Course Guide

PSYC 422
Emotional Disorders of Childhood and Adolescence

University of Idaho
3 Semester-Hour Credits

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Disorders of Childhood and Adolescence
University of Idaho

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1–PSYC 422
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3 Semester-Hour Credits: UI

Welcome!
Whether you are a new or returning student, welcome to the Independent Study in Idaho (ISI) program. Below, you will find information pertinent to your course including the course description, course materials, course objectives, as well as information about assignments, exams, and grading. If you have any questions or concerns, please contact the ISI office for clarification before beginning your course.

Policies and Procedures
Refer to the ISI website at www.uidaho.edu/isi and select Students for the most current policies and procedures, including information on setting up accounts, student confidentiality, exams, proctors, transcripts, course exchanges, refunds, academic integrity, library resources, and disability support and other services.

Course Description
Overview of psychological disorders that affect children and adolescents; emphasis on how childhood mental illness is defined, diagnosed, and treated within multiple theoretical perspectives. Examines how multiple, interacting events shape both adaptive and maladaptive developmental outcomes. Additional work required for graduate credit. Prerequisite: Psyc 101 and 305; or Permission

14 graded lessons, 1 self-study lesson, 4 proctored exams.

Course Materials
Required Course Materials

Independent Study in Idaho course materials are available for purchase at the VandalStore (University of Idaho bookstore). Your Registration Confirmation Email contains the VandalStore’s contact information.

Independent Study in Idaho courses are updated and revised periodically. Ordering course materials from the VandalStore at the time of registration allows you to purchase the correct edition(s) of textbooks, course guides, and supplemental materials. Contact the VandalStore directly for questions regarding course materials that you have ordered.

If purchasing textbooks from another source, refer to the ISBN(s) for the textbook(s) listed for this course to ensure that you obtain the correct edition(s).

Course Delivery
All ISI courses are delivered through BbLearn, an online management system that hosts the course lessons and assignments and other items that are essential to the course. Upon registration, the student will receive a Registration Confirmation Email with information on how to access ISI courses online.
Course Objectives
To provide the student with a comprehensive overview of the description, etiology, and developmental course of common emotional disorders that occur in childhood and adolescence. In addition, treatment options are presented and discussed.

Lessons
Overview
Each lesson may include the following components:
• lesson objectives
• reading assignments
• important terms
• written assignment, project, or activity

Study Hints:
• Keep a copy of every lesson submitted.
• Complete all reading assignments.
• Set a schedule allowing for course completion one month prior to your personal deadline. An Assignment Submission Log is provided for this purpose.
• Webpages and URL links in the World Wide Web are continuously changing. Contact your instructor if you find a broken webpage or URL.
• Add your own recommendations here.
• Introduce and explain any terms that are essential to understanding the course.

Refer to the Course Rules in BbLearn for further details on assignment requirements and submission.

Exams
• You must wait for grades and comments on lessons prior to taking subsequent exams.
• For your instructor’s exam guidelines, refer to your Registration Confirmation Email.

Refer to Grading for specific information on lesson/exam points and percentages.

Proctor Selection/Scheduling Exams
All exams require a proctor unless an exam is self-administered.

To submit your Proctor Information Form online, visit the ISI website and select Forms, Proctor Information Form. Submit this form at least two weeks before your first exam. Refer to Students, Assignments and Exams on the ISI website for information on acceptable and unacceptable proctors.
# Grading
The course grade will be based upon the following considerations:

Your final grade in the course will be based upon the four examinations and an overall grade for the 15 lesson assignments. Each of these components will be equally weighted to determine your grade in the course:

<table>
<thead>
<tr>
<th>Component</th>
<th>Weightage</th>
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<tbody>
<tr>
<td>Lesson Assignments</td>
<td>20%</td>
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<td>Examinations (each)</td>
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<td>80%</td>
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Note: There is no comprehensive final in this course.

Final grades will be based on this scale:

- 90-100% A
- 80-89% B
- 65-79% C
- 55-64% D
- <55% F

The final course grade is issued after all lessons and exams have been graded.

