# **CURRICULUM VITAE**

## University of Idaho

NAME: Burton, Damon Dee DATE: January 15, 2012

RANK OR TITLE: Professor of Physical Education

**DEPARTMENT AND CAMPUS ZIP:** Division of Health, Physical Education and Recreation, 2401

**OFFICE LOCATION:** 107 Physical Education Bldg. **OFFICE PHONE:** (208) 885-2186

DATE OF FIRST EMPLOYMENT AT UI: August 1, 1983

**DATE OF TENURE:** July 1, 1989

DATE OF PRESENT RANK OR TITLE: August 1, 1996

## **EDUCATION BEYOND HIGH SCHOOL:**

Doctor of Philosophy in Physical Education, 1983, University of Illinois, Urbana-Champaign. Major area: Sports Psychology.

Master of Science in Physical Education, October 1975, University of Wisconsin--Madison. Major area: Sports Psychology.

Bachelor of Science with a major in Physical Education, May 1972, Kansas State University, Manhattan, Kansas. Certification: Teaching of Physical Education, Grades 7-12.

Bachelor of Science with a major in Technical Journalism, December 1971, Kansas State University, Manhattan, Kansas.

## **EXPERIENCE:**

## **Teaching and Research Appointments:**

August 1996-present, Professor of Physical Education, University of Idaho.

August 1989-July 1996, Associate Professor of Physical Education, University of Idaho.

August 1983-July 1989, Assistant Professor of Physical Education, University of Idaho.

1982-83, Visiting Lecturer, Department of Physical Education, University of Illinois, Urbana-Champaign.

1982-83, Sports Psychologist, Athletic Association, University of Illinois, Urbana-Champaign.

1978-82, Research Assistant, Department of Physical Education, University of Illinois, Urbana-Champaign.

1975-78, Teacher and Head Basketball Coach, St. John High School, U.S.D. #350, St. John, Kansas.

1974-75, Research Assistant, USARIEM, U.S. Army Laboratory, Natick, Massachusetts.

1973-74, Research Assistant, Department of Physical Education, University of Wisconsin, Madison.

## **Non-Academic Employment:**

Editor, Ski Coach Magazine, Human Kinetics Publishers, Champaign, Illinois, 1982-83.

## **Consulting:**

Certified Sport Psychology Consultant, Association for the Advancement of Applied Sport Psychology Team Sport Psychologist U.S. Ski Jumping Team, 1980-87

U.S. Luge Team Consultant 1979-1981.

American Sport Education Program, 1979-present

USA Wrestling

U.S. Diving Talent Identification Committee, 1997-2007

Sport Psychology Consultant to U.S. Diving Talent Opportunity Program, 1994-1997

## SCHOLARSHIP ACCOMPLISHMENTS:

#### **Publications:**

#### **Books:**

Burton, D., & Raedeke, T. Sport psychology for coaches. Champaign, Illinois: Human Kinetics, 2008.

Martens, R., Vealey, R.S., & Burton, D. *Competitive anxiety in sport*. Champaign, Illinois: Human Kinetics, 1990.

## **Refereed Journals:**

- Burton, D., Gillham, A., Pickering, T., Weinberg, R.S., Yukelson, D., & Weigand, D. (in press). Goal setting styles: Examining the role of personality factors on the goal practices of prospective Olympic athletes. *Journal of Sport Behavior*.
- Burton, D., & Gillham, A. (in press). Exploring the potential of assessment efficacy in sports coaching: A commentary. *International Journal of Sport Science and Coaching*.
- Barnicle, S., Pollock, D., & Burton, D., Lee, A. (2012). Examining enjoyment and stress factors in golf: Comparing elite and recreational amateur golfers. *Journal of Applied Golf Research*, 10.
- Burton, D., Gillham, A., & Glenn, S. (2011). Motivational styles: Examining the impact of personality on the self-talk patterns of adolescent female soccer players. *Journal of Applied Sport Psychology*, 23, 413-428.
- Vidic, Z., & Burton, D. (2011). Developing effective leaders: Motivational correlates of leadership styles. *Journal of Applied Sport Psychology*, 23, 277-291.
- Burton, D., Gillham, A., Glenn, S., & Hammermeister, J. (2011). Competitive engineering: Structural modifications to enhance youth athletes' competitive experience. *International Journal of Sport Science and Coaching*, 201-217.
- Burton, D., Gilliam, A., O'Connell, K., Glenn, S., & Hammermeister, J. (2011). More cheers and fewer tears: Examining the impact of competitive engineering on scoring and attrition in flag football. *International Journal of Sport Science and Coaching*, 219-228.
- Vidic, Z., & Burton, D. (2010). The "roadmap:" The impact of a periodized goal-setting program on the motivation of collegiate women tennis players. *The Sport Psychologist*.
- Von Guenthner, S., Hammermeister, J., Burton, D., & Keller, L. (2010). Smoke and mirrors or wave of the future: Evaluating a periodized mental training program for elite cross country skiers. *Journal of Sport Behavior*, 33, 3-24.
- Burton, D., Pickering, M.A., Weinberg, R.S., Yukelson, D., & Weigand, D. (2010). The competitive goal effectiveness paradox revisited: Examining goal practices of Olympic caliber athletes. *Journal of Applied Sports Psychology*, 22, 72-86.
- Copeland, B., Bonnell, R.J., Reider, L., & Burton, D. (2009). Spawning sliding success: Evaluation of a PST program to enhance relaxation and cohesion in young luge athletes. *Journal of Sport Behavior*, 32, 344-360.

Burton, D. (2009). The goal trifecta: Three secrets to maximizing goal setting effectiveness. In J. Buceta (Ed.), *Celebrating 20 years of institute contributions to international sport and exercise psychology*. Publisher unknown.

- Burton, D., & Weiss, C. (2008). The fundamental goal concept: The path to process and performance success. In T. Horn (Ed.), *Advances in sport psychology* (3<sup>rd</sup> Ed, pp. 339-375). Champaign, IL: Human Kinetics.
- Holliday, B., Burton, D., Hammermeister, J., Naylor, S., Sun, G., & Freigang, D. (2008). Building the better mental training mousetrap: Is periodization a more systematic approach to promoting performance excellence? *Journal of Applied Sport Psychology*, 20, 199-219.
- Hammermeister, J., Burton, D., Pickering, M.A., Westre, K., Baldwin, N., & Chase, M. (2008).
  Servant leadership in sport: A concept whose time has arrived. *International Journal of Servant Leadership*, 4, 185-215.
- Hammermeister, J., & Burton, D. (2004). Gender differences in coping with endurance sport stress: Are men from Mars and women from Venus? *Journal of Sport Behavior*, 27, 148-163.
- Burton, D., & Naylor, S. (2002). The Jekyll/Hyde nature of goals revisited: Reviewing and updating goal setting in sport. In T. Horn (Ed.), *Advances in sport and exercise psychology*, (2<sup>nd</sup> ed., pp. ). Champaign, Illinois: Human Kinetics.
- Naylor, S., Burton, D., & Crocker, P.R.E. (2002). Competitive anxiety and sport performance. In J. Silva & D. Stevens (Eds.), *Psychological foundations of sport* (2<sup>nd</sup> ed., pp. 132-154). Boston: Allyn and Bacon.
- Burton, D., Naylor, S., & Holliday, B. (2001). Goal-setting in sport: Investigating the goal effectiveness paradox. In R. Singer and H. Hasenblas and C. Janelle (Eds.), *Handbook of sport psychology*, (2<sup>nd</sup> ed., pp. 497-528). New York: Wiley.
- Hammermeister, J., & Burton, D. (2001). Stress, appraisal, and coping revisited: Examining the antecedents of competitive state anxiety with endurance athletes. *The Sport Psychologist*, 15, 67-94.
- Weinberg, R.S., Burton, D., Yukelson, D. & Weigand, D. (2000). Perceived goal setting practices of Olympic athletes: An exploratory investigation. *The Sport Psychologist*, 14. 279-295.
- Burton, D., Weinberg, R.S., Yukelson, D., & Weigand, D. (1998). The goal effectiveness paradox in sport: Examining the goal practices of collegiate athletes. *The Sport Psychologist*, 12, 404-418.
- Burton, D. (1998). Measuring competitive state anxiety. In J. Duda (Ed.), *Advancements in sport and exercise psychology measurement* (pp. 302-358). Morgantown, WV: Fitness Information Technology.
- Pierce, B.E., & Burton, D. (1998). Scoring a perfect 10: Investigating the impact of goal setting styles on a goal setting program for female gymnasts. *The Sport Psychologist*, 12, 156-168.
- Burton, D., & Naylor, S. (1997). Is anxiety really facilitative? Reaction to the myth that cognitive anxiety always impairs sport performance. *Journal of Applied Sport Psychology*, 9, 295-302.
- Raedeke, T., & Burton, D. (1997). Personal investment perspective on leisure-time physical activity participation: Role of incentives, program compatibility and constraints. *Leisure Sciences*, <u>19</u>, 209-228.

Hammermeister, J., & Burton, D. (1995). Anxiety and the Ironman: Investigating the antecedents and consequences of endurance athletes' state of anxiety. *The Sport Psychologist*, <u>9</u>, 29-40.

