 10 years.

Recipients of the 4-H Salute to Excellence Volunteer Recognition Awards are chosen from nominees submitted by state 4-H offices. Idaho selects their nominees from applications submitted each year by volunteers, youth, and staff based on a review committee recommendation. Since the inception of Salute to Excellence, Idaho nominees have been selected numerous times as regional winners.

Be thinking about who you can nominate and watching for the announcement from the State 4-H Office seeking nominations in the near future.

Save the DATE!!!

The **2013 State Leaders Forum** is **November 8-9** in the beautiful Shoshone-Bannock Hotel and Even Center in Fort Hall.

Start thinking about workshop proposals! Contact Missy Cummins for workshop applications at mcummins@uidaho.edu. They are due May 15th.

This will be an exciting conference with a tribal drum group and dancers. Their keynote speaker is Randi L. Teton, the model for the Sacagawea coin. Plan now to attend.

ANNUAL AMBASSADOR RETREAT HOSTS GUESTS FROM HAWAII

Hi my name is Jade Nakamoto. I am 15 years old and live on the island of Kauai, here in Hawaii. I have been in 4-H for 7 years. This past November I went to Idaho to attend the 4-H Ambassador Conference. I would like to take this time to thank Aunty Becky Settlage for introducing me to this program and also a big MAHALO (thank you) to Uncle Andy Smyth for extending this program to 4-Hers in Hawaii.

I felt the 4-H Ambassador Conference gave me some wonderful insight to how others do 4-H. This program was great in teaching us how to promote 4-H. I've taken these skills that I've learned to encourage other kids so they are able to have the same opportunity as I did. By going to this conference I gained a lot of information on how to give a speech and how to understand people when you're talking to them. Also I met so many people there, and learned what they do in their 4-H clubs. I thought it was really interesting because Idaho 4-Hers do some things different from what we do in Hawaii, and it just makes me want to try to do what they do.

Now that I am back in the Hawaiian Islands, I am trying to promote 4-H by using the skills I learned while in Idaho. I wrote an article in the newspaper of how I went to this conference, how I learned so much, and how it will benefit me and the community. Another thing I did was talk to my club and my county leaders about the 4-H Ambassador program. I am working hard to get more kids active with 4-H because there's a lot of opportunities out there that they can participate in and learn from. I also volunteered myself to serve on a planning committee for a 4-H conference we will hold on another island in the summer. Another thing I am doing is using my public speaking skills when we have 4-H activities. For example, when my club does petting zoos, I will talk to the kids' parents and get them to join 4-H. At my club meetings, I feel more confident speaking and handling my position as president for my club. And with the personality skills that I've learned, I understand people better and this has allowed me to be a more effective communicator in working with others.



Andy Smyth with Hawaiian Ambassadors

Contributed by: Becky Settlage, Hawaii Ext. Educator

My advice I would like to give others about this conference is that they should go to it if they haven't been to it before. The 4-H Ambassador Conference is a really awesome program because you meet all different kinds of people and you learn so much more about 4-H. I had so much fun that I didn't want to leave! The people there are all just wonderful people! I would love to go back every year until I can't go any more!

I would like to give a very big mahalo (thank you) again to Uncle Andy Smyth for extending this program to Hawaii. Uncle Andy Smyth is one of my inspirations because he has volunteered for 4-H for such a long time. I too, want to volunteer after I turn 19 because 4-H is what "makes the best better!" I would also like to thank Aunty Jana Kemp, Uncle Joel Packham, and Aunty Nancy Shelstad for being presenters, for without you guys I probably wouldn't have had fun and learned what I learned. I am just so very thankful that you guys spent your weekend with us 4-Hers.

ALOHA! My name is Zachary Matthews and I am 15 years old. I live on the East side of Hawaii Island. I had the opportunity in mid-November 2012 to attend the 4-H Ambassador Conference. Before the conference, I held leadership roles on the county level, from being secretary for the East Hawaii 4-H Federation to holding vice-president and president roles for my club. Since I returned, I have continued to hold leadership roles in our county, but I feel more confident now and I'm trying to expand my leadership to a state level.

While at the conference, I attended a great presentation by Joel Packham, which focused on working with others, by learning about and understanding personalities. I learned that with this information, it is easier to communicate and understand why other may do or act a certain way. Another presentation I attended was led by Jana Kemp. She taught us about speech writing and gave us public speaking tips. I learned basically with every great speech, there is a captive opening, detailed information, and a well written closing.

