

# Bingham County News

Volume 12 Issue 10

December 2011

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## Character Counts

I had the opportunity to attend a conference in Omaha, Nebraska recently. Tom Osborne (former Nebraska head football coach, former Nebraska state senator and current athletic director at the University of Nebraska) took time to talk to us about leadership and character. The day before he spoke, I asked one of my colleagues from West Virginia if he was going to listen to Coach Osborne, he told me he didn't need to go listen to some "butt slappin," tough guy tell us how much he yelled at his players to get them to play well. That is not how Coach Osborne is at all. I was very impressed with the manner in which he spoke. He wasn't a "rah, rah" speaker or a loud powerful speaker, instead he was soft spoken but direct. It's funny that my friend's preconceived idea about Coach Osborne made him miss a great learning opportunity.

He opened his talk by sharing, "Leaders need to have character." He shared this quote by Horace Greely, "Fame is a vapor, popularity is an accident, riches take wings, those who cheer you today will curse you tomorrow. The only thing that endures is character."

It was Osborne's responsibility to get players to come to Nebraska football. He wanted good athletes but more importantly he wanted young men of character. The football program at Nebraska was based on honesty and integrity. Coach Osborne shared that when he met with players and their families his character was on display so it was important to tell them the truth. He didn't believe in making

promises to players and families. He needed their trust and that wouldn't be possible if he made promises that couldn't be kept. Coach Osborne expected his players to be honest and have integrity. He said without trust there is no integrity and without trust there is no character.

Coach Osborne shared that being proactive and positive with young people will help shape their character. There were times when players would make mistakes in practices or games and instead of yelling at them for the mistakes he told them to remember how many

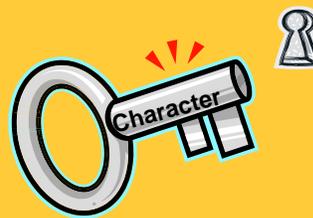
many livestock judging teams over the years has taught me this principle. I can critique them on what they need to improve, but when I share with them the things they are doing well, the youth improve much quicker and I think they learn more. This has been a learn by doing process for me, as my children and all of the judging team members I have coached over the years will attest.

Building the character of a team is a challenge. Coach shared how important it is to the success and overall character of a team for everyone to contribute. When the team wins, everyone wins. Everybody has an important role in the success. He continued that youth need to face adversity. When they are faced with adversity they have three choices. 1) They can **quit** or coast; 2) they can **blame** someone else for their problems; or 3) they can look for the **opportunity** in adversity to get better. Abraham Lincoln didn't quit, he didn't blame others; he never gave up; he found opportunities to get better. Lincoln had great character as is evident in the way he led this country during the Civil War.

I really liked this quote from Macaulay that Osborne shared, "The measure of a man's real character is what he would do if he knew he would never be found out." I think it is our responsibility to help young people learn to have this kind of character. I appreciate the privilege to have grown up in the 4-H program and am thankful for great leaders' in my life. Thank you for spending your time leading our youth. Happy Holidays!

Scott~

## Leadership



times they had done that play well or he showed them film of the good plays they had made. He displayed the strength of his character by interacting with his players in a positive manner. I think by doing so, Coach Osborne has taught his athletes how to handle situations in their own lives which helps them develop their own strong character.

I think back to my own kids; telling them what they had done wrong didn't do any good. When I told them that I knew they could do something right and tried to cite the times when they had done that particular thing right always made the situation better. Working with

### Make the Commitment to “Maintain, Not Gain” This Holiday Season

Research suggests that Americans gain one to two pounds during the winter holiday season-but this extra weight tends to accumulate over the years and may be a major contributor to obesity later in life. In order to help people avoid this tendency, Extension Educators in West Virginia developed a program called “Maintain, Don’t Gain.” Participants are asked to weigh themselves in early November and again in January and then report any weight changes. Weekly Extension newsletters that focus on physical activity, healthy eating, reducing stress, food safety, etc. provide tips and encouragement for participants to maintain their weight. Send an email to [markers@uidaho.edu](mailto:markers@uidaho.edu) if you would like those weekly newsletters emailed to you.

“Maintain, Not Gain” has been established in West Virginia for eight years. In 2010, 81% of the 165 participants lost weight and 7% maintained their weight. Although Idaho does not have a structured program like this, I encourage you to make a commitment to maintaining your weight this holiday season. Doing so can help you start or continue the path to-

ward a healthy lifestyle. Write down a specific, measurable, attainable, realistic and time bound goal to maintain your weight. Share your goal with someone that will support you (email me if you would like.)

Create a journal to track your progress towards reaching your goal. In your journal, you can explore barriers (actions, feelings and attitudes that get in your way) and think creatively about potential solutions. Through your journal, you can explore feelings about successes and slips, highlight accomplishments, and give yourself a pat on the back.

