Hello ECHO Idaho,

Spring has sprung and we’ve been busy as bees!

Last month our Pediatric Autism series made the news; it’s one of our most popular series and we’re proud that it got a moment in the limelight. This month is both Hepatitis Awareness and Mental Health Awareness Month; we have series dedicated to both topics and encourage you to check out our upcoming sessions. More on that below.

If you don’t like to commit, perhaps MOUD Office Hours is more your style? We host office hours every Thursday. Zoom in with a question or comment about medications for opioid use disorder, get the tailored advice you need, and then get back to your day. (Psst – here’s where I plug our next X-Waiver Training, June 21, 2022. RSVP required!)

Finally, be sure to read about ECHO on the road (ahem, North Idaho) and Sampson Nde, ECHO Idaho’s new program manager, whose background and expertise will help lift our organization even higher.

See you at ECHO,

Lachelle Smith
Director, ECHO Idaho
*In Person* ECHO Sessions Coming to Lewiston and Moscow

We’re looking forward to connecting with North Idaho through some in-person sessions over the next few weeks. If you can attend, let us know – lunch is on us! (Note that virtual attendance is still encouraged for those who cannot attend in-person.)

**Pediatric Autism:**
**Common Behavior Strategies in Autism/What is ABA?**

- **When:** Thursday, May 26, 2022
- **Where:** Catalyst Medical Group - Valley Medical Center, Lewiston, ID
- **Featuring:** Julie Wittman, M.Ed., Ph.D., BCBA, Parent Advocate, Lewiston
- **More Info:** Lynsey Winters Juel, ECHO Idaho Program Manager

**Counseling Techniques for Substance Use Disorders: The Stages of Change Model**

- **When:** Thursday, June 2, 2022
- **Where:** WWAMI Anatomy Lab, Moscow, ID
- **Featuring:** Lana Schuerman, LPC, ACADC, State Hospital North, Orofino
- **More Info:** Katy Palmer, ECHO Idaho Asst. Director

May is Hepatitis Awareness Month

You can help raise awareness, review best practices and improve your confidence for treating this increasingly prevalent but curable disease at our [Viral Hepatitis and Liver Care series](#). Sign up to learn more about hepatitis C in pregnancy, fatty liver, and on May 23, motivational interviewing in primary care:

**Motivational Interviewing in Primary Care**

- **Monday, May 23, 2022 | Noon to 1 p.m. MT**
- **Featuring:** Winslow Gerrish, Ph.D., Clinical Psychologist, Full Circle Health, Boise
- **Add to My Calendar**

May is (also) National Mental Health Awareness Month

You know ECHO Idaho has plenty to offer when it comes to this important topic! Here are two excellent sessions that address urgent mental health topics this month:

**Adolescent Anxiety and Depression in the Context of COVID-19**

- **Tuesday, May 17, 2022 | Noon to 1 p.m. MT**
- **Featuring:** Christopher Streeter, M.D., Pediatric Psychiatrist, Medical Director, St. Luke’s Children’s Behavioral Health, Boise
- **Add to My Calendar**

**Collaborative Care: Addressing Trauma in a Primary Care Setting**

- **Wednesday, May 18, 2022 | Noon to 1 p.m. MT**
- **Featuring:** Amy Byron-Sadiki, LCSW, Owner, Sadiki Counseling Services, PLLC, Boise
- **Add to My Calendar**
New Faces at ECHO Idaho

Sampson Nde, MPH
Program Manager, ECHO Idaho

A physician with bachelor’s degrees in Medicine and Surgery from the University of Port Harcourt, Nigeria, Sampson also holds a master’s degree in Public Health from Westminster College, Utah. He has managed clinics, community educational and insurance programs in resource-challenged areas in Nigeria, and has worked with various organizations in Utah.

Read more about Sampson here.

Kaitlin Fledderjohann, CPRC
Panelist, Counseling Techniques for Substance Use Disorders

Kaitlin is a certified peer recovery coach at a Drug Court in Boise and brings her lived experience as a person in long-term recovery to ECHO Idaho’s Counseling Techniques for Substance Use Disorders series, every first and third Thursday.

Read more about Kaitlin here.

Are you keeping up with ECHO Idaho’s CE/CME-eligible podcast, Something for the Pain? Recent episodes cover topics like peer recovery support, telehealth in substance use disorder care, and coding and billing for substance use disorders.

Listen wherever you get your podcasts or on our website.

ECHO Idaho’s 2023 Clinician Interest Survey is Now Open!

Planning has begun for ECHO Idaho’s 2023. Series we’re considering introducing include diabetes, rheumatology, Alzheimer’s, cancer survivorship, and medical and behavioral health in a school setting.

We’d love to hear what healthcare topics interest you, how frequently you’d like to meet, and preferred timing of sessions. Please take a moment to fill out our Clinician Interest Survey. To say thanks, we’ll send you some ECHO swag!
Current Series at ECHO Idaho

- Behavioral Health in Primary Care
- Counseling Techniques for Substance Use Disorders
- COVID-19
- Medications for Opioid Use Disorders (MOUD)
- Opioids, Pain and Substance Use Disorders
- Pediatric Autism
- Viral Hepatitis and Liver Care
- X-Waiver Training
- Podcast

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