With the Idaho 4-H Ambassador Conference experience, I learned a number of skills that I am now able to incorporate at the county and state 4-H levels. I have had the opportunity to give a number of presentations based on my experiences at the conference. I am also serving on a state level committee for our 4-H Ahaolelo Conference (which is very similar to Idaho's Teen Conference). With this committee, I work with others from around the state in planning, organizing, and have also offered to serve as their MC during the conference. In addition, I have written an article to the local newspaper about an award that our 4-H club presented to a local feed store here in East Hawaii for their large donations which is helping to expand our 4-H program.

Personally, I want to send a BIG THANKS to Jana Kemp, Joe Packham, and Nancy Shelstad for their great presentations. I would also like to thank Andy Smyth for opening the Idaho 4-H Ambassador Program to members of 4-H outside of Idaho. And, I want to thank everyone that attended the conference for being so welcoming to us. Lastly, I'd like to thank Becky Settlage for chaperoning this trip to Idaho, without whom, we would not have known of this opportunity.

Would I go back to Idaho? Yes, I believe that this program allowed me to expand my knowledge of educating and expanding the 4-H program in Hawaii. I would highly recommend this program to everyone!

Priorities of Idaho 4-H Youth Development

Submitted by: Dr. Jim Lindstrom, State 4-H Director

The University of Idaho Extension 4-H Youth Development Program has identified four areas of priorities in which focus to strengthen the program will be given. The areas of priority are Curriculum Analysis and Advancement, Positive Youth Development, Volunteer Expansion, and Youth Engagement.

The total curriculum package is the basis for programmatic success for educators, volunteers, and ultimately 4-H participants. Up to date, relevant curriculum is critical. This includes the print or web based teaching materials, contemporary volunteer project training, contests and events for youths to exhibit their skills, and project completion celebrations.

The 4-H program will review the curriculum processes, prioritizing our project offerings on the state level. The prioritized project curriculum will be updated, developed or adopted with 4-H professionals and key volunteers leading project training for project volunteers. The 4-H program will review strategies for contests and events as well as project completion celebrations.

UI Extension 4-H programs are in a unique position to both teach and model Positive Youth Development Principles within the communities we serve. Positive Youth Development refers to intentional efforts of other youths, adults, communities, government agencies, and schools to provide opportunities for young people to enhance their interests, skills, and abilities as they become adults. Youth development overall is the physical, social, and emotional processes that occur during the adolescent period, from ages 10 to 24 years. It is the process through which young people acquire the cognitive, social, and emotional skills and abilities required to navigate life.

The 4-H program in each community must model positive youth development by providing the best opportunities for 4-H members to engage with the well-publicized 4-H Essential Elements. These elements include:

- Positive Relationships with Caring Adults
- Safe Environment
- Inclusive Environments
- Engagement in Learning
- Opportunity for Mastery
- Opportunity to See Oneself as an Active Participant in the Future
- Opportunity for Self-Determination
- Opportunity to Value and Practice Service for Others

Beyond modeling positive youth development through the 4-H program we have the obligation to teach our communities fundamentals of Positive Youth Development. This may be formal and informal community classes led by UI Extension 4-H professionals and 4-H volunteers, leading discussion regarding Essential Elements, Risk and Resiliency, and/or Development Assets.

Volunteers are the backbone of the “classic” 4-H Club program. We must support volunteers in their quest to make the best better. Volunteers deserve the very best in orientation, training, and support. This is key to enhancing the 4-H Club and increasing participation levels to remain viable in our society.

Successful volunteer management systems provide opportunities for volunteers to continue to build and share their leadership skills within the program. A well-defined volunteer management system provides a volunteer career ladder, increased participation and leadership role development which support the entire 4-H program at the county, district, and state level. Besides continued high quality training and engagement of volunteers with the goal of self-actualization, recognition of quality work by 4-H volunteers is paramount to volunteer success.

Our 4-H youths are our future leaders. They will lead in our communities, states, and nation. It is essential that our program provide high quality, meaningful youth leadership roles. Opportunities to foster these skills include effective club meetings, and committee work at the club, county, and state level. Most importantly, these skills are fostered through youth-adult partnerships.

(Continued on page 6)

(Continued from page 5)

Youth-adult partnership is the core practice of engaging youths in major decisions and collaborative action in programs, organizations, and communities. This partnership is about *groups of youths and adults working together*. It is not about one adult interacting with one youth, as in the case of mentoring. By working together, there is an assignment of roles and a division of labor that is not determined by age but instead is shared on the basis of the expressed interests, motivations, and abilities of the participants themselves. Some people prefer to use terms such as “youth participation,” “youth engagement,” and “youth voice.” That is fine. But the most important thing is that youths and adults are working collaboratively as a group.

