



Family and Consumer Science

CLOTHING & TEXTILE

SEW WOW

Rev. 09-20

[Table of Contents](#)

Projects & Materials	Requirements	Exhibit Requirements
<p>Youth Materials:</p> <ul style="list-style-type: none"> • “Sew Wow” Unit 5, Member’s Guide and Project Requirements (#32009)  2009 • ZSuites 4-H Involvement Report • ZSuites 4-H Project Record Book <p>Volunteer Materials:</p> <ul style="list-style-type: none"> • “Sew Wow” Unit 5, Member’s Guide and Project Requirements (#32009)  2009 	<p>In the Member’s Manual:</p> <ul style="list-style-type: none"> • Choose one focus area for your project. • Complete at least 2 of the Advanced Construction Skills each year. • Learn about two “in-depth Study Topics” for the selected focus area each year. • Construct two small or one large clothing item using appropriate fabric with required advanced constructions skills from focus area. <ul style="list-style-type: none"> ➤ Area A – Active/Sports Wear ➤ Area B – Outdoor Wear ➤ Area C – Western Wear ➤ Area D – Formal Apparel ➤ Area E – Embellished Apparel ➤ Area F – Tailored Apparel ➤ Area G – Pattern Your Own • Complete project summary, garment cost and care record, and self-evaluation. • Give an oral presentation (speech, demonstration or illustrated talk) related to this project. <p>Complete the following:</p> <ul style="list-style-type: none"> • ZSuites 4-H Involvement Report • ZSuites 4-H Project Record Book • Sew Wow Manual 	<ul style="list-style-type: none"> • ZSuites 4-H Project Record Book • ZSuites 4-H Involvement Report • Sew Wow Manual • Display the garment(s), outfit and/or accessory made by member using appropriate fabric with required advanced construction skills learned for this year’s project focus area.
<p>County Requirements: Check with your County Extension office for details.</p>		
<p>Support Materials: Idaho 4-H Sew Wow page (and to download <i>Sew Wow</i>) visit: https://www.uidaho.edu/extension/4h/projects/sew-wow</p>		