Independent Study in Idaho

HCA 2210
Medical Terminology And Communication

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The University of Idaho in statewide cooperation with Boise State University — Idaho State University — Lewis-Clark State College
Course Guide

Health Care Administration 2210
Medical Terminology and Communication

Idaho State University
2 Semester-Hour Credits

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# Table of Contents

Welcome! ....................................................................................................................... 2  
Policies and Procedures ............................................................................................... 2  
Course Description ....................................................................................................... 2  
Course Materials .......................................................................................................... 2  
Course Delivery ............................................................................................................. 2  
Course Introduction ...................................................................................................... 2  
Course Objectives ......................................................................................................... 2  
Lessons (Self-Study) ..................................................................................................... 3  
Recommendations for Word Study ............................................................................... 3  
Exams ........................................................................................................................... 5  
Grading ......................................................................................................................... 5  
About the Course Developer ......................................................................................... 5  
Contacting Your Instructor ......................................................................................... 5  
Detailed Lesson Study Plan .......................................................................................... 6  

## PART I. INTRODUCTION TO MEDICAL LANGUAGE

<table>
<thead>
<tr>
<th>Lesson 1</th>
<th>Self-Study:</th>
<th>The Structure of Medical Language</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lesson 2</td>
<td>Self-Study:</td>
<td>The Body in Health and Disease</td>
</tr>
</tbody>
</table>

**Exam 1 Information:** Covers lessons 1 - 2

## PART II MEDICAL SPECIALTIES AND BODY SYSTEMS

| Lesson 3 | Self-Study: | Gastroenterology • Gastrointestinal System |
| Lesson 4 | Self-Study: | Pulmonology • Respiratory System |
| Lesson 5 | Self-Study: | Cardiology • Cardiovascular System |
| Lesson 6 | Self-Study: | Hematology and Immunology • Blood and Lymphatic System |

**Exam 2 Information:** Covers lessons 3 - 6

| Lesson 7 | Self-Study: | Dermatology • Integumentary System |
| Lesson 8 | Self-Study: | Orthopedics • Skeletal System |
| Lesson 9 | Self-Study: | Orthopedics • Muscular System |
| Lesson 10 | Self-Study: | Neurology • Nervous System |

**Exam 3 Information:** Covers lessons 7 - 10

| Lesson 11 | Self-Study: | Urology • Urinary System |
| Lesson 12 | Self-Study: | Male Reproductive Medicine • Male Genitourinary System |
| Lesson 13 | Self-Study: | Gynecology and Obstetrics • Female Genital and Reproductive System |
| Lesson 14 | Self-Study: | Endocrinology • Endocrine System |

**Exam 4 Information:** Covers lessons 11 - 14

| Lesson 15 | Self-Study: | Ophthalmology • Eye |
| Lesson 16 | Self-Study: | Otolaryngology • Ears, Nose, and Throat |

**Exam 5 Information:** Covers lessons 15 - 16

## PART III. OTHER MEDICAL SPECIALTIES

| Lesson 17 | Self-Study: | Psychiatry |
| Lesson 18 | Self-Study: | Oncology |
| Lesson 19 | Self-Study: | Radiology and Nuclear Medicine |

**Exam 6 Information:** Covers lessons 17 - 19
Welcome!
Whether you are a new or returning student, welcome to the Independent Study in Idaho (ISI) program. Below, you will find information pertinent to your course including the course description, course materials, course objectives, as well as information about assignments, exams, and grading. If you have any questions or concerns, please contact the ISI office for clarification before beginning your course.

Policies and Procedures
Refer to the ISI website at www.uidaho.edu/isi and select About ISI Policies for the most current policies and procedures, including information on setting up accounts, student confidentiality, exams, proctors, transcripts, course exchanges, refunds, academic integrity, library resources, and disability support and other services.

Course Description
Terminology and vocabulary basic to all areas of medical science, hospital services, and allied health specialties. Develops skills in correct written and oral usage of medical terms. ISU students: Cross-listed as HE 2210 [Medical Terminology and Communication].

Required: computer with CD drive and audio capabilities
Recommended: Internet access
19 self-study lessons, 6 proctored exams

There are no assignments/lessons submitted for this course.