Idaho 4-H youths must have the opportunity to be actively engaged in committees, councils, and boards in which they have active decision making roles. It is our duty to provide every possible avenue for them to develop their leadership skills. Skill development takes place not through lecture and observation, but by being engaged in the decision making that drives our program.

The Gem/Boise County 4-H Program says Farewell to Melissa!

Submitted by: Rikki Ruiz, Gem/Boise Extension Educator

Melissa McDaniel has been an integral part of our 4-H programming for the last 5.5 years working as the Gem/Boise County 4-H Coordinator. She has developed outstanding new programs, created new activities for our youth, and promoted our 4-H program to reach an all-time high for enrollments. Melissa’s enthusiasm has been contagious. She has served as an amazing role model for our youth and our volunteers. Always being there to listen, counsel, and support anyone who needed help.

Melissa has encouraged many of our teens to pursue their dreams. She has spent countless hours helping our high school seniors apply for college scholarships to continue their education. Many of our youth attribute their success to Melissa’s guidance, encouragement, and support of them. A Gem/Boise County 4-H Ambassador stated, “Melissa has made me a better person, with her inspiration I have found confidence in myself and my abilities to succeed.”



Melissa McDaniel

Throughout the years, some of Melissa’s greatest successes have been the 4-H Ambassadors “Paint the Town” Meth Project, in which our county won state awards for the meth awareness paintings around our town. She also played a major part in bringing the “Ambassadors Oasis”, a shaded grass area, to our county fairgrounds. Melissa has been a strong promoter of the BLM Wild Horse program, as well as supporting and enhancing the Gem/Boise County Horse program. In addition, Melissa served as our Engaging Youth Serving Communities (EYSC) coordinator and brought several new activities to our county.



Melissa & county 4-Hers

Melissa stated that her heart will always be with 4-H youth and the Gem/Boise County 4-H program. She will always be a strong 4-H supporter and promoter and will be excited to be a 4-H Volunteer again in the future.

The Gem/Boise County Extension office will miss her dearly. Her passion, ability to make our office brighter, and her positive attitude have helped encourage us all. We wish her many blessings in her next

adventure. We know she will continue to inspire others in her life’s journey.

Life Skills Gained Through Oral Presentations

Submitted by: Nancy Shelstad, Canyon County 4-H Extension Educator

Over and over teachers say they can pick out students who have been in 4-H because of their ability to give effective oral presentations. In Idaho, an oral presentation is a required component to complete every 4-H project.

New, updated resource materials are available to help youth learn to refine their presentation skills. *Speak up with Confidence: Tips on Presenting in Nine Key Areas* is available on the State 4-H website (<http://www.uidaho.edu/extension/4h/pages/documents>), then look under Project Publications. Youth and adult volunteers alike may use this publication to learn more about how to become a confident, polished public speaker. Each of the nine tip sheets in this publication can be used as a stand-alone document to practice and learn more about some element of a presentation. Here's a preview -

Tips on Presenting #1 - Putting Parts of a Presentation Together describes three basic parts of any presentation, components of each part, and how the presentation can flow from one part to the next. This document also suggests how to choose appropriate visual aids.

Tips on Presenting #2 - Planning and Organizing a Presentation describes factors to consider when beginning to plan a presentation including identifying your audience, topic, and level of detail. It helps you consider what type of presentation is most appropriate and discusses time management.

Tips on Presenting #3 - Types of Presentations describes six types of presentations and how to choose a type that best fits your audience and topic. It helps you consider the most effective ways to get your message across.

Tips on Presenting #4 - Using Multimedia describes the effective design and use of multimedia in presentations and what to do if some part of the plan fails.

Tips on Presenting #5 - Mechanics of Presenting focuses on how individuals present themselves including use of body language, dress, voice inflection, eye contact, personal poise, and use of notes.

Tips on Presenting #6 - Getting Your Message Across with Posters describes factors to consider when using and creating posters for a presentation. Learn to determine if using a poster is appropriate and, if so, how to create a poster that is effective, can be seen by the entire audience, and is attractive.

Tips on Presenting #7 - Creative Hooks describe how speakers can capture and hold the audience's attention throughout their presentation by using a variety of verbal and non-verbal techniques.

Tips on Presenting #8 - Food Demonstrations describe special techniques and tools specific to presentations requiring food preparation.

Tips on Presenting #9 - Using Live Animals in Presentations describe safety concerns and special accommodations to consider when using animals in a presentation.

One of the most common fears among adults is speaking in public. Youth and adults who learn to effectively speak in public become confident in their ability to speak in front of a group and thus gain an important leadership tool. I encourage you to take a look at these tips sheets to help youth in your club become more confident!