- Burton, D., & Hammermeister, J. (1995). Sport-specific psychological inventories: The benefits and pitfalls of modifying instruments to more effectively "speak athletes' language." In W. Straub & K. Henschen (Eds.), *Sport psychology: An analysis of athlete behavior (2nd Ed.)*. Ithaca, NY: Mouvement Publications.
- Daw, J., & Burton, D. (1994). Evaluation of a comprehensive psychological skills training program for collegiate tennis players. *The Sport Psychologist*, <u>8</u>, 37-57.
- Burton, D. (1993). Goal setting in sport. In R.N. Singer, M. Murphey, & L.K. Tennant (Eds.), *Handbook on research in sport psychology*. New York: Macmillan.
- Weinberg, R.S., D. Burton, D. Yukelson, D., and D. Weigand. (1993). Goal setting in competitive sport: An exploratory investigation of practices of collegiate athletes. *The Sport Psychologist*, <u>7</u>, 275-288.
- Burton, D. (1992). The Jekyll/Hyde nature of goals: Reconceptualizing goal setting in sport. In T. Horn (Ed.), *Advances in sport psychology*. Champaign, IL: Human Kinetics.
- Burton, D. (1992). Why young wrestlers "hang up" their singlet: An exploratory investigation comparing two models of sport attrition. *Journal of Sport Behavior*, <u>15</u>, 209-226.
- Martens, R., Burton, D., Vealey, R., Bump, L, & Smith, D. (1990). Competitive State Anxiety Inventory--2. In R. Martens, R. S. Vealey, & D. Burton, *Competitive anxiety in sport*. Champaign, IL: Human Kinetics.
- Burton, D. (1990). Multimodal relaxation in sport. In G. Jones & L. Hardy (Eds.), *Stress and performance in sport*. London: Wiley.
- Burton, D., & Tannehill, D. (1989). Coaching Behaviors Observational Recording System (CBORS). In P. Darst, D. Zakrajsek, & V. Mancini (Eds.), *Analyzing physical education and sport instruction*, pp. 379-389. Champaign, IL: Human Kinetics.
- Burton, D. (1989). The impact of goal specificity and task complexity on basketball skill development. *The Sport Psychologist*, *3*, 34-47.
- Burton, D. (1989). Winning isn't everything: Examining the impact of performance goals on competitive cognitions and performance of collegiate swimmers. *The Sport Psychologist*, <u>3</u>, 105-132.
- Burton, D. (1988). The dropout dilemma in youth sports: Documenting the problem and identifying solutions. In R. Malina (Ed.), *Young Athletes: Biological, Psychological and Educational Perspectives.* (pp. 245-266). Champaign, IL. Human Kinetics.
- Burton, D. (1988). Do anxious swimmers swim slower?: Reexamining the elusive anxiety-performance relationship. *Journal of Sport and Exercise Psychology*, <u>10</u>, 45-61.
- Burton, D., & Martens, R. (1986). Pinned by their own goals: An exploratory investigation into why young athletes drop out of wrestling. *Journal of Sport Psychology*, <u>8</u>, 183-197.
- Martens, R., Burton, D., Rivkin, F, & Simon, J. (1980). Reliability and validity of the Competitive State Anxiety Inventory (CSAI). In C. Nadeau, G. Roberts, K. Newell, and W. Halliwell (Eds.), *Psychology of motor behavior and sport--1979*. Champaign, Illinois: Human Kinetics.

Martens, R., F. Rivkin, and D. Burton. (1980). Who predicts anxiety better: Coaches or athletes? In C. Nadeau, G. Roberts, K. Newell, and W. Halliwell (Eds.), *Psychology of motor behavior and sport--1979*. Champaign, Illinois: Human Kinetics.

#### Other Publications:

- Burton, D. PST Training Manual for the U.S. Ski Jumping Team. Unpublished manuscript, University of Idaho, 1985.
- Burton, D. How do you spell relief from coaching "burnout?" ACEP, IAHPERD Journal, Fall 1985.
- Burton, D., and D. Tannehill. *Training manual for the Coaching Behaviors Observational Recording System (CBORS)*. Unpublished manuscript, University of Idaho, 1985.
- Tannehill, D., and D. Burton. *CBORS audiovisual training module* (film). Moscow, Idaho: University of Idaho, 1985.
- Burton, D. Goal setting skill: A secret to success. Swimming World, 1984 (February), 11-16.
- Burton, D.D. Evaluation of goal setting training on selected cognitions and performance of collegiate swimmers. Unpublished doctoral dissertation, University of Illinois, Urbana-Champaign, 1983.
- Burton, D. Endophins: The natural "high." Ski Coach, 1983, 6 (February), 33-35.
- Burton, D. Don't just manage stress; Prevent it with effective goal setting. *Ski Coach*, 1983, <u>6</u> (May), 32-36.
- Burton, D. Psychological skills training for diving: Goal setting skills to improve self-confidence and performance. In D. Golden (ed.), *Proceedings of U.S. Diving Sports Science Seminar*, Indianapolis, IN: U.S. Diving, 1983.
- Burton, D. Selected issues in psychological skills training for the racquet sports. In J. Groppel (ed.), Proceedings of the Third International Symposium on Effective Teaching of Racquet Sports, 1982.
- Burton, D. *Goal Setting Training Manual for Collegiate Swimmers*. Unpublished manuscript, University of Illinois, 1982.
- Burton, D. Snooze for success: Tips for getting a good night's sleep. *Ski Coach*, 1982, 6 (November), 32-34.
- Burton, D.D. Specificity of pain responsivity, personality and endurance performance. Unpublished master's thesis, University of Wisconsin, 1975.

#### **Refereed Journals (currently scheduled or submitted):**

Burton, D., Gillham, A., & Glenn, S. (2011). The forgotten dimension of self-talk: Examining effectiveness profiles and patterns of adolescent soccer players. Under revisions for *International Journal of Sport Science and Coaching*.

Gillham, A., & Burton, D. (2011). Going beyond won-loss record in identifying successful coaches:

Development of the Coaching Success Questionnaire-2. Under revision for the *International Journal of Sport Science and Coaching.* (consists of 4 separate studies based on data collected from over 950 participants)

- Barnicle, S.P., Burton, D., & Lee, A.M. (2012) Relishing the round: Exploring enjoyment in amateur golfers. Manuscript submitted to *Journal of Applied Golf Research*.
- Barnicle, S.P., & Burton, D. (2012). Networking as a sport psychology doctoral student. Manuscript submitted to *Athletic Insight*.
- Gut, E., Burton, D. & Gillham, A. (2012). Competitive Motivational Styles Questionnaire: Development and Preliminary Validation. Submitted to the *The Sport Psychologist*. (~February submission).
- Hammermeister, J., Burton, D., von Guenthner, S., & Holliday, B. Developing "mental skills drill menus": An essential tool for enhancing periodized mental skills training success. Submitted to *The Sport Psychologist*.
- Pickering, M.A., & Burton, D. Relationships among perfectionism, optimism and competitive cognitions for elite junior divers: Measurement model validation and canonical analysis. Under revision for resubmission.
- Hammermeister, J., Burton, D. & Pickering, M.A. Overcoming "the wall:" A cognitive-motivational-relational examination of the antecedents of self-confidence among endurance performers. Under revision for resubmission.
- Sharples, P., & Burton, D. The impact of goal setting styles on the effectiveness of a goal setting training program for women's collegiate cross-country runners. Under revision for resubmission.

## **Professional Meeting Papers:**

- Haselhuhn, S., & Burton, D. *Creating consistent hitters: A mastery approach to developing collegiate players' confidence*. Annual meeting of the Association of Applied Sport Psychology (AASP), Atlanta, October 2012.
- Barnicle, S., & Burton, D. Examining enjoyment and stress factors in golf: Comparing elite and recreational amateur golfers. Annual meeting of the Association of Applied Sport Psychology (AASP), Atlanta, October 2012.
- Burton, D., Gillham, A., Hansen, K., Hammermeistr, J., Holliday, B., & Haselhuhn, S. *Coaching development: Diverse perspectives on a systematic approach to enhancing coach effectiveness*. Workshop presented at the annual meeting of the Association of Applied Sport Psychology (AASP), Atlanta, October 2012.
- Gut, E., Gillham, A., Burton, D., & Haverly, J. *Development and preliminary validation of the competitive Motivational Styles Questionnaire (CMSQ)*. Symposium presented at the annual meeting of the Association of Applied Sport Psychology (AASP), Atlanta, October 2012.
- Burton, D., Gillham, A., & Glenn, S. *Motivational styles: Examining the impact of personality on the self-talk patterns of adolescent female soccer players*. Annual meeting of the Association of Applied Sport Psychology (AASP). Honolulu, Hawaii, September 2011.

Burton, D. Discussant: Performance psychology science to practice. In J. Metzler (Chair), *Building and crossing the bridge between science and practice in performance psychology: Execution of evidence-based practice within the United States Army*. Annual meeting of the Association of Applied Sport Psychology (AASP). Honolulu, Hawaii, September 2011.

