June 20-23, 2022
University of Idaho Campus
Moscow, Idaho

“The Idaho 4-H State Teen Association Convention is an opportunity for youth to experience college life, explore career opportunities and prepare for a lifetime of success with other Idaho teens.”
About the Idaho 4-H State Teen Association Convention
A 4-day educational event focusing on post-secondary and career exploration. Both 4-H and non 4-H youth are provided the opportunity to participate in a wide variety of activities including educational workshops; community and campus tours; service learning projects; state elections; on-campus living; and networking with peers from around the state.

Who Can Attend
- Youth who have completed the 8th – 12th grades
- Certified Adult chaperones and Certified Collegiate Volunteers
- Both 4-H and Non 4-H Members

Activities
Delegates will take part in scheduled educational, recreational, and social events, with the opportunity during workshops and these events to explore the university campus and make new friends. They will live in a university dormitory, eat in the student dining hall, participate in workshop tracks and campus/community tours, recreation activities, dances, service project and assemblies.

Registration
Registration includes: Lodging, meals, transportation, workshop and presenter fees, entertainment activities, etc.

<table>
<thead>
<tr>
<th>Registration Type</th>
<th>Dates</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Idaho 4-H Early Bird Registration</td>
<td>April 12-May 15</td>
<td>$270.00</td>
</tr>
<tr>
<td>Non 4-H Early Bird Registration</td>
<td>April 12-May 15</td>
<td>$300.00</td>
</tr>
<tr>
<td>Idaho 4-H Regular Registration</td>
<td>May 15-June 6</td>
<td>$295.00</td>
</tr>
<tr>
<td>Non 4-H Regular Registration</td>
<td>May 15-June 6</td>
<td>$325.00</td>
</tr>
<tr>
<td>STAC Steering Committee</td>
<td>April 12-June 6</td>
<td>$150.00</td>
</tr>
<tr>
<td>Chaperone Registration Fee</td>
<td>April 12-June 6</td>
<td>$150.00</td>
</tr>
<tr>
<td>Idaho 4-H State Officer</td>
<td>April 12-June 6</td>
<td>$150.00</td>
</tr>
</tbody>
</table>

NO registrations will be accepted after June 6, 2022. All payments must be received by June 6th.

For Idaho 4-H members: registration is available through Z-Suites, please log into your family account and click “events” or click here

- Instructions can be found on the Idaho 4-H State Teen Association Convention webpage or by clicking here.

For Non-Idaho 4-H members: Register in Z-Suites as a non-member.
• When registering, mark your choices for Workshops and Tours. Workshop and Tour enrollments will be first come, first served. Some workshops will fill quickly, so there is an advantage to registering early. If the workshop you selected is full, you’ll be assigned to a different workshop.
• All conference digital photos and conference t-shirts are included in the registration fees.
• Onsite check-in will take place in LLC complex lobby on June 20, between 2 pm – 3:30 pm.

Chaperones
• If you are interested in becoming a Chaperone for this event, please review the Chaperone Position Description on the STAC Website: https://www.uidaho.edu/extension/4h/events/stac
• To apply for a Chaperone position, please complete the online application found on the STAC Website by April 25th. Notifications will be made to all Chaperones on or before May 6th. Information regarding how to register and pay will be sent at that time. State and local scholarships are available, please inquire at your local County Extension office.
• Chaperone Application: Apply Now

Collegiate Volunteers
• If you are interested in becoming a Certified Collegiate Volunteer for this event, please review the Position Description on the STAC Website.
• To apply for a Collegiate Volunteer position, please complete the online Application on the STAC Website. Notifications will be made to all Collegiate Volunteers on or before May 1st. Information regarding how to get certified and register will be sent at that time.
• College Staff Application: Apply Now

Payments
• All payments are to be made online (Visa/Mastercard and Webchecks) at www.uidaho.edu/4hevents by clicking on the “STAC Online Payments Only” icon. Early Bird payments are due by May 15 and Regular Registration payments are due by June 6.
*Please do not make payments to the county offices. This event is set up to receive online payments only.*

Scholarships
• Friends of 4-H Endowment Scholarship — A total of 52 $100 scholarships are available (13 per UI Extension District). Applications due in 4-H Online by April 1st.
• Tractor Supply Company and 4-H Paper Clover — A total of eight full registration scholarships (2 per UI Extension District) are available. Applications due in 4-H Online by April 1st.
• Doris Roper (Youth) John Thiessen (Adult) (PDF) — Two endowment scholarships are available for youth and adults to apply for state and national opportunities. Scholarship amounts vary. Applications are due in 4-H Online by the early bird registration deadline or two weeks prior to close of regular registration, whichever comes first.