Idaho Friends of 4-H Member Retires

Submitted by: *Linda Webb, Idaho Friends of 4-H President*

Vi Rexford, retired Gem County Extension agent, was recently recognized for the 30 years of service to the Idaho Friends of 4-H. Vi Rexford started her extension career in Gem County in 1962 as an Extension Home Economist. She was a charter member of the Idaho 4-H Endowment Board, now known as Idaho Friends of 4-H. The Idaho 4-H Endowment Board was established in 1988, with the main priority of increasing the 4-H endowment through a variety of fund development strategies. The endowment started out with a deposit of \$55,000. Today the 4-H endowment is valued at slightly under 3 million dollars. Vi Rexford served on the Endowment Board throughout her career and during her retirement. She served as Executive Secretary to the board for 26 years. She was a Fellow of the National 4-H Executive Institute for Fund Development and provided statewide training for 4-H faculty and volunteers on fund development. Her dedicated service to the Friends of 4-H has been instrumental in the continued increase of funds available for worthy 4-H programs and recognition for 4-H members and volunteers.



Contributed by: Kortnie Wells, KYG Reporter Editor

Vi retired her pen (or computer) this last November as the Executive Secretary to the Friends of 4-H board. In honor of Vi's 30 years of service, the board members contributed money to the Idaho 4-H Endowment. They raised over \$600 which will go to support Idaho 4-H programs. Although Vi may not be donating her time writing up the minutes of the Friends of 4-H meetings, we know that she will continue to give financial support to Idaho Friends of 4-H. She is truly a 'Golden' donor, to Idaho 4-H.

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Idaho State Leaders Association:

<https://www.facebook.com/pages/Idaho-4-H-State-Leaders-Association/200590213319599?ref=hl>

Know Your Government:

<https://www.facebook.com/groups/96971868445/>



4-H Scholarship Workday

Submitted by: Donna R. Gillespie, Minidoka County Extension Educator

Two important factors led UI Educators Cindy Kinder and Donna R. Gillespie and Gooding County 4-H Program Coordinator Sarah Butler to develop 4-H Scholarship Workday. The Idaho Department of Labor states additional education and training increases average pay per hour in Idaho. Statistics reported by the Idaho Department of Labor in 2010 state the average Idahoan with a two-year associate degree or other vocational training currently earns a 57% higher wage than the Idahoan who has not continued their education past high school. The second factor driving the decision to establish an annual district-wide scholarship education night was the fact that many scholarships go unapplied for or the quality of applications is poor. 4-H professionals understand the financial situations of local families and in order for youth to attend any type of higher education they must be successful in locating and applying for a wide variety of scholarships and financial aid.

By targeting the life skills areas of leadership, record keeping, self-motivation, and marketable skills, 4-H faculty and staff developed a scholarship education workshop to help 4-H youth and their families identify, complete, and succeed with college scholarships. The program was started in 2012 and in the past two years has included youth and their parents from a seven county area. Topics presented include: Why consider higher education, where to find scholarships, how to fill out scholarships, goal setting, stress management for teens, what are my options for higher education, following scholarship instructions, letters of recommendation, essays, Action words, and Interviewing for success. Participants all received packets including FASFA (Free Application for Student Federal Aid) information, Idaho Department of Labor statistics, lists of 4-H and FFA related scholarships, a tip sheet for scholarship application completions, hard copies of the Idaho Friends of 4-H Scholarship, and examples of well-done and successful scholarship applications.

Youth and their parents were asked to evaluate both Scholarship Workdays. Of the parents completing surveys in 2012, 100% said they agreed or strongly agreed that the Scholarship Workday will help them keep accurate and useful records and have control over their own personal goals/future. Every youth indicated they agreed or strongly agreed that the Scholarship Workday helped them think about what might happen because of their decisions and they plan on applying for scholarships this year or in the next few years. In 2013, 100% of the adults strongly agreed or agreed that they had a better understanding of college options and were more aware of how to fill out college applications. One hundred percent of the youth attending strongly agreed or agreed that they will use things they learned when applying for scholarship. They also stated they learned to really look at the application instructions. Youth said their plans changed after the Workday; previously they didn't think they needed to fill out scholarships until their senior year started.

