TECC Yes No 🗸

# UNIVERSITY CURRICULUM COMMITTEE Add a Course Form

Instructions: Complete this form. Obtain college level approval. E-mail the completed form to the Academic Publications Editor (Charles Tibbals) in the Registrar's Office, <a href="mailto:ctibbals@uidaho.edu">ctibbals@uidaho.edu</a>.

**Deadline:** This form must be submitted to the Academic Publications Editor by <u>October 15<sup>th</sup></u> for inclusion in the next available General Catalog and to be available for scheduling beginning with the next summer semester.

#### **Submission Information**

College: Education

**Department: Movement Sciences** 

College Curriculum Committee Chair: Cori Mantle-Bromley, Dean, College of Education

Date approved by college curriculum committee:

Date approved by college faculty/college dean's office:

### Course Information.

Course Subject Prefix: REC

Course Number (If you are seeking a new number please list your requested level as 1XX, 2XX, 3XX, etc.): 3XX (370 or 375 would be our preference)

Course Title (If the title is longer than 30 characters including spaces also complete the short course title below):

## Leisure, Health and Human Development (3 cr)

Short Course Title:

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## Course Description:

Leisure and health across the lifespan (early childhood to late life) based on health and human development concepts and theories. Emphasis on psychological, sociological, and cultural influences. (Alt/yrs)

Prerequisites:

Co-requisites:

Is this course cross- and or joint-listed:

Cross-listed with; subject prefix and number:

Joint-listed with; subject prefix and number:

Do all affected departments support these changes to the cross- and/or joint-listed course:

Other Affected Departmental Chair/Heads(s) and date of approval of these changes:

#### Rationale Information

Rationale for approval of this request, including an explanation of how the department will manage the added workload of this new course (such as increase faculty, rotate offerings, dropping other offered courses, overload faculty, responsibility of existing faculty, etc.):

This course will replace REC 365 (3-credit) and will include content on leisure across the lifespan from early childhood through later life as well as new content on the interconnections between health and human development for leisure activities and programs. Due to the expansion of content, it is recommended that this course be 3-credits.

# **Cooperative Course Approval (If Applicable)**

#### Statement of Purpose

Co-operative programs are based on one or more of the following criteria:

- Strengthen the academic program -- by providing access to complementary or unique program components (faculty, facilities, or other program related information or materials).
- Support partnerships -- funded research/grants.
- Provide efficiencies -- resource and/or fiscal efficiencies that would not otherwise be available.

Rationale for approval of this request; given the above statement of purpose how does this request support the outlined criteria:

# Office of the Registrar Information

Date received by Academic Publications Editor:

UCC Item Number:

Appears on General Curriculum Report number: