Hello ECHO Idaho,

October is here, and we’ve got news to share! Here are some highlights:

• Join us on Oct. 19 in Behavioral Health in Primary Care as we celebrate our 500th ECHO session!

• Medications for Opioid Use Disorders (MOUD) Consultation Hours is every first and third Thursday, from 12:30 to 1:30 p.m. Mountain time. Join to receive immediate feedback on questions pertaining to MOUD.

• ECHO Idaho was highlighted as the focus of a new study published by the Journal of Public Health Research. Read all about it here.

• We’re proud to introduce the 2022-23 Boise Addiction Medicine Fellowship fellows, Drs. Cate Heil and Andrew Kloberdanz. They’ll be leading some of our upcoming discussions in Opioids, Pain and Substance Use Disorders. More about them below.

We hope to see you ECHO-ing soon,

Katy Palmer
Interim Director, ECHO Idaho
Celebrating 500 Sessions
Since 2018, ECHO Idaho has provided free, virtual continuing education for Idaho healthcare professionals. ECHO Idaho’s 500th session will be recognized in the Behavioral Health in Primary Care series on Wednesday, October 19. This series launched in September 2018 and has since helped nearly 2,000 primary care physicians and other healthcare professionals enhance their ability to screen, diagnose and treat mental health and substance use disorders. Join to participate in a major ECHO milestone. The session will feature a discussion on When to Refer: Coordinating Care for the Severely Mentally Ill in Resource Austere Settings

- Featuring: Lana Schuerman, LPC, ACADC, SPMI, Clinical Supervisor at State Hospital North, Orofino
- Date: Wednesday, Oct. 19
- Time: Noon to 1 p.m. Mountain time
- Add to Calendar

ECHO Idaho is Focus of New Research
ECHO Idaho is the focus of a new research paper published in the Journal of Public Health Research on the “Stakeholder perceptions of the use of a rapidly deployed modified ECHO to train and prepare healthcare providers for COVID-19.” The study focused on ECHO Idaho’s 2020 launch of the COVID-19 series and showed that the series was perceived by healthcare teams to be an effective mechanism for fostering collaboration and relaying information to promote best practices at the start of the COVID-19 pandemic. Read the article.

New Faces at ECHO
ECHO Idaho is proud to work in concert with the Boise Addiction Medicine Fellowship offered through Full Circle Health and the Boise VA Medical Center to host these accomplished fellows on our Opioids, Pain and Substance Use Disorder specialist panel.

Cate Heil, MD
Full Circle Health, Boise Addiction Medicine Fellowship

Dr. Heil completed her residency in the inaugural class of the Nampa program at Full Circle Health. Throughout her education, she has been interested in the social and biological aspects of addiction. Read more about Dr. Heil here.

Andrew Kloberdanz, DO
University of Washington, Boise VA Addiction Medicine Fellowship

Originally from Colorado, Andrew Kloberdanz started his career in Osteopathy in Emergency Medicine before switching to Family Medicine at Sparrow Hospital in Lansing, Michigan. He was recently a co-presenter at ECHO Idaho’s X-Waiver training in September. Read more about Dr. Kloberdanz here.
Current Series at ECHO Idaho

- Behavioral Health in Primary Care
- Counseling Techniques for Substance Use Disorders
- COVID-19 and Other Current Infections
- Medications for Opioid Use Disorders (MOUD)
- Opioids, Pain and Substance Use Disorders
- Pediatric Autism
- Viral Hepatitis and Liver Care
- X-Waiver Training

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