

Family and Consumer Science

SEWING EXPRESSIONS LEVEL 2

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Rev. 09-20

Projects & Materials	Requirements	Exhibit Requirements
<p>Youth Materials:</p> <ul style="list-style-type: none"> • National 4-H Curriculum <i>Fashion Forward, Level 2 (BU-08061)</i> 📖 2008 • <i>ZSuites 4-H Involvement Report</i> • <i>ZSuites 4-H Project Record Book</i> • <i>Fashion Forward Skills Checklist</i> <p>Volunteer Materials:</p> <ul style="list-style-type: none"> • National 4-H Curriculum <i>Sewing Expressions Helper's Guide (SKU08063)</i> 📖 2008 	<p>In the member's current Manual:</p> <ul style="list-style-type: none"> • Complete at least 7 required and optional activities each project year. • Have your project helper date (month/year) and initial each activity when it is finished. • Complete at least 10-12 skills each year from the Fashion Forward Skills Checklist • Have project helper date and sign each skill from the skills checklist when completed. • Complete at least 4 "Before and After – What do you know?" statements (Page 3 of manual) each project year. • Give an oral presentation (speech, demonstration or illustrated talk) related to this project each project year. <p>Complete the following:</p> <ul style="list-style-type: none"> • <i>ZSuites 4-H Involvement Report</i> • <i>ZSuites 4-H Project Record Book</i> • <i>Fashion Forward Skills Checklist</i> 	<ul style="list-style-type: none"> • ZSuites 4-H Project Record Book • ZSuites 4-H Involvement Report • Fashion Forward Skills Checklist • Display a garment or outfit that including at least three new sewing skills learned in each year of taking this project <p>OR</p> <ul style="list-style-type: none"> • One or more non-clothing item(s) including at least three new sewing skills learned in each year of taking this project <p>OR</p> <ul style="list-style-type: none"> • A display or a poster (14" x 22") illustrating something learned in this project year <p>The following are examples of items you could make and exhibit in this project:</p> <p>Clothing:</p> <ul style="list-style-type: none"> • A skirt with darts/waistband, blouse with buttons/buttonholes, lined vest, vest with collar, blouse with collar and cuffs, dress with zipper or other clothing items. <p>Non-clothing:</p> <ul style="list-style-type: none"> • A sewing or locker organizer, decorative pillow, windsock with decorative stitches, backpacks/duffle bags/fanny pack with zipper, box edge pillow, curtains with scalloped or tab-top heading or other non-clothing item(s).

County Requirements:

Check with your County Extension office for details.

Support Materials:

Idaho 4-H Sewing Expressions page (and to download the *Fashion Forward Skills Checklist*):

<https://www.uidaho.edu/extension/4h/projects/sewing-expressions>

To order National 4-H Curriculum visit: <https://shop4-h.org/products/sewing-expressions-curriculum-set-of-4>