Hello ECHO Idaho,

Last month, we said goodbye to our former director, Lachelle Smith, who was ECHO Idaho's first employee and largely responsible for the “all-teach, all-learn” atmosphere that is synonymous with our brand and model. Her joyful presence is missed, and there are big shoes to fill, but until we find Lachelle’s permanent replacement, I’m honored to be serving as ECHO’s Interim Director.

June also brought us a new program manager, Shannon McDowell, who is overseeing our Behavioral Health in Primary Care and Counseling Techniques for Substance Use Disorders series. More about Shannon, below.

Programmatically speaking, we haven’t missed a beat. Our Pediatric Autism series has been extended, and we’ve made several of our COVID-19 videos eligible for CE credit.

And Season 2 of our podcast, which features conversations from our Perinatal Substance Use Disorder series, will launch Monday, July 25.

See you at ECHO,

Katy Palmer
Interim Director, ECHO Idaho
**Something for the Pain, Season 2, Launches July 25**

The second season of ECHO Idaho’s CE-eligible podcast, *Something for the Pain*, will be released later this summer.

Season 1 focused on opioid- and substance use disorder prevention, treatment and resources available in Valley County, where the opioid overdose rate by population exceeds the state-wide average. Season 2, funded by the Bureau of Justice Assistance, features audio from our [Perinatal Substance Use Disorder series archives](#) on topics like:

- Mental Health in Pregnancy: Overview and Screening
- Medications and Substances in Pregnancy
- MOUD in Pregnancy
- Neonatal Opioid Withdrawal Syndrome
- Perinatal Mood Disorders
- Perinatal Anxiety Disorders
- Marijuana Use in the Perinatal Period
- Recovery and Parenting

*Something for the Pain* is available wherever you get your podcasts. [Catch-up on season 1](#) and claim up to nine hours of CE credit!

---

**Earn CE Credit for Viewing Archived COVID-19 Sessions**

Our COVID-19 series is on a summer hiatus, but four of the recorded COVID-19 sessions are eligible for CE/CME/CEU credit. Watch a video, take a quiz, and earn some continuing ed credit at your convenience. [Details here.](#)

---

**Updates to Pediatric Autism Series**

ECHO Idaho’s [Pediatric Autism series](#) has added 17 new topics and a new panelist, [Dr. Elena Harlan Drewel](#), a pediatric neuropsychologist. [Register](#) to join us from 1-2 p.m. Mountain time every second and fourth Thursday on Zoom and learn about caring for pre-school, school-age and adolescent children with ASD, as well as tactics to help support families. [Visit the website for specifics.](#)
Dr. Lima Named Among Idaho’s Women of the Year

Ann Lima, M.D., M.P.H., is one of 50 people named by the Idaho Business Review as a 2022 Women of the Year honoree.

Dr. Lima was nominated by ECHO Idaho for her outstanding work as a broad spectrum rural family medicine physician at Clearwater Valley Health in Orofino and for her service as a panelist on ECHO Idaho's COVID-19 series.

New Faces at ECHO Idaho

Shannon McDowell
Program Manager, ECHO Idaho

Shannon started her career providing nutrition and garden education to underserved populations, facilitated Farm to School Programs across the Northern Central Valley of California and taught an array of high school science classes in Idaho’s Treasure Valley. Read more about Shannon here.

New ECHO baby!

Since our last newsletter, ECHO Idaho Program Manager, Sampson Nde, became a first-time father.

Say hello to his beautiful baby girl, Kenlee Nde, born June 2.

Welcome to the world, Kenlee!

Current Series at ECHO Idaho

- Behavioral Health in Primary Care
- Counseling Techniques for Substance Use Disorders
- Medications for Opioid Use Disorders (MOUD)
- Opioids, Pain and Substance Use Disorders
- Pediatric Autism
- Viral Hepatitis and Liver Care
- X-Waiver Training
- Podcast
Support ECHO Idaho. [Give today](#).

Our mailing address is:
University of Idaho
Idaho Water Center
322 E. Front St., Ste. 222
Boise, ID 83702