



Mastering these sewing skills will provide a solid foundation upon which the member may build skills. To achieve success in this project the skills listed below will help 4-H leaders know what to teach and 4-H member to know what they need to learn. Have your leader initial and date each skill as completed. Each level may take more than one year to complete. You will need to check off 10-12 skills each year. 4-H member must complete Level 1 before beginning Level 2 and complete Level 2 before beginning Level 3, or have club leader and/or 4-H Professional approval to advance a level. For examples of sewing tools and skills see the Refine Design Supplemental List.

Approved By

1. Identify 5 new sewing tools, machines or pieces of equipment you haven't previously used; learn to use each one.
2. Identify 3 new presser feet on your sewing machine and learn to use each one. Items might include:
3. Combine 2 patterns to "recreate" or design an original garment
 - Combine different patterns into one garment
 - Use a master pattern (block) to create a new pattern
4. Learn 5 new seam construction skills appropriate to outdoor apparel or accessories.
5. Use fabrics appropriate for outdoor apparel and/or accessories.
6. Use bleach to determine wool content of fabric swatch
7. Identify different classifications of wool and wool fibers (woolen, worsted, specialty)
8. Use pressing techniques appropriate for wool
9. Use 2 or more or more shaping skills for construction of a tailored garment
10. Use 3 or more Sewing skills for construction of a tailored garment

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| 11. Use 2 different techniques for embellishing a garment | _____ | _____ |
| | _____ | _____ |
| 12. Using a spandex fabric, use 2 different techniques | _____ | _____ |
| | _____ | _____ |
| 13. Identify 3 different woven fabrics. | | |
| Fabrics should include | _____ | _____ |
| • Plain Weave | | |
| • Twill Weave | | |
| • Satin Weave | | |
| 14. Use a home decorating fabric for an interior decorating project (bedroom accessories, kitchen accessories, etc.) | _____ | _____ |
| | | |
| 15. Use 3 new sewing skills on interior decorating project | _____ | _____ |
| | _____ | _____ |
| | _____ | _____ |
| 16. Identify 3 laundry products and their purposes | _____ | _____ |
| | _____ | _____ |
| | _____ | _____ |
| 17. Identify lines and designs appropriate to your body type (or others') including | _____ | _____ |
| 18. Identify colors appropriate to your personal coloring | _____ | _____ |
| 19. Generate a computer printed design on fabric | _____ | _____ |