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## Upcoming Deadlines

- Salute to Excellence Nominations due February 4th!
- College Scholarship Applications due February 15th!
- Leaders Corner Articles due April 15th!

## Editors

Arlinda Nauman  
Bobbi Flowers  
Claudia Riegel  
Nickie Bell  
Claudine Zender

## Letter from the President

Greetings and Happy New Year! As the 2011 President of the State 4-H Leaders’ Association, I would like to extend a sincere “thank you” for the giving of your time, expertise, and oftentimes monetary resources to the 4-H Youth Development program. I also find it an honor and privilege to be amongst the finest group of volunteers in Idaho.

In the past few months, I have been reflecting on my use of time, and have been asking myself “why do I volunteer in 4-H?” Why do I commit endless hours of my time to the 4-H program helping youth develop the life skills they need to become effective, productive adults? These thoughts usually come after a long, exhausting day at work...when instead of attending a 4-H meeting...I just want to go home and put my feet up and have some “me” time! Then, I attend the 4-H meeting and have the opportunity to interact with the wonderful members of my 4-H club and find myself revived, excited, and rewarded from the experience. Somehow these youth end up changing my attitude and my life, making me grateful for the opportunity to serve them! The value we, as volunteers, give can never effectively be measured in monetary ways, but can be measured as we witness the lives of so many youth changed and see the reflection of our efforts in their achievements and successes.

I encourage you in the coming months to endure the race and continue being an important part of the lives of whom you have the opportunity to work with. If you find yourself asking “Why do I volunteer?” answer yourself with pride, “It’s because I am making a difference.”

**VOLUNTEERS ARE NOT PAID** - not because they are worthless, but – **BECAUSE THEY ARE PRICELESS!**

Please feel free to contact me with any questions or concerns ([dlowber@canyonco.org](mailto:dlowber@canyonco.org)). It is my goal to continue strengthening the 4-H volunteer network in Idaho!

Thank you,  
Debbie Lowber, President  
Idaho State Leaders Association
Salute to Excellence

Theresa Araquistain of Vallivue 4-H was the recipient of the 2010 Salute to Excellence Lifetime Achievement Award for the Western Region. Theresa was presented with her award while at the Western Regional Leaders’ Forum in Albuquerque, New Mexico, in March. When asked, Theresa said that her greatest 4-H accomplishment has been being able to watch her two daughters grow up in the program. The best gifts she has received in her 31 years as an Idaho volunteer leader are the wonderful friends she has made along the way and seeing her 4-Hers enrolling their children in the 4-H Program. Her great adventures include helping teens lead forum workshops and being a part of the planning teams for two Idaho Western Regional Leaders’ Forums.

Do you know someone that is also deserving of this recognition? Nominations are being accepted for the 2011 Leader of the Year (10 years or less as a volunteer) and Salute to Excellence Lifetime Achievement (more than 10 years as a volunteer) awards. You may contact Bobbi Flowers at bobbijflowers@yahoo.com or Debbie Lowber at dlowber@canyoncounty.org for more information and applications. We would like to receive nominations from all parts of our great state. The deadline for submitting nominations is Friday, February 4, 2011.

2010 State Leaders Forum

By Bobbi Flowers, 2010 Forum Planning Committee Member

The 2010 State Leaders Forum was co-hosted with our neighbor Washington State in October at Mirabeau Park in the Spokane Valley. This unique approach to the annual state forum allowed for volunteers and staff to share their ideas and skills as well as learn new ideas and skills from each other. The response from those attending was they enjoyed the interaction this afforded with new people.

There was an array of workshops from GPS to cooking and sewing to livestock. Those attending workshops enjoyed information given by presenters as well as the discussions that took place. Our keynote speaker, Kirk Astroth, followed his keynote with a dynamic workshop enjoyed by all.