Before taking exams, students MUST wait for grades and feedback on assignments, which may take up to three weeks after date of receipt by the instructor.

ALL assignments and exams must be submitted to receive a final grade for the course.

Course Materials
Required Course Materials

Course Delivery
This course is available online through BbLearn.

Course Introduction
This course will prepare you to understand and be understood in the language of medicine. The text is organized into two types of chapters: introductory and body system. The introductory chapters (1–3) provide a foundation for building medical vocabulary. The body system chapters (4–16) present medical terms organized by body system. To be successful, you should complete all of the chapter exercises. All exams are multiple choice.

Course Objectives
1. Identify and define word parts for each of the systems covered in this course.
2. Analyze and define the medical terms associated with the systems covered in this course.
3. Build medical terms given the definitions for those terms, using the appropriate prefixes, word roots and suffixes.
4. Identify the correct meanings for standard medical abbreviations.
5. Analyze and define the medical terms used in surgical and diagnostic procedures associated with the organs and body systems being covered in class.
6. Accurately spell medical terms.
7. Demonstrate comprehension and application of medical terms.

**Lessons (Self-Study)**
This course is structured with a body systems approach to learning medical language. Word parts are used to build, analyze, define, and spell medical terms. Structural, directional, disease and disorder, surgical and diagnostic terms, pronunciations, and abbreviations are included. Each chapter lesson in *Medical Language* includes different exercises (matching, fill-in-the-blank, definitions, etc.) to assist in the learning process. I recommend completing every exercise in the textbook and in Blackboard.

Each lesson in this course guide includes the following components:
- reading assignment
- *self-study* exercises

**Recommendations for Word Study**

**Preparation—Objectives in Studying the Medical Language**
There are three objectives to keep in mind as you study medical terminology:

1. **Analyze words by dividing them into component parts.** I cannot emphasize this enough. This is the key to learning medical terminology. Your goal is to learn the tools of word analysis that will make the understanding of complex terminology easier. Do not simply memorize terms! Divide terms into component parts. Medical words are very much like individual jigsaw puzzles. They are constructed of small pieces that make each word unique, but the pieces can be used in different combinations in other words as well. As you become familiar with word parts and learn what each means, you will be able to recognize those word parts in totally new combinations in other terms.

2. **Relate the medical terms to the structure and function of the human body.** Although memorization of terms is essential to retaining knowledge of the language, it should not become the primary objective of your study. A major focus of this course is to explain terms in the context of how the body works in health and disease. Medical terms explained in their proper context will also be easier to remember. An example of this is the word *hepatitis*: -itis means INFLAMMATION, and hepato- means LIVER. This word is better understood when you know where the liver is and how it functions. Explanations in the text are straightforward and basic.

3. **Be aware of spelling and pronunciation problems.** Some medical terms are pronounced alike but are spelled differently. For example, *ilium* and *ileum* have identical pronunciations, but the first term, *ilium*, means a part of the pelvis (HIP BONE), and the second term, *ileum*, means a PART OF THE SMALL INTESTINE. Even when terms are spelled correctly, terms can be misunderstood because of incorrect pronunciation. For example, the *urethra* is the tube leading from the urinary bladder to the outside of the body, and *ureter* is one of the two tubes each leading from a single kidney and inserting into the urinary bladder.

**Word Analysis**
When you are studying medical terminology think of it as studying a new language. The words at first look very complicated and may sound very strange, but, in reality, these medical words stand for commonly known English terms. For example, the word *ophthalmologist* means EYE DOCTOR, *parturition* means GIVING BIRTH, and *hysterosalpingoectomy* means removal of the uterus, fallopian tubes, and ovaries, or, a TOTAL HYSTERECTOMY.

The first job when learning the language of medicine is to understand how to divide words into their component parts. The medical language has a logical sequence. Most terms, whether they are complex or simple, can be broken down into basic parts and then understood.
For example: **hematology—hemat/o/logy.**

- **hemat-** is the **root**, or, the **foundation** of the word. All medical terms have one or more roots. The root **hemat** means BLOOD.

- **/o-/** is the **combining vowel** (usually an “o”); the combining vowel usually links the root to the suffix, or the root to another root. A combining vowel has no meaning of its own; it only joins one word part to another.

