## PUBLIC SPEAKING
### LEVEL 2

<table>
<thead>
<tr>
<th>Projects &amp; Materials</th>
<th>Requirements</th>
<th>Exhibit Requirements</th>
</tr>
</thead>
</table>
| **Express Yourself:** | In *Putting it Together* member manual:  
  Level 2  
  Grades 6-8  
  Youth Materials:  
  - National 4-H Curriculum  
  Putting it Together (#08157)  
  - 4-H Involvement Report (#91910)  
  - 4-H Project Record Book (#91950) |  
  - Complete a minimum of 7 activities from the lessons and upgrades.  
  - Give an oral presentation (speech, demonstration or illustrated talk) related to this project.  
  Complete the following:  
  - 4-H Involvement Report (#91910)  
  - 4-H Project Record Book (#91950) |  
  - 4-H Project Record Book (#91950)  
  - 4-H Involvement Report (#91910)  
  - A poster (14”x22”) or display illustrating a skill or skills learned in this project.  
  **OR**  
  - A scrapbook, portfolio or journal notebook showing activities and skills learned this year. |
| **Volunteer Materials:** |  
  - National 4-H Curriculum  
  Express Yourself: Communications Helper’s Guide (#08159)  
  - Communications Toolkit (#4H1560) | |
| **County Requirements:** | Check with your County Extension office for details. |
| **Support Materials:** | Idaho 4-H Express Yourself page: [https://www.uidaho.edu/extension/4h/projects/express-yourself](https://www.uidaho.edu/extension/4h/projects/express-yourself)  
To order National 4-H Curriculum visit: [http://www.4-hmall.org/Category/communication-books.aspx](http://www.4-hmall.org/Category/communication-books.aspx) | |