Beth Carter, one of Idaho’s volunteers who bleeds green, proposed a pop can tab challenge to the Idaho planning committee members as a community service project. Idaho placed the challenge at Washington State’s door; Washington accepted the challenge with gusto. Although Washington had a larger collection of tabs to win the challenge, the combined efforts of Idaho and Washington totaled 202 pounds of pop tabs to be donated to the Ronald McDonald House. The recycler in Spokane gave an additional 10 cents per pound when it was learned the proceeds were going to benefit the Ronald McDonald House. The final sum which was donated totaled $119.40. Thank you to all who contributed to this worthwhile cause.
Leaders Mini-Forum
By Debbie Lowber, Co-chair

The District II Leaders’ Association is inviting leaders, parents, teens, and members to "Spring into 4-H" at the 2011 District II 4-H Mini-Forum. The half day event is planned for March 19, 8:30 am - 12:30 pm, at the Caldwell United Methodist Church. Participants will enjoy and experience an array of hands-on, informative workshops sure to help increase 4-H project knowledge as well as strengthen the 4-H Family network! Co-chairs Claudia Brush and Debbie Lowber are excited to offer this outstanding opportunity to educate leaders and build strong foundations for members. Everyone is encouraged to “cross county lines” and attend. For more information please contact Debbie Lowber at 459-6003, dlowber@canyonco.org, or Claudia Brush at 250-9362 or claudiabrush@boiseinc.com.

2010 Distinguished Service Award
By Beth Carter, Gem-Boise County Volunteer and DSA Coordinator

What is the Distinguished Service Award (DSA)? This is an honor given to a volunteer leader in your county that goes above and beyond. You will see this person or couple work behind the scenes driving youth or adults to trainings, coaching or mentoring, loaning a shoulder to cry on, sharing laughter and good times, and just being a great adult friend. The 2010 DSA recipient is Susi Larrocea Phillips of Ada County. Many of the items I mentioned above were written about Susi. She is a behind the scenes volunteer of 23 years. Susi has been involved in assisting with Super Saturdays, coaching two National qualified Livestock Judging teams, volunteering as a project and organizational 4-H leader, and judging practices held with the FFA youth. She is currently active with the Idaho Agri Business Women’s Association and makes sure the agriculture way of life is carried forward. Susi sets high expectations and then uses her leadership skills to motivate the youth in her club to reach superior overall achievement. The State 4-H Leaders Association would like to congratulate Susi on her award for volunteering the hours she has dedicated to making the best better.

2011 State Leaders Forum Invitation

“Celebrate the past, Embrace the future” is the theme for the upcoming 2011 State Leaders Forum in Boise, to be held November 4-6, 2011. It is a special year in Idaho 4-H because the forum will kick off the 100th Anniversary of Idaho 4-H. Come recharge your 4-H batteries and attend informative workshops. Network, laugh, and have some 4-H fun with adults and youth from around the state! More volunteers will be nominated by their counties for the Distinguished Service Award (DSA) and another group of outstanding individuals will be inducted into the Idaho 4-H Hall of Fame. So keep the dates open, book a room at the Doubletree Riverside and come to Boise for a CELEBRATION! More information will be available in county extension offices soon regarding workshop presentations, hotel room rates and forum registration fees. Or if you are on Facebook, look for “Idaho 4-H State Leaders Forum.” Add us as a friend to receive up-to-date information about the 2011 State Leaders Forum!
District II Youth Horse Council
Working Ranch Horse Project

The Working Ranch Horse Project was planned as an alternative to the horse show ring for 4-H, FFA, and other youths involved in horse organizations, and to provide the experience of working cattle and learning the various aspects of ranch work.

Volunteers from District II, Idaho 4-H Youth Horse Council have been instrumental in making the project a reality and carrying on the tradition since the first clinic in November 2004. The second Sunday of each month, passersby at fairgrounds, private ranches and rodeo arenas have been able to witness a scene right out of the old west. Young cowboys and cowgirls can be seen practicing with ropes, sorting cattle and learning how to use their horses quietly and efficiently. The young Working Ranch Horse project members gather to hone the skills used by ranch cowboys for over 150 years.