Acts of academic dishonesty, including cheating or plagiarism are considered a very serious transgression and may result in a grade of F for the course.

# About the Course Developer
Dr. Mohan has taught Developmental Psychology courses at the University of Idaho since 1971. He also teaches in the WWAMI program.

# Contacting Your Instructor
Instructor contact information is posted on your BbLearn site under Course Rules.
## Assignment Submission Log

Send the completed *Proctor Information Form* to the ISI office at least two weeks prior to taking your first exam.

<table>
<thead>
<tr>
<th>Lesson</th>
<th>Projected Date for Completion</th>
<th>Date Submitted</th>
<th>Grade Received</th>
<th>Cumulative Point Totals</th>
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<td><em>Self-Study Lesson</em></td>
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It is time to make arrangements with your proctor to take Exam 1.

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</table>
It is time to make arrangements with your proctor to take Exam 4.

Exam 4
Lesson 1

Introduction

Lesson Objectives
1. To understand the distinction between Developmental Psychopathology and Psychopathology.
2. To understand the prevalence of emotional disorders among children and youth.

Reading Assignment
Chapter 1 in your text

Important Terms
Important terms are listed at the end of the chapter.

Written Assignment
Before beginning the first written assignment, refer to the Course Rules in BbLearn for your instructor’s assignment requirements. If emailing assignments to your instructor, please copy the ISI office at indepst@uidaho.edu.

Multiple Choice Questions

1. The authors of this text assert that psychopathology is best understood in relationship to:
   a. how children typically develop.
   b. adaptation to atypical situations.
   c. each child’s unique pattern of development.
   d. maladaptation to environmental stressors.

2. A child’s behaviors might be considered typical or adaptive in one situation but not in another because these behaviors may:
   a. be rare or unusual when compared to other children of the same age or gender.
   b. be considered adaptive in a given sociocultural group or situation.
   c. not meet the specific criteria for a disorder as defined by the medical community.
   d. be considered acceptable by psychologists who study children’s behavior.

3. Dr. Vance works with all of his clients to identify their strengths and weaknesses and develops a plan for them to be able to function at the highest level possible. This is known as ________ adaptation.
   a. adequate
   b. foundational
   c. superior
   d. Optimal

3. The major difference between psychopathology and developmental psychopathology is the:
   a. likelihood that children’s development will be negatively impacted.
   b. role of culture in understanding deviant behavior.
   c. understanding of how family values impact the development of maladaptive behavior.
   d. belief that most deviant behavior is innate.
4. Tolan and Dodge (2005) have proposed a four-part model for a comprehensive mental health system that serves children and their families. Based on what is known about existing barriers to services, which of the following components would likely be a part of this model?
   a. access to effective emergency care to treat crisis situations
   b. preventive care provided in natural settings such as schools or daycares
   c. emphasis on research-based treatments that address the cultural majority
   d. an expansion of psychiatric hospitals that are equipped to handle long-term inpatient care

**True/False Questions**
(If true circle A; if false circle B)

1. Dr. Andrews wants to study how many children under the age of 5 in the United States have been diagnosed with autism over the past 10 years. In order to do this, he is most likely to use a random sampling of the general population to estimate the prevalence of autism.
   a. True
   b. False

2. The fact that many children who need mental health care don’t receive it is primarily based on denial of mental health treatment.
   a. True
   b. False

3. Patrick’s parents are reluctant to have him see a psychologist because they’re afraid other family members will think they are “bad” parents. Their reluctance is most closely related to lack of resources in their local community.
   a. True
   b. False

**Factual Essays**
(Answer 1 of 2)

1. Identify the pros and cons of using the statistical deviance model of abnormality. Include a brief definition.

2. What is the definition of incidence and prevalence? Give examples of when it might be best to know each one of these when working with youth with mental health issues.

**Thought Essay**
Define and provide examples of stigma related to psychopathology and children. In what ways does today’s media help or hurt the stigma related to mental health.