- Burton, D. CSQ-2: Future directions in research and practice. In A. Gillham & D. Burton (Chairs), Promoting coach effectiveness: Development and validation of the Coaching Success Questionnaire-2. Annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), Burlington, VT, June, 2011.
- Burton, D., & Gillham, A. Measuring coaching quality: Development and validation of the Coaching Success Questionnaire-2. In W. Gilbert (Chair), *Strategies for assessing quality in youth sport programs*. Annual meeting of the American Alliance for Health, Physical Education, Recreation, & Dance, San Diego, April, 2011.
- Burton, D., Hoar, S.D., Grindley, E., Knight, J., Evans, M.B., Pickering, M.A., & Link, C. *Competitive State Anxiety: Moving beyond Band-Aids to Solve Measurement Dilemma*. Annual meeting of the Association for Applied Sport Psychology, Providence, October 2010.
- Burton, D., Gillham, A., Pickering, T., Weinberg, R.S., Yukelson, D., & Weigand, D. *Goal Setting Styles: Examining the Role of Personality Factors on the Goal Practices of Prospective Olympic Athletes.* Annual meeting of the Association for Applied Sport Psychology, Providence, October 2010.
- Hoar, S.D., Burton, D., Grindley, E., Knight, J., Evans, M.B., Pickering, M.A., Link, C., & Reimer, J. Competitive State Anxiety: A Construct in Search of a New Measurement Model. Annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Tucson, June 2010.
- Burton, D. *Tools to engineer better sport experiences*. Keynote address, NASPE Sport Psychology Academy, at the annual meeting of the American Alliance for Health, Physical Education, Recreation and Dance, Indianapolis, March 2010.
- Burton, D. (Chair), Holliday, B., Hammermeister, J., Hansen, K., & Sky, S. *Periodizing mental skills training for volleyball: What we've learned and how to get started.* Annual meeting of the Association for Applied Sport Psychology, Salt Lake City, September 2009.
- Burton, D., & Ulmer, G. Intervention research review for sport and military populations. In C. Ohlson (Chair), *Army Centers for Enhanced Performance Development Symposium*. Annual meeting of the Association for Applied Sport Psychology, Salt Lake City, September 2009.
- Burton, D., Vernachia, R., & Grindley, E. *Roundtable on critical issues facing sport and exercise psychology*. Annual meeting of the Northwest Sport and Exercise Psychology Seminar, Bellingham, WA, April 2009.
- Burton, D. Leadership development: Practical implications and future directions. In G. South (Chair), Engineering a better leadership development climate: The role of assessment in enhancing our

- *next generation of leaders*. Annual meeting of the Association for Applied Sport Psychology, St. Louis, September 2008.
- Gillham, A., Burton, D., Hammermeister, J., & Glenn, S. *Maximizing cheers and minimizing tears:*Examining the impact of competitive engineering on motivation and attrition in flag football.

  Annual meeting of the Association for Applied Sport Psychology, St. Louis, September 2008.
- Gut, E., & Burton, D. *Psyched up or psyched out? Can a relaxation intervention decrease trait and state anxiety levels and increase performance?* Annual meeting of the Association for Applied Sport Psychology, St. Louis, September 2008.
- Burton, D., Gillham, A., Glenn, S., & Hammermeister, J. *Competitive engineering: How sport psychologists can promote more positive youth sport programs.* Annual meeting of the Association for Applied Sport Psychology, St. Louis, September 2008.
- Burton, D., Vidic, Z., Pickering, T., Weinberg, R.S., Yukelson, D., & Weigand, D. *Goal setting effectiveness: Relationships between goal practice profiles and the competitive cognitions and background variables of Olympic athletes.* Annual meeting of the Association for the Advancement of Applied Sport Psychology, Miami, September 2006.
- Burton, D., Vidic, Z., Pickering, T., Weinberg, R.S., Yukelson, D., & Weigand, D. Self talk effectiveness: Examining empirical relationships between three self-talk profiles and key competitive cognitions of female ODP soccer players. Annual meeting of the Association for the Advancement of Applied Sport Psychology, Miami, September 2006.
- Burton, D. *Periodization of mental training: Smoke and mirrors or wave of the future.* Annual meeting of the Northwest American College of Sports Medicine, Moscow, February 2005.
- Burton, D. *Career termination: How athletic trainers can prepare for the inevitable*. Annual meeting of the Idaho Athletic Trainers Association, Moscow, June 2005.
- Burton, D. (Chair). *Periodization of mental training: Smoke and mirrors or wave of the future*. Symposium presented at the annual meeting of the Association for the Advancement of Applied Sport Psychology, Vancouver, October 2005.
- Burton, D. Future directions in mental periodization research and practice. In D. Burton (Chair), *Periodization of mental training: Smoke and mirrors or wave of the future.* Symposium presented at the annual meeting of the Association for the Advancement of Applied Sport Psychology, Vancouver, October 2005.
- South, G., & Burton, D. *The roadmap: Examining the impact of periodization, and particularly goal term length, on the self-confidence of collegiate tennis players.* Annual meeting of the Association for the Advancement of Applied Sport Psychology, Vancouver, October 2005.
- Vidic, Z., & Burton, D. *The roadmap: The impact of a periodized goal-setting program on the motivation of collegiate women tennis players*. Annual meeting of the Association for the Advancement of Applied Sport Psychology, Vancouver, October 2005.
- Pickering, M., & Burton, D. Cross-validation of optimism, trait anxiety and trait perfectionism inventories with Junior Olympic divers. Annual meeting of the Association for the

- Advancement of Applied Sport Psychology, Vancouver, October 2005.
- Pickering, M., Burton, D., & Raedeke, T. *Toward development of the Coaching Success Questionnaire*. Annual meeting of the Association for the Advancement of Applied Sport Psychology, Vancouver, October 2005.
- Burton, D. *Life as a managed organization: State of AAASP address.* Past President's Luncheon Address at the annual meeting of the Association for the Advancement of Applied Sport Psychology, Minneapolis, September 2004.
- Burton, D. *Examining Imagery: How to enhance teaching and coaching*. Annual meeting of the Idaho Alliance of Health, Physical Education, Recreation and Dance, Moscow, October 2004.
- Burton, D. *If we build it, will they come? Sport psychology at a crossroads.* Keynote presentation at the annual meeting of the Northwest Student Sport and Exercise Psychology Conference, Portland, April 2003.
- Burton, D., Glenn, S., Calmeiro, L., Zenner, D., & Holliday, B. *Self-talk effectiveness: Examining the thought patterns of adolescent elite female soccer players*. Annual meeting of the Association for the Advancement of Applied Sport Psychology, Philadelphia, October 2003.
- Burton, D., Glenn, S., Calmeiro, L., & Holliday, B. *Examining relationships between elite female soccer players' self-talk patterns and key competitive cognitions*. Annual meeting of the Association for the Advancement of Applied Sport Psychology, Philadelphia, October 2003.
- Burton, D. (Chair). *Mental training basics: Gaining entry and selling your program*. Annual meeting of the Association for the Advancement of Applied Sport Psychology, Philadelphia, October 2003.
- Burton, D. Developing an entry plan: A systematic model for selling sport psychology. In D. Burton (Chair), *Mental training basics: Gaining entry and selling your program.* Annual meeting of the Association for the Advancement of Applied Sport Psychology, Philadelphia, October 2003.
- Burton, D. AAASP: Coming of Age? Presidential Address at the annual meeting of the Association for the Advancement of Applied Sport Psychology, Philadelphia, October 2003.
- Burton, D. *If you build it, will they come? American sport psychology at a crossroads*. Annual meeting of the Japanese Sport Psychology Society, Fukuoka, Japan, November 2002.
- Burton, D. Yes Lew! Anxiety always impairs performance: A stress approach to revising SCAT and the CSAI-2. Keynote presentation at the annual meeting of the Japanese Sport Psychology Society, Fukuoka, Japan, November 2002.
- Burton, D. The quick-and-dirty, no-hassle approach to AAASP certification. In D. Burton (Chair), *How to become an AAASP certified consultant*. Annual meeting of the Association for the Advancement of Applied Sport Psychology, Tucson, October 2002.
- Burton, D. Future directions in coping research. In P. Giacobbi (Chair), Contemporary stress and coping research in sport and exercise psychology: Where are we now and where do we want to go? Annual meeting of the Association for the Advancement of Applied Sport Psychology, Tucson, October 2002.
- Burton, D., & Calmeiro, L. Correlates of high versus low-sensation seeking among junior divers.

- Annual meeting of the Association for the Advancement of Applied Sport Psychology, Tucson, October 2002.
- Burton, D., Calmeiro, L., & Holliday, B. *Examining the relationships between perfectionism and motivational orientation and sport confidence*. Annual meeting of the Association for the Advancement of Applied Sport Psychology, Tucson, October 2002.
- Burton, D. Working through the coach: An integrated model of service provision to maximize mental training effectiveness. In E. Dunlap (Chair), *The coach as a service provider: The pros and cons of servicing your own team.* Annual meeting of the Association for the Advancement of Applied Sport Psychology, Orlando, October 2001.
- Burton, D. Determining performance cycles and peaking in the periodization of mental training. In D. Burton (Chair), *Secrets for developing and implementing periodized mental training programs*. Annual meeting of the Association for the Advancement of Applied Sport Psychology, Orlando, October 2001.
- Holliday, B., & Burton, D. Promoting periodization of mental training with coaches. In D. Burton (Chair), *Secrets for developing and implementing periodized mental training programs*. Annual meeting of the Association for the Advancement of Applied Sport Psychology, Orlando, October 2001.
- Naylor, S., & Burton, D. How to manipulate volume and intensity effects to enhance periodization of mental training. In D. Burton (Chair), Secrets for developing and implementing periodized mental training programs. Annual meeting of the Association for the Advancement of Applied Sport Psychology, Orlando, October 2001.
- Burton, D. What you need to know and how you can maximize your certification chances. In D. Burton (Chair), *How to make AAASP certification as painless as possible*. Annual meeting of the Association for the Advancement of Applied Sport Psychology, Orlando, October 2001.
- Hammermeister, J., & Burton, D. *Lazarus' model of emotion as a framework for examining the antecedents of competitive state self-confidence with endurance athletes*. Annual meeting of the Association for the Advancement of Applied Sport Psychology, Orlando, October 2001.
- Burton, D. Issues and future directions in periodization of mental training. In D. Burton (Chair), Periodization of Mental Training: Smoke and Mirrors or Wave of the Future. Annual meeting of the Association for the Advancement of Applied Sport Psychology, Nashville, October 2000.
- Holliday, B. & Burton, D. *Psychological momentum and coping: Shutting down the swing in volleyball*. Annual meeting of the Association for the Advancement of Applied Sport Psychology, Nashville, October 2000.
- Dieffenbach, K., & Burton, D. *Through swimmers' eyes: How athletes' perceptions of the coachathlete relationship impact motivation*. Annual meeting of the Association for the Advancement of Applied Sport Psychology, Banff, AB, September 1999.
- Burton, D., Weinberg, R.S., Yukelson, D., & Weigand, D. *The goal effectiveness paradox revisited:* Examining the goal practices of Olympic athletes. Annual meeting of the Association for the Advancement of Applied Sport Psychology, Banff, AB, September 1999.
- Burton, D. Collaborative research: A discussant's perspective. In M. Ewing (Chair), *Collaborative research: An experiential discussion*. Annual meeting of the Association for the Advancement

