University of Idaho 13th Annual Advising Symposium

Courageous Practice: Fostering Innovation & Resilience

Friday, September 16, 2016
Bruce Pitman Center,
Second Floor

Questions?
advising-symposium@uidaho.edu
www.uidaho.edu/advising_symposium
Sponsored by: UI ACademic ADvising Association (ACADA)
Welcome to the
13th Annual
Advising Symposium
Presented by:
UI ACADA
WWWUIDAHOEDU/ACADEMIC-ADVISING/ACADA

Conference Co-Chairs
__________________________
ANDREW BREWICK
LEXI SCHAAR

Conference Committee Members
__________________________
LIZ BRYANT
ANDREA CHAVEZ
BETH KNICKERBOCKER
JESSIKA GLOVER
KRISTEN McMULLIN
ALYSSA PETERSEN
KACY PULA
SHISHONA TURNER
Check-In & Continental Breakfast

Bruce Pitman Center, 2nd floor
International Ballroom foyer

UI ACADA
University of Idaho
ACademic ADvising Association

UI ACADA is the primary group of professional and faculty advisors and student support personnel at the University of Idaho.

Our goals include:
- Increasing advisor effectiveness
- Strengthening the role of advising in student learning
- Increasing university-wide recognition of academic advising
- Advocating for high-quality academic advising services
- Implementing an advising assessment process to ensure continuous improvement
- Fostering collaboration between advisors and student support professionals
- Providing professional development opportunities for academic advisors and student support personnel

