



University of Idaho
Extension



June 20-23, 2022
University of Idaho Campus
Moscow, Idaho

“The Idaho 4-H State Teen Association Convention is an opportunity for youth to experience college life, explore career opportunities and prepare for a lifetime of success with other Idaho teens.”



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Extension

About the Idaho 4-H State Teen Association Convention

A 4-day educational event focusing on post-secondary and career exploration. Both 4-H and non 4-H youth are provided the opportunity to participate in a wide variety of activities including educational workshops; community and campus tours; service learning projects; state elections; on-campus living; and networking with peers from around the state.

Who Can Attend

- Youth who have completed the 8th – 12th grades
- Certified Adult chaperones and Certified Collegiate Volunteers
- Both 4-H and Non 4-H Members

Activities

Delegates will take part in scheduled educational, recreational, and social events, with the opportunity during workshops and these events to explore the university campus and make new friends. They will live in a university dormitory, eat in the student dining hall, participate in workshop tracks and campus/community tours, recreation activities, dances, service project and assemblies.

Registration

Registration includes: Lodging, meals, transportation, workshop and presenter fees, entertainment activities, etc.

Registration Type	Dates	Price
Idaho 4-H Early Bird Registration	April 12-May 15	\$270.00
Non 4-H Early Bird Registration	April 12-May 15	\$300.00
Idaho 4-H Regular Registration	May 15-June 6	\$295.00
Non 4-H Regular Registration	May 15- June 6	\$325.00
STAC Steering Committee	April 12-June 6	\$150.00
Chaperone Registration Fee	April 12- June 6	\$150.00
Idaho 4-H State Officer	April 12- June 6	\$150.00

NO registrations will be accepted after **June 6, 2022**. All payments must be received by June 6th.

For Idaho 4-H members: registration is available through Z-Suites, please log into your family account and click “events” or click [here](#)

- Instructions can be found on the Idaho 4-H State Teen Association Convention webpage or by [clicking here](#).

For Non-Idaho 4-H members: Register in [Z-Suites](#) as a non-member.



- When registering, mark your choices for Workshops and Tours. Workshop and Tour enrollments will be first come, first served. Some workshops will fill quickly, so there is an advantage to registering early. If the workshop you selected is full, you'll be assigned to a different workshop.
- All conference digital photos and conference t-shirts are included in the registration fees.
- Onsite check-in will take place in LLC complex lobby on June 20, between 2 pm – 3:30 pm.

Chaperones

- If you are interested in becoming a Chaperone for this event, please review the Chaperone Position Description on the STAC Website: <https://www.uidaho.edu/extension/4h/events/stac>
- To apply for a Chaperone position, please complete the online application found on the STAC Website by April 25th. Notifications will be made to all Chaperones on or before May 6th. Information regarding how to register and pay will be sent at that time. State and local scholarships are available, please inquire at your local County Extension office.
- Chaperone Application: [Apply Now](#)

Collegiate Volunteers

- If you are interested in becoming a Certified Collegiate Volunteer for this event, please review the Position Description on the STAC Website.
- To apply for a Collegiate Volunteer position, please complete the online Application on the STAC Website. Notifications will be made to all Collegiate Volunteers on or before May 1st. Information regarding how to get certified and register will be sent at that time.
- College Staff Application: [Apply Now](#)

Payments

- All payments are to be made online (Visa/Mastercard and Webchecks) at www.uidaho.edu/4hevents by clicking on the “STAC Online Payments Only” icon. Early Bird payments are due **by May 15** and Regular Registration payments are due **by June 6**.
Please do not make payments to the county offices. This event is set up to receive online payments only.

Scholarships

- Friends of 4-H Endowment Scholarship — A total of 52 \$100 scholarships are available (13 per UI Extension District). Applications due in 4-H Online by April 1st.
- Tractor Supply Company and 4-H Paper Clover — A total of eight full registration scholarships (2 per UI Extension District) are available. Applications due in 4-H Online by April 1st.



