Super Saturday Leaders Training Opportunity

Saturday, February 23rd will be filled with fun & excitement while meeting your leader training hours

9:00 am - 2:05 pm

NEW LOCATION!!!

Sacajawea Hall on the LCSC Campus
At the corner of 5th Street & 7th Avenue
Lewiston, ID 83501

Lunch will be provided

Please complete and return this registration form to:
UI/Nez Perce County Extension
1239 Idaho Street
Lewiston, ID 83501
Or e-mail session choices to:
ksanford@uidaho.edu
By February 8th

Name _____ County _____

Address _____ Phone _____

Session 1 _____

Session 2 _____

Session 3 _____

Session 4 _____

Please fill in your choice for session 1-4
Thank you!

Will you be joining us for lunch?

☐ Yes ☐ No

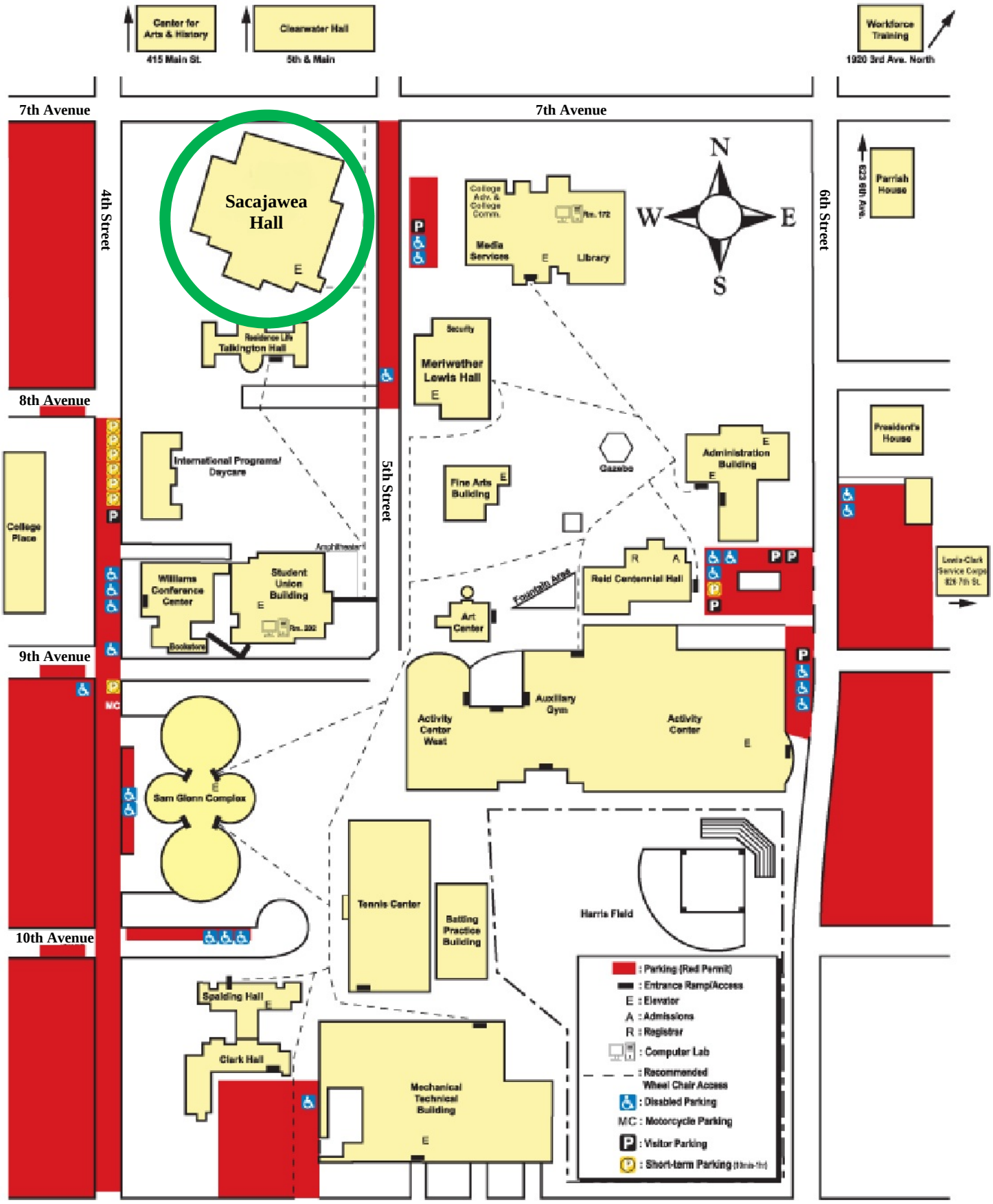
Lunch will include soup, salad, roll & beverage

University of Idaho Extension

To enrich education through diversity, the University of Idaho is an equal opportunity/affirmative action employer and educational institution.