If you are a UI employee, we invite you to join UI ACADA. Please fill out the membership application found in your folder, or go online to: http://www.uidaho.edu/academic-advising/acada
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<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Session Title</th>
<th>Presenters</th>
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| 8:30a.m.—9:20a.m. | **BORAH THEATRE** | *Advising at the University of Idaho*  
*UI Track 1* | Andrew Brewick  
Jennifer Chaffin  
University of Idaho |
|              | **GOLD BALLROOM** | *Advising High Risk and High Achieving Student-Athletes Within the Scope of NCAA Eligibility* | Jessica Atkins  
Biljana Jovanovska  
Cynthia Castro  
University of Idaho |
|              | **VANDAL BALLROOM** | *You’re the Peanut Butter to My Jelly: Integrating Career and Academic Advising* | Amanda Guccione  
Deanna Gonnelli  
Lethbridge College |
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<td>8:30a.m.—9:20a.m.</td>
<td><strong>Who Are You? Advising: Putting Your Theory to Practice</strong></td>
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<td>Research suggests that there is a relatively high consistency between</td>
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<td>an advisor’s stated philosophy of advising and the behaviors he or she</td>
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<td>actually utilizes (Daller, Creamer, and Creamer, 1997). How often do</td>
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<td>we advise students without knowing where our practice comes from? In</td>
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<td>this interactive workshop we will:</td>
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<td>• identify basic advising theories</td>
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<td>• explore appropriate student population use</td>
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<td>• and discover your advising outlook.</td>
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<td>This is intended for new advisors, those looking for a fresh perspective,</td>
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<td>and those looking to be excited about advising again. This will appeal</td>
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<td>to the visual, kinesthetic, and auditory learners.</td>
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<td>**Head-Heart-Hands: How University of Portland’s Mission Inspires</td>
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<td>Undeclared First Time Freshmen to Find an Academic Fit**</td>
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<td>The University of Portland is comprised of four professional schools</td>
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<td>and the College of Arts and Sciences. Emphasis is placed on declaring a</td>
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<td>field of study at the inception of the students’ academic career.</td>
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<td>Approximately 10% of first-year students arrive undeclared, with more</td>
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<td>who are declared but are unsure. The Shepard Academic Resource Center</td>
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<td>helps this at-risk group of students find their academic fit with goals</td>
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<td>to: develop relationships with peers, learn academic regulations, and</td>
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<td>provide ongoing exploration. We will review supportive literature, share</td>
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<td>our undeclared program components with emphasis on the peer interaction,</td>
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<td>and include recent applicable data.</td>
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<td>9:30a.m.—10:20a.m.</td>
<td><strong>VandalWeb and Other Web Resources</strong></td>
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<td><strong>Gen Z: Is It the End of Advising As We Know It?</strong></td>
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<td><strong>Establishing and Building a Culture of Peer Leaders</strong></td>
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**Presenters:**
- Andrew Brewick
- Kacy Pula
- University of Idaho
- Lexi Schaar
- Kristi Overfelt
- Charles Tibbals
- University of Idaho
- Shishona Turner
- University of Idaho
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<td>9:30 a.m.—10:20 a.m.</td>
<td>INT’L BALLROOM SOUTHEAST</td>
<td><em>Dear Diary: Documenting Your Advising Life Through Journaling</em></td>
<td>As academic advisors, we keep records of student appointments and achievements, and we document meetings with colleagues for future reference. But we rarely document our own thoughts and feelings or look for patterns in our lives. We can benefit from journaling to record how we feel about our advising experiences and how campus and world events affect our work. Learning to deal with our own emotions helps us build resilience against life’s challenges and prepares us to help students deal with their emotions. This interactive session will help advisors understand the health benefits of journaling and history of how people have documented their lives. We will discuss ways to begin the practice of keeping a journal and consider types of journals, including online journals, blogs, and book-style journals.</td>
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<td>Presenter:</td>
<td>Gwene Gaddis, Oregon State University</td>
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<td>INT’L BALLROOM SOUTHWEST</td>
<td><em>More than Just Grades: Helping Students Achieve Balance in the Pursuit of Competitive Career Fields</em></td>
<td>Students aspiring to enter competitive career fields can easily become overwhelmed by the level of preparation required to achieve their professional goals. Faced with daunting graduate program admissions standards, these students are often so focused on their quest for academic excellence that they may neglect other critical aspects of their personal and professional development. Using collaborative advising strategies, advisors can help guide students through the process of balancing their academic and professional development to ensure that they are well-rounded, competitive applicants.</td>
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<td>Presenter:</td>
<td>Liz Bryant, University of Idaho, Melissa Artstein-McNassar, Washington State University</td>
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| 10:30a.m.—11:20a.m. | BORAH THEATRE       | **Degree Audit Basics**  
**UI Track 3**                                                                 |
|               | Presenters:       | Andrew Brewick  
Lexi Schaar  
University of Idaho |
|               | Description:      | The student degree audit system is the most powerful and important tool. University of Idaho advisors and students have at their disposal. This session is designed to introduce new UI advisors to the basic information housed in a student’s degree audit. Additionally, the presenters will provide attendees with model language to use when teaching advisees how to access and interpret their own degree audit information. This presentation will be appropriate for new UI advisors and anyone wishing to get a refresher on the degree audit system. |
|               |                    |                                                                             |
|               | GOLD BALLROOM     | **Advising Multicultural Students and Advising for Cultural Competence and Literacy** |
|               | Presenters:       | Jesse Martinez  
Yolanda Bisbee  
Evalina Arevalos  
Jessica Samuels  
Maria Theresa Martinez  
University of Idaho |
|               | Description:      | As we know, there are many dimensions of diversity. We have help part forums, for example, for working with first generation students, with returning veterans, and other demographics of our student body. The increasing racial and ethnic diversity of our country, region, state and university requires us to have competences for this dimension of diversity. Also, all of our students need advising on courses and experiences that will increase their individual cognitive and other developmental growth --and increase the skill sets they bring to employers. This workshop will provide information about the identities and needs of our multicultural students, plus highlight an array of academic courses and co-curricular experiences you can share that will benefit all students as they shape their coursework for post-baccalaureate experiences, be it in the workplace or in pursuit of advanced degrees. |
|               |                    |                                                                             |
|               | VANDAL BALLROOM   | **Appointment Booking Apps: Not Just for Online Students** |
|               | Presenters:       | Stephanie Blair  
Portland State University |
<p>|               | Description:      | Online booking apps allow students to instantly arrange a one-on-one meeting with faculty and staff members. While these convenient apps benefit all students, they benefit online students, working students, and students with families in particular. This presentation focuses on the implementation of one such app at a large urban state university in the Pacific Northwest. See the tool in action, learn from our foibles, and gauge whether a tool like this might work for you. |</p>
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<td>INT’L BALLROOM SOUTHEAST</td>
<td><strong>Fostering Advisor Resilience through Simple Mindfulness Practices</strong></td>
<td>The practice of Mindfulness, defined by Jon Kabat-Zinn as “paying attention, on purpose, in the present moment, non-judgmentally,” is an inherent human capacity, cultivated throughout history. It has been demonstrated to support resilience and improve outcomes for those in high-stress environments, specifically in the medical and therapeutic fields. Similarly, mindfulness practice can support the well-being and resilience of the advisor in addition to improving advisor-student interaction. This presentation uses hands-on and theoretical approaches to explore how mindfulness can support and foster resilience among advisors in higher education by enhancing their own present-moment awareness both during and between advising sessions.</td>
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<td>INT’L BALLROOM SOUTHWEST</td>
<td><strong>Advising as Coaching: Strategies to Help Students Achieve Academic and Personal Success</strong></td>
<td>Advising as Coaching is the relationship where the coach challenges the student to set their academic goals in relation to their profession goals. Advisors/Coaches are able help student follow a process that will not only help identify his/her personal/professional goals, but teach him/her to make strategic choices to encourage accountability. Coaches must create a relationship that is supportive, challenging, and honest. In this session, we will talk how advising and coaching differ, who benefits from this coaching, and various models that have been created to enhance the coaching concept.</td>
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"Education is not the learning of facts, but the training of the mind to think." -Albert Einstein
11:30 a.m. — 12:15 p.m.