- Doris Roper (Youth) John Thiessen (Adult) (PDF) — Two endowment scholarships are available for youth and adults to apply for state and national opportunities. Scholarship amounts vary. Applications are due in 4-H Online by the early bird registration deadline or two weeks prior to close of regular registration, whichever comes first

Transportation

- For all State and National 4-H Events, the University of Idaho 4-H Youth Development department will arrange public transportation – trains, buses, and/or commercial airlines – to and from events. Because commercial chartered companies are held to higher safety standards with periodic inspections and approved health and safety policies, 4-H requires all youth and chaperones participating in 4-H State and National events to use the transportation arranged for each event. For information, please review the [4-H Transportation Policy](#).
- Fees for bussing is included in the registration cost. Fees cover the expenses associated with all Transportation provided, including, but not limited to: gas; mileage; lodging and accommodations for all bus drivers; insurances; and use of buses for events held off campus during the event.
- Those living in the Moscow area (Incl. Troy, Deary, Bovill) where a bus is not routed through, may travel to the event following the provisions outlined under the “4-H Traveling in Non-Public Automobiles” section of the [4-H Transportation Policy](#).

Lodging

Delegates will stay at the University of Idaho Theophilus Tower Dormitory. Delegates need to bring bedding (pillow, sleeping bag and/or sheets, blankets), towels, and personal toiletry items. Rooms and roommates will be pre-assigned. Counties are grouped together by districts on floors. *Changes are not allowed.* There is a \$60 charge for lost room keys and \$5 fee for lost key tags.

Food

Meal service is provided in the EATERY cafeteria. Delegates will be issued a meal card which must be presented at each meal. There is a \$15 charge for replacing lost cards.

Dress Code

Dress for this event ranges from casual to semi-formal.

- **Casual for daily activities** includes jeans, capris, sweatshirts or t-shirts. Baggy sweats, short-shorts (inseams less than 4”)/skirts, and lowcut shirts or tank tops are not permitted under daily casual wear and youth will be asked to change into something more appropriate. No crop-tops (midriffs must be covered)
- **Business Casual for officer interviews and speeches** (if applicable) - Dresses, skirts (knee length or longer when seated), slacks with nice blouses/shirts or sweaters, nice dress jeans (black Wranglers) are allowed but no blue denim. Closed toe shoes, hard-soled.



- **Semi-Formal for Clover Banquet** - Dresses, dressy blouses and skirts (knee-length or longer when seated), or dress pants, shirts and ties. Semi-formal means no denim, bared midriiffs and shirttails are tucked in. No flip flops or sport shoes.
- **Sleepwear** is to be worn only in individual rooms, not in public areas (halls, meeting rooms, lobby). Be sure to bring jackets and rain gear as well!

Workshop Tracks

Tracks are assigned according to choices indicated on your registration form and available space. Delegates are expected to participate and attend all selected tracks.

4-H Variety Show

Delegates who enjoy performing are encouraged to submit a video or audio recording before **June 14** to try out for the 4-H Variety Show. While last minute acts will be able to try out for a spot in the Variety Show as have in years past, selection may be on a space available basis. Audio or video files may be uploaded to: [2022 STAC Variety Show Submissions](#). If you have trouble uploading your audition or have any additional questions, please contact sheilannes@uidaho.edu.

Decorations

Bring supplies to decorate your dormitory room doors to show your 4-H pride and help people get to know you. Please do not bring staples, tacks, nails or any tape that leaves residue for hanging decorations.

4-H Service Project

This year's 4-H Service Projects:

- 1) **Painted Rocks** – Bring a smile to those who find the rock you painted and left for them to find! This project is all about spreading kindness and joy. Rocks will be distributed throughout Idaho after the conference.
- 2) **Smile Kits** – These kits will be made to for youth staying in hospitals to give them a fun activity and a little distraction. Participants will make some of the parts and assemble the whole kit. Kits will then be delivered to hospitals in the four districts.

