

CASCADE CURRENTS

HORIZONS

COMMUNITY LEADERSHIP TO REDUCE POVERTY

University of Idaho
Extension

June, 2009

"Coming together is a beginning. Keeping together is progress. Working together is success." -- **Henry Ford**

EDGE2EDGE
UNIVERSITY OF IDAHO
Steve Drown

Four new graduates of the Department of Landscape Architecture at the University of Idaho presented a master plan for the Cascade River Park on May 18 at the Ashley Inn in Cascade. Calling their concept "Edge2Edge, The Cascade, Idaho River Park," Jesson Buster, Dorieana Hassett, Ben Blodgett, and Will Howard met with the public at the Ashley Inn and provided an overall park concept that pulled together a years worth of University of Idaho student and faculty engagement. The 2.5 mile bridge-to-bridge park concept provides backdrop and context for the Kelly's White Water Park as well as several other components. These include the expansion of the existing walking trail, a new bike trail, a community-core area that includes a community recreation center and an open green which will connect the fairgrounds and a new skateboard park to Kelly's White Water Park. The Edge2Edge master plan proposes the addition of a mountain bike training and competition center as well. It contains an "Eco Machine" to process waste water while restoring vital wetlands and creating a biomass production area to create cost effective, locally produced energy.

The University of Idaho will continue to work with the city of Cascade in the coming year to evaluate the plan and refine specific elements based on community response and a series of economic impact studies.

This has been an exciting year for the students and faculty, and we all look forward to working with the City of Cascade to make this vision a reality.

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Meet Americorps University of Idaho Summer Intern Melissa Hamilton

Melissa grew up near the Adirondack Mountains in upstate New York and as a child enjoyed camping and boating with her family. She has been trained in Biology through her formal education at the University of South Carolina but has been working in the Environmental Education field since her graduation. She has taught both youth and adult programs in a natural setting in several states including New York, Georgia, Florida, Alaska, and Idaho. She most recently taught at the McCall Outdoor Science School from fall '08 to spring '09 and is currently filling her Americorps internship in Cascade. She will be doing Adult/Youth Partnership Garden Programs at Alpha Nursery over the summer and beginning the infrastructure and planning for a community garden in Cascade. Melissa will then continue her education at the University of Idaho and gain a Masters in BioRegional Planning.

Whitewater Park Update

Kelly's Whitewater Park

Thanks to a generous gift from Mark and Kristina Pickard of Miami, Idaho's first whitewater park will become a reality in Cascade. The Pickards, who own a vacation home in Tamarack and are often anonymous philanthropists, have stepped firmly into the spotlight by committing \$500,000 to the Friends of the Cascade Whitewater Park (FCWP). The Whitewater Park will be named in honor of Kristina's late sister, Kelly Brennan. "We love Valley County and are excited by the stimulus the park will create both in Cascade as well as in neighboring areas," the Pickard's said.

The project engineers, Recreation Engineering and Planning (REP), are near completion of the Preliminary Plan and Hydraulic Study of Reach Analysis. Permits will then be submitted by REP to the necessary permitting agencies. A public meeting presenting the Preliminary Plan will be held with the engineers present to address questions. Keep your eyes open for announcements of this public meeting.

"I would like to thank Mark and Kristina," said Mayor Carter, who is also the FCWP Board President, "for their interest and faith in what will be Idaho's first whitewater park."

The in-river construction of Kelly's Whitewater Park could be completed this fall/winter provided all timelines can be met. Additionally, economic studies are in progress at the University of Idaho, with reports due out this May. Whitewater parks have been successful in improving the economies of their home cities and surrounding areas.

The FCWP have installed a concrete boat ramp at Fischer Pond Park. This ramp is shallow and short, so please don't expect to float your boat off your trailer. The ramp also provides ADA access to the river; please share the ramp with all users. The Fischer Pond Park parking area has been graded and graveled. It is planned to have the gravel rolled out this spring. Students of Cascade High School have expressed interest in landscaping the green space in the driving loop by the ramp. Efforts by the FCWP also continue to address riverbank erosion that threatens a portion of the walking/biking path near Fischer Pond Park.

Armstrong Park

The Armstrong Park Committee is proud to announce that we have been approved for a grant from the Idaho Department of Parks and Recreation for \$59,843. Combined with the \$59,843 we have raised over the past two years through fundraisers and in-kind donations, we have \$119,686 to renovate Armstrong Park. We are excited to bring fabulous new amenities to the Park, which include new playground equipment, a gazebo, a new half-basketball court, and beautiful landscaping. The grant will be awarded to us once it gets finalized through the National Park Service. The money then should be accessible at the end of August, which means we can begin the project at the beginning of September. We plan to complete the renovation by early November.