- of Applied Sport Psychology, Banff, AB, September 1999.
- Holliday, B., & Burton, D. *Combating resistance to weight training: Examining the impact of a comprehensive goal-setting program on strength training performance.* Annual meeting of the Association for the Advancement of Applied Sport Psychology, Banff, AB, September 1999.
- Burton, D. Developing a vision: Creative ways of focusing mental training. In D. Burton and K. Dieffenbach (Chairs), *Logbooks: Proven practical strategies to enhance mental training enjoyment and effectiveness*. Annual meeting of the Association for the Advancement of Applied Sport Psychology, Banff, AB, September 1999.
- Dieffenbach, K., & Burton, D. Performance profiling: Effective strategies to enhance self-awareness and facilitate goal-setting. In D. Burton and K. Dieffenbach (Chairs), *Logbooks: Proven practical strategies to enhance mental training enjoyment and effectiveness.* Annual meeting of the Association for the Advancement of Applied Sport Psychology, Banff, AB, September 1999.
- Burton, D. *Goal-setting: Current findings and practical implications*. National University of Madrid Second Annual Sport Psychology Conference, Madrid, Spain, June 1999.
- Burton, D. Developing an essential life skill: Goal-setting for young athletes and children in physical education classes. National University of Madrid Sixth Annual Summer Conference on Sport Psychology, San Lucar, Spain, June 1999.
- Burton, D. *Opti-Psych: What coaches need to know about arousal control.* Annual meeting of the Washington Alliance of Health, Physical Education, Recreation, and Dance, Yakima, October 1998.
- Burton, D. *Self talk: Strategies for development of healthy self-esteem.* Annual meeting of the Washington Alliance of Health, Physical Education, Recreation, and Dance, Yakima, October 1998.
- Burton, D., Dieffenbach, K., Holliday, B., & Naylor, S. Why smart talk and opti-psych work:

  Examining the impact of learning styles and component skills on program effectiveness. Annual meeting of the Association for the Advancement of Applied Sport Psychology, Cape Cod, Massachusetts, September 1998.
- Weinberg, R., Burton, D., Yukelson, D., & Weigand, D. *Goal setting practices of Olympic athletes: An exploratory investigation*. Annual meeting of the Association for the Advancement of Applied Sport Psychology, Cape Cod, Massachusetts, September 1998.
- Burton, D. (Chair). *Symposium: Logbooks: Their role in mental training success*. Annual meeting of the Association for the Advancement of Applied Sport Psychology, Cape Cod, Massachusetts, September 1998.
- Burton, D. Logbooks: Where do we go from here? In D. Burton (Chair), *Logbooks: Their role in mental training*. Annual meeting of the Association for the Advancement of Applied Sport Psychology, Cape Cod, Massachusetts, September 1998.
- Hoar, S., Crocker, P.R.E., & Burton, D. *Determining coping stability within and across competitive transactions in adolescent wrestlers*. Annual meeting of the North American Society for the Psychology of Sport and Physical Activity, St. Charles, Illinois, June 1998.
- Burton, D. Essentials in the consultant's bag of tricks: The role of goal setting and self talk in performance enhancement. Keynote at the annual meeting of the Northwest Student Sport and Exercise Psychology Symposium, Bellingham, Washington, May 1998.

Burton, D., Cardinal, B., Ebbeck, V., Templin, D., & Vernacchia, R. *Future of applied sport psychology*. Annual meeting of the Northwest Student Sport and Exercise Psychology Symposium, Bellingham, Washington, May 1998.

- Yukelson, D., Finch, L., Weinberg, R.S., Burton, D., & Weigand, D. *Goal setting practices of collegiate athletes: A qualitative investigation.* Annual meeting of the Association for the Advancement of Applied Sport Psychology, San Diego, California, September 1997.
- Burton, D., Ludlum, K., & Dieffenbach, K. *Can Pygmalion survive in collegiate sport? Examining the self-fulfilling prophecy in collegiate volleyball*. Annual meeting of the Association for the Advancement of Applied Sport Psychology, San Diego, California, September 1997.
- Hoar, S., & Burton, D. Dealing with takedowns and reversals: Coping with changing appraisal patterns across high school wrestling competitions. In P. Crocker and D. Burton (Chairs), *Understanding coping behavior in sport and exercise*. Annual meeting of the Association for the Advancement of Applied Sport Psychology, Williamsburg, Virginia, October 1996.
- Mott, C., & Burton, D. Riding the edge: Impact of temporal, appraisal and gender factors on coping patterns of competitive Alpine skiers. In P. Crocker and D. Burton (Chairs), *Understanding coping behavior in sport and exercise*. Annual meeting of the Association for the Advancement of Applied Sport Psychology, Williamsburg, Virginia, October 1996.
- Burton, D. Issues and future directions in coping research. In P. Crocker and D. Burton (Chairs), *Understanding coping behavior in sport and exercise*. Annual meeting of the Association for the Advancement of Applied Sport Psychology, Williamsburg, Virginia, October 1996.
- Burton, D. *Imagery: A sport psych strategy to enhance enjoyment, skill development and performance in the classroom and competitive arena*. Annual meeting of the Idaho Alliance of Health, Physical Education, Recreation, and Dance, Moscow, October 1996.
- Hoar, S., & Burton, D. Coping as an antecedent of competitive anxiety: An example of coping research. In P. Crocker and D. Burton (Chairs), *Coping in physical activity and sport*. Annual meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Vancouver, British Columbia, October 1995.
- Mott, C., & Burton, D. Practical implications for coaches and practitioners. In P. Crocker and D. Burton (Chairs), *Coping in physical activity and sport*. Annual meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Vancouver, British Columbia, October 1995.
- Burton, D. Issues and future directions in coping research. In P. Crocker and D. Burton (Chairs), *Coping in physical activity and sport.* Annual meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Vancouver, British Columbia, October 1995
- Burton, D., Hoar, S., Mott, C., Quinnett, B., Rudd, A., & Hoban, Z. *Impact of mastery and coping imagery on efficacy and performance on a basketball shooting task*. Presented at the annual meeting of Association for the Advancement of Applied Sport Psychology, New Orleans, Louisiana, September 1995.
- Gaskill, S., Burton, D., & Goc-Karp, G. *The role of parents in the sport involvement of children: A qualitative approach.* Presented at the annual meeting of the Association for the Advancement of Applied Sport Psychology, New Orleans, Louisiana, September 1995.
- Burton, D. Mental training for peak performance: A tutorial course designed to implement psychological skills training with collegiate athletes. In N. Widmeyer (Chair), *Teaching*

strategies and courses in sport psychology. Presented at the annual meeting of the Association for the Advancement of Applied Sport Psychology, New Orleans, Louisiana, September 1995.

- Burton, D., Hansen, K., Gaskill, S., & Hammermeister, J. Stability and impact of motivation orientation on critical incident performance in collegiate volleyball matches. Presented at annual meeting of North American Society for Psychology of Sport and Physical Activity, Asilomar, California, June 1995.
- Burton, D. Stability and impact of motivation orientation on competitive cognitions and performance of collegiate volleyball players. Presented at annual meeting of North American Society for Psychology of Sport and Physical Activity, Asilomar, California, June 1995.
- Burton, D. *Self talk: Defeating the paralysis by analysis syndrome*. Presented at annual meeting of USM Sport Psychology Institute, University of Southern Maine, Portland, Maine, June 1995.
- Burton, D. *Psych up versus psych out: Arousal control strategies in sport*. Presented at the annual meeting of USM Sport Psychology Institute, University of Southern Maine, Portland, Maine, June 1995.
- Burton, D. (a) Goal setting: The key to performance enhancement, (b) Self talk: The ultimate self-coaching strategy, and (c) Mental toughness: Playing your best by planning for every eventuality. In J. Potgieter (Chair), *Sport psychology for peak performance*. Invited lecture series at University of Stellenbosch, South Africa, March 1995.
- Burton, D. (a) Peak performance made simple: Goal setting to enhance motivation and performance, (b) Developing mental toughness by planning for every eventuality, and (c) Arousal control strategies: Fewer hassles and greater effectiveness. In J. Potgieter (Chair), *Sport psychology for peak performance*. Invited lecture series at University of Pretoria, South Africa, March 1995.
- Burton, D. (a) Using arousal control strategies to create and sustain flow, (b) Self talk strategies for reducing stress and enhancing performance, and (c) Planning for every eventuality: Developing mental toughness for peak performance. In J. Potgieter (Chair), *Sport psychology for peak performance*. Invited lecture series at University of Port Elizabeth, South Africa, March 1995.
- Burton, D. Arousal control for ruby officials: How to minimize stress and create optimal performance. Presented at annual meeting of South African Rugby Officials Union, George, South Africa, March 1995.
- Burton, D. Teaching coaches to become sport psychologists. In D. Burton (Chair), *Unlocking your athletes potential: Mental training strategies for combating common psychological problems.*Presented at annual meeting of American Alliance of Health, Physical Education, Recreation and Dance, Denver, April 1994.
- Burton, D., & Curry, L. *Goal setting made simple: Greater success with fewer hassles*. Presented at annual meeting of American Alliance for Health, Physical Education, Recreation and Dance, Denver, April 1994.
- Burton, D. *Mental toughness: Strategies to maintain focus and emotional control.* Presented at annual meeting of American Alliance for Health, Physical Education, Recreation and Dance, Denver, April 1994.
- Burton, D., Weinberg, R.S., Yukelson, D., & Weigand, D. *Back to basics: Surveying collegiate athletes to identify effective goal setting practices.* Presented at the annual meeting of the Association for the Advancement of Applied Sport Psychology, Montreal, October 1993.
- Burton, D., Antshel, K.M., Hardy, C., & Hichkad, N. The effect of goals on social loafing. Presented at

