## Advising Guide – Associate of Science (General Studies) to Bachelor of Science

### Coordinated Program in Dietetics – Coeur d’Alene


Advising Guide information is subject to change and does not constitute an agreement between the University and the student.

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<tr>
<th>North Idaho College</th>
<th><a href="http://www.nic.edu">www.nic.edu</a></th>
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<tbody>
<tr>
<td>Advising Services 2nd floor Edminster Student Union (SUB)</td>
<td>Phone: 208.769.7821  Email: <a href="mailto:advising@nic.edu">advising@nic.edu</a></td>
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This checklist is for students completing an A.S. degree. Refer to the NIC catalog (pages 50-51) for further requirement information.

### GEM 1 WRITTEN COMMUNICATION, 6 cr
- Engl 101, English Composition 3cr
- Engl 102, English Composition 3cr

### GEM 2 ORAL COMMUNICATION, 3 cr
- Comm 101, Intro to Speech 3cr

### GEM 3 MATHEMATICS, 3-5 cr
- Math 123,130,143,147,160,170, or 253 3-5cr

### GEM 4 SCIENCE, 8 cr (two different disciplines)
- (see page 2)

### GEM 5 Humanistic & Art, 6 cr (two different disciplines)
- (see page 2) 3cr
- (see page 2) 3cr

### GEM 6 SOCIAL & BEHAVIORAL, 6 cr (two diff. disciplines)
- (see page 2) 3cr
- (see page 2) 3cr

### GEM 7 Institutionally Designated, 4-6 cr
- INTR 250 3cr
- (1-3cr)

**OTHER REQUIRED COURSE FOR YOUR MAJOR**
- +Math 253, Principles of Statistics 3cr
- Acct 201, Principles of Accounting 3cr
- Biol 250, General Microbiology 4cr
- Biol 170 and 170L, Introductory Foods & Lab 4cr
- Biol 207, Human Nutrition 3cr
- +Chem 101 or +Chem 111 4cr
- +Chem 275, or +Chem 277 3cr

**ADD NIC ELECTIVES TO TOTAL 64 CREDITS**

### NOTES & REQUIREMENTS

- The + indicates a course that has a prerequisite. Check the UI catalog for prerequisite information.
- Students planning on transferring to UI are advised to complete an A.S. Degree
- Students can be concurrently enrolled (NIC and UI) while completing an NIC degree
- NIC students may transfer up to 70 credits to UI

<table>
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<tr>
<th>University of Idaho</th>
<th><a href="http://www.uidaho.edu/cda">www.uidaho.edu/cda</a></th>
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<tr>
<td>Advisors: SeAnne Safaii &amp; Samantha Ramsay</td>
<td>CDA Office: 208.667.2588  Email: <a href="mailto:cdactr@uidaho.edu">cdactr@uidaho.edu</a></td>
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It is highly recommended that you meet with a UI advisor as early in your academic program as possible.

### FCS REQUIRED COURSES
- FCS 105 or +Psyc 305 (satisfied by Psyc 205 at NIC) 3cr
- +FCS 301, Professional Skills Dietetics I 1cr
- +FCS 361 & 365, Advanced Nutrition & Lab 4cr
- +FCS 362, Intro to Clinical Dietetics 3cr
- +FCS 363, Medical Nutrition Therapy 4cr
- +FCS 364, Clinical Dietetics I 4cr
- +FCS 384 & 385, Quant Food Prod, Equip & Practice 5cr
- +FCS 387 & 388, Food Systems Mgmt & Practice 4cr
- +FCS 491, Research Methods in Food & Nutrition 3cr
- +FCS 411, Global Nutrition 3cr
- +FCS 463, Helping Skills in Dietetics 2cr
- +FCS 472, Clinical Dietetics II 8cr
- +FCS 473, Community Nutrition 3cr
- +FCS 486, Nutrition in the Life Cycle 3cr
- +FCS 487, Community Nutrition Supervised Practice 4cr
- +FCS 488, Management Supervised Practice 8cr
- +FCS 492, Nutrition Education in the Life Cycle 2cr

**Note:** BIOL 170 from NIC is an approved departmental substitution for FCS 270 and 275, which are required courses for the Dietetics program.