Our brick program will continue through the middle of June so don't miss out on this last opportunity to be a part of Cascade's history. These personalized bricks will be placed in the floor of the gazebo for everyone to see. Brick order forms can be obtained at the Bears Knight Inn or by calling 382-4370. You can purchase a 4" x 8" brick for \$50, which allows for three lines of text with 15 spaces on each line. There is an 8"x8" brick with six lines of text for \$150 or an 8"x8" brick with a logo for \$200. If you are interested in purchasing a 16"x16" granite slab, please contact us, and we will provide further details.

We look forward to bringing our Cascade community a city park it deserves. We'd like to thank everyone who has been a part of this project and those who will be joining us to complete the renovation. This certainly would not be possible without the generosity of the residents and businesses of Valley County. If you have any questions regarding the renovation of Armstrong Park, contact Gerry Knight at 382-4370, Nancee Bakken at 208-870-4955, or Deb Stewart at 382-6365.

Life-style and Education

Dutch Oven Cooking Classes and Cook-Off

Our team has partnered with the Lake Cascade State Park, UI Ext. - 4-H, and the Southern Valley County Recreation District to bring the community Dutch oven cooking classes and competition. Enrollment in the classes in June and July and participation in the cook-off at the Valley County Fair are open to all skill levels and ages.

➤ **Dutch Oven Cooking Classes**

The classes will begin at 5:30 p.m. and are held on the following dates:

June 23rd - Hors d'oeuvres at Lake Cascade State Park Snowbank Unit

July 14th - Main Dishes at Lake Cascade State Park Snowbank Unit

July 28th - Desserts at Lake Cascade State Park Cabarton Unit

Pre-registration is required and closes two days prior to each class. Register at the Lake Cascade State Park Office or the UI Extension Office or by calling Lake Cascade State Park at 382-6544.

Class fees:

\$10.00 for each class

\$27.00 to register for all three classes

Dutch ovens will be available to purchase at time of registration.

Each class participant will be entered into a drawing with winners announced at the Dutch Oven Cook-Off.

➤ **Dutch Oven Cook-off**

The Cook-off is scheduled for August 6th at 6:00 p.m. in the small arena at the Valley County Fairgrounds. The Cook-Off will be a judged event with 1st, 2nd, and 3rd place prizes for each of the class categories: Hors d'oeuvres, Main Dish, and Dessert. Everyone is welcome to participate. Call 382-6544 to enter your creation in the Cook-off.

We hope all Dutch oven enthusiasts, beginners to expert, will join us for some summer cooking!

For more details, please contact Lake Cascade State Park at 382-6544 or cas@idpr.idaho.gov.

Happenings from Southern Valley County Recreation District

Baseball is here! Coaches are getting ready to start practices and the season begins in June.

SVCRD and the Cascade Chamber of Commerce will host Adult Softball Tournaments this year. Games are scheduled for the weekends of May 30, July 4, and Sept 5. Anyone interested should call Bo Goodwin at 208-484-8506.

SVCRD and Cascade Medical Center hosted a women's "roundtable discussion" on May 29. Kate Farmer and Linda Guest were speakers and answered questions regarding women's nutrition, health, exercising, and more. The next discussion group's meeting will be announced.

SVCRD and Cascade Golf Course are gearing up for another summer of Youth Golf - specific dates and times to be announced.

SVCRD will also offer swimming lessons this summer.

Eco-machine Update

It was recently stated that a natural sewage treatment facility may not be looked upon favorably by the Department of Environmental Quality. Our team followed up on the statement with a letter to DEQ. We have received a response from them which states that it is the City's role to evaluate sewage systems and select the best option that meets the city's needs. DEQ's role is to review the work submitted to ensure that it meets their standards and rules. With this in mind, our team continues to pursue the Eco-machine as a natural sewage treatment alternative.

Lifestyle and Education Continued

Overview of Rural Youth Development Program and the Engaging Youth, Serving Community Project

Vision: The Rural Youth Development grants are focused on developing leadership and life skills in youth so they can work in partnership with adults to improve their own lives and the communities in which they live.

Goals: Within the context of the intent of the funding, the issues facing rural youth, and the potential solutions, the broad outcomes addressed by this funding include:

- Providing rural children and youth with the knowledge, skills, attitudes and behaviors necessary to live productive, contributing, and fulfilling lives; and
- Ensuring rural communities have increased economic opportunities and improved quality of life in rural America.