LUNCH BREAK

LUNCH BUFFET

Sponsored by the University of Idaho Vice Provost of Academic Affairs

Bruce Pitman Center Ballroom
KEYNOTE

"Modern Day Alchemy: Advising for Resiliency and Completion in Higher Education Today"

Jennifer Joslin, Ph.D.
Associate Director, NACADA

According to the Center for Education and the Workforce, higher education is increasingly linked to career prospects, education, and placement. Given that 99% of the 11.6 million new jobs created since the depth of the recession went to college-educated workers, degree completion is a civic good as well as a potentially transformative act that impacts a family for generations. How can faculty and full-time advisors nurture the resiliency necessary to meet completion goals? In this increasingly public policy-oriented environment, what steps does the field of advising need to take to advance from “curriculum scheduling” to comprehensive and holistic support for student success and degree completion?

Dr. Jennifer Joslin is a Past President of and current Associate Director for NACADA: The Global Community for Academic Advising. She is an educator, writer, and speaker who has consulted at higher education institutions in the United States, United Kingdom, and Australia. She recently edited, with Ms. Pat Folsom and Dr. Frank Yoder, The New Academic Advisor Guidebook: Mastering the Art of Academic Advising (2015). Jennifer also edited Academic Advising Administration: Essential Knowledge and Skills for the 21st Century (2011) with Dr. Nancy Markee (University of Nevada, Reno).

Prior to working at NACADA, Jennifer was the Director of the Office of Academic Advising at the University of Oregon, and was the Senior Associate Director for Training and Development at The University of Iowa. A native Californian, she earned her Masters and PhD from The University of Iowa in 2002.

Jennifer teaches graduate courses in the Kansas State University College of Education in the Department of Special Education, Counseling, and Student Affairs. She is a proud member of the Jane Austen Society of North America. Connect with her on Twitter (@jenniferejoslin) and online at http://about.me/jenniferjoslin.
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| 1:30p.m.—2:20p.m. | BORAH THEATRE | **Degree Audit Advanced UI Track 4**                                                   | **Presenters:** Andrew Brewick  
Rebecca Frost  
University of Idaho | **Once a UI advisor is comfortable with the basic layout and information of the degree audit program, there is a wealth of functionality buried within the tabs. This presentation will delve deeply into the more advanced aspects of the degree audit program, with special attention paid to: the What If function, the student Planner tab, and the importance of the Notes tab. This session is appropriate for new and seasoned UI advisors.** |
|              | GOLD BALLROOM             | **Reframing ‘At-Risk’: Fostering Community Cultural Wealth in Marginalized Students** | **Presenters:** Kyle Ross  
Eastern Washington University | **Framing a student as “at-risk” or using other negatively-charged words primes advisors to work with students from a deficit-based approach rather than strengths-based. In this interactive session, the presenter will facilitate a critical dialogue with participants to help identify institutional oppressive systems and how higher education jargon further works against the student. The presenter will provide an overview of Critical Race Theory and how that serves as a foundation to Yosso’s Cultural Wealth Model. Participants will practice identifying the Yosso’s six cultural capitals and learn how students can draw from these capitals to empower them to thrive in oppressive systems.** |
|              | VANDAL BALLROOM           | **Interactive Discovery: The Art of Uncovering True Potential**                       | **Presenters:** Shawna Bertlin  
Erin Doty  
University of Idaho | **“Be yourself”. We hear this all the time. We read it on Facebook, see it in movies, it’s even stitched on decorative pillows we take home and put on our couch. But what does it mean? In this presentation, we will explore together the art of uncovering true potential. We will share how our Model of Interactive Discovery empowers individuals to choose a new path or forge onward with renewed courage in academics and beyond. Participants will gain a greater understanding of the importance of self-discovery for individual success and how to apply it (personally and with students).** |
### 1:30p.m.—2:20p.m.