Assembly Helpers

If you are interested in being an assembly helper, please indicate your desire on the registration form. Assembly helper positions include:

- 1) **US Pledge Leader** – you will lead the group in the Pledge of Allegiance at one of the assemblies. This will include something like, “Will everyone rise and join me in reciting the Pledge of Allegiance....I pledge allegiance..”



- 2) **4-H Pledge Leader** – you will lead the group in the 4-H Pledge at one of the assemblies. This will include something like, “Please join me in the reciting of the 4-H Pledge....I pledge my head...”
- 3) **Sharing** – you can share either a thought for the day, poem, etc. to direct the delegates’ thoughts towards learning/gaining something from the experiences of the day. The conference theme is “Pathway to Possibilities.” You may share something that relates to the theme or something else that is meaningful to you.

4-H State Officers and State Teen Association Convention Steering Committee

If you would like to run for a 4-H State Office or are interested in being part of the State Teen Association Convention Steering Committee indicate your interest on the registration form.

4-H State Association Positions available: President, Vice President, Secretary, Media Manager, and Activities Director (one-year term)

Steering Committee District Representative Positions available (4): Northern, Southern, Central and Eastern (one-year term).

Steering Committee Youth Positions possibly (4) available depending on the term of the current youth: Northern, Southern, Central and Eastern (up to two-year term).

TENTATIVE CONFERENCE SCHEDULE

Monday, June 20

2:00 pm	Buses Arrive/Check in
3:30 pm	Get to Know You Activities (Tower Lawn)/Adult Orientation
4:15 pm	District Meetings (UI Tower Lawn)
5:00 pm	Prepare for Tours
5:15 pm	Campus Tours
6:00 pm	Dinner – Admin Lawn
6:30 pm	Opening Assembly
7:15 pm	Pictures
8:00 pm	Floor Meetings
8:30 pm	Candidate Orientation
9:00 pm	Variety Show Auditions - Social/Decorate Doors/Unpack/Lawn games
10:00 pm	All delegates on floors
10:30 pm	Lights out
10:30 pm	SC/College Staff Debrief

Tuesday, June 21

7:30 am	Breakfast – International Ballroom
8:00 am	Keynote Speaker



9:15 am	District Meetings – Silver, Gold, Borah, Chiefs
9:45 am	Travel to Workshops
10:00 am	Workshop #1
12:00 pm	Travel to Lunch
12:15 pm	Lunch - HUB
12:30 pm	Washington Career Tours Load/Leave
1:00 pm	Meet on Tower Lawn for Career Tours
1:30 pm	Career Tours
4:00 pm	Service Project/Vandalstore
4:15 pm	Variety Show Rehearsals
5:00 pm	Candidate Interviews
5:15 pm	Travel to Dinner
5:30 pm	Dinner – HUB
7:00 pm	Travel to International Ballroom for Evening Events
7:15 pm	Entertainment Show
8:00 pm	Variety Show
9:00 pm	Group Activity
9:45 pm	Return to Towers
10:00 pm	Tower Light Show
10:30 pm	Floor Meetings
11:00 pm	Lights Out
11:00 pm	SC/College Staff Debrief

Wednesday, June 22

7:30 am	Breakfast/Host and Hostess meeting – Commons Food Court
8:15 am	Travel to Meetings
8:30 am	District Meetings
9:00 am	Travel to Assembly
9:15 am	Assembly/Voting/Speeches
10:15 am	Travel to Workshops
10:30 am	Workshop #2
12:30 pm	Travel to Lunch
12:45 pm	Lunch – HUB
1:30 pm	Travel to Service Project/Vandalstore
1:45 pm	Service Project/Vandalstore
2:45 pm	Travel to Workshops
3:00 pm	Workshop #3
5:00 pm	Return to Towers and Prepare for Clover Banquet



6:00 pm	Travel to Clover Banquet – International Ballroom
6:15 pm	Seating for Clover Banquet
6:30 pm	Clover Banquet Begins – International Ballroom
8:30 pm	Travel to Towers
9:00 pm	Clover Dance/Photo Booth/Floor Parties
11:00 pm	Return to Floors
12:00 am	Lights out
12:00 am	SC/College Staff Debrief