It was reported by one teen who had attended and learned about Idaho Friend of 4-H scholarships at the 2012 Scholarship Workday, that they applied and were awarded \$1,000. One 2013 participant was able to locate and complete three additional scholarships, furthering their opportunity to attend college. Due to the success of 4-H Scholarship Workday, planning committee members have authored a UI Extension IMPACT Report, had an abstract accepted, and presented information at the 2012 West Region County Agriculture Agents Conference. Members were also selected to present a workshop at the 2012 Idaho 4-H State Leaders Forum, and in 2013 were invited to present at the UI 4-H Virtual Professional Development Conference. Participants from three states attended the virtual presentation. Ideas the virtual participants plan to put into practice included informing teens about scholarships and starting early, teaching a similar workshop, and appreciating the importance of incorporating parents in this type of training. Planning committee members are also exploring the possibility of developing a teaching webinar.

Teen Winter Camp – Geo caching and More!

Submitted by: Tawnya Tracy, 4-H Camp Board Secretary

A big shout out to Kevin Davidson, Darren and Amy Taber, Steve and Carma Scheer, Stan Ricketts, and brothers, Don and David Van Kleek for making Teen Winter Camp a BLAST once again in 2013!

Thirteen teens ranging from Lincoln, Cassia, Twin Falls, and Gooding counties attended an adventurous weekend in the mountains at the Central Idaho 4-H Camp, 17 miles outside of Ketchum. On the agenda was cross country snow skiing, snow shoeing, geo caching, and a little bit of night tubing. Meals were cooked by the adult chaperones with campers helping and learning what it's like to cook in a commercial kitchen for a large crowd. Everyone gets a chance to help out!

When teens weren't out in the beautiful sunshine and snow they were inside the lodge sitting at the warm fire drinking hot chocolate, watching a movie, playing cards, visiting, or even helping in the kitchen. Winter Camp's Community Service Project had teens creating fleece scarves to be donated to the needy. Teen Winter Camp T-shirts were handed out and everyone had fun using fabric markers to decorate and sign each others shirts.

Thank you, Mrs. Mary Davidson for donating the fleece used for the scarves, thank you to Amy Taber for creating the Teen Winter Camp 2013 t-shirts, and another thank you to the adult chaperones for their time and dedication to this Teen Winter Camp.

We appreciate Falls Brand Company for their donation and to the various campers' parents who donated fruit and other items. Also, thank you to the Sun Valley Company for letting us borrow their snow cat so campers and adults alike can get into camp each winter.

Founded in 1965, the Central Idaho 4-H Camp will proudly celebrate its 50th birthday in 2015!! It hosted its first camp in 1966 and prior to building the lodge and its cabins, camping was done in army surplus tents! They had temporary outhouses made for the campers to use, and showers used cold water! Brrr . . .

The Camp is owned and managed by the Central Idaho 4-H Camp, Inc. Board, a nonprofit corporation administered by a board of volunteer directors. Summer staff includes a seasonal camp manager, head cook, and kitchen staff. The camp has several cabins which sleep 12-14 people each. When our camp is reserved, our Lodge/Dining Hall has fantastic meal plans to choose from, a spacious lodge with plenty of room for classes and a fireplace to sit in front of while sipping your favorite hot beverage and enjoying that feeling of being away from it all.

The Camp's Amphitheater/Campfire is a great multipurpose facility nestled in the pines with beautiful views of the mountains. There are also restrooms and showers with separate multi-person bathrooms. The campground includes areas around the cabins, restrooms, lodge, meadow, and campfire area.

Summer recreational facilities include: horseshoes, volleyball, basketball, tetherball, and archery, fishing, and swimming facilities close by. For pricing and availability, please contact the Twin Falls County Extension Office at (208) 736-3603. Search for us on Facebook at "Central Idaho 4-H Camp".



Photo by: Tawnya Tracy, Volunteer

Still Green and on The Scene – KYG 2013

Submitted by: Kortni Wells, Cassia County 4-H Youth

All over Idaho, teens are busy, busy, and you guessed it... busy! But amid all that so-called “busy-ness”, these same teens desire to make a positive difference in the areas in which they live. That is exactly what they do!



Photo by: Cheryl Lockard, 4-H Program Coordinator

Hey there! I'm Kortni Wells, Cassia County 4-Her as well as 2013 Know Your Government Conference Reporter News Editor. If you haven't already guessed, the teens who desired that positive difference, around 250 delegates in number, attended the 2013 Know Your Government Conference. Testimonies can be told – they are glad they did.

The 2013 Conference encompassed a team of hard working youth and adults in order to make a weekend so successful, and the theme “Still Green and on The Scene” explains this powerful team. Delegates were encouraged to help participate in a service project, which for 2013 was helping raise canned food for underprivileged people.

