

SELF-ASSESSMENT SURVEY

*****This assessment survey is for YOUR benefit. In order for us to help you, it is important that you are honest and truthful with your answers*****

Name:	ID#	Date:
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Students on probation often need to retake courses or make adjustments to their class schedules. Please complete the chart below to assist you and your advisor in evaluating your current class schedule.

Previous Semester Courses	Grade	Current Semester Courses

Schedule Changes to be made after discussion with advisor:

How many credits do you take during a typical semester? _____

How many hours a week do you work during a typical semester? _____

How many hours do you study per week? _____

List classes you have taken that you did not like or did not hold your attention:

In what classes have you had the most difficulties?

Have you visited with your professors during office hours? If so, how often?

What do you do when you don't understand an assignment or class material?

Explain any difficulty you have with test taking:

Do you know how you learn?

Learn by Seeing: _____

Learn by Hearing/Listening: _____

Learn by Doing (Hands on experience): _____

Don't Know: _____

Do you have difficulty in large classes? If yes, explain.

List campus resources that you know offer services to students:

Which of these resources have you used?

List your reasons why you were placed on probation?

List your plans to improve your grades this semester?

Lecture Note Taking: Do you...	Yes	No	Sometimes
Copy everything the instructor says/PowerPoint word for word?			
Write down the main ideas from lecture?			
Do you review previous class notes before the next class meeting?			
When you miss class, do you get copies of the notes from that day?			
Do the notes that you take in class help to you study for the test?			

Class Participation: Do you...	Yes	No	Sometimes
Attend every class session?			
Arrive on time for class?			
Ask questions?			
Participate in class discussions?			
Turn in all of your assignments?			
Are you having difficulty with BB Learn?			

Reading: Do you...	Yes	No	Sometimes
Look through a reading assignment before beginning to read?			
Take notes while you are reading the material?			
Ask questions to yourself about the content while you are reading?			
Highlight the main ideas in the text as you read?			
Review your reading notes before the test?			

Time Management: Do you...	Yes	No	Sometimes
Keep lists prioritizing tasks to be done?			
Break big assignments into manageable parts?			
Use a planner or other calendar?			
Use a cell phone for time management/organizer?			
Have a set place to study?			
Establish regular study times each day?			
Do you shut your cell phone (or other social media) off when you study?			
Use your syllabus to plan ahead for projects/assignments/tests?			

Test Taking: Do you...	Yes	No	Sometimes
Use a specific method for remembering/memorizing class material?			
Do most of your studying the night before the test?			
Get enough sleep the night before the test?			
Answer/solve easy items on a test first?			
Reread test questions before answering?			
Use the entire time you are allowed to take the test?			
Read through the entire test before turning it in?			
Review graded tests to determine what you missed?			

Expectations:	Yes	No	Sometimes
I find my school work interesting.			
I am satisfied with just passing all my classes.			
I am frustrated that I can't make "A's" in college.			
My college grades are much lower than my high school grades.			
Do you check your Vandal mail regularly?			
While taking exams, I feel a high level of anxiety.			
Explain any details:			

Living/Working Arrangements:	Yes	No	Sometimes
My living environment makes studying difficult.			
My work responsibilities interfere with my school responsibilities.			
Because of school and work, I have very little time to sleep or study.			
My social life or family responsibilities take up all of my study time.			
Explain any details:			
How will the demands on your time be different this semester?			

Motivation:	Yes	No	Sometimes
Are you satisfied with the major you have selected?			
Was attending the University of Idaho your idea?			
Do you use Facebook on a daily basis?			
What is your dream job?			

Regarding your studies and academic progress, are there any circumstances or problems you are facing that we have not asked about?

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