Child, Family, and Consumer Studies

CHILD DEVELOPMENT AND FAMILY RELATIONS OPTION

Create enriching environments and programs to support the developmental needs of children and families.

THIS MAJOR IS A GOOD FIT IF YOU CAN SEE YOURSELF:

BEING FASCINATED with how children learn and change

EXPLORING RELATIONSHIPS among family, friends, and community

TAKING A HANDS-ON APPROACH to improving quality of life for others

In this option, you will learn to provide stimulating learning environments and enriching activities for individuals and families. Study current research and strategies to create developmentally appropriate experiences that will help children grow. Understand parenting strategies and ways to enhance the parent-child relationship. Learn how to help parents build a safe and healthy home life for children. Depending on your career goals, you could learn specialized skills to address the needs of families experiencing domestic violence, substance abuse, illness, death, or mental health issues.

INSIDE THE CLASSROOM

In class, learn the processes by which individuals become adept at using language, thinking, feeling, and relating to others. Study the fundamentals of human development and relationships. Learn scientific methods for assessing and supporting human growth then apply them during field placements. In the on-campus Child Development Laboratory, observe and document children playing and interacting, create stimulating learning environments, and meet with parents to discuss their children's progress. Study nutrition, explore workfamily balance, and create household budgets.

OUTSIDE THE CLASSROOM

INTERN. Get practical experiences like these: HOSPITAL Advise new parents on resources and support services . . . COMMUNITY ACTION AGENCY Assist families with housing and financial planning . . . BOYS AND GIRLS CLUB Plan an afterschool program for middle and high school students . . . SENIOR CENTER Coordinate physical and social activities for the elderly.

STUDY ABROAD. Deepen your understanding of your major—and the world—in countries like these: TANZANIA Mentor children in an orphanage . . . INDIA Visit a child care center . . . TAIWAN Observe a middle school classroom.

VOLUNTEER. Make a difference. Tutor at a local school. Read, sing, or play with children at a child care center or Head Start program. Mentor an at-risk child.

DO RESEARCH. Assist in a faculty member's research project. Observe meal times at a child care center for a study on feeding young children in group settings. Administer surveys for a study on how single parents balance work and family.

GET INVOLVED. Network and have fun. FAMILY AND CONSUMER SCIENCES CLUB Join the student branch. Attend conferences and meet professionals . . . UNIVERSITY OF IDAHO STUDENT ASSOCIATION FOR THE EDUCATION OF YOUNG CHILDREN Advocate for the needs of young children . . . PHI UPSILON OMICRON Join the family and consumer sciences honor society.

FAST**FACT**

Every child development and family relations student has at least 3 practical field experiences working with children and families.

CAREER OPPORTUNITIES

Graduates work for community development organizations, government agencies, private companies, Head Start, and child care centers.

Here are a few possibilities:

PROGRAM COORDINATOR. Plan and coordinate activities for young children, school children, adolescents, and the elderly.

FAMILY OR CHILD ADVOCATE. Work for a foundation, nonprofit group, or government agency promoting laws and programs that improve life for children and families.

CHILD LIFE SPECIALIST. Help children understand health care settings and address their emotional needs as patients.

DIRECTOR OF EARLY CHILD CARE PROGRAM. Supervise early care and education programs such as Head Start, preschools, and child care centers.

CHILD CARE PROVIDER. Teach children from infancy to age 5 in a child care setting. Plan and create learning experiences and environments for children.

COMBINE YOUR EDUCATION. You will be encouraged to pursue a special interest area such as psychology, sociology, foreign language, business, or pre-med. You will take courses in your interest area, minor in it, or even double major.

CONTINUE YOUR EDUCATION. Earn an advanced degree in social work, counseling, psychology, speech and language pathology, a health care profession, law, or other fields.

	FRESHMAN		SOPHOMORE		JUNIOR		SENIOR	
	Engl 101 Intro. to College Writing (if required)	3	FCS 205 Concepts in Human Nutrition FCS 235	3	FCS 334 Middle Childhood-Adolescenc FCS 340	3 :e 3	FCS 436 Theories of Child & Family Development	3
	FCS 105 Individual & Family	3	Principles & Methods of Child Observation	d	Parent-Child Relationships in Family & Community		FCS 497 Practicum	9
	Development ISEM 101	3	Elective Elective—Core Math Course	3	Elective Elective—International Core	3	Electives Electives	3
	Integrated Seminar	-	Elective	3	Electives	9		
	Elective Elective—Humanities or	3	Elective—Humanities <i>or</i> Social Sciences		Electives			
	Social Sciences Elective	4	Electives Electives	6				
	Elective—Natural Science Co		Electives					
FALL								
	TOTAL	16	TOTAL	18	TOTAL	18	TOTAL	15
	Comm 101 Fundamentals of Public Spea	2 king	EDCI 201 Contexts of Education	2	FCS 333 Developmental Curriculum	4	FCS 346 Personal & Family Finance &	4
U	Engl 102	3	FCS 240	3	for Young Children		Management	
Z	College Writing & Rhetoric		Intimate Relationships		FCS 440	3	FCS 498	9
SPRIN	FCS 234 Infancy & Early Childhood	3	Elective Elective—Humanities or	3	Contemporary Family Relation H&S 288	15nips 2	Internship or Electives	
S	Elective	3	Social Sciences		First Aid: Emergency Response	į	Electives	_
	Elective—Humanities or Social Sciences		Electives Electives	9	ISEM 101 Great Issues Seminar	1	Elective Elective—Humanities or Social	3 al
	Elective	4	Licetives		Elective	3	Sciences	
	Elective—Natural Science Co	re			Elective—Upper Division Humanities <i>or</i> Social Sciences			
					Electives Electives	5		
	TOTAL	15	TOTAL	17	TOTAL	18	TOTAL	16

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ASSISTANT DIRECTOR, **COLLEGE RECRUITING** 208.885.7984 aginst@uidaho.edu www.uidaho.edu/cals/recruit

SCHOOL OF FAMILY AND **CONSUMER SCIENCES** 208.885.6546 famcon@uidaho.edu www.uidaho.edu/cals/fcs

Total for degree = 132 credits. Course offerings may change from year to year. Always check the current course catalog.

University of Idaho College of Agricultural and Life Sciences