Idaho
Sewing Skills Checklist
Sewing for Fun

Be able to check off a minimum of 25 skills each year. Suggested as a two year project.
Keep original skills checklist for each year or project.

Sewing Tools, identify and use:	Skills I Know	Skills to Learn or Improve	Date Completed
Scissors and shears			
Marking pens			
Pins and pincushion			
Seam ripper			
Thimble			
Glue stick			
Needles			
Point turner			
Measuring tools, ruler, tape, seam gauge			

Sewing Machine, to be able to:			
Care of Machine			
Name parts of machine			
Thread machine			
Fill and insert bobbin			
Recognize good stitching			
Control speed			
Control fabric with stitching			
Regular stitch			
Backstitch			
Base stitch			
Zigzag stitch (if your machine does this)			
Use seam guide on machine			
Pivot			
Use good habits: bright light, good posture, use wastebasket, put away tools			

Hand sewing:			
Tie a knot			
Use a thimble			
Running Stitch			
Overhand stitch			
Whip stitch			

Fabric Knowledge, be able to recognize:	Skills I Know	Skills to Learn or Improve	Date Completed
Difference between knit, woven and felt fabric			
Lengthwise grain			
Crosswise grain			
Bias, true bias			
Selvage			
Raw edge			
Folded edge			
Bolt of fabric			

Construction, be able to:			
Read & follow instructions			
Pretreat fabric			
Straighten fabric			
Lay out pattern			
Cut accurately			
Press seams			
Final press			

Machine sewing:			
Sew straight seams			
Sew square corners			
Sew curved corners			
Use plain finish on seams			
Backstitch at the end			
Trim Seams			
Machine hem			

Advanced Skills Learned:			
Learn to measure			