

# Healthy Living

## PATHWAYS TO CULINARY SUCCESS

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Rev. 09-16

Projects & Materials	Requirements	Exhibit Requirements
<b>Pathways to Culinary Success</b>  <b>Youth Materials:</b> <ul style="list-style-type: none"> <li>• <i>Ohio State Manual Pathways to Culinary Success</i> (4-H 476 - #53655)</li> <li>• <i>4-H Involvement Report</i> (#91910)</li> <li>• <i>4-H Project Record Book</i> (#91950)</li> </ul> <b>Volunteer Materials:</b> <i>None</i>	<p>In the Members Guide:</p> <ul style="list-style-type: none"> <li>• Complete the Planning Section (Step 1)</li> <li>• Explore each area of the project (Chapters 1-6) and complete all of the required activities and recipes in each section (Step 2).</li> <li>• Select and make complete different garnish for each recipe that you prepare.</li> <li>• Take part in at least three Learning Experiences (Step 3).</li> <li>• Become involved in at least one Leadership/Citizenship/Career activity (Step 4).</li> <li>• Maintain a journal for each of your project experiences. When possible, include pictures of the meals you have prepared. Use Journal Pages 77-80 or record your findings on separate sheets.</li> <li>• Give an oral presentation (speech, demonstration or illustrated talk) related to this project.</li> <li>• Exhibit Project</li> </ul> <p>Complete the following:</p> <ul style="list-style-type: none"> <li>• <i>4-H Involvement Report</i> (#91910)</li> <li>• <i>4-H Project Record Book</i> (#91950)</li> </ul>	<ul style="list-style-type: none"> <li>• 4-H Project Record Book (#91950)</li> <li>• 4-H Involvement Report (#91910)</li> <li>• Pathways to Culinary Success (4-H 476 - #53655)</li> </ul> <p>Plus one of the following:</p> <ul style="list-style-type: none"> <li>• Poster (14" x 22") or story board (14" x 22") describing one of the experiences you completed. <b>OR</b></li> <li>• Display a food product you made in this project. <b>OR</b></li> <li>• Display and label some of the equipment you used to complete this project. <b>OR</b></li> <li>• Exhibit a set table including centerpiece, table setting, napkins and descriptive labels.</li> </ul>
<b>County Requirements:</b> Check with your County Extension office for more information.		
<b>Support Materials:</b> Idaho 4-H Pathways to Culinary Success page: <a href="https://www.uidaho.edu/extension/4h/projects/pathways-culinary-success">https://www.uidaho.edu/extension/4h/projects/pathways-culinary-success</a> To order Ohio curriculum visit: <a href="http://estore.osu-extension.org/Pathways-to-Culinary-Success-P183.aspx">http://estore.osu-extension.org/Pathways-to-Culinary-Success-P183.aspx</a>		