Adult/Youth Partnerships Engaging Youth, Serving Community Projects

- U of I - 4H and our team collaborated to put on a dinner for the Senior Citizens with the Adult/Youth Partnership grant money. The youth chose to spend time getting to know the Senior Citizens in the community. The dinner was a success with 54 youth and adults attending. The youth participated in selecting the menu, preparing the meal, setting tables, and cleaning up. The seniors and youth had a great time interacting. The event received excellent reviews all around. The youth also purchased napkins, an electric knife, food-service utensils, and cutting boards for the Senior Center. We are all grateful for the opportunities that these adult/youth grants provide for our community.
- We have partnered with the Master Gardeners to help with landscaping the Senior Center Park. The Gardeners will provide us with a landscaping plan to present to the seniors for their blessing. Upon approval, local Boy Scout and Girl Scout troops will implement the design.

"This material is based upon work supported by the Cooperative State Research, Education, and Extension Service, U.S. Department of Agriculture, under Agreement No. 2005-45201-03332, Amendment 2. Any opinions, findings, conclusions or recommendations expressed in this publication are those of the author(s) and do not necessarily reflect the view of the U.S. Department of Agriculture."

The Recycled Book

Open Thursdays, Fridays, and Saturdays
from 11:00 a.m. - 2:00 p.m.

If you need a book come on by!

If you have books to share feel free to drop them off.

Newly Formed Cascade Cultural Arts Committee (CCAC)

Our group is focused on

- Providing spaces and opportunities for people to express their artistic talents.
- Exploring and featuring different artistic avenues that meet the needs of our community.
- Celebrating and featuring a wide-array of artistic projects and programs inside and outside our community.
- Generating connections across an expanding network of individuals and groups who embrace the cultural arts.
- Raising an awareness of the Cultural Arts in our community.

Our mission is to have **FUN!** If you share in our mission and wish to join the group, please contact Shauna Arnold at 382-7244.

Up-coming Life-style and Education Projects

- Painting Library
- Landscaping The Recycled Book
- Presentation of Walking - Driving Tour to city council

Gardening Tip

From: Sue Patterson

Alpha Nursery and Garden Center

In Long Valley we can have frost even during the months of June, July, and August. We plant flowers and vegetables only to have them damaged by one of these frosts. With a little bit of preparation we can avoid being disappointed. A sheet, blanket, or preferably a frost cloth can protect your plants by eight degrees. Keeping an eye on the low temperatures and protecting your plants can insure that they will give you the enjoyment that you deserve throughout the summer.

Interested in more gardening or landscaping tips? Contact Alpha Nursery at 382-5742 for their extensive summer and fall seminar schedule.

Curb Appeal



We have been working on solving the tree-well watering system along Main Street and were unable to find plans for the irrigation pipes. With the help of the designer of the irrigation system, we learned that regulators cannot be installed in the system; however, it has been determined that the flow can be regulated by use of “self-regulated drippers.” We obtained City Public Works authorization, and these drippers have been installed and paid for by Horizons.

At the mid-winter Horizons meeting, we received a suggestion for a pathway that would allow for safer access from City Center to the Park. The City has also been attempting to provide pathways to and from the school for safety reasons. Curb Appeal took up the challenge and contacted the Idaho Transportation Department (ITD). They have committed to having one of their engineers do the planning and possibly securing grant money to accomplish this task. ITD requested that local organizations and officials sign a petition indicating a desire for the pathways, and Curb Appeal got the petition signed. The new pathways would be along Main Street from Moxie Java to Armstrong Park, along the north side of Pine Street from Main Street to the school, and along the west side of School Street to the bicycle path on the south side of Old State Highway. The ITD representative we were working with has been transferred and his position left vacant. We are now trying to identify a new contact at ITD.

Another cleanup workday was completed in the park to the north of the Highway 55 ball fields, and now the area really does look like a park! With the help of the Mayor we have completed the clean-up and improvement of the City-owned path that runs south from Leisure Time along the river. Our next plan is to build a footbridge to open up access to the City-owned path beside Leisure Time by connecting Sawyer Street to the river path.

Our committee is working with the Boy Scouts, who have volunteered to clean up the City-owned area between Water’s Edge and Leisure Time. They will pick up recyclables, make burn piles for burning in the fall, and haul away trash. Our thanks go out to the Boy Scouts for their interest and help.

ITD grant money is available for small Scenic Byway improvement projects. Curb Appeal is working on a kiosk design for placement near the waterfall at the north end of Cascade. The kiosk would contain information and maps regarding local points of interest, local pathways, and interesting facts for our locality.

Curb Appeal is also working on a map for an automobile tour of areas of interest around Cascade - Snowbank Mountain, Gold Fork Lookout, Horsethief Reservoir, and others. The map would be printed in an 11 x 17 fold-up flyer format and could be reproduced inexpensively on a copy machine with distribution through the existing tourist brochure racks around the valley.

If anyone has ideas on any of the above projects or suggestions that would enhance the curb appeal of Cascade, we have meetings on the 2nd Tuesday of every month at 6 p.m. in the Extension Office located at 108 W. Pine Street.