Transportation
• For all State and National 4-H Events, the University of Idaho 4-H Youth Development department will arrange public transportation – trains, buses, and/or commercial airlines – to and from events. Because commercial chartered companies are held to higher safety standards with periodic inspections and approved health and safety policies, 4-H requires all youth and chaperones participating in 4-H State and National events to use the transportation arranged for each event. For information, please review the 4-H Transportation Policy.
• Fees for bussing is included in the registration cost. Fees cover the expenses associated with all Transportation provided, including, but not limited to: gas; mileage; lodging and accommodations for all bus drivers; insurances; and use of buses for events held off campus during the event.
• Those living in the Moscow area (Incl. Troy, Deary, Bovill) where a bus is not routed through, may travel to the event following the provisions outlined under the “4-H Traveling in Non-Public Automobiles” section of the 4-H Transportation Policy.

Lodging
Delegates will stay at the University of Idaho Theophilus Tower Dormitory. Delegates need to bring bedding (pillow, sleeping bag and/or sheets, blankets), towels, and personal toiletry items. Rooms and roommates will be pre-assigned. Counties are grouped together by districts on floors. Changes are not allowed. There is a $60 charge for lost room keys and $5 fee for lost key tags.

Food
Meal service is provided in the EATERY cafeteria. Delegates will be issued a meal card which must be presented at each meal. There is a $15 charge for replacing lost cards.

Dress Code
Dress for this event ranges from casual to semi-formal.
• Casual for daily activities includes jeans, capris, sweatshirts or t-shirts. Baggy sweats, short-shorts (inseams less than 4”)/skirts, and lowcut shirts or tank tops are not permitted under daily casual wear and youth will be asked to change into something more appropriate. No crop-tops (midriffs must be covered)
• Business Casual for officer interviews and speeches (if applicable) - Dresses, skirts (knee length or longer when seated), slacks with nice blouses/shirts or sweaters, nice dress jeans (black Wranglers) are allowed but no blue denim. Closed toe shoes, hard-soled.
• **Semi-Formal for Clover Banquet** - Dresses, dressy blouses and skirts (knee-length or longer when seated), or dress pants, shirts and ties. Semi-formal means no denim, bared midriffs and shrittails are tucked in. No flip flops or sport shoes.

• **Sleepwear** is to be worn only in individual rooms, not in public areas (halls, meeting rooms, lobby). Be sure to bring jackets and rain gear as well!

**Workshop Tracks**

Tracks are assigned according to choices indicated on your registration form and available space. Delegates are expected to participate and attend all selected tracks.

**4-H Variety Show**

Delegates who enjoy performing are encouraged to submit a video or audio recording before **June 14** to try out for the 4-H Variety Show. While last minute acts will be able to try out for a spot in the Variety Show as have in years past, selection may be on a space available basis. Audio or video files may be uploaded to: [2022 STAC Variety Show Submissions](#). If you have trouble uploading your audition or have any additional questions, please contact sheilannes@uidaho.edu.

**Decorations**

Bring supplies to decorate your dormitory room doors to show your 4-H pride and help people get to know you. Please do not bring staples, tacks, nails or any tape that leaves residue for hanging decorations.

**4-H Service Project**

This year’s 4-H Service Projects:

1) **Painted Rocks** – Bring a smile to those who find the rock you painted and left for them to find! This project is all about spreading kindness and joy. Rocks will be distributed throughout Idaho after the conference.

2) **Smile Kits** – These kits will be made to for youth staying is hospitals to give them a fun activity and a little distraction. Participants will make some of the parts and assemble the whole kit. Kits will then be delivered to hospitals in the four districts.

**Assembly Helpers**

If you are interested in being an assembly helper, please indicate your desire on the registration form. Assembly helper positions include:

1) **US Pledge Leader** – you will lead the group in the Pledge of Allegiance at one of the assemblies. This will include something like, “Will everyone rise and join me in reciting the Pledge of Allegiance....I pledge allegiance..”
2) **4-H Pledge Leader** – you will lead the group in the 4-H Pledge at one of the assemblies. This will include something like, “Please join me in the reciting of the 4-H Pledge… I pledge my head…”

3) **Sharing** – you can share either a thought for the day, poem, etc. to direct the delegates’ thoughts towards learning/gaining something from the experiences of the day. The conference theme is “Pathway to Possibilities.” You may share something that relates to the theme or something else that is meaningful to you.

**4-H State Officers and State Teen Association Convention Steering Committee**

If you would like to run for a 4-H State Office or are interested in being part of the State Teen Association Convention Steering Committee indicate your interest on the registration form.

**4-H State Association Positions available:** President, Vice President, Secretary, Media Manager, and Activities Director (one-year term)

**Steering Committee District Representative Positions available (4):** Northern, Southern, Central and Eastern (one-year term).

**Steering Committee Youth Positions possibly (4) available depending on the term of the current youth:** Northern, Southern, Central and Eastern (up to two-year term).

**TENTATIVE CONFERENCE SCHEDULE**

**Monday, June 20**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>2:00 pm</td>
<td>Buses Arrive/Check in—LLC Classrooms</td>
</tr>
<tr>
<td>3:30 pm</td>
<td>Get to Know You Activities—Tower Lawn</td>
</tr>
<tr>
<td></td>
<td>Adult Orientation—LLC Classrooms</td>
</tr>
<tr>
<td>4:15 pm</td>
<td>District Meetings—Tower Lawn</td>
</tr>
<tr>
<td>5:00 pm</td>
<td>Prepare for Tours</td>
</tr>
<tr>
<td>5:15 pm</td>
<td>Campus Tours</td>
</tr>
<tr>
<td>6:00 pm</td>
<td>Dinner—Admin Lawn</td>
</tr>
<tr>
<td>6:30 pm</td>
<td>Opening Assembly</td>
</tr>
<tr>
<td>7:15 pm</td>
<td>Pictures—Shattuck Auditorium</td>
</tr>
<tr>
<td>8:00 pm</td>
<td>Floor Meetings</td>
</tr>
<tr>
<td>8:30 pm</td>
<td>Candidate Orientation—LLC Classrooms</td>
</tr>
<tr>
<td>9:00 pm</td>
<td>Variety Show Auditions—Social/Decorate Doors/Unpack/Lawn games</td>
</tr>
<tr>
<td>10:00 pm</td>
<td>All delegates on floors</td>
</tr>
<tr>
<td>10:30 pm</td>
<td>Lights out</td>
</tr>
<tr>
<td>10:30 pm</td>
<td>SC/College Staff Debrief—Tower Basement</td>
</tr>
</tbody>
</table>

**Tuesday, June 21**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 am</td>
<td>Breakfast—International Ballroom</td>
</tr>
</tbody>
</table>
8:00 am  Keynote Speaker- ISUB Atrium
9:15 am  District Meetings – TLC Classrooms
9:45 am  Travel to Workshops
10:00 am  Workshop #1
12:00 pm  Travel to Lunch
12:15 pm  Lunch - Eatery
12:30 pm  Washington Career Tours Load/Leave
1:00 pm  Meet on Tower Lawn for Career Tours
1:30 pm  Career Tours
4:00 pm  Service Project/Vandalstore
4:15 pm  Variety Show Rehearsals
5:00 pm  Candidate Interviews
5:15 pm  Travel to Dinner
5:30 pm  Dinner – Eatery
7:00 pm  Travel to Hartung Theatre for Evening Events
7:15 pm  Entertainment Show
8:00 pm  Variety Show
9:00 pm  Group Activity- Tower Lawn
9:45 pm  Return to Towers
10:00 pm  Tower Light Show
10:30 pm  Floor Meetings
11:00 pm  Lights Out
11:00 pm  SC/College Staff Debrief

**Wednesday, June 22**
7:30 am  Breakfast/Host and Hostess meeting – Commons Food Court
8:15 am  Travel to Meetings
8:30 am  District Meetings
9:00 am  Travel to Assembly
9:15 am  Assembly/Voting/Speeches – AgSci 106
10:15 am  Travel to Workshops
10:30 am  Workshop #2
12:30 pm  Travel to Lunch
12:45 pm  Lunch – Eatery
1:30 pm  Travel to Service Project/Vandalstore
1:45 pm  Service Project/Vandalstore
2:45 pm  Travel to Workshops
3:00 pm  Workshop #3
<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>5:00 pm</td>
<td>Return to Towers and Prepare for Clover Banquet</td>
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<tr>
<td>6:00 pm</td>
<td>Travel to Clover Banquet – ISUB Atrium</td>
</tr>
<tr>
<td>6:15 pm</td>
<td>Seating for Clover Banquet</td>
</tr>
<tr>
<td>6:30 pm</td>
<td>Clover Banquet Begins – International Ballroom</td>
</tr>
<tr>
<td>8:30 pm</td>
<td>Travel to Towers</td>
</tr>
<tr>
<td>9:00 pm</td>
<td>Clover Dance/Photo Booth/Floor Parties</td>
</tr>
<tr>
<td>11:00 pm</td>
<td>Return to Floors</td>
</tr>
<tr>
<td>12:00 am</td>
<td>Lights out</td>
</tr>
<tr>
<td>12:00 am</td>
<td>SC/College Staff Debrief</td>
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</tbody>
</table>

**Thursday, June 23**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>8:00 am</td>
<td>Breakfast/New Officer Meeting– HUB</td>
</tr>
<tr>
<td>8:45 am</td>
<td>Travel to District Meetings</td>
</tr>
<tr>
<td>9:00 am</td>
<td>District Meetings/Officer Photos</td>
</tr>
<tr>
<td>9:45 am</td>
<td>Travel to Group Activity/District Rep Photos</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Group Activity</td>
</tr>
<tr>
<td>10:45 am</td>
<td>Travel to Assembly</td>
</tr>
<tr>
<td>11:00 am</td>
<td>Closing Assembly</td>
</tr>
<tr>
<td>12:00 pm</td>
<td>Pack and Check Out</td>
</tr>
<tr>
<td>1:00 pm</td>
<td>Grab lunches/Load Buses</td>
</tr>
<tr>
<td>1:30 pm</td>
<td>Travel Home/End of Event</td>
</tr>
</tbody>
</table>

**CONFERENCE POLICIES**

University of Idaho 4-H Youth Development faculty and staff, 4-H State Officers and the Conference Steering Committee plan and conduct the conference in accordance with the University of Idaho Youth Conference policies. Delegates are expected to adhere to these policies. 4-H Members sign an electronic code of conduct upon enrollment for the 4-H program.

Parents/guardians of Non 4-H members will be required to complete and sign a consent form, which provides for adherence to certain polices and health requirements.

**2022 University of Idaho Youth Conference Policies**

The University of Idaho 4-H Youth Development department wants your week at State Teen Association Convention to be filled with exciting experiences, new friendships, and fun. To help make this happen, each participant is expected to be considerate of others, participate fully in the Conference programs, and observe the following rules.
Assemblies & Workshops
- Attendance at all scheduled events is required. Be prompt in attendance and courteous to all instructors and speakers.
- Workshops are assigned according to choices given on your registration form and available space.
- Name badges are important for gaining admittance to Idaho 4-H State Teen Association Convention events, for identification and to help you get acquainted. Wear your badge at all times.

Dormitory & Meals
- Room assignments made at dorm registration must be kept. Counties are grouped together by districts on floors. Changes are not allowed (in an emergency, we must know where you are).
- Leave valuables at home. We have no way to guarantee their security. Even locked dorm rooms do not always prevent losses. (There is a $60 charge for lost room keys and a $5 fee for lost key tags.)
- Respect for the privacy of others requires that members of the opposite sex are only allowed in common areas on the same floor. No delegate will be allowed in the rooms of the opposite sex.
- Lounges are available on each floor for visiting.
- Dormitory will be locked one-half hour after the close of the evening activity. In your room and quiet time begins, please refer to the schedule for lights out times. After lights out, use phones for emergencies only.
- The removal of window screens or throwing any object out of the dorm windows is strictly forbidden.
- ALL meals are provided during this conference. **Delegates are not permitted to order on/off campus dining to be delivered to the dorms during this event.** If there are mealtime concerns, please contact the event coordinators prior to conference to make accommodations.
- At no time should any youth be alone on campus, youth should engage in the “buddy system” when traveling to workshops, activities, meals or other STAC approved events. Youth should not enter any UI buildings except for attending STAC workshops, activities, meals or other STAC approved events.
- Leaving campus at any time during this event is prohibited without prior arrangements made by the event coordinators. This includes traveling to restaurants, stores, malls, etc. or leaving the conference prior to the close of conference for any reason.