On the Legislative end of the spectrum, debates were many as several interesting issues were discussed, such as Mandatory Foreign Language classes for high school students as well as the Ban of Ethanol. These were just two of the five bills debated and discussed. Each bill had different and in some cases, surprising results.

On the Judicial spectrum, the mock trial was based on a vehicular manslaughter charge. There were six courtrooms filled with attorneys, plaintiffs, defendants, judges, court bailiffs, and witnesses where opposing stories were told. Five of six cases were found guilty of the charges. Sentencing was presented by Judge Wetherell, 4th Judicial District Judge.

Any one of the 250 delegates, as well as the Planning Committee members, could attest to the success of the 2013 conference, including the behind the scenes Reporters (my pride and joy of the conference).

As editor this year, my responsibilities involved staying in contact with both the reporter coordinators and reporters as well as learning how to work the Microsoft Publisher program. One of the greatest feelings in the world was having the Reporters trust me enough to ask me questions about anything of concern both pre-conference and at the conference. The greatest reward for me as editor was being able to cross the articles for the newsletter off our to-do list when final edits had been completed and the newsletter was off to the printers. We could all take a deep breath because our deadlines had been met and we had developed a complete newsletter as members of a team.



Contributed by: Kortnie Wells, Reporter Editor

In my wildest dreams, I never imagined that I would be able to serve as editor and be able to complete such a great task. But, I also know I did NOT accomplish it on my own by myself. I had a fantastic team standing with me during the whole entire journey, and the memories that were made were unforgettable. I thoroughly loved, as well as enjoyed, serving as 2013 KYG News Editor and can only offer my congratulations and good luck wishes to the 2014 Planning Committee and Reporters. It takes a lot of people, time, and effort to put on such a phenomenal weekend, but by banding together the results and experiences are remarkable!

A Big HUGE Thank You goes out to Erika Thiel and all the amazing people that made KYG 2013 possible!



Contributed by: Kortni Wells, Reporter Editor

Strong Delegation of Idaho Volunteers pays a visit to Hawaii to attend the WR4-HLF

Submitted by Tass Heim, Canyon County 4-H Volunteer

Eighty degree temperatures welcomed Idaho's 4-H leaders as they stepped out of the airport in Honolulu, Hawaii to attend the Western Regional 4-H Leaders' Forum. And as if the warm weather wasn't enough, the Forum hotel accommodations were in Waikiki across the street from the beach.



Photo by: Becky Settlege, Hawaii Extension Educator

Thursday evening's reception began with Hawaiian 4-H youth presenting leis to all the guests as we entered the gathering and had the opportunity to visit with old friends and meet leaders from states both near and far, which is always a highlight at Forums. We gave away many Idaho pins and collected our share of souvenir pins from a multitude of other states. The meal was sumptuous, plentiful and welcome after a long day of traveling and sighting seeing. We were entertained by native Hawaiian dancers and musicians throughout the party. Idahoans met after the reception to plan our States Night Out dinner on Friday. So far, so good!

The opening of the Forum on Friday morning began with Hawaii's Governor thanking 4-H volunteers for making a difference in the lives of young people around the world. Walter Kaneakua was the keynote speaker and his encouraging words were a great start to the Forum. Leadership was Walter's focus and he stated the work 4-H accomplishes in terms teaching leadership skills is certainly seen as one of our strengths.

Friday and Saturday were filled with interesting and informative workshops. There is no doubt those of you who attend our State Forum in November will be on the receiving end of many of the ideas shared in Hawaii.

Saturday evening's awards banquet was a luau with feasting, Polynesian dancing and even a fire eater! The evening concluded with the presentation of leis to the many 30 plus year volunteers who made trip. Idaho recipients included Kay Lynn Cheney 35 years, Debbie Lowber 32 years, Mary Jean Craig 30 years, and Tass Heim 35 years.

Michael Josephson closed out the Forum with his capstone presentation on Character Counts! Making ethics a top priority and teaching the six pillars character (trustworthiness, respect, responsibility, fairness, caring and citizenship) was the message Michael shared. He concluded by reminding 4-H volunteers of the important, positive impact we have on the youth in the program and how our success is apparent to outsiders.

The WR4-HLF was a wonderful opportunity to see new places, make new friends and strengthen old ties. Montana is hosting the 2014 Forum in Billings March 27 – 30. Make a plan right now to attend and enjoy the benefits of "Discovering the Past, Present and Possibilities of 4-H".

Aloha!



Photo by: Becky Settlege, Hawaii Extension Educator

Idaho 4-H Wool Contest

The Promotion Division of the Idaho Wool Growers Association offers awards to Idaho 4-H members who make garments from wool fabric or yarn at the Basic and Advanced levels. Contestants will participate in judging at the county on construction and fit (style revue or interview) and at the state level on construction and their Wool Contest Portfolio.