- **-logy:** is the word ending, or, **suffix.** All medical terms have a suffix. The suffix **-logy** means **STUDY OF**.

When reading medical words, start from the suffix back to the beginning of the term. Therefore, the word **hematology** means the **STUDY OF BLOOD.**

When defining longer words that look impossible to figure out at first, break the word into its component parts and start by defining the suffix. Let’s look at the word **gastroduodenoscopy.**

- **Start by defining the suffix:** **-scopy** means the **PROCESS OF VISUAL EXAMINATION.**
- **gastro-** is the combining form for **STOMACH.**
- **duoden/o** is the combing form for the **DUODENUM**, or, the first part of the small intestine.

So, **gastroduodenoscopy** means the visual examination of the stomach and the duodenum, or, the first part of the small intestine.

**Study Hints**

1. **Complete all assigned readings.**
2. **Set a Schedule:** Allow for completion of the course one month prior to your desired deadline. (An **Assignment Submission Log** is provided in this course guide for this purpose.)
3. **Flash cards:** Utilize the flash cards obtained with your text (or make your own) and keep them with you in your pocket or purse to study when you have down time or are waiting. Be sure you include clues on pronunciation.
4. **Time Management:** Plan in advance to study Medical Terminology EVERY DAY. Most students report that they study between 6 and 10 hours a week for this course. A last-minute cram session will not help you commit the words to memory. **TERMOCRAM** (term/o/cram): The foolish practice of attempting to study information two hours before the exam and expecting to get 100%.
5. **Pronunciation:** Pronounce the words out loud while you are studying. This allows you to focus on each syllable and assists in spelling as well as prepares you to speak the language of medicine when on the job.
6. **Medical Dictionary:** Use your medical dictionary to enrich your vocabulary and for greater understanding of the meanings and use of medical terms. Look up each new word or word part. See what language it comes from and how it is pronounced. Look further down or up on the list and see how else this word or word part is used other than the examples in your textbook.
7. **Audio CDs:** Listen to the prepared audio CDs that accompany your text. This helps with pronunciation.
8. **Seek Counsel:** If you are having difficulties, consult your professor as soon as possible. Your instructor’s contact information was sent to you in your **Registration Confirmation Letter,** upon registration in this course.

**Helpful Hints: Using Your Textbook**

Please read and fill out every activity in the textbook. Use the chapter answers to increase your feedback on the assignments.

**Useful Web Sites**

You may find many Web sites helpful during the course of this class. The following are a general list of some I have found. After you reach the site, simply input the term you want to explore, and search.
Exams
See Grading for specific information on exam points and percentages.

Proctor Selection/Scheduling Exams
All exams require a proctor. At least 2 weeks prior to taking your first exam, submit the completed Proctor/Exam Request Form (available at uidaho.edu/isi, under Forms) to the ISI office. ISI mails all exams directly to the proctor after receiving the Proctor/Exam Request Form. You must schedule the examination time with your proctor prior to each exam. The proctor administers the exam and returns it to the ISI office.

Grading
The course grade will be based upon the following considerations:

<table>
<thead>
<tr>
<th>Exams</th>
<th>Points</th>
</tr>
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<tbody>
<tr>
<td>Exam 1 (Chapters 1–2)</td>
<td>37</td>
</tr>
<tr>
<td>Exam 2 (Chapters 3–6)</td>
<td>101</td>
</tr>
<tr>
<td>Exam 3 (Chapters 7–10)</td>
<td>111</td>
</tr>
<tr>
<td>Exam 4 (Chapters 11–14)</td>
<td>89</td>
</tr>
<tr>
<td>Exam 5 (Chapters 15–16)</td>
<td>39</td>
</tr>
<tr>
<td>Exam 6 (Chapters 17–19)</td>
<td>45</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>422</strong></td>
</tr>
</tbody>
</table>

Grades
A 90% – 100%
B 80% – 89%
C 70% – 79%
D 60% – 69%
F 59% – 0%

Self-Study Lessons
All 19 lessons in this course guide are self-study. Exercises are not to be submitted for grading. The course grade is determined solely through the points and percentages of the six exams, listed above.

The final course grade is issued after all exams have been graded.