General
- Idaho 4-H State Teen Association Convention delegate may ride only in cars driven by Extension staff or chaperones. Only campus or Moscow buildings scheduled for 4-H events are to be entered and then only at times designated on the program.
• Possession of tobacco, vape products, use of alcoholic beverages, illegal drugs, firearms or explosives of any kind is prohibited on campus and anytime during Idaho 4-H State Teen Association Convention.

• Cost of damage or theft of any university property will be billed to the individual responsible (or delegate’s parents) or to the group with which the delegate is associated.

• Permission to leave Idaho 4-H State Teen Association Convention and/or campus at any time must be secured in advance from the Extension staff or chaperone in charge of the county delegation who will then inform the 4-H Youth Development Office.

• Minor problems will be handled by the Extension staff or chaperone in charge.

Event Nurse/Health Information

• Report illness immediately to an adult chaperone. Medical staff are available to provide immediate First Aid assistance on site. In case of emergency, parents will be notified and delegates will be taken to Moscow Family Medicine or Gritman Memorial Medical Center, Moscow.

• All medications must be turned into the event nurse upon arrival. This includes prescription and over-the-counter medications. In the event of a medical emergency, we need to know what medications have and have not been taken.

• Emergency rescue medications such as inhalers and EpiPens do not need to be turned in, but the event staff should be aware that you carry these devices in case assistance needs to be given in an emergency.

These policies are intended to assist in providing for the health, safety and social well-being of everyone attending the Idaho 4-H State Teen Association Convention (STAC). Should a situation arise that is not covered by this list, the STAC Steering Committee will handle it in a manner consistent with UI Extension policies.

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Idaho 4-H Youth Development Office
University of Idaho
Mary E. Forney Hall
875 Perimeter Drive, MS3015
Moscow, ID 83844-3015
208-885-7700 (8:00 am-5:00 pm) OR 208-885-6571 (24 hours, Dorm Office)
SheilAnne Smith, 4-H Events Coordinator, 208-885-7700
Mike Knutz, STAC Steering Committee Chair; Cell – 971-241-7775
2022 Idaho 4-H State Teen Association Convention Workshops

ACE THE INTERVIEW
Learn what employers are looking for in interviews, types of questions you can expect, and practice making a great impression and communicating your strengths. Course provided by UI Career Center

ANIMAL SCIENCE: ANATOMY AND PHYSIOLOGY
Work with the Department of Animal Veterinary and Food Science to explore the anatomy of animals. A great opportunity for those who are interested in the Veterinary Field.

ARMY ROTC (RESERVE OFFICERS’ TRAINING CORPS)
Visit the Army ROTC to experience a small part of what makes the ROTC the premier leadership course in the nation. During our workshop you will have the opportunity to compete with your peers in teambuilding events, speak to members of the program, learn about unique scholarship opportunities, and have all your questions answered.

ASCENDING TO LEADERSHIP: USING CLIMBING AS A TOOL TO BUILD LEADERSHIP IN SELF AND OTHERS
This session will take place at the University of Idaho Student Recreation Center indoor climbing wall. The facility boasts both a 55’ climbing tower and a 24’ instructional wall. During this workshop participants will use climbing and circuit objectives to build success as a group and test the limits of their leadership skills. Includes 30-minute open climb. Additional waivers are required.

BASIC TRAINING: ACING INTERVIEWS
Come join the Idaho 4-H State Teen Association Officers to prepare for your next interview. Whether applying for your next camp counselor gig or your first job the officers will help you become better prepared. The state officers will take you through fun activities around important interview facets that will help you put your best foot forward. Come join your state officers for a guidebook to mastering your next interview.

CULTURE IS PREVENTION
The Culture is Prevention Workshop will be based on brief history, traditions, language and stories of the Coeur d’Alene Tribe and Nez Perce Tribe. Youth will learn about regional Tribal cultures and complete an art activity. This session will support student learning, diversity, and inclusion.