Clinics are attended by city kids, suburban 4-Hers, and young cow kids straight off the ranch. The high number of boys who participate demonstrates the strong interest young men have in this unique program. Over 300 hundred youngsters have taken part in the project since its inception. The average clinic attendance is 56 participants.

At the end of a Long Horn cattle drive into the old west town of Murphy each June, graduating senior members are presented with engraved pocketknives. The presentation is made in front of the audience gathered to watch the Long Horns being corralled and the exhibition put on by WRH members each year. It is a proud moment for members, instructors, and parents when these seniors receive their knives and go on to sort, pen, rope and “brand” the cattle.

Aside from the youth participation, the most outstanding aspect of the program has been the quality of the adults (mostly 4-H leaders) who serve as instructors for this remarkable project. An average of 18 adults work during monthly clinics as group leaders, gate people, timers, chili cookers, cleanup crew, and “gofers.” And this doesn’t include the 10 or more instructors!

A tradition started in 2007 by Extension support person Joan Gill from the Payette County Office is the chili feed which concludes the day at monthly clinics. Every family is encouraged to bring a can of chili to “add to the pot” and everyone enjoys a bowl of hot chili before heading home. What a wonderful time of fellowship this “meal” has become for the WRH family.

The District II Youth Horse Council is part of the Idaho 4-H Youth Horse Council, which organizes youth events throughout the state of Idaho, including the yearly State Horse Contests for Oral Presentations, Horse Bowl, Hippology, and Judging held each June or July. Anyone wishing information about the District II Working Ranch Horse Project may contact one of the numbers below.

Joan Gill (208) 642-6022
Tass Heim (208) 697-8896
The 2011 Western Regional 4-H Leaders Forum registration is cruising along at full speed. There are now 624 people registered to “Cruise to 4-H Excellence”; 355 Full Time registrations, 123 Companion registrations, and 146 Friends & Family. They represent 19 states and Alberta Canada.

Have you gotten your passport yet? You MUST have a Passport or an Enhanced Drivers License to board the ship. There are only four states that issue Enhanced Drivers Licenses. They are Washington, New York, Michigan and Vermont. If you do not reside in one of these four states, you MUST have a passport.

If you or someone you know hasn’t registered yet, they need to do it now; especially if you are a workshop presenter! The WRLF block of cabins is only reserved until February 1st. After that date, cabin booking is at the higher Holland America website price on a space availability bases only. There is no guarantee there will be any cabins left. SO BOOK NOW!

Michelle & Emily are busy preparing to send out final payment information to everyone. The information will include their contact information to give everyone the opportunity to make any changes, add insurance, change final payment credit card numbers. Also included in the information will be clarification that the payment to Holland America must be in the form of a credit card. The final cruise payment is due before February 21st; however, due to the WRLF VOLUME, processing of payments will begin on February 1st.

The planning committee is busy scheduling the over 68 workshops that have been selected for the 2011 WRLF. Full-Time registrants will be notified shortly to return to the registration website to make their workshop selections. We have attempted to provide a variety of topics to provide something for everyone. And don’t forget, Holland America provides a series of workshops as well for you to select from once you are aboard ship.

The deadline to order 2011 WRLF logo apparel is March 21st. There are three styles of blue shirts available. We will be unable to fill any order placed after March 21st.

Don’t forget to share this once in a life time opportunity to “Cruise to 4-H Excellence” with ALL your friends and family. Only 114 days until we sail, so spread the word!
International Exchange Student Dmytro Rashevskyy
Appreciates What 4-H Has Done For Him
By Claudine Zender

Dmytro Rashevskyy, a Ukrainian high school exchange student living for a year in Lowman, Idaho, attended the November 2010 Ambassadors Training Conference in McCall. After enjoying the workshops on public speaking, promoting 4-H, and community involvement, he gave a short speech to the 100 persons present on "What 4-H Has Done For Me."

