Compassion Fatigue: Trauma and the Cost of Caring
A virtual CME training for health care professionals

Following this training, attendees will be able to:
- Understand the unique properties of trauma-exposed work and the critical need to enhance individual resiliency.
- Define the difference between Trauma and Compassion Fatigue.
- Recognize the impact of chronic stress on themselves, their team and their organization.
- Develop a prevention toolkit to reflect their own reality and integrate their life circumstances and work challenges.

FREE!
Click here to register

Dr. Lyons is the Project Manager for the Rural Crisis Center Network, Idaho Public Health – North Central District.

This network includes crisis centers in Moscow, Lewiston and Orofino at present, with plans for additional possible sites in Idaho and Lewis County.

Questions?
Contact North Idaho AHEC: nidahec@uidaho.edu or 208-885-0131

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