- the annual meeting of the Association for the Advancement of Applied Sport Psychology, Montreal, October 1993.
- Hammermeister, J., & Burton, D. *Does anxiety reduce the limits of human endurance? Perceived threat, control, and coping resources as antecedents of competitive anxiety.* Presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Brainerd, Minnesota, June 1993.
- Hammermeister, J., & Burton, D. Anxiety and the Ironman: Testing the anxiety-performance hypothesis and age, gender, and sport-type differences among anxiety levels of endurance athletes. Presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Brainerd, Minnesota, June 1993.
- Burton, D., & Raedeke, T. *Identifying successful coaches: The development and initial validation of the Coaching Success Questionnaire (CSQ)*. Presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Brainerd, Minnesota, June 1993.
- Burton, D., O'Connell, K., & Hammermeister, J. Environmental engineering in youth sports: The impact of rule modification on enjoyment and development of youth football players. Presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Brainerd, Minnesota, June 1993.
- Burton, D. Environmental engineering strategies for enhancing self-esteem in young athletes. In W. Stream and D. Treasure (Chairs), *Meeting the developmental needs of children and adolescents in physical education and sport.* Presented at the annual meeting of the American Alliance for Health, Physical Education, Recreation, and Dance, Washington, D.C., March 1993.
- Yukelson, D., Weigand, D., Burton, D., & Weinberg, R.S. *Goal setting in competitive sport: Interviews with collegiate athletes.* Annual meeting of the Association for the Advancement of Applied Sport Psychology, Colorado Springs, Colorado, October 1992.
- Burton, D., Sharples, P., & Pierce, B.E. Measurement of goal setting styles: Inherent problems with and potential solutions for developing a valid field measure. Annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Pittsburgh, Pennsylvania, June 1992.
- Sharples, P.A., & Burton, D. *The impact of goal setting styles on the effectiveness of a goal setting training program for women's collegiate cross-country runners*. Annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Pittsburgh, Pennsylvania, June 1992.
- Burton, D. The impact of self-esteem, goal setting styles, and task complexity on goal difficulty preferences of basketball students. Annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Pittsburgh, Pennsylvania, June 1992.
- Burton, D. Toward a personal investment model of exercise adherence: A replication and extension employing updated instrumentation. Annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Pittsburgh, Pennsylvania, June 1992.
- Weinberg, R.S., Burton, D., Yukelson, D., & Weigand, D. *Goal setting in competitive sport: An athlete's perspective*. Annual meeting of the Association for the Advancement of Applied Sport Psychology, Savannah, Georgia, October 1991.
- Daw, J., & Burton, D. Evaluation of a comprehensive psychological skills training program for

- collegiate tennis players. Annual meeting of the Association for the Advancement of Applied Sport Psychology, Savannah, Georgia, October 1991.
- Pierce, B.E., Burton, D., & Raedeke, T. *Examining age and gender differences in adult exercise behavior: A personal investment perspective.* Annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Asilomar, California, June 1991.
- Burton, D. *Goal setting for coaches*. Annual meeting of the Northwest District of the American Alliance of Health, Physical Education, Recreation, and Dance, Spokane, Washington, March 1991.
- Williams-Rice, B.T., & Burton, D. After the final season: Cognitive appraisal and coping during collegiate football retirement. Presented Annual Meeting of the Association for the Advancement of Applied Sport Psychology, San Antonio, Texas, September 1990.
- Raedeke, T., & Burton, D. Operationalizing personal investment theory for the exercise setting: Exercise incentives, perceived options, and physical activity patterns of wellness program participants. Annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Houston, May 1990.
- Daw, J., & Burton, D. *Preventing self-regulatory failure in psychological skills training: Research and implementation issues.* Annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Houston, Texas, May 1990.
- Raedeke, T.D. & Burton, D. *The role of incentives and barriers in exercise adherence research: A review*. Annual meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Victoria, British Columbia, October 1989.
- Burton, D., Daw, J., Williams-Rice, B.T., & Phillips, D. *Goal setting styles: The influence of self-esteem on goal difficulty preferences.* Annual meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Victoria, British Columbia, October 1989.
- Burton, D., Raedeke, T. & Carroll, E. Exercise goals, perceived barriers, and activity patterns of adult exercisers with differential athletic participation backgrounds. Annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Kent, Ohio, June 1989.
- Burton, D., Williams-Rice, B.T., Phillips, D., & Daw, J. *The impact of goal difficulty and task complexity on basketball skill development*. Annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Kent, Ohio, June 1989.
- Burton, D., Daw, J., Phillips, D. & Williams-Rice, B.T. Why athletes choke? The role of the coach as an antecedent of competitive trait anxiety. Annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Kent, Ohio, June 1989.
- Burton, D. How coaches can enhance the enjoyment and motivation of young athletes. In M. Ewing (Chair), *Enhancing Motivation: Creating Success-Oriented Young Athletes*. Symposium accepted for presentation at the annual meeting of the American Alliance of Health, Physical Education, Recreation and Dance, Kansas City, Missouri, April 1988.
- Burton, D. Competitive state anxiety: Use and interpretation of the Competitive State Anxiety Inventory-2 (CSAI-2). In R. Vealey (chair), *Theory, Research, and Measurement in Competitive Anxiety: Review. Current Status, and New Directions.* Symposium accepted for presentation at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Knoxville, Tennessee, June 1988.
- Burton, D. What the sport psychology books don't tell you about psychological skills training. In D.

- Gould (Chair), *Psychological Skills Training for Athletes*. Workshop accepted for presentation at the annual meeting of the American Alliance of Health, Physical Education, Recreation and Dance, Kansas City, Missouri, April 1988.
- Burton, D. Integrating Psychological Skills Training (PST) into a periodized training program. In G. Dirkin (Chair), *Periodized Training Models: Implications for the Sport Psychologist*. Symposium presented at the annual meeting of the Association for the Advancement of Applied Sport Psychology, Newport Beach, California, September 1987.
- Burton, D. *Do anxious swimmers swim slower? Documenting the anxiety-performance relationship through more conceptually explicit and sensitive instrumentation.* Annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Vancouver, British Columbia, June 1987.
- Burton, D. *The impact of task complexity on the effectiveness of specific versus general goal setting strategies*. Annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Vancouver, British Columbia, June 1987.
- Burton, D. ACEP evaluation model and study design. In D. Burton (chair), *Developing Better Youth Sport Coaches: An Evaluation of the American Coaching Effectiveness Program (ACEP)*. Symposium presented at the annual meeting of the American Alliance of Health, Physical Education, Recreation and Dance, Las Vegas, Nevada, April 1987.
- Burton, D. Evaluation of ACEP training on knowledge and attitudes of youth basketball coaches. In D. Burton (chair), *Developing Better Youth Sport Coaches: An Evaluation of the American Coaching Effectiveness Program (ACEP)*. Symposium presented at the annual meeting of the American Alliance of Health, Physical Education, Recreation and Dance, Las Vegas, Nevada, April 1987.
- Burton, D. Evaluation of ACEP Level 1 training on coaches' and players' evaluative reactions. In D. Burton (chair), *Developing Better Youth Sport Coaches: An Evaluation of the American Coaching Effectiveness Program (ACEP)*. Symposium presented at the annual meeting of the American Alliance of Health, Physical Education, Recreation and Dance, Las Vegas, Nevada, April 1987.
- Burton, D. Evaluation of goal setting training on cognitions and performance of collegiate basketball players. Annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Scottsdale, Arizona, June 1986.
- Burton, D. *The "performance" key to swimming faster: A field test of Nicholls' motivational model.*Annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Gulfport, Mississippi, May 1985.
- Burton, D. Specific applications of cognitive strategies for the development of self-confidence in swimming and track and field. In L. Bunker (chair), *Applications of cognitive strategies in the development of self-confidence in elite athletes*. Symposium at the annual meeting of the American Alliance of Health, Physical Education, Recreation and Dance, Atlanta, Georgia, April 1985.
- Burton, D. *Pinned by their own goals: An exploratory investigation into the role of perceived ability in why kids drop out of wrestling.* Annual meeting of the American Alliance of Health, Physical Education, Recreation and Dance, Atlanta, Georgia, April 1985.
- Burton. D. Techniques and strategies for enhancing acquisition and practice of goal setting training. In R. Martens (chair), *Teaching psychological skills to athletes*. Symposium at the annual meeting of the North American Society for Psychology of Sport and Physical Activity, in conjunction

- with the Olympic Scientific Congress, Eugene, Oregon, July 1984.
- Burton, D. A sport psychology clinic: Developing imagery skills in athletes. Olympic Scientific Congress, Eugene, Oregon, July 1984.
- Burton, D. Effects of goal setting training on motivation, self-confidence and performance of collegiate swimmers. Annual meeting of the North American Society for Psychology of Sport and Physical Activity, East Lansing, Michigan, May 1983.
- Burton, D. Competitive anxiety theory: Cognitive and Somatic dimensions. In R. Martens (chair), Competitive Anxiety: Cognitive and Somatic dimensions. Symposium at the annual meeting of the North American Society for Psychology of Sport and Physical Activity, College Park, Maryland, May 1982.
- Burton, D. *Reliability and validity of the Competitive State Anxiety Inventory (CSAI)*. Meeting of the International Congress on Physical Education, Trois-Rivieres, Quebec, Canada, June 1979.