Must be enrolled in a 4-H Project where they construct or make a garment using a minimum 60% wool blend fabric or yarn with basic construction techniques. Basic Level Example: Clothing – Pants, skirt, vest, jumper, cape, etc. Knit/Crochet – Sweater, vest, etc. Advanced Level construct a garment or outfit with at least 4 of the advanced construction elements on wool.

Awards

Participants will be divided into the four 4-H Extension Districts to determine district winners. Previous State winners are not eligible to enter future 4-H Wool contests.

Basic Awards

- ◆ The top scoring entry from each District will receive a \$25 award
- ◆ The first place winner at the State level will receive an additional \$100

Advanced Awards

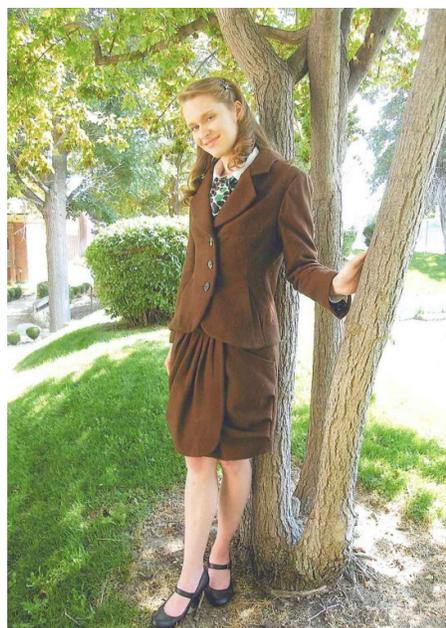
- ◆ The top scoring entry from each District will receive a \$100 award
- ◆ The first place winner at the State level will receive an additional \$600.00
- ◆ The second place winner at the State level will receive an additional \$300
- ◆ The third place winner at the State level will receive an additional \$150.00

County Qualifications - Basic & Advanced

1. Must meet all requirements of the 4-H project in which the garment or outfit is made (4-H Record Book Required).
2. Completed outfit/garment judged at county level using standard county project judging forms for construction and either a 4-H style revue or fit interview.
3. Contestants MUST receive a blue or 1st place ribbon on the entry's construction and fit (either a style revue or fit interview) to be eligible to participate in the State contest.

For more information and requirements contact : **Sharlene Woffinden**, Bear Lake County Extension Educator

21620 US Hwy. 30, Montpelier, ID 83254; 208-847-0344 or bearlake@uidaho.edu





CALL FOR WORKSHOP PROPOSALS

Due June 1, 2013

Proposals for Western Regional Leaders' Forum 2014 are currently being accepted. You are encouraged to submit workshop(s) idea for consideration. Adult volunteers, teens and Extension staff are welcomed to submit proposals and will have an equal opportunity to be chosen. We value your participation!

Proposals are due by June 1, 2013. Primary presenters (as named on the proposal form) will be contacted about their proposal status by August 30th. You may submit proposals the following ways:

- ✿ Email: aflynn@montana.edu
- ✿ Mail: MSU Extension, Lewis & Clark County
100 W Custer
Helena MT 59602

Selection Criteria:

- ✿ Potential to attract and motivate attendees.
- ✿ Clarity of proposal content and presentation methods.
- ✿ Potential for practical application to local and area 4-H work.
- ✿ Relevance to current projects and trends in youth development.
- ✿ Preference will be given to proposals using hands-on and interactive teaching techniques.

Proposals may be submitted as one of the following types*:

- ✿ 45 Minute Session – Introduction or promotional workshop designed to engage learners, but cover less subject matter.
- ✿ 90 Minute Session – Hands-on learning experiences designed to provide comprehensive coverage of subject matter.
- ✿ 3 Hour Session – Hands-on learning experiences designed to provide comprehensive coverage of subject matter that cannot be covered in a short session.

*Type of session does not guarantee nor hinder your workshop being chosen. Please select the type most conducive to your topic area and objectives. This will assist us in planning a quality conference experience for all participants.

All presenters who are fulltime attendees of WRLF are required to pay their own registration fee and travel expenses. Day registration (including meals, breaks, workshops and activities for that day) will be available for presenters just attending for the day of their workshop. A registration form will be available online at www.wrlf2014.com. There will be a drawing for all of the selected workshop presenters for one free fulltime early bird registration.

