FIRST AID: TRAINING REQUIREMENTS & EQUIPMENT

TRAINING REQUIREMENTS:
A sufficient number of employees and supervisors, or persons in direct charge of work crews are required to be trained in first-aid and CPR treatment. To qualify as a trained person, selected individuals must have a current first-aid card, obtained by successfully completing an approved and certified, standard first-aid and adult CPR course.

TRAINING OPPORTUNITIES:
Environmental Health and Safety is responsible for scheduling and coordinating the presentation of approved CPR/Standard First Aid classes to university employees. For current information pertaining to the cost and availability of classes and to register or arrange for a class, please call Environmental Health and Safety, 885-6524.

GENERAL INFORMATION:
Employees should be directed to seek first-aid or medical treatment after receiving an injury, and to report all injuries to their supervisor promptly. **IF AN INJURY IS WORK-RELATED, THE INJURED PERSON SHOULD BE ADVISED OF THEIR RIGHT TO FILE A WORKERS COMPENSATION CLAIM.** To initiate a claim, call Environmental Health and Safety, 885-6524.

Departments must insure suitable telephone or radio communications at the nearest reasonable point for each work area, and are responsible for implementing a definite procedure to be followed in the event of a serious injury. Instructions covering this procedure must be made available to all employees. If an employee is injured, a suitable means of transportation to required medical services must be made available.

When practical, a poster is to be fastened and maintained either on or in the cover of each first-aid cabinet, and at or near all phones, plainly stating the phone numbers of emergency services. Stickers that may be used for this purpose on the university's Moscow campus may be obtained upon request from Environmental Health and Safety, 885-6524.

FIRST-AID KITS:
Departments are responsible for establishing a procedure to ensure that adequately stocked first-aid kits are available and accessible to all employees, and that kits are maintained in a serviceable condition. Where the eyes or body of any person may be exposed to injurious chemicals and/or materials, suitable facilities for quick drenching or flushing must be provided, within the work area, for emergency use.

Approved first-aid kits and replacement packages for kits may be purchased through Facilities Management Store or off-campus vendors. To order through FM Store, call 885-7555 or send e-mail orders to pault@uidaho.edu.

It is required that all university vehicles used to transport employees be equipped with first-aid kits of sufficient size to meet the needs of employees transported in that vehicle. First-aid kits also are required at jobsites where first-aid supplies, stations, or their equivalent are not readily accessible or available. At least one first-aid kit must be available to employees working on construction jobs, line crews, and other transient or short-term jobs.

The size of the first aid kit at the job site is determined by the number of personnel normally dependent upon each kit.

Number of Personnel Normally Assigned to Worksite	Minimum First Aid Supplies Required at Worksite
1 - 5	10 unit kit
6 - 15	16 unit kit
16 - 30	24 unit kit
31 - 50	36 unit kit
51 - 75	one - 36 & one - 10 unit kit
76 - 100	one - 36 & one - 16 unit kit
101 - 150	one - 36 & one - 24unit kit
151 - 200	two - 36 unit kits

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First Aid Kits must contain shaded items and must be maintained at their ten (10), sixteen (16), twenty-four (24) or thirty-six (36) unit level. Unshaded items are recommended.

10 Package Kit	16 Package Kit	24 Package Kit	36 Package Kit
1 pkg. adhesive bandages, 1" (16 per pkg.)	1 pkg. absorbent gauze, 24" x 72" (1 per pkg.)	2 pkgs. absorbent gauze, 24" x 72" (1 per pkg.)	4 pkgs. absorbent gauze, 24" x 72" (1 per pkg.)
1 pkg. bandage compress, 4" (1 per pkg.)	1 pkg. adhesive bandages, 1" (16 per pkg.)	2 pkgs. adhesive bandages, 1" (16 per pkg.)	2 pkgs. adhesive bandages, 1" (16 per pkg.)
1 pkg. scissors and tweezers (1 per pkg.)	2 pkgs. bandage compresses, 4" (1 per pkg.)	2 pkgs. bandage compresses, 4" (1 per pkg.)	5 pkgs. bandage compresses, 4" (1 per pkg.)
1 pkg. triangular bandage, 40" 1 per pkg.)	1 pkg. eye dressing (1 per pkg.)	1 pkg. eye dressing (1 per pkg.)	2 pkgs. eye dressing (1 per pkg.)
1 pkg. antiseptic soap or pads (3 per pkg.)	1 pkg. scissors and tweezers (1 per pkg.)	1 pkg. scissors and tweezers (1 per pkg.)	1 pkg. scissors and tweezers (1 per pkg.)
1 pair latex gloves	2 pkgs. triangular bandages, 40" (1 per pkg.)	6 pkgs. triangular bandages, 40" (1 per pkg.)	8 pkgs. triangular bandages, 40" (1 per pkg.)
1 pkg CPR micro shield	1 pkg. antiseptic soap or pads (3 per pkg.)	1 pkg. antiseptic soap or pads (3 per pkg.)	1 pkg. antiseptic soap or pads (3 per pkg.)
4 pkgs. consulting physician's choice *	1 pair latex gloves	2 pair latex gloves	3 pair latex gloves
	1 pkg. CPR micro shield	1 pkg. CPR micro shield	2 pkgs. CPR micro shield
	6 pkgs. consulting physician's choice*	8 pkgs. consulting physician's choice*	11 pkgs. consulting physician's choice*

SUPPLEMENTS:
Additional items may be added to first-aid kits that might be of use in specific work environments and conditions. Examples of such items are chemical cold packs, topical bee sting medication, saline eyewash solution, and additions to the variety and type of bandages routinely contained in kits.

Due to the possibility that some persons may experience serious allergic or drug interaction reactions if certain over-the-counter medications are taken, **please ensure that first-aid kits do not contain ingestible medications of any kind.**

* If there is any question as to the suitability of items in relation to injuries which are common to a specific occupation, please call Student Health Services, (208) 885-6693.

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