CUPCAKE WARS!
This is a contest where the youth will compete to create something great! Each team will use cupcakes and materials supplied according to designated themes which will be drawn the time of the workshop.
This contest is intended to be fun and allow creativity, skills, troubleshooting, teamwork, social skills, and communication are just a few of what will be accomplished at this fun contest.

**DISCOVER YOUR CAREER**

What do you want to do when you grow up? In this hands-on workshop, students will take a career assessment, use Career Finder to research career opportunities, and learn to identify their interests, strengths, and preferences. Presented by University of Idaho Career Services.

**EXPLORING COLLEGE OF AGRICULTURE AND LIFE SCIENCE DEGREES**

Visit with the CALS Ambassadors to learn about the opportunities in the College of Agricultural and Life Sciences. Learn about degrees and careers is area such as: Animal Science, Microbiology, Family and Consumer Science, Food Science, Ag Business and more.

**EXPLORING NATURAL RESOURCES**

The College of Natural Resources at the University of Idaho is one of the top programs in the country, with incredible outdoor classrooms, field-based learning, and strong career preparation. Join us to learn more about the exciting career paths in natural resources and where our degree programs can take you! Major options include environmental sciences, rangeland conservation, forestry, wildlife resources, fire ecology and management, ecology, conservation biology, forest and sustainable products, and fisheries!

**FOOD IS FUEL**

We will be sharing hands on tips on nutrition for independent living; using Healthy Living activities such as, Think-Your-Drink and Power up Your Breakfast. Along with how to beef up your top ramen! Fuel is food: get tips on how you can make prepackaged foods healthier!

**FUN WITH LEDs**

In this workshop students will learn a little bit about electricity, Light Emitting Diodes (LED’s), and soldering. We will discuss some basic ideas concerning electricity, including how LED’s work. The students will build a small LED blinker circuit during the workshop.

**HEROES IN ACTION**

Accidents can happen any time, any place, to anyone. Learn steps to reduce the risk and improve the chance of success in an unfortunate event. Basic First Aid, use of resources and controlling the scene will be covered in this interactive, role play session. Visit with emergency professionals about their careers and learn about the Student Resident Firefighter Program in Moscow.

**LEADERSHIP NOW! ADVANCED LEADERSHIP DEVELOPMENT (**INVITE ONLY)**

The Leadership NOW! Advanced Leadership Development workshop will consist of intense face to face leadership development. You will be engrossed in interactive opportunities that will teach them skills that will help them in future leadership positions.

**LEAN PROJECT MANAGEMENT**

Lean project management principles strive to deliver more benefits and eliminate waste in processes. This workshop will use hands-on activities and reflection time to introduce students to lean project
management strategies and discuss how these strategies are used in manufacturing and software
development by companies such as Toyota and Microsoft. In addition, students will have the
opportunity to apply lean principles to processes they are currently use in their schoolwork, jobs, and
other areas in their life. This workshop will be relevant to students who are considering careers in
business, manufacturing, or engineering fields, and will have practical benefits for attendees.

PRINTING WITH GELLI PLATES
Students will learn about a form of printmaking, Gelli printing. They will explore the elements and
principals of design, such as: color, texture, emphasis, and variety. They will also be able to explore the
materials, such as: brayers, Gelli plates, stencils, printmaking ink, and texture tools. By the end of the
session they will have an understanding of the elements and principals of design, what printmaking is,
printmaking materials, and have one or more finished prints to take home.

SHADING WITH GRAPHITE
Channel your inner artistic talent! This hands-on workshop will provide a basic introduction and practice
of the value scale and shading techniques. We will practice using different shading tools and spend time
putting our knowledge into practice

SOCIAL MEDIA MARKETING AND BRANDING DESIGN
In this workshop you will learn practical tips and tricks to cultivate an active network across social media
platforms. Create your visual brand by learning about the rules and stages of poster and logo design
including typography, color, line, contrast, focal points, and thumbnail drafting.

SUSTAINABLE POLYMERS: CONFRONTING THE PLASTIC CRISIS
Plastics are one of the most versatile and useful materials in our everyday lives, but the very properties
that make them useful also make them problematic when we dispose of them. Youth participating in
this workshop will learn about the properties of different packaging materials, and experience the
plastic life cycle through an interactive, hands-on game. We will also explore the emerging field of
bioplastics and discuss how youth can transform learning into action in their home communities.

