## KNITTING

**Projects & Materials**

- Knitting, Member’s Guide and Project Requirements (#32023)
- 4-H Involvement Report (#91910)
- 4-H Project Record Book (#91950)

**Volunteer Materials:** None

**Youth Materials:**
- Knitting, Member’s Guide and Project Requirements (#32023)
- 4-H Involvement Report (#91910)
- 4-H Project Record Book (#91950)

**Requirements**

Select the phase appropriate to your skill level and learn the skills listed in the Member’s Guide and Project Requirements for that phase.

**Phases:**

1. Beginning Level A – learn how to cast on, knit and purl, and bind off.
2. Beginning Level B – learn basic stitch combinations, stockinette, garter, ribbing, increasing and decreasing.
3. Intermediate Level A – learn how to make buttonholes, pick up stitches, and knit on circular needles.
4. Intermediate Level B – learn how to knit pattern stitches.
5. Advanced Level A – learn to knit using multicolor techniques.
6. Advanced Level B – learn advanced knitting techniques by selecting one of seven project focus areas.

- Give an oral presentation (demonstration, speech or illustrated talk) related to this project.

**County Requirements:**

Check with your local County Extension office for details.

**Support Materials:**

Idaho 4-H Knitting page (and to download the Knitting Member’s Guide):
https://www.uidaho.edu/extension/4h/projects/knitting

**Optional Supporting Materials**

- Cool Stuff, Teach Me To Knit, Leisure Arts, Inc. (Instructions geared to youth)
- Reader’s Digest, Complete Guide to Needlework (Volunteer Reference)
- Other web sites of interest: www.anniesattic.com

**Exhibit Requirements**

- 4-H Project Record Book (#91950)
- 4-H Involvement Report (#91910)
- Beginning Level A & B, exhibit at least one item you have made using skills learned in your project level.
- Intermediate Level A & B, exhibit two small OR one large item you have made using the skills learned in your project level.
- Include in your record book the yarn content (example: 50% cotton/50% polyester) and care of your yarn.

**Optional:** You might want to include a sample of skills learned that are not included in your exhibit.