## Family and Consumer Science

### CONSUMER EDUCATION

**LEVEL 1**

<table>
<thead>
<tr>
<th>Projects &amp; Materials</th>
<th>Requirements</th>
<th>Exhibit Requirements</th>
</tr>
</thead>
</table>
| **Consumer Savvy,** **Level 1: The Consumer in Me** | In the member’s current Manual:  
- Complete at least seven of the *Consumer in Me* and *Savvy Challenge* activities each project year.  
- Complete at least 21 activities within three years to complete the *Consumer In Me* Achievement Program.  
- Have your project helper date and initial each activity as you complete it.  
- Give an oral presentation (speech, demonstration or illustrated talk) related to this project. |  
- 4-H Project Record Book (#91950)  
- 4-H Involvement Report (#91910)  
- A poster (14” x 22”), or display illustrating something you learned in this project this year. *Example:* spending diary, a cost comparison chart, a research report on a topic that you explored. |
| **Youth Materials:** | Complete the following:  
- 4-H Involvement Report (#91910)  
- 4-H Project Record Book (#91950) | |
| - National 4-H Curriculum  
*The Consumer in Me, Level 1* (#08030) | | |
| - 4-H Involvement Report (#91910) | | |
| - 4-H Project Record Book (#91950) | | |
| **Volunteer Materials** | | |
| - National 4-H Curriculum  
*Consumer Group Activity Guide* (#08033) | | |

### County Requirements:
Check with your County Extension office for details.

### Support Materials:
Idaho 4-H Consume Savvy page: [https://www.uidaho.edu/extension/4h/projects/consumer-savvy](https://www.uidaho.edu/extension/4h/projects/consumer-savvy)
To purchase National 4-H Curriculum visit: [http://www.4-hmall.org/Category/4-hcurriculum-consumer.aspx](http://www.4-hmall.org/Category/4-hcurriculum-consumer.aspx)