Thursday, June 23

8:00 am	Breakfast/New Officer Meeting– HUB
8:45 am	Travel to District Meetings
9:00 am	District Meetings/Officer Photos
9:45 am	Travel to Group Activity/District Rep Photos
10:00 am	Group Activity
10:45 am	Travel to Assembly
11:00 am	Closing Assembly
12:00 pm	Pack and Check Out
1:00 pm	Grab lunches/Load Buses
1:30 pm	Travel Home/End of Event

CONFERENCE POLICIES

University of Idaho 4-H Youth Development faculty and staff, 4-H State Officers and the Conference Steering Committee plan and conduct the conference in accordance with the University of Idaho Youth Conference policies. Delegates are expected to adhere to these policies. 4-H Members sign an electronic code of conduct upon enrollment for the 4-H program.

Parents/guardians of Non 4-H members will be required to complete and sign a consent form, which provides for adherence to certain polices and health requirements.

2022 University of Idaho Youth Conference Policies

The University of Idaho 4-H Youth Development department wants your week at State Teen Association Convention to be filled with exciting experiences, new friendships, and fun. To help make this happen, each participant is expected to be considerate of others, participate fully in the Conference programs, and observe the following rules.

Assemblies & Workshops



- Attendance at all scheduled events is required. Be prompt in attendance and courteous to all instructors and speakers.
- Workshops are assigned according to choices given on your registration form and available space.
- Name badges are important for gaining admittance to Idaho 4-H State Teen Association Convention events, for identification and to help you get acquainted. Wear your badge at all times.

Dormitory & Meals

- Room assignments made at dorm registration must be kept. Counties are grouped together by districts on floors. Changes are not allowed (in an emergency, we must know where you are).
- Leave valuables at home. We have no way to guarantee their security. Even locked dorm rooms do not always prevent losses. (There is a \$60 charge for lost room keys and a \$5 fee for lost key tags.)
- Respect for the privacy of others requires that members of the opposite sex are only allowed in common areas on the same floor. No delegate will be allowed in the rooms of the opposite sex.
- Lounges are available on each floor for visiting.
- Dormitory will be locked one-half hour after the close of the evening activity. In your room and quiet time begins, please refer to the schedule for lights out times. After lights out, use phones for emergencies only.
- The removal of window screens or throwing any object out of the dorm windows is strictly forbidden.
- ALL meals are provided during this conference. **Delegates are not permitted to order on/off campus dining to be delivered to the dorms during this event.** If there are mealtime concerns, please contact the event coordinators prior to conference to make accommodations.
- At no time should any youth be alone on campus, youth should engage in the “buddy system” when traveling to workshops, activities, meals or other STAC approved events. Youth should not enter any UI buildings except for attending STAC workshops, activities, meals or other STAC approved events.
- Leaving campus at any time during this event is prohibited without prior arrangements made by the event coordinators. This includes traveling to restaurants, stores, malls, etc. or leaving the conference prior to the close of conference for any reason.

General

- Idaho 4-H State Teen Association Convention delegate may ride only in cars driven by Extension staff or chaperones. Only campus or Moscow buildings scheduled for 4-H events are to be entered and then only at times designated on the program.
- Possession of tobacco, vape products, use of alcoholic beverages, illegal drugs, firearms or explosives of any kind is prohibited on campus and anytime during Idaho 4-H State Teen Association Convention.



- Cost of damage or theft of any university property will be billed to the individual responsible (or delegate's parents) or to the group with which the delegate is associated.
- Permission to leave Idaho 4-H State Teen Association Convention and/or campus at any time must be secured in advance from the Extension staff or chaperone in charge of the county delegation who will then inform the 4-H Youth Development Office.
- Minor problems will be handled by the Extension staff or chaperone in charge.