## **Other Presentations:**

- Burton, D. Concentration: Staying Focused When the Pressure Is On. WSU Cougar Coaches' Brown Bag Seminars, April 2003.
- Burton, D. Helping Athletes Get Optimally Aroused: Psyching Up Without Psyching Out. WSU Cougar Coaches' Brown Bag Seminars, March 2003.
- Burton, D. Imagery: What You See Is What You Get. WSU Cougar Coaches' Brown Bag Seminars, March 2003.
- Burton, D. Flow: Helping Athletes Play in the Zone. WSU Cougar Coaches' Brown Bag Seminars, March 2003.
- Burton, D. Boosting Player and Team Confidence. WSU Cougar Coaches' Brown Bag Seminars, March 2003.
- Burton, D. NFICEP Coaches' Education Course, Moscow, March 2003.
- Burton, D. Mental toughness: Planning for every contingency. WSU Cougar Coaches' Brown Bag Seminars, February 2003.
- Burton, D. Small-sided games: How beneficial is competitive engineering for youth soccer. Annual Conference of Utah Youth Soccer Association, Salt Lake City, January 2003.
- Burton, D. Finding the ultimate player within you: Mental training for soccer success. Annual Conference of Utah Youth Soccer Association, Salt Lake City, January 2003.
- Burton, D. Getting your head into the game: Mental training basics or young soccer players. Annual Conference of Utah Youth Soccer Association, Salt Lake City, January 2003.
- Burton, D. Overcoming frustration: Teaching athletes to handle mistakes and criticism. WSU Cougar Coaches' Brown Bag Seminars, December 2002.
- Burton, D. Filling the leadership void: Developing effective team leaders. WSU Cougar Coaches'

- Brown Bag Seminars, November 2002.
- Burton, D. Rising to the occasion: Playing your best in major competitions. WSU Cougar Coaches' Brown Bag Seminars, October 2002.
- Burton, D. NFICEP Coaches' Education Course, Moscow, October 2002.
- Burton, D. NFICEP Coaches' Education Course, Moscow, August 2002.
- Burton, D. Self talk: Soccer's secret to poise, confidence and mental toughness. Olympic Development Program for Soccer, 1985 Regional Pool Players, July 2002.
- Burton, D. Mental toughness: Playing your best in the face of adversity. Olympic Development Program for Soccer, 1985 Select Team, July 2002.
- Burton, D. Self talk: Soccer's secret to poise, confidence and mental toughness-2. Olympic Development Program for Soccer, 1986 Regional Pool Players, July 2002.

- Burton, D. Mental toughness: Playing your best in the face of adversity-2. Olympic Development Program for Soccer, 1986 Select Team, July 2002.
- Burton, D. Self talk: Reprogramming your thoughts to ensure success. Olympic Development Program for Soccer, 1987 Regional Pool Players, July 2002.
- Burton, D. Mental toughness: Relaxing and managing stress in pressure-packed competitionsy. Olympic Development Program for Soccer, 1987 Select Team, July 2002.
- Burton, D. Self talk: Reprogramming your thoughts to ensure success-2. Olympic Development Program for Soccer, 1988 Regional Pool Players, July 2002.
- Burton, D. Mental toughness: Relaxing and managing stress in pressure-packed competitions-2. Olympic Development Program for Soccer, 1988 Select Team, July 2002.
- Burton, D. NFICEP Coaches' Education Course, Moscow, April 2002.
- Burton, D. NFICEP Coaches' Education Course, Moscow, March 2002.
- Burton, D. Overcoming failure: The champion's edge. WSU Women's Swimming Team, February 2002.
- Burton, D. NFICEP Coaches' Education Course, Moscow, December 2001.
- Burton, D. Team stress: Does it create a collective choke? WSU Women's Swimming Team, December 2001.
- Burton, D., Holliday, B., & Zenner, D. Cultivating confidence: The mental edge that ensures optimal sport success. UI Vandal Coaches' Mental Training Workshop, November 2001.
- Zenner, D., Burton, D., & Holliday, B. Motivational styles: How they impact sport performance. UI Vandal Coaches' Mental Training Workshop, November 2001.

Burton, D. Personal research tracts: Understanding motivation and stress/anxiety. ED 582: Research Methods in Education class, November 2001.

- Burton, D. Cultivating confidence: The mental edge that ensures optimal swimming success. WSU Women's Swimming Team, October 2001.
- Holliday, B., Burton, D. & Zenner, D. Setting effective goals to enhance collegiate performance. UI Vandal Coaches' Mental Training Workshop, October 2001.
- Burton, D. NFICEP Coaches' Education Course, Moscow, October 2001.
- Burton, D. NFICEP Coaches' Education Course, Moscow, March 2001.
- Dunlap, E., Burton, D., & Holliday, B. Motivating the collegiate athlete. UI Vandal Coaches' Mental Training Workshop, December 2000.
- Holliday, B., Burton, D. & Dunlap, E. Stress management: Eliminating the choke from collegiate athletics. UI Vandal Coaches' Mental Training Workshop, December 2000.

- Burton, D. NFICEP Coaches' Education Course, Moscow, June 2000
- Burton, D. AAASP Certification Issues and Their Impact on Sport Psychology Graduate Students. Northwest Students Sport and Exercise Psychology Conference, Moscow, Idaho, April 2000.
- Burton, D. NFICEP Coaches' Education Course, Moscow, March 2000
- Burton, D. Team Building for Basketball: Team Values and Problem Solving to Enhance Team Cohesion. Moscow High School Boys' Basketball Team Workshop, February 2000.
- Burton, D. Enhancing Consulting Skills in Sport Psychology Professionals. Saskatchewan Sport Psychology Consultants' Consortium Personal Development Workshop, October 1999.
- Burton, D. An Individual and Team Values Approach to Team Building. Pullman High School Girls' Volleyball Team Workshop, October 1999.
- Burton, D. & Naylor, S. Effective Mental Preparation for Collegiate Football: Getting Yourself "Psyched Up" to Play Your Best. Vandal Football Team Workshop, August 1999.
- Burton, D. NFICEP Coaches' Education Course, Moscow, August 1999
- Burton, D. NFICEP Coaches' Education Course, Moscow, June 1999
- Burton, D. NFICEP Coaches' Education Course, Moscow, March 1999
- Burton, D. & Naylor, S. An Individual and Team Values Approach to Team Building. Vandal Women's Tennis Team Workshop, November 1998.
- Burton, D. NFICEP Coaches' Education Course, Moscow, November 1998
- Burton, D. & Naylor, S. An Individual and Team Values Approach to Team Building. Vandal Men's Tennis Team Workshop, October 1998.
- Burton, D. NFICEP Coaches' Education Course, Moscow, June 1998.

- Burton, D. NFICEP Coaches' Education Course, Moscow, August 1998
- Burton, D. & Naylor, S. Imagery and It's Role in Mental Preparation for Collegiate Football. Vandal Football Team Workshop, August 1998.
- Naylor, S., & Burton, D. Team cohesion and unity. UI Vandal Coaches' Mental Training Workshop, April 1998.
- Naylor, S. & Burton, D. Coach/athlete communication. UI Vandal Coaches' Mental Training Workshop, April 1998.
- Naylor, S., & Burton, D.. Incorporating imagery into practice and competition. UI Vandal Coaches' Mental Training Workshop, April 1998.
- Naylor, S., & Burton, D. Effective goal-setting programs. UI Vandal Coaches' Mental Training Workshop, April 1998.
- Burton, D. NFICEP Coaches' Education Course, Moscow, March 1998.

- Naylor, S., & Burton, D. Motivation and mental preparation for practice. UI Vandal Coaches' Mental Training Workshop, March 1998.
- Burton, D. Mental advantage in tennis: Developing goal setting skills to boost confidence and motivation. UI Tennis Coaches' Clinic, January 1998.
- Burton, D. Reining in your stress: Self talk skills to enhance riding performance. Palouse Empire Equestrian Team, Moscow, January 1998.
- Burton, D. NFICEP Coaches' Education Course, Moscow, October 1997.
- Burton, D. NFICEP Coaches' Education Course, Moscow, August 1997.
- Burton, D. NFICEP Coaches' Education Course, Moscow, June 1997.
- Burton, D. Competition: Is it really the foundation of American free enterprise. Moscow Junior High School Future Problem Solvers, Moscow, April 1997.
- Burton, D., & Quinnett, B. Mental preparation skills for basketball: Goal setting and imagery. Moscow Sixth Grade AAU Basketball Team, Moscow, March 1997.
- Burton, D. Self talk: A performance enhancement strategy that works in high school tennis. UI Tennis Coaches' Clinic, Moscow, February 1997.
- Burton, D. Mental preparation skills for spiking and digging success. UI Volleyball Team, Moscow, February 1997.
- Burton, D. NFICEP Coaches' Education Course, Moscow, November 1996.
- Burton, D. Mental preparation skills to promote optimal football performance. UI Football Team, Moscow, September 1996.
- Burton, D. Mental preparation to run the race of your life. UI Cross Country Team, Moscow, September 1996.

