### EXPLORING 4-H

#### Youth Materials:
- **National 4-H Curriculum**
  - Exploring the Treasures of 4-H Member Manual (#08171)
- **4-H Project Record Book** (#91950)
- **4-H Involvement Report** (#91910)

#### Volunteer Materials:
- **National 4-H Curriculum**
  - Exploring the Treasures of 4-H Helper’s Guide (08172)

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| **Exploring 4-H**    | In the Member’s manual:  
  - Complete a minimum of six activities from the Exploring the Treasures of 4-H member manual (#08171).  
  - Give an oral presentation (speech, demonstration or illustrated talk) related to this project.  
  - Complete the following:  
    - Complete the 4-H Project Record Book (#91950)  
    - Complete the 4-H Involvement Report (#91910) |
|                      | Binder with the following items:  
  - Completed activities from the Exploring the Treasures of 4-H member manual (#08171)  
  - 4-H Project Record Book (#91950)  
  - 4-H Involvement Report (#91910)  
  - A poster (14”x22”) or display illustrating something you learned in this project this year. |

#### County Requirements:
Check with your County Extension office for more information.

#### Support Materials:
Idaho 4-H Exploring Treasures of 4-H page:
To purchase National 4-H Curriculum: [https://shop4-h.org/products/exploring-treasures-of-4-h-curriculum-set-of-2](https://shop4-h.org/products/exploring-treasures-of-4-h-curriculum-set-of-2)