

Family and Consumer Science

CLOTHING & TEXTILE SEWING FOR FUN

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Rev. 09-20

Projects & Materials	Requirements	Exhibit Requirements
<p>Skill Level – Beginner Suggested 2 year project</p> <p>Youth Materials:</p> <ul style="list-style-type: none"> • <i>Sewing For Fun (Nebraska 4H167)</i> 📖 2008 • <i>Sewing Skills Checklist Sew For Fun</i> • <i>ZSuites 4-H Involvement Report (91910)</i> • <i>ZSuites 4-H Project Record Book</i> • <i>Sewing For Fun Packet (Nebraska 4H169)</i> 📖 2002 • <i>Sewing For Fun Supplements</i> <p>Volunteers Materials:</p> <ul style="list-style-type: none"> • <i>Sewing For Fun Volunteer’s Guide (Nebraska 4H168)</i> 📖 1986 	<p>In the member’s Activity Book:</p> <ul style="list-style-type: none"> • Learn to use a sewing machine and/or a serger. • Learn to sew on woven or knit fabric. • Complete 25 of the skills listed on the sewing skills checklist each year. • Develop these three basic constructions skills: <ul style="list-style-type: none"> ➢ Straight seams, ➢ Sew square and/or curved corners ➢ Use plain finish on seams • Give an oral presentation (speech, demonstration or illustrated talk) related to this project. <p>Complete the following:</p> <ul style="list-style-type: none"> • <i>ZSuites 4-H Involvement Report</i> • <i>ZSuites 4-H Project Record Book</i> 	<ul style="list-style-type: none"> • ZSuites 4-H Project Record Book • ZSuites 4-H Involvement Report • Sew For Fun Skills Checklist • Display an item from the sewing for fun packet such as: <ul style="list-style-type: none"> ○ Needle book ○ Square pin cushion ○ Pillow stripes ○ Patchwork pillow ○ Pillowback with envelope closure ○ Tote bag ○ Laundry bag ○ Diagonal Patchwork pillow ○ Railfence pillow <p>Note: Sewing skills and techniques used should be consistent with a beginning project.</p>
<p>County Requirements: Check with your County Extension office for details.</p>		
<p>Support Materials: Idaho 4-H Clothing-Textile page (and to download <i>Sewing for Fun</i> materials) visit: https://www.uidaho.edu/extension/4h/projects/sewing</p>		