Acts of academic dishonesty, including cheating or plagiarism are considered a very serious transgression and may result in a grade of F for the course.

About the Course Developer
Your course developer is Stephen Wright, an Adjunct Professor of Health Care Administration at Idaho State University. He received his MA in Physical Education/Athletic Administration from Idaho State University in 2002. He has taught this course for Independent Study in Idaho since 2003.
Contacting Your Instructor
Instructor contact information is posted on your BbLearn site under Course Rules.
# Detailed Lesson Study Plan

*Medical Language 3rd ed.* Susan M. Turley  

Choose a proctor and send the completed *Proctor Information Form* to the ISI office at least two weeks prior to taking your first exam.

<table>
<thead>
<tr>
<th>Lesson</th>
<th>Chapter</th>
<th>Reading</th>
<th>Self-Study Exercises</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>1</td>
<td>Chapter 1</td>
<td>Complete all Chapter 1 activities; study Lesson 1.</td>
</tr>
<tr>
<td>2</td>
<td>2</td>
<td>Chapter 2</td>
<td>Complete all Chapter 2 activities; study Lesson 2.</td>
</tr>
</tbody>
</table>

It is time to make arrangements with your proctor to take Exam 1.

**Took Exam 1:**

| 3 | 3 | Chapter 3 | Complete all Chapter 3 activities; study Lesson 3. |
| 4 | 4 | Chapter 4 | Complete all Chapter 4 activities; study Lesson 4. |
| 5 | 5 | Chapter 5 | Complete all Chapter 5 activities; study Lesson 5. |
| 6 | 6 | Chapter 6 | Complete all Chapter 6 activities; study Lesson 6. |

Make arrangements with your proctor to take Exam 2.

**Took Exam 2:**

| 7 | 7 | Chapter 7 | Complete all Chapter 7 activities; study Lesson 7. |
| 8 | 8 | Chapter 8 | Complete all Chapter 8 activities; study Lesson 8. |
| 9 | 9 | Chapter 9 | Complete all Chapter 9 activities; study Lesson 9. |
| 10| 10| Chapter 10| Complete all Chapter 10 activities; study Lesson 10. |

Make arrangements with your proctor to take Exam 3.

**Took Exam 3:**

<p>| 11| 11| Chapter 11| Complete all Chapter 11 activities; study Lesson 11. |</p>
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<tbody>
<tr>
<td>12</td>
<td>12</td>
<td>Chapter 12</td>
<td>Complete all Chapter 12 activities; study Lesson 12.</td>
</tr>
<tr>
<td>13</td>
<td>13</td>
<td>Chapter 13</td>
<td>Complete all Chapter 13 activities; study Lesson 13.</td>
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<tr>
<td>14</td>
<td>14</td>
<td>Chapter 14</td>
<td>Complete all Chapter 14 activities; study Lesson 14.</td>
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Make arrangements with your proctor to take Exam 4.

Took Exam 4:

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<tbody>
<tr>
<td>15</td>
<td>15</td>
<td>Chapter 15</td>
<td>Complete all Chapter 15 activities; study Lesson 15.</td>
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<tr>
<td>16</td>
<td>16</td>
<td>Chapter 16</td>
<td>Complete all Chapter 16 activities; study Lesson 16.</td>
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Make arrangements with your proctor to take Exam 5.

Took Exam 5:

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<tr>
<td>17</td>
<td>17</td>
<td>Chapter 17</td>
<td>Complete all Chapter 17 activities; study Lesson 17.</td>
</tr>
<tr>
<td>18</td>
<td>18</td>
<td>Chapter 18</td>
<td>Complete all Chapter 18 activities; study Lesson 18.</td>
</tr>
<tr>
<td>19</td>
<td>19</td>
<td>Chapter 19</td>
<td>Complete all Chapter 19 activities; study Lesson 19.</td>
</tr>
</tbody>
</table>

Make arrangements with your proctor to take Exam 6.

Took Exam 6:
Reading Assignment
Chapter 1

Lesson Objectives
Please review the Measure Your Progress: Learning Objectives

Self-study Exercises
Complete all Chapter 1 activities; study Lesson 1. See In-Class Activities in BbLearn in Unit 1.