

Communication and Expressive Arts

HANDWORK FROM OUR HERITAGE

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Rev. 09-20

Projects & Materials	Requirements	Exhibit Requirements
<p>Youth Materials:</p> <ul style="list-style-type: none"> • <i>Handwork From Our Heritage</i> (#23120) 📖 2006 • <i>ZSuites 4-H Involvement Report</i> • <i>ZSuites 4-H Project Record Book</i> <p>Volunteer Materials:</p> <ul style="list-style-type: none"> • <i>Handwork From Our Heritage Volunteer's Guide</i> (#23122) 📖 2006 <p><i>NOTE: Quilting is now a standalone project under Family and Consumer Sciences see page 36</i></p>	<p>Choose one AREA and set at least three goals that you want to achieve in this project. You are not limited to the AREAS listed here. You may pursue other subjects such as those listed in AREA "N" in the member manual. Project focus areas are the following:</p> <ul style="list-style-type: none"> • Embroidery or Crewel • Specialty Embroidery • Needlepoint • Applique • Rug Making • Macramé • Tole Painting • Ceramics • Beadwork • Wheat Weaving • Origami • Dried Flower Art • Alternatives <ul style="list-style-type: none"> • Develop those skills necessary to accomplish your goals. • Learn the skills needed to complete this project by using the knowledge of a person in your community who has this skill, such as a 4-H Volunteer, grandparent, or any interested persons, and by finding and using written materials about your subject area. • Write a history of the handwork you choose as your project area. Include when and where the handwork started, what it was used for, and how and where it came to this country. Each year you do this project area, expand your history to include materials used through the years, changes in the art, major influences, etc. Be sure to cite your sources. • Complete the specific unit requirements within the AREA chosen as a project. • Give an oral presentation (speech, demonstration or illustrated talk) related to this project. <p>Complete the following:</p> <ul style="list-style-type: none"> • <i>ZSuites 4-H Involvement Report</i> • <i>ZSuites 4-H Project Record Book</i> 	<ul style="list-style-type: none"> • ZSuites 4-H Project Record Book • ZSuites 4-H Involvement Report • Report on background or history of the handwork art you chose. <p>AND</p> <ul style="list-style-type: none"> • Finished item(s) as listed in the exhibit requirements under the area and unit you chose.
<p>County Requirements: Check with your County Extension office for details.</p>		
<p>Support Materials: Visit the Idaho 4-H Handwork page: https://www.uidaho.edu/extension/4h/projects/handwork-heritage</p>		