WORKSHOP PROPOSAL FORM

Workshop Title: _____

Primary Presenter: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Home or Work Phone: _____ Cellphone: _____

Email: _____

Affiliation: 4-H Volunteer 4-H Youth Extension Staff Other

Names and email addresses for other presenters:

Presenter(s) Biography:

Category representing your workshop's emphasis: *Check only one area.*

Educational Design & Delivery

- Focus on project skills and designing activities for the right age group.
- Teambuilding, experiential learning and evaluation.

Positive Youth Development

- Focus on life skills, leadership skills, ages and stages of youth.
- Youth-Adult partnerships, motivation and diversity.

Interpersonal Characteristics

- Focus on personal improvement.
- Includes craft workshops.

Communications

- Build skills in public speaking, listening, writing and non-verbal.
- Information delivery and dissemination, marketing, public relations and technology.

Organization

- Focus on planning and time management.
- Parent recruitment, parent involvement and service learning.

Program Management

- Build skills in club management, record keeping and financial management.
- Organization and structure of Extension, 4-H's mission, liability awareness and reduction.

Description of Workshop: How will it be conducted (i.e. lecture, interactive, hands-on, etc.)? What materials will be given to attendees? How does in it fit in the category from the previous page?

Abstract: Why would people want to attend your program? Please provide a brief description of your workshop for conference materials.

Will there be a workshop fee for materials? _____

Workshop Type:

- 45 Minute Session
- 90 Minute Session
- 3 Hour Session

Are you willing to present more than once? YES NO

Maximum Number of Workshop Participants: _____

What type of room setup would you like?

- Lecture (Chairs, No Tables)
- Classroom (Tables & Chairs)
- Open Space
- Other (Please Specify)

What are your Audio/Visual Needs? We will do our best to accommodate your request. Extra fees will be the responsibility of the presenter.

- Projector & Screen
- Internet Connection
- Speakers
- Other (Please Specify)

If you have any questions or need more information regarding workshops at WRLF 2014, please contact Allison Flynn at 406-447-8346 or aflynn@montana.edu or Catherine McNeil at 406-439-8570 or mcneilcb@msn.com. We look forward to seeing your ideas!

1. **4-H LEADERSHIP AND PARTICIPATION.** Describe the nominee’s qualifications in each area. Be as specific as possible regarding the role of the volunteer in each area (number of years served, project areas, etc.). Points will be assigned by the District selection committee.

| |
|--|
| Club level (assign 1 point per year per project/activity) |
| Organizational leader |
| Project leader |
| Resource leader |
| Other |
| County level (assign 5 points per year per activity) |
| Resource |
| Advisory |
| Leaders Council Committee |
| Officer |
| County project leader |
| Other (presenting workshops, day camps, etc.) |

| |
|--|
| District level (assign 10 points per year per activity) |
| Resource (district activity coordinator, etc.) |
| Leaders Council Committee Officer |
| Other (presenting workshops, chaperone., etc.) |
| State level: (assign 15 points per year per activity) |
| Resource |
| Advisory |
| Leaders Council Committee Officer |
| State Leaders Forum Planning |
| Endowment (Idaho Friends of 4-H) |
| Other (presenting workshops, committees, etc.) |

| | |
|---|----------------|
| Regional level: (assign 20 points per activity per year) | Points awarded |
| Resource | |
| Advisory | |
| Regional Forum Planning | |
| Other (presenting workshops, affiliates, chaperones, exchanges) | |
| National level: (assign 25 points per activity per year) | Points awarded |
| National Forums | |
| National Event Chaperone | |
| Committees | |
| Other | |
| | |
| TOTAL POINTS AWARDED FOR LEADERSHIP AND PARTICIPATION | |

2. 4-H PROMOTION—Describe nominee’s specific efforts to promote 4-H

| Assign <u>up to 10</u> points per area | Points awarded |
|--|----------------|
| Recruitment of members | |
| Recruitment of leaders | |
| General (contacts with county commissioners/legislators, newspaper articles written, etc.) | |
| | |
| TOTAL POINTS AWARDED FOR 4-H PROMOTION | |

3. SUPPORT LETTERS:

(A minimum of 2, maximum of 3. It is strongly urged that one letter be written by a youth impacted by the nominee). Up to 5 points per letter. *Letters should address the nominee’s impact on the 4-H program, attitude, initiative, and dedication to youth and 4-H. Letters can be attached to this nomination or submitted to District under separate cover.*

Signatures:

_____ *County Leaders Council President*

_____ *County Extension Staff*

SCORING *(points are determined by District selection committee)*

Points for 4-H Leadership & Participation..... _____

Points for 4-H Promotion _____

Points for Support Letters..... _____

TOTAL POINTS _____