### SCIENCE REQUIRED COURSE
- +BIOL 300 Survey of Biochemistry (summer only) 3cr

**CHOOSE 2 CREDITS OF THE FOLLOWING ELECTIVES:**
- +FCS 305 Nutrition Related to Fitness and Sport 2cr
- FCS 435 Feeding Young Children in Group Settings 1cr
- FCS 462 Eating Disorders 2cr
- +FCS 475 Food Preservation 1cr

**PREREQUISITES**

The + indicates a course that has a prerequisite. Check the UI catalog for prerequisite information.

**NOTES & REQUIREMENTS**

- A total of 128 credits are required for this degree (this includes up to 70 of your NIC credits)
- 36 of the 128 cr. must be upper-division (300-400 level).
  All credits from NIC are considered lower division.
- 30 of your upper division credits must be from UI
- A 2.8 overall gpa must be maintained to remain in the program and graduate. A minimum grade of “B” is required for all courses in your major.
### GEM 1: WRITTEN COMMUNICATION
(6 credits)
- ENGL 101
- ENGL 102

### GEM 2: ORAL COMMUNICATION
(3 credits)
- COMM 101

### GEM 3: MATHEMATICAL WAYS OF KNOWING
(3-5 credits)
- MATH 123
- MATH 130
- MATH 143
- MATH 147
- MATH 160
- MATH 170
- MATH 253

### GEM 4: SCIENTIFIC WAYS OF KNOWING
(8 credits – 2 different disciplines)
- BIOL 100
- BIOL 115
- BIOL 175
- BIOL 202
- BIOL 203
- BIOL 227
- BIOL 241
- BIOL 250
- CHEM 100
- CHEM 101
- CHEM 111
- CHEM 112
- ENSI 119
- GEOG 100
- GEOL 101
- GEOL 102
- GEOL 123
- PHYS 101
- PHYS 103
- PHYS 111

### GEM 5: HUMANISTIC AND ARTISTIC WAYS OF KNOWING
(6 credits – 2 different disciplines)
- AIST 285
- ART 100
- ART 101
- CINA 126
- COMM 220
- ENGL 175
- ENGL 257
- ENGL 258
- ENGL 267
- ENGL 268
- ENGL 271
- ENGL 277
- ENGL 278
- ENGL 285
- FLAN 207
- HUMS 101
- HUMS 126
- HUMS 200
- INTR 200
- MUSH 101
- MUSH 127
- MUSH 163
- PHIL 101
- PHIL 103
- PHIL 111
- PHIL 201
- PHIL 205
- PHIL 220
- THEA 101

*All foreign languages are one Humanistic and Artistic Ways of Knowing discipline.*
- ASL 101
- ASL 102
- FREN 101
- FREN 102
- GER 101
- GER 102
- ITAL 101
- ITAL 102
- SPAN 101

### GEM 6: SOCIAL AND BEHAVIORAL WAYS OF KNOWING
(6 credits – 2 different disciplines)
- AIST 101
- ANT H 100
- CHD 134
- COM J 140
- COMM 233
- ECON 201
- ECON 202
- HIST 101
- HIST 102
- HIST 103
- HIST 111
- HIST 112
- HIST 211
- HIST 212
- POLS 101
- POLS 237
- PSY 101
- SOC 101

### GEM 7: INSTITUTIONALLY DESIGNATED
Complete Integrative course: (3 credits)
- INTR 250
Complete one Wellness course from the following:
(1-3 credits)
- MUSA 114
- MUSA 130
- MUSA 145
- MUSA 203
- MUSA 204
- MUSA 206
- MUSP 103
- MUSP 104
- MUSP 111
- MUSP 107
- MUSP 110
- MUSP 111
- PE 110 E
- PE 110 F
- PE 110 J
- PE 110 PP
- PE 110 R
- PE 222
- PE 288

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**NIC Gem Requirements Associate of Arts Degree**