- Burton, D. NFICEP Coaches' Education Course, Moscow, August 1996.
- Burton, D. NFICEP Coaches' Education Course, Moscow, June 1996.
- Burton, D. Developing mental skills for women's basketball. UI Women's Basketball Team, Moscow, April-May 1996.
- Burton, D. NFICEP Coaches' Education Course, Moscow, March 1996.
- Burton, D. Goal setting for high school tennis. UI Tennis Coaches' Clinic, Moscow, February 1996.
- Burton, D. NFICEP Coaches' Education Course, Moscow, November 1995.
- Burton, D. NFICEP Coaches' Education Course, Moscow, August 1995.
- Burton, D. NFICEP Coaches' Education Course, Moscow, June 1995.
- Burton, D. Research trends in sport psychology, University of Stellenbosch, South Africa, March 1995.

- Burton, D. How rugby coaches can use sport psychology with their teams. Cape Town, South Africa, March 1995.
- Burton, D., & Kinziger, M.. NFICEP Coaches' Education Course, Wallace, February 1995.
- Burton, D. Motivating today's student: A proactive approach to the pursuit of excellence in the classroom, Lewiston High School, October 1994.
- Burton, D., & Marten, D. NFICEP Coaches' Education Course, Moscow, October 1994.
- Burton, D., & Hammermeister, J. NFICEP Coaches' Education Course, Moscow, June 1994.
- Burton, D., & Stoff, S. Imagery Development Workshop, Moscow, November 1993.
- Burton, D., & Marten, D., NFICEP Coaching Education Clinic, Moscow, October 1993.
- Burton, D., & Marten, D. NFICEP Coaching Education Clinic, Moscow, June 1993.
- Burton, D. Mental Training for Age-Group Swimming, Moscow, June 1993.
- Burton, D. ACEP Rookie Coaching Education Program, Genesee, Idaho, November 1992.
- Burton, D., & Marten, D., NFICEP Coaching Education Clinic, Sandpoint, October 1992.
- Burton, D., & Marten, D. NFICEP Coaching Education Clinic, Moscow, June 1992.
- Burton, D. Adjusting your psych level: Recent developments in arousal-performance theory. Annual University of Southern Maine Sport Psychology Institute, Portland, Maine, June 1992.
- Burton, D. Self talk: The secret to managing stress. Annual meeting of the Idaho Association for Health, Physical Education, Recreation, and Dance, Caldwell, October 1991.
- Burton, D., & Marten, D.. NFICEP Coaching Education Clinic, Coeur d'Alene, September 1991.

- Burton, D., & Marten, D. NFICEP Coaching Education Clinic, Moscow, June 1991.
- Burton, D. Better coaches, better sports, better youth! University of Utah Sports Medicine Seminar, Salt Lake City, April 1991.
- Burton, D. Enhancing self-concept through sports. University of Utah Sports Medicine Seminar, Salt Lake City, April 1991.
- Burton, D. Imagery in Sport. University of Utah Sports Medicine Seminar, Salt Lake City, April 1991.
- Burton, D. Is graduate school for you? Inland Empire Young Physical Educators Conference, Spokane, March 1991.
- Burton, D., Pierce, B.E., & Sharples, P. Parenting and coaching young athletes. UI Continuing Education Workshop, March 1991.
- Burton, D. Sport psychology for the teenage athlete. UI Continuing Education Workshop, October 1990.

- Burton, D. Goal setting: A crash course for teachers and coaches. Annual meeting of Idaho Alliance for Health, Physical Education, Recreation, and Dance, Pocatello, October 1990.
- Burton, D. ACEP coaching education for park and recreation programs. Annual meeting of the Idaho Recreation and Park Society, Post Falls, September 1990.
- Burton, D. (a) Is winning really the bottom line? Effective alternatives for evaluating coaches, (b) Coaching education: A sport-specific educational approach. Coaching America's Coaches: The First National Coaching Education Conference, Colorado Springs, Colorado, September 1989.
- Burton, D., & Williams-Rice, B.T.. Coping with stress: The impact of appraisal and coping strategies on precompetitive stress and basketball performance. Annual meeting of the Northwest District of the American Alliance of Health, Physical Education, Recreation, and Dance, Boise, Idaho, March 1989.
- Burton, D., & Phillips, D. Do anxious basketball players shoot more poorly? Confirming the anxiety-performance hypothesis. Annual meeting of the Northwest District of the American Alliance of Health, Physical, Education, Recreation, and Dance, Boise, Idaho, March 1989.
- Burton, D. (a) Hitting the bullseye: Goal setting to enhance shooting performance, (b) Mental toughness: How to maintain your competitive focus. National Rifle Association Coaches' Sport Science Seminar, Colorado Springs, Colorado, November 1988.
- Burton, D. Everything you ever wanted to know about sport psychology. University of Idaho Psychology Club, October 1988.
- Burton, D. American Coaching Education Program (ACEP) Level 2 Sport Psychology Course, Coeur d'Alene, Idaho, Fall 1988.
- Burton, D. American Coaching Education Program (ACEP) Level 2 Sport Psychology Course, Twin Falls, Idaho, June 1988.
- Burton, D. American Coaching Effectiveness Program (ACEP) Level 1 Coaches' Clinic, Lewiston, Idaho, May 1987.

Tannehill, D., & Burton, D. Coaching Behaviors Observational Recording System (CBORS). Annual meeting of the Northwest District of the American Alliance of Health, Physical Education, Recreation and Dance, Billings, Montana, March 1987.

- Burton, D. American Coaching Effectiveness Program (ACEP) Level 1 Coaches' Clinic, Lewiston, Idaho, March 1987.
- Burton, D. What sport psychology can tell coaches about motivation. In-service, Libby, Montana, Public Schools, September 1986.
- Burton, D. Self talk: The key to self control. University of Idaho Wellness Seminar, April 1986.
- Burton, D. Motivation in fitness. University of Idaho Wellness Seminar, March 1986.
- Burton, D. (a) The need for coaching education in school and nonschool settings, and (b) Motivating young athletes: A preview of the ACEP sport psychology lesson. In M. Weiss (Chair), *Coaching coaches: Insuring quality instruction for youth.* Symposium presented at Northwest AAHPERD, Vancouver, Washington, March 1986.

- Burton, D. How do you spell relief from 'burnout' in youth sports? A\*C\*E\*P. Presentation at the Carol Gordon Mary Lou Enberg Professional Lecture Series, Washington State University, Pullman, Washington, March 1986.
- Burton, D., Tannehill, D. & Dolny, D. American Coaching Effectiveness Program (ACEP) Level 1 Coaches' Clinic, Pullman, Washington, January 1986.
- Burton, D. A coach's practical guide to motivation. Annual Meeting of Idaho Alliance of Health, Physical Education, Recreation, and Dance, Boise, Idaho, October 1985.
- Burton, D. Psychological Skills Training (PST): Rationale and practical application in ski jumping. U.S. Ski Jumping Team Training Camp, Kona, Hawaii, May 1985.
- Burton, D. Enhancing self worth in athletes before and after surgery. Office-Based Physicians Sport Medicine Short-Course, University of California at San Francisco School of Medicine, Park City, Utah, February 1985.
- Burton, D., & Pettigrew, F. American Coaching Effectiveness Program (ACEP) Level 1 Coaches' Clinic, Boise, Idaho, November 1984.
- Burton, D. ACEP: How coaches' education can improve your youth sports programs. Idaho Recreation and Parks Society, Boise, Idaho, October 1984.
- Burton, D., & Pettigrew, F. American Coaching Effectiveness Program (ACEP) Level 1 Coaches' Clinic, Pullman, Washington, September 1984.
- Burton, D., Stoll, S., Hultstrand, B. & Sanders, B. American Coaching Effectiveness Program (ACEP) Level 1 Coaches' Clinic, Moscow, Idaho, May 1984.
- Burton, D. Maximizing flow: Development of psychological skills to enhance cross-country skiing performance. U.S. Ski Coaches' Association Level II Clinic, West Yellowstone, Montana, November 1983.

Burton, D. Psychological skills training for Nordic Combined Skiing. U.S. Nordic Combined Ski Team, Lake Placid, New York, June 1983.

- Burton, D. Imagery and goal setting: Psychological skills to enhance skiing performance. U.S. Ski Coaches' Association Level II Clinic, Upson, Wisconsin, April 1983.
- Burton, D. The potential of psychological skill training to enhance a high school athletic program. Coaching In-Service Program, Champaign Centennial High School, Champaign, Illinois, September 1982.
- Burton, D. Psychological skills training for diving: Goal setting skills to improve self confidence and performance. U.S. Diving Sports Science Seminar, Memphis, Tennessee, September 1982.
- Martens, R., & Burton, D. Psychological skills training for middle distance runners. U.S. Olympic Development Camp for Middle Distance Runners, Urbana, Illinois, December 1981.
- Burton, D. Helping racquet performers reach their potential through psychological skills training.

  Third international Symposium on Effective Teaching of Racquet Sports, Champaign, IL, June 1981.
- Martens, R., & Burton, D. Psychological skills training for ski jumping. U.S. Ski Jumping Team, Grand Portage, Minnesota, June 1981.
- Burton, D. What youth sport wrestling coaches should know about sports psychology. U.S. Wrestling Federation Coaching Clinic, Topeka, Kansas, April 1980.
- Burton, D. Psychological Skills Training for Luge. U.S. Luge Team, Lake Placid, New York, December 1979.