“That was really easy,” said Dmytro. Idaho 4-H and States’ 4-H International Exchange Programs is a placement organization for the U.S. State Department’s Future Leaders Exchange Program, which has sponsored Dmytro’s stay in the U.S. for the 2010-2011 school year.

What was Dmytro's opinion of the Idaho 4-H Ambassadors training program? “I wish it had never ended,” he said.

In the past decade Idaho 4-H has sponsored 10 FLEX students, all placed with Idaho 4-H families in various communities around the state, along with several year-long high school students from Japan.

The second 2010-2011 FLEX student placed by Idaho 4-H, Eugen Lazarenco, living with Lewis County Extension Educator Ken Hart’s family in Nezperce, has also embraced 4-H. Starting by volunteering at September’s Lewis County Fair, Eugen is enjoying everything that small town life has to offer, including football and varsity basketball. He applied and was selected to attend National 4-H Conference in Washington, D.C., this spring. He also hopes to attend June’s 4-H Teen Conference on the University of Idaho campus.

In addition to year-long exchange students, Idaho 4-H International Programs is sponsoring incoming summer exchange students from Norway, Japan, and Costa Rica in 2011. National program management is through States’ 4-H International Exchange Programs, which has managed the exchange programs for nearly 40 years.

The Japanese exchange program is entering its 39th year. Idaho, Washington, and Oregon began the Japanese exchange program in 1972. While Idaho’s exchange numbers are much smaller now than its first year, when Idaho families hosted 93 Japanese delegates and the following summer sent 153 Idaho 4-Hers to visit Japan, the program is still enthusiastically embraced in communities around the state. For summer 2011 Idaho will host 14 Japanese teens and one chaperone. Families interested in hosting students from Costa Rica and Norway are also being sought.

Japanese exchange students ages 12-15 will visit Idaho July 24-August 21. Students from Norway, ages 15-20, will arrive in Idaho June 29 and depart July 27. The Costa Rican teens, ages 15-18, will be here from June 19-July 16. Both Norway and Costa Rica have their own 4-H programs, and are involved in reciprocal exchange programs with Idaho 4-H.
Idaho teens may travel outbound for one month stays in Norway, Japan, Argentina, Australia, Finland, and Costa Rica. Idaho youths are matched with families in these countries and spend a month immersed in their culture, sharing American culture while learning another language and way of life. Adult chaperones accompany the U.S. 4-Hers on their travels and stay in-country with them, also living with host families. 4-H leaders make excellent chaperones, and are encouraged to learn more about the program by visiting the Idaho 4-H website. Delegate and chaperone scholarships for outbound travel are provided by Idaho Friends of 4-H and the International 4-H Youth Exchange (IFYE) Foundation.

While the deadline for outbound travel applications for summer 2011 has passed, host families for incoming students from Japan, Norway, and Costa Rica are encouraged to apply now. Applications and hosting information can be found on the International Programs page of the 4-H website, www.4h.uidaho.edu.

I Need 42!!!
By Beth Carter, DSA Coordinator

I NEED 42, AM I CRAZY? Well, yes, call me CRAZY but we are kicking off the Centennial Celebration of Idaho 4-H during State Leaders Forum November 4-6, 2011. A CHALLENGE is issued to all 4-H volunteers, staff, adults, and past State DSA winners to get your county represented! We are looking for 42 (yes, I did say 42) Distinguished Service Award (DSA) winners for State Leaders Forum. The applications are due to your county extension office by June 1, 2011. After the county has selected a winner, forward the application to your District DSA contact by July 15, 2011. Once the District DSA contact has selected a winner, he or she will submit all paperwork to Beth Kienitz Carter by August 15, 2011. An email of your county winner will need to be sent to her at bethyk1@yahoo.com for the presentation during dinner Saturday evening. If you have any questions about the application please email me and I will help you!

Help me blow my budget on the DSA winners this year and kick off a humbling honor in Boise this November. Let us all step up to the CHALLENGE that has been issued and fulfill honoring 42 winners from each county of our great state.

2011 SLA Officers

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