Event Nurse/Health Information

- Report illness immediately to an adult chaperone. Medical staff are available to provide immediate First Aid assistance on site. In case of emergency, parents will be notified and delegates will be taken to Moscow Family Medicine or Gritman Memorial Medical Center, Moscow.
- All medications must be turned into the event nurse upon arrival. This includes prescription and over-the-counter medications. In the event of a medical emergency, we need to know what medications have and have not been taken.
- Emergency rescue medications such as inhalers and EpiPens do not need to be turned in, but the event staff should be aware that you carry these devices in case assistance needs to be given in an emergency.

These policies are intended to assist in providing for the health, safety and social well-being of everyone attending the Idaho 4-H State Teen Association Convention (STAC). Should a situation arise that is not covered by this list, the STAC Steering Committee will handle it in a manner consistent with UI Extension policies.

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Idaho 4-H Youth Development Office

University of Idaho
 Mary E. Forney Hall
 875 Perimeter Drive, MS3015
 Moscow, ID 83844-3015
 208-885-7700(8:00 am-5:00 pm) OR 208-885-6571(24 hours, Dorm Office)
 SheilAnne Smith, 4-H Events Coordinator, 208-885-7700
 Mike Knutz, STAC Steering Committee Chair; Cell – 971-241-7775

Tentative Workshop List



Workshops are assigned according to choices you make on the registration form and available space. Below is a partial list of the workshops that will be offered this year. A final list will be available when registration opens.

ACE THE INTERVIEW

Learn what employers are looking for in interviews, types of questions you can expect, and practice making a great impression and communicating your strengths.

CULTURE IS PREVENTION

The Culture is Prevention Workshop will be based on brief history, traditions, language and stories of the Coeur d'Alene Tribe and Nez Perce Tribe. Youth will learn about regional Tribal cultures and complete an art activity. This session will support student learning, diversity, and inclusion.

CUPCAKE WARS!

This is a contest where the youth will compete to create something great! Each team will use cupcakes and materials supplied according to designated themes which will be drawn the time of the workshop. This contest is intended to be fun and allow creativity, skills, troubleshooting, teamwork, social skills, and communication are just a few of what will be accomplished at this fun contest.

DABBLE IN DISSECTION

During this workshop youth will have the opportunity to gain hands on experience with comparative anatomy of different animals and insects. We will be sharing career opportunities, discovering how to properly identify anatomy and dissect an animal.

DISCOVER YOUR CAREER

What do you want to do when you grow up? In this hands-on workshop, students will take a career assessment, use Career Finder to research career opportunities, and learn to identify their interests, strengths, and preferences. Presented by University of Idaho Career Services.

EXPLORING NATURAL RESOURCES

The College of Natural Resources at the University of Idaho is one of the top programs in the country, with incredible outdoor classrooms, field-based learning, and strong career preparation. Join us to learn more about the exciting career paths in natural resources and where our degree programs can take you! Major options include environmental sciences, rangeland conservation, forestry, wildlife resources, fire ecology and management, ecology, conservation biology, forest and sustainable products, and fisheries!

FOOD IS FUEL

We will be sharing hands on tips on nutrition for independent living; using Healthy Living activities such as, Think-Your-Drink and Power up Your Breakfast. Along with how to beef up your top ramen! Fuel is food: get tips on how you can make prepackaged foods healthier!

LEADERSHIP NOW! ADVANCED LEADERSHIP DEVELOPMENT

The Leadership NOW! Advanced Leadership Development workshop will consist of intense face to face leadership development. You will be engaged in interactive opportunities that will teach them skills that will help them in future leadership positions.



LEAN PROJECT MANAGEMENT

Lean project management principles strive to deliver more benefits and eliminate waste in processes. This workshop will use hands-on activities and reflection time to introduce students to lean project management strategies and discuss how these strategies are used in manufacturing and software development by companies such as Toyota and Microsoft. In addition, students will have the opportunity to apply lean principles to processes they are currently use in their schoolwork, jobs, and other areas in their life. This workshop will be relevant to students who are considering careers in business, manufacturing, or engineering fields, and will have practical benefits for attendees.