#### **Grants and Contracts Awarded:**

- Co-Investigator (2-year grant for \$13,000 per year) with Principle Investigator Sharleen Hoar and Co-Investigators Michael Pickering and Emma Grindley at University of Lethbridge. Developing a precompetition emotions questionnaire. 2008-2010. (funded and extended for 2011)
- Co-Investigator (2-year grant for \$46,000 per year) with Principle Investigator Sharleen Hoar, University of Lethbridge, and Co-Investigator Michael Pickering, Emery-Riddle Aeronautical University, for a Canadian Social Sciences and Humanities Research Council (SSHRC) grant on. Developing a precompetition emotions questionnaire. 20011-2012 (unfunded)
- Programming Grant (\$6,000) Resubmitted funding proposal to UI Athletic Department in December 1998 to fund Doctoral Assistantship that would allow us to develop and implement Vandal Sport Psychology Services (VSPS), a program designed to provide a sport psychology office in the Dome manned on a half or fulltime basis. (Funded for \$6,000 assistantship for 1999-2000 but only a tuition waiver for 2000-01)
- Programming Grant (\$6,000) -- Funding proposal submitted to UI Athletic Department to fund Doctoral Assistantship that would allow us to develop and implement Vandal Sport Psychology Services (VSPS), a program designed to provide a sport psychology office in the Dome manned on a half or fulltime basis. (Funded for tuition waiver but not assistantship during 1997-98 and 1998-99)
- UI Athletic Department, University of Idaho, 1999, funded for \$6,000 assistantship.
- UI Athletic Department, University of Idaho, 1997 and 1998, funded for tuition waiver.

U.S. Olympic Foundation, USOC, Colorado Springs, 1991, \$20,000.

College of Education Minigrant, University of Idaho, 1988, \$1,100.

College of Education Minigrant, University of Idaho, 1987, \$470.

College of Education Minigrant, University of Idaho, 1986, \$500.

Research Office Seed Grant, University of Idaho, 1985, \$3,500.

College of Education Minigrant, University of Idaho, 1985, \$600.

College of Education Minigrant, University of Idaho, 1984, \$550.

Research Office Travel Grant, University of Idaho, 1984, \$550.

College of Education Minigrant, University of Idaho, 1983, \$350.

Graduate Research Grant, University of Illinois, 1982, \$500.

## Research Projects, Scholarly Activity, and Publications in Progress:

- Ulmer, G., Pickering, T. & Burton, D. (in preparation). Mental skills training (MST) intervention research: Meta-analysis and recommendations for research and practice. (Data almost analyzed and submission planned for Spring 2012).
- Burton, D., Weiss, C., & Pickering, M.A. (in preparation). Self talk: A review and call to action. To be submitted to *Journal of Sport and Exercise Psychology*.
- Pickering, M.A., & Burton, D. (in preparation). Internet-based sport psychology research: Opportunities, challenges, and factorial validity of the TEOSQ, SMOSS, and APS-R. To be submitted to *Research Quarterly for Exercise and Sport*.
- Pickering, M.A., & Burton, D. (in preparation). Preliminary development and cross validation of the Perfectionism in Sport Questionnaire (PSQ). To be submitted to *Journal of Sport and Exercise Psychology*.
- Pickering, M.A., & Burton, D. (in preparation). Sport mindsets: Relationships among ability beliefs, goal orientation, and sport perfectionism. To be submitted to *Journal of Sport and Exercise Psychology*.
- Burton, D., & Raedeke, T. Teacher training or coaching education: Comparison of the effectiveness of two methods of preparing coaches. To be submitted to the *Research Quarterly for Exercise and Sport*.

#### **SERVICE:**

#### **Professional and Scholarly Organizations:**

American College of Sports Medicine
Phi Kappa Phi National Scholastic Honorary
American Alliance for Health, Physical Education, Recreation and Dance
Sport Psychology Academy, Chair 1994
Sport Psychology Academy Dissertation Award Committee, 1995
North American Society for the Psychology of Sport and Physical Activity (1978-2005; 2009-present)

Association for the Advancement of Applied Sport Psychology (AAASP)

President 2003-2005

Fellow, 2003-present

Certified Consultant, 1992-present

Intervention/Performance Enhancement Program Committee Member, 1995-99

Chair of Dissertation Award Committee of AAASP for 1998

Certification Chair 1998-2002

Program Chair, Vancouver, 2005 Conference

Past President's Council 2005-present

E-Board Liason to Certification Committee 2002-present

Certification Exam Ad Hoc Committee with ACSM 2007-present

Association Management Company Select Committee, 2009.

Chair, AASP Futures Committee 2009-2010

AASP Strategic Planning Task Force 2011

Chair, Ad Hoc Committee to Develop Plan for Online Voting on Time-Sensitive Issues

Chair, AASP Association Management Company Selection Committee, 2011

AASP-ACSM Certification Committee for Behavioral Specialist Certificate Program, 2010present

Idaho Alliance for Health, Physical Education, Recreation and Dance

NASPE, sport science grant reviewer, 1996

American Coaching Effectiveness Program (ACEP) Consultant

U.S. Ski Coaches' Association Coaches' Education Program, resource person

U.S.A. Wrestling Coaches' Education Program, resource person

NFICEP Coaching Education Instructor for IHSAA in Northern Idaho 1983-Present

Unsuccessful candidate for Secretary/Treasurer of NASPSPA in 1996

#### **Editorial Board:**

Journal of Sport Psychology in Action 2010-present

Journal of Sport Behavior 1982-2003

Journal of Sport and Exercise Psychology 1992-2002

The Sport Psychologist 1987-2003

#### Reviewer:

The Sport Psychologist

Journal of Applied Sport Psychology

Quest

The Physician and Sports Medicine

Research Quarterly for Exercise and Sport

Anxiety Research

Perceptual and Motor Skills

Journal of Sport Sciences

Journal of Sport and Exercise Psychology

Journal of Sport Behavior

International Journal of Sport Science and Coaching

Journal of Sport Psychology in Action

Psychology of Sport and Exercise

Norwegian Journal of Sport Sciences

Journal of Sport Sciences

#### Book Reviewer:

**Human Kinetics Publishers** 

John Wiley and Son Publishers, London

## Grant Reviewer:

Canadian Social Science and Humanities Research Council (SSHRC) Reviewer for leadership

grant, 2010.

## University of Idaho Service:

Research Council, 1993-1996.
Distinguished Professor Selection Committee, 2010-2012

## College of Education Service:

COE Tenure and Promotion, 2004-06; 2008-11

COE Future's Council Fall 2008-2009

COE Future's Council Retreat, Schweitzer, ID, June 2009

College of Education Graduate Policy and Research Committee. 1998-2009, 2010-present

College of Education Dean Search Committee, Spring 2006 & 2010.

College of Education Research Summit, McCall, June 2006.

College of Education Research Summit 2, Moscow, November 2006.

GRPC Research Retreat, January 2011.

#### **HPERD Service:**

HPERD Tenure and Promotion, 1995-present 3<sup>rd</sup> Year Review, 2009-present
Associate Recreation Professor Search Chair, 2010-11
Academic Advisor Search, 2010 & 2011
Exercise Science Search Chair, 2010.
Financial Tech Search, 2010.
Exercise Science Search Chair, 2006.
Administrative Assistant Search Committee, 4 times

## **Outreach Service:**

UI Continuing Education Kids' College, Advisory Board 1994-2000

UI Sport Fest, developed and organized summer sport camp for elementary school children, 1995-2003

#### Peer Reviewer:

Joy Griffin, University of New Mexico, tenure and promotion, 1995

Barbara Meyers, University of Wisconsin-Milwaukee, tenure and promotion, October 2000

Ben Steyn, University of Pretoria, South Africa, promotion, June 2001

Justus Potgieter, University of Stellenbosch, South Africa, National Researcher designation, October 2002

Brad Cardinal- Oregon State University, tenure and promotion, 2005.

Karen Collins- University of New Hampshire, tenure and promotion, 2007

John Dunn, University of Alberta, promotion to Full Professor, 2009.

Carl Ohlson, U.S. Military Academy, promotion to Associate Professor, 2010.

Sam Zizzi, West Virginia University, promotion to Full Professor, 2011.

#### External Reviewer:

John Dunn's dissertation at University of Alberta, October 1997

Tom Graham's dissertation at University of Saskatchewan, December 1998

## **Community Service:**

Moscow Parks and Recreation Commission, 1989-present; Chair, 1992-2006 Facility Development Priority Survey, developed, administered, and analyzed a survey of 300

Moscow residents for the Hamilton Dream Team', June 2000

Moscow Parks and Recreation Director Selection Committee, Fall 2002

Moscow Swimming Pool Task Force, member, 1994

Design Consultant Selection Committee, 1998

Designer/Contractor Selection Committee, Spring 1998

Developed, administered and analyzed swimming pool questionnaire to sample 600 Moscow residents

Recreation Supervisor Selection Committee, 2004

Youth Programming Supervisor Selection Committee, 2004, 2006

Developed, administered and Analyzed MPR Comprehensive Plan Survey, 2008

Linear Park Task Force, member, 1995-2002

Moscow Mountain View Road Task Force, member, 1993-94

Youth Sport Coach, 27 teams

Hamilton Dream Team' Committee, 2000

Dream Team 2 member City of Moscow – identify how to spend the Hamilton Recreational Endowment, 2001-02

Moscow Dream Team 3 - Multipurpose Indoor Recreational Center Design Committee member, 2002

Moscow Bear Booster Board, 2000-2010

Moscow Ball Fields Task Force 2006-Present

Parks Supervisor Selection Committee, 2010