LCSC Campus Map

Sacajawea Hall is in the green circle. No parking permits required on Saturdays.



SUPER SATURDAY - Saturday, February 23, 2013

Select one class per session and write it on your registration form. Some class sizes are limited, and will be filled on a first-come, first-serve basis. If limited the number of participants will be listed in parenthesis () next to the class description.

CHECK-IN 9:00 – 9:15 a.m.

Coffee, hot tea and mini muffins will be available.

SESSION 1 9:15 – 10:05 a.m.

Child Protection - ***Kelli Loftus, Latah County Associate Extension Educator***

An overview of child abuse, the types, the signs, and what you as a 4-H leader need to be aware of. This session will also cover mandated reporting and how to handle a disclosure from a child.

Creative Cakes! (15) - ***Karen Boyer & Betty Peters, Nez Perce County 4-H Leaders***

Cake Decorating is truly fun for all ages! Join in on this hands-on class and learn about Nez Perce County's updated version of the "Cut Up Cakes" project that is quickly becoming very popular.

Meeting, Meeting and More Meetings - ***Susie Heckman, Idaho County 4-H Program Manager***

Does it seem like 4-H is full of meetings?? It is!! Here's an opportunity to learn more about how to make those meeting run more smoothly and have some fun along the way.

You've Found Them Now Let's Use Them! - ***Gail Silkwood, Benewah County Extension Educator***

Does your county have an Ohio 4-H Learning Lab? What, you've never heard of these? Well… join us to learn more about them! These kits are your answer to species-specific, hands-on activities for your 4-H club meetings, county activity days or workshops. Our adventure together will lead us to discover how to use these durable kits for maximum learning in a fun way by youth and maybe even teach ourselves a few new tricks too!

SESSION 2 10:20 – 11:10 a.m.

Lotions and Potions (20) - ***Kelli Loftus, Latah County Associate Extension Educator***

You are sure to have lots of fun learning how to make spa products as a 4-H project. Training will provide recipes, tips, buying guides and hand on activities. **Many of the skin care products are made with oils from nuts, plants or fruits. People with severe allergies to nuts, plants, or fruits should not make or use products from the Lotions and Potions projects.**

Creative Cakes! (15) - ***Karen Boyer & Betty Peters, Nez Perce County 4-H Leaders***

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Livestock Nutrition - ***Torry Sheppard, Primeland Feed Representative***

Learn about the basic nutritional requirements and feed options for horses of all ages.

Measuring Up! - ***Mary Kay Law, Linda Spencer & Kathy Grant, Nez Perce County 4-H Leaders***

This class will address concerns for construction judging and project completion, along with record book requirements. We will be using "Measuring Up: Quality Standards for Sew Items/Project" PNW 197 and will include handouts.

Anyone attending this program who requires auxiliary aids or services should contact the Nez Perce County Extension Office at 1239 Idaho Street, Lewiston, ID 83501, ksanford@uidaho.edu, 208-799-3096 at least two weeks prior to the event.

Lunch 11:15 – 12:05

Soup, salad, and rolls will be served in the Student Union Building

SESSION 3 12:10 – 1:00 p.m.

Lotions and Potions (20) - ***Kelli Loftus, Latah County Associate Extension Educator***

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Horse Nutrition - ***Intermountain Feed Representative***

Learn about healthy nutrition for all of your horses' needs.

Temperament Inventory: are you a Green, a Blue, an Orange or a Gold? - ***Kathee Tifft, Nez Perce County Extension Educator***

An attribute that contributes to what makes each of us unique is our individual temperaments. Learning about temperaments can help you value differences in people and communicate more successfully; particularly with those who don't necessarily think and feel the same as you.

First Aid 101 – ***Tracy Baune, Idaho County 4-H Leader and Registered Nurse***

Do you know what to do if one of your 4-H members sprains an ankle or has a bloody nose? Learn how to deal with the minor injuries that can occur during your 4-H activities.

SESSION 4 1:15 – 2:05 p.m.

Child Protection - ***Kelli Loftus, Latah County Associate Extension Educator***

An overview of child abuse, the types, the signs, and what you as a 4-H leader need to be aware of. This session will also cover mandated reporting and how to handle a disclosure from a child.

Small Animal Preventative Health Care - ***Dr. David Ard, Southway Animal Clinic***

Learn all aspects of health care for dogs, cats, rabbits, cavies and other small animals.

Get Noticed! - ***Kerry Sanford, Nez Perce County 4-H Program Coordinator***

Not all posters and displays are created equal. In this class you will learn how to make posters and displays that will get noticed during demonstrations and at fair.

The Adventurous Lives of 4-H Teenagers! - ***Teen presenters from all 5 counties***

So, you want to know more about National Congress, KYG, Teen Conference, CWF, and the 4-H Exchange Programs? Come to this class and let our County Ambassadors and Teenagers share their life experiences.

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