MEAT SCIENCE: BACON, BY-PRODUCTS, AND BEYOND!

In this two-part presentation with the U of I meat science team, attendees will gain both practical meat science knowledge, as well as insight to employment opportunities in the protein industry. In part 1, U of I meat scientists will deliver a hands-on workshop exploring the pork industry; everything but the oink! In part 2, students will hear from the American Meat Science Association about collegiate and employment opportunities in the vast field of animal proteins.

PRINTING WITH GELLI PLATES

Students will learn about a form of printmaking, Gelli printing. They will explore the elements and principals of design, such as: color, texture, emphasis, and variety. They will also be able to explore the materials, such as: brayers, Gelli plates, stencils, printmaking ink, and texture tools. By the end of the session they will have an understanding of the elements and principals of design, what printmaking is, printmaking materials, and have one or more finished prints to take home.

SHADING WITH GRAPHITE

Channel your inner artistic talent! This hands-on workshop will provide a basic introduction and practice of the value scale and shading techniques. We will practice using different shading tools and spend time putting our knowledge into practice

SOCIAL MEDIA MARKETING AND BRANDING DESIGN

In this workshop you will learn practical tips and tricks to cultivate an active network across social media platforms. Create your visual brand by learning about the rules and stages of poster and logo design including typography, color, line, contrast, focal points, and thumbnail drafting.

SUSTAINABLE POLYMERS: CONFRONTING THE PLASTIC CRISIS

Plastics are one of the most versatile and useful materials in our everyday lives, but the very properties that make them useful also make them problematic when we dispose of them. Youth participating in this workshop will learn about the properties of different packaging materials, and experience the plastic life cycle through an interactive, hands-on game. We will also explore the emerging field of bioplastics and discuss how youth can transform learning into action in their home communities.

RADIO ADVERTISING STRATEGY AND SALES

What does it take to make the sale in Radio Advertising? In this workshop you will work with local professionals to learn the start to finish process that we use in broadcast advertising from prospecting



clients, developing recommendations, the creative process, and the pitch to local and regional advertisers.

SASHIKO STITCHING

Stitching with a needle and thread is an ancient process that transcends time. This workshop elevates the humble needle and thread to a decorative tool as participants learn about sashiko stitching and visible mending strategies.

THE "OWN IT" PERSONALITY TEST

Have you ever wondered why you mesh with certain people and clash with others? In this workshop, participants complete the "Own It" personality test to help them increase personal clarity. Exercises and acting out real-life situations will make students laugh and help them make the most of their unique personality while effectively relating and leading others. They also learn to respond to "dark personalities" in a positive way to resolve conflict.

VISUAL JOURNALING (6 HOUR TRACK)

Students will learn how to express themselves by creating a mixed media visual journal. They will be able to explore different materials such as, liquid watercolors, illustration markers, colored pencils, and oil pastels. Different techniques will be taught as well- like collage, techniques for each provided material, etc. They will also learn about the elements and principals of design, focusing on: unity, balance, variety, texture, color, and space. The students will have a sketchbook to take home to continue their visual journal journey.

WATER SCIENCE: IDAH2O PHYSICAL/CHEMICAL AND MACROINVERTEBRATES

This hands-on outdoor water science workshop will give participants real-world analysis skills about water quality and habitats. Following the IDAH2O Master Water Steward and the hot-off-the-presses, brand new 4-H Wildlife and Water Curriculum (ECS014), everyone will try out physical/chemical water quality assessments in a local stream. Then we will use nets to catch some water bugs (aquatic macroinvertebrates) and figure out what they are, and what they mean for stream health. It will be fun, informative, and will build real-world science skills.

YOUR LIFE STORY

What makes movies great is conflict, but more importantly how conflict is responded to. Students watch short clips from popular movies, learn from key scenes, and then apply principles to apply as the "director" in their own life. This workshop helps students step outside of themselves and take the lead with their past, present, and future in a fun and enlightening way.