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<th>INT’L BALLROOM SOUTHEAST</th>
<th>Developing Resilience through the Unknown: The Journey through Change in the Workplace</th>
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<td><strong>Presenters:</strong></td>
<td>Brooke Whiting, Lisa Laughter&lt;br&gt;Washington State University</td>
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<td>Change. Whether expected or unexpected – the only constant in life is change. Come join this interactive and engaging session where two advisors share about their journeys through the dynamic changes in the workplace. We will share how we have developed resilience along the way and share our experience of how important it is to know that you are not alone. We will weave in our personal experiences and give practical tips on how to apply this to our work with our advisee’s in order to support their journey through college and beyond.</td>
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<th>INT’L BALLROOM SOUTHWEST</th>
<th>Cultivating Resiliency and Advocacy through a Storytelling Curriculum</th>
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<td><strong>Presenter:</strong></td>
<td>Ray Acuña-Luna&lt;br&gt;Washington State University</td>
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<td>Stories are the way to reach out to people and emotionally connect. They are what move us, make us feel alive, and inspire us. Our appetite for stories is a reflection of the basic human need to understand patterns of life — not merely as an intellectual exercise but as a personal, emotional experience. Academia becomes a colonizing space when student voices are silenced, and their dreams turn into somebody else’s dreams. Advisors will learn about the impact of storytelling in the development of resiliency and self-advocacy in students and how to implement it in career and college transition courses.</td>
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I encourage questions.<br>I engage students.<br>I support critical thought.<br>I boost spirits.<br>I inspire dreams.<br>I cultivate learning.<br><br>I ADVISE.
2:30 p.m.—3:30 p.m.

Advising Blitz
& Snack
International Ballroom, Bruce Pitman Center

Featuring:

Do We Practice What We Preach?
   Shishona Turner, University of Idaho

Advising Powers: My Mini-me and me!
   Josee Ward, College of Western Idaho

CSI’s Hybrid/Proactive Advising Model
   Catrina Chapple and Scott Lindquist, College of Southern Idaho

How I Cured My Advising Scheduling Headaches
   Erin Chapman, University of Idaho

Advising Improvs
   Shishona Turner and Andrew Brewick, University of Idaho

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THANK YOU...

For your generous support of our symposium!
The Symposium Committee would like to thank the following units at the University of Idaho for their generous support:

- Academic Support and Access Programs
- Career Center
- College of Agricultural and Life Sciences
- College of Art and Architecture
- College of Business and Economics
- College of Education
- College of Engineering
- College of Law
- College of Letters, Arts, and Social Sciences
- College of Natural Resources
- College of Science
- Department of Agricultural Economics and Rural Sociology
- Department of Animal and Veterinary Sciences
- Department of Fish and Wildlife Sciences
Department of History
Department of Mechanical Engineering
Department of Plant, Soil, and Entomological Sciences
Department of Politics and Philosophy
Disability Support Services
Honors Program
Margaret Ritchie School of Family and Consumer Sciences
Office of Admissions
Office of the President
Office of the Registrar
Staff Council
Student-Athlete Support Services
Student Support Services TRiO
Tutoring & College Success
UI/WSU Bi-State School of Food Science

THANK YOU
INSTITUTIONS REPRESENTED

Boise State University - Boise, ID
College of Southern Idaho - Twin Falls, ID
College of Western Idaho - Boise & Nampa, ID
Columbia Basin College - Pasco, WA
Eastern Washington University - Cheney, WA
Lethbridge College - Lethbridge, Alberta, Canada
Lewis-Clark State College - Lewiston, ID
Pierce College - Puyallup, WA
Portland State University - Portland, OR
Spokane Falls Community College - Spokane, WA
University of Idaho - Moscow, ID
Washington State University - Pullman, WA
Washington State University - Spokane, WA
Western Washington University - Bellingham, WA

THANK YOU FOR COMING!
Region 8 Missoula 2017 Conference Call for Proposals is open 
September 1 — January 12, 2017.

Region 8 welcomes all proposals related to academic advising and invite 
submissions from staff, faculty, and administrators. With this year’s theme of 
Moving Mountains, Maintaining Mindfulness they particularly encourage 
presentations that pertain to one or more of the following areas:

- Pioneering advising models and programs
- Mindful advising practices
- Advising to cultivate resilience and richer higher education experiences
- Advising special populations including but not limited to first-year, at-risk, 
  nontraditional, or online students

This is a wonderful professional development and networking opportunity. 
The conference will be held at the Holiday Inn Downtown in Missoula, 
Montana, April 10-12, 2017. Conference registration will open on October 1.

For more info please see: https://nacada8.wordpress.com/
MORE UPCOMING NACADA EVENTS

Upcoming Winter Events

*(all occur in Daytona Beach, FL)*

Assessment of Academic Advising Institute:

*February 2-4, 2017*

Winter Seminar: *February 6-7, 2017*

Academic Advising Administrators’ Institute:

*February 9-11, 2017*