RADIO ADVERTISING STRATEGY AND SALES
What does it take to make the sale in Radio Advertising? In this workshop you will work with local
professionals to learn the start to finish process that we use in broadcast advertising from prospecting
clients, developing recommendations, the creative process, and the pitch to local and regional
advertisers.

ROBERTS RULES MADE SIMPLE
To our leaders of tomorrow come have some fun learning how to make your meetings run smoothy!
This interactive workshop will allow you to practice Parliamentary Procedure in an easy and creative
way. Take away a treat for today and knowledge for a lifetime.

SASHIKO STITCHING
Stitching with a needle and thread is an ancient process that transcends time. This workshop elevates
the humble needle and thread to a decorative tool as participants learn about sashiko stitching and visible mending strategies.

THE "OWN IT" PERSONALITY TEST
Have you ever wondered why you mesh with certain people and clash with others? In this workshop, participants complete the "Own It" personality test to help them increase personal clarity. Exercises and acting out real-life situations will make students laugh and help them make the most of their unique personality while effectively relating and leading others. They also learn to respond to "dark personalities" in a positive way to resolve conflict.

WATER SCIENCE: IDAH2O PHYSICAL/CHEMICAL AND MACROINVERTEBRATES
This hands-on outdoor water science workshop will give participants real-world analysis skills about water quality and habitats. Following the IDAH2O Master Water Steward and the hot-off-the-presses, brand new 4-H Wildlife and Water Curriculum (ECS014), everyone will try out physical/chemical water quality assessments in a local stream. Then we will use nets to catch some water bugs (aquatic macroinvertebrates) and figure out what they are, and what they mean for stream health. It will be fun, informative, and will build real-world science skills.

YOUR LIFE STORY
What makes movies great is conflict, but more importantly how conflict is responded to. Students watch short clips from popular movies, learn from key scenes, and then apply principles to apply as the "director" in their own life. This workshop helps students step outside of themselves and take the lead with their past, present, and future in a fun and enlightening way.

MAKE AT THE MILL
This workshop introduces Idaho 4-H students to the amazing and fun technology in The MILL, the UI Library’s Making, Innovating, and Learning Lab, while engaging with emerging technologies that offer the stepping stones for solving real world challenges of the future. The two-hour workshop offers students a chance to take part in innovative and playful hands-on activities while building digital skills essential to all types of careers, from science and technology to the arts. The workshop will allow time for demonstration and exploration of The MILL’s many resources, including tools for fabricating and printing (3-D printer and vinyl cutter); open source electronic-based tools for coding and programming (Arduino, Raspberry Pi, and Makey Makey); and tools for virtual and augmented reality (Google cardboard, View-Master, and Leap Motion).

MEAT SCIENCE: BACON, BY-PRODUCTS, AND BEYOND!
In this two-part presentation with the U of I meat science team, attendees will gain both practical meat science knowledge, as well as insight to employment opportunities in the protein industry. In part 1, U of I meat scientists will deliver a hands-on workshop exploring the pork industry—everything but the oink! In part 2, students will hear from the American Meat Science Association about collegiate and employment opportunities in the vast field of animal proteins.
Career and Community Tours

ANIMAL SCIENCE
Visit the University of Idaho Sheep, Beef and Dairy centers and learn about the research conducted at the University of Idaho.

BIOMASS ENERGY PRODUCTION
Tour the Direct Energy Plant (aka Steam Plant) on the University of Idaho campus. Learn about the sustainable biomass heating system that feeds all the buildings on campus and even keeps the sidewalks clear of snow in the winter! Learn about how careers in business, engineering, forest management and more all tie into keeping campus warm.

BLACK/AFRICAN AMERICAN CULTURAL CENTER (BAACC)
Come take a tour of our newly created space for the Black/African American Cultural Center! Take time to learn about our culture, the heritage, and the history of Black alumni who helped shape this great Institution. See how the space supports and encourages students of all walk’s life to seek a place of refuge and/or a place to gain knowledge and education.

