A new Gallup-Purdue University Index study of 29,560 U.S. college graduates found that graduates who are members of fraternities or sororities are more likely to be thriving in all five elements of well-being during their post-graduate years.

Well-being is the combination of all the things that are important to each individual — it's how people think about and experience their lives.

### The Five Elements of Well-Being

- **Purpose Well-Being**
  - Liking what you do each day and being motivated to achieve your goals.
  - Member of Fraternity/Sorority: 59%
  - Not a Member: 54%

- **Social Well-Being**
  - Having strong and supportive relationships and love in your life.
  - Member of Fraternity/Sorority: 54%
  - Not a Member: 48%

- **Financial Well-Being**
  - Effectively managing your economic life to reduce stress and increase security.
  - Member of Fraternity/Sorority: 46%
  - Not a Member: 42%

- **Community Well-Being**
  - The sense of engagement you have with the areas where you live, liking where you live, and feeling safe and having pride in your community.
  - Member of Fraternity/Sorority: 52%
  - Not a Member: 46%

- **Physical Well-Being**
  - Having good health and enough energy to get things done on a daily basis.
  - Member of Fraternity/Sorority: 37%
  - Not a Member: 34%

### Employee Engagement

People who are engaged at work are involved in and enthusiastic about their work. A majority of all fraternity and sorority members surveyed are employed full time for an employer.

- 43% of fraternity and sorority members are engaged in the workplace.
- 46% are not engaged and 11% are actively disengaged.
- 38% of non fraternity and sorority members are engaged in the workplace.
- 50% are not engaged and 12% are actively disengaged.

### Prepared for Life After College

- 37% of fraternity and sorority members strongly agree that their institution prepared them for life after college.
- 27% of non fraternity and sorority members strongly agree that their institution prepared them for life after college.

For more results and other information from the Gallup-Purdue University Index study, visit: [www.nicindy.org/gallup-research.html](http://www.nicindy.org/gallup-research.html)