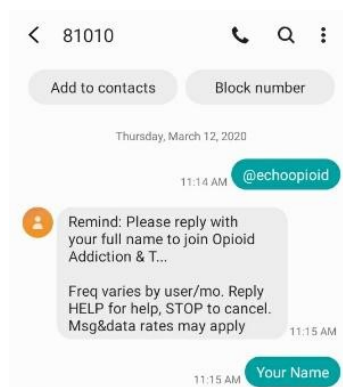


1. Start a text message to 81010. In the body of the text, type the class code (including the @ symbol) for the session for which you would like text reminders. *Please note that you can enter only one class code at a time.*

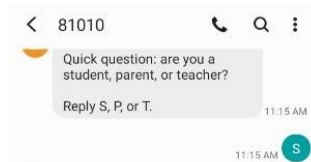
### CLASS CODES

COVID-19 Infectious Disease - @echoID  
 Behavioral Health – @echobh  
 Opioid Addiction and Treatment – @echoopioid  
 Syphilis in Pregnancy – @echosyph

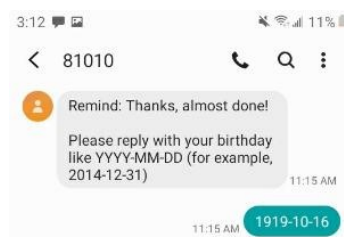
2. You will receive a text asking for your name. Reply with your first and last name.



3. You will receive a text asking if you are a student, parent, or teacher. Reply with "S" for student.



4. You may receive a text asking for your birthday. (If you do not receive this prompt, skip to step 5.) You can enter in any date for the birthday as long as the date makes you older than 18.



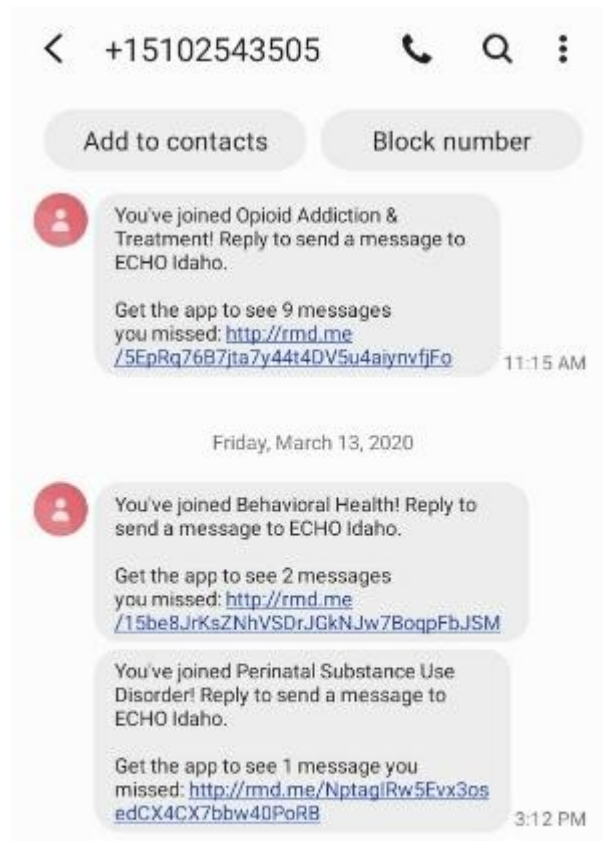
### CLASS CODES

COVID-19 Infectious Disease - @echoID  
 Behavioral Health – @echobh  
 Opioid Addiction and Treatment – @echoopioid  
 Syphilis in Pregnancy – @echosyph

5. You will receive a confirmation text. Now, you can text other class codes for which you would like to receive text reminders.



6. Confirmation messages for additional ECHO series will come from 510-254-3505.



#### CLASS CODES

COVID-19 Infectious Disease - @echoID  
 Behavioral Health – @echobh  
 Opioid Addiction and Treatment – @echoopioid  
 Syphilis in Pregnancy – @echosyph