FISH AND WILDLIFE SCIENCES, AQUACULTURE TOUR
Take a tour of the UI Aquaculture Research Laboratories, on campus facilities include the Cold-Water Research Laboratory and Burbot Research Facility. Research focus areas are population genetics, genomics, proteomics, selective breeding, nutrition and feeding of fish, engineering of aquaculture systems and fish health management.

GRITMAN MEDICAL CENTER
Gritman Medical Center is a private, community, nonprofit Critical Access Hospital in Moscow, Idaho. Founded in 1897, Gritman Medical Center has provided services to the Moscow community for 125 years! Learn about careers and opportunities in the medical field during this tour and workshop.

PARKER FARM & PITKIN NURSERY
Visit the University of Idaho’s 172-acre Parker Farm, located just 2 miles from Moscow, The Parker Research Farm works on plant disease management, weed control, crop production, plant breeding, soil ecology and Organic farming. Then, stop in next door at the UI Pitkin Nursey and learn about the processing of growing trees for reforestation across the region.

SCHWEITZER ENGINEERING LABORATORY
Learn how an idea is turned into a product and then shared worldwide to make electric power safer, more reliable, and more economical. A tour through the SEL manufacturing plant reveals how we meet they customers’ needs efficiently while maintaining a high-quality product. Afterward, hands-on activities allow students to apply what they’ve learned to mini-projects and engineering challenges.
SPORTS MEDICINE & ATHLETIC FACILITIES
Take a peek inside the exciting world of Sports Medicine. The Idaho Vandal Athletic Training staff will be on hand to show you the training facilities at the ASUI Kibbie Dome and in the new ICCU Arena. Learn about careers in Sports Medicine and participate in hands-on taping demonstrations.

WSU COLLEGE OF VETERINARY MEDICINE
Learn more about a career in veterinary sciences, what it takes to get there and all the support it takes to make a clinic work. Established in 1899, the WSU College of Veterinary Medicine is proud of its distinguished past as one of the oldest veterinary colleges in the United States.
### 2022 STAC WORKSHOP SCHEDULE

<table>
<thead>
<tr>
<th>WORKSHOP #1</th>
<th>CAREER/COMMUNITY TOURS</th>
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<tr>
<td>Tuesday 10AM-12PM</td>
<td>Tuesday 1:30PM-3:30PM</td>
<td>Wednesday 10:30AM-12:30PM</td>
<td>Wednesday 3:00PM-5:00 PM</td>
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<tr>
<td>Part I: Leadership NOW!</td>
<td>Fish &amp; Wildlife: Aquaculture Tour</td>
<td>Part II: Leadership NOW!</td>
<td>Part III: Leadership NOW!</td>
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<tr>
<td>Ascending to Leadership</td>
<td>UI Livestock Facilities</td>
<td>Your Life Story</td>
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<td>Basic Training: Acing Interviews</td>
<td>Biomass Energy Production</td>
<td>Animal Sci: Anatomy and Physiology</td>
<td>Army ROTC Leadership</td>
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<tr>
<td>Printing with Gelli Plates</td>
<td>Gritman Medical Center</td>
<td>Shading with Graphite</td>
<td>Printing with Gelli Plates</td>
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<tr>
<td>LEAN Project Management</td>
<td>Schweitzer Engineering Laboratory</td>
<td>Radio Advertising and Sales</td>
<td>Social Media Marketing and Brand Design</td>
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<tr>
<td>Cupcake Wars!</td>
<td>Sports Medicine &amp; Athletic Facilities</td>
<td>Food is Fuel</td>
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<tr>
<td>Culture is Prevention</td>
<td>WSU College of Veterinary Medicine</td>
<td>Culture is Prevention</td>
<td>Water Science: IDAH20</td>
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<tr>
<td>Discover Your Career</td>
<td>Black/African American Cultural Center</td>
<td>Ace the Interview</td>
<td>Roberts Rules Made Simple</td>
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<td>Exploring Natural Resources</td>
<td>UI Parker Farm &amp; Pitkin Nursery</td>
<td>Meat Science: Bacon &amp; By-Products</td>
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<td>Sustainable Polymers</td>
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<td>Heroes in Action</td>
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<td>Sashiko Stitching</td>
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<td>Fun with LEDs</td>
<td>Exploring College of Agriculture and Life Science Degrees</td>
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<td>The “Own It” Personality Test</td>
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**Pathway to Possibilities**
University of Idaho Extension