We wish you a happy, healthy holiday season and would love to hear about your success as you strive to “Maintain, Not Gain” this year.



### Slightly Pink Pork Safe to Eat



A little pink in your pork is OK. The US Department of Agriculture (USDA) now says pork and other whole cuts of red meat need cooked only to an internal temperature of **145° F**. The previous recommendation of 160° F for pork “was probably overkill,” says a USDA official. Trichinosis, a parasitic disease from eating undercooked meat infected with roundworm larvae, hasn’t been a problem in commercially produced pork for years. The real worry is salmonella, but USDA testing found that pork **cooked to 145° F and then allowed to rest for three minutes** (during which the internal temperature

keeps rising) was safe—not to mention juicier. The update simplifies the government’s recommendations for safe cooking temperatures: 145° F for all whole cuts of red meat, 160°F for ground red meat and 165° F for poultry. Use an instant-read thermometer to make sure.

Source: Tufts University Health and Nutrition Letter, August 2011

**\*Stop by the Extension Office for a free refrigerator magnet with the latest safe cooking temperatures**

### Get Revaccinated Against Whooping Cough (Pertussis)

A few years ago the CDC started advising adults age 13 to 65 to be revaccinated, and recently the agency included people over 65 as well, especially if they have close contact with small children. This should be done via a combination vaccine that also protects against tetanus and diphtheria. Though whooping cough has declined in children due to immunization, it has been rising in teens and adults. Adults with this highly contagious bacterial disease can develop severe, long-term coughing, as well as pneumonia. In infants, it can cause life-threatening complications. Call your doctor today for an appointment.



## Growing Tender Roses in Harsh Climates

Ah, roses! These colorful flowers add beauty to any landscape and have been romanticized in phrases such as “a rose is a rose is a rose” (Gertrude Stein, *Sacred Emily*, 1913) or “a rose by any other name would smell as sweet” (William Shakespeare, *Romeo and Juliet*, 1600). However, growing roses in east Idaho can be challenging.

If you grow roses, it’s likely you’ve planted hybrid tea roses that are commonly sold here, and you may have had problems getting them to survive winter. Whether roses survive winter depends not only on what you do now but also previous management. Even if you do everything right, there’s no guarantee tender hybrid tea roses will survive some of our harsher winters.

Tender roses need to re-grow new wood each spring, so proper soil fertility is important. There are many rose fertilizer products on the market and likely all will do the job if the manufacturer’s directions are followed. Tender roses need to be fertilized with a complete fertilizer when new growth starts in the spring and again during the first part of July. Do not apply fertilizer after July because this encourages succulent new growth that is more vulnerable to winter damage.

Roses will need to be pruned each spring. Established roses should have 4 or 5 healthy canes. Remove all others at ground level. On the remaining canes, remove all dead tissue to a point about 2 inches below the line demarking the live (shiny green) and dead (black or brown) stem material. In some years this point may be at ground level. It’s necessary to cut below the visibly dead portion of the stem so to minimize the possibility of weak new growth developing from damaged material.

The most important cultural management practice for growing tender roses here is providing protection from cold winter temperatures and drying winds. The simplest method is mounding, which is accomplished by piling 8 to 12 inches of moist soil over the plant, or you could use compost, leaves or other organic matter. If you remove soil from around the rose bush to cover the plant, stay at least 3 inches away from the base of the plant to minimize root damage. Do not use

straw or hay because these materials tend to attract rodents that may damage rose stems. A wire cage may be used around the plant to help keep loose organic mulch in place.

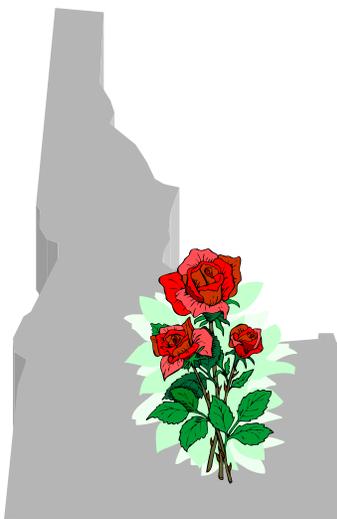
A second method is called the Minnesota Tip method. This entails digging a shallow trench that extends from the base of the rose bush a distance equal to the height of the plant. You may want to prune the rose bush to half its height to lessen the amount of digging. Carefully remove the soil near the roots to minimize damage. However, you’ll need to remove all the soil near the crown of the plant, so some damage is inevitable. When the trench is complete, tie the stems together, tip the plant over into the trench and fill with the soil removed.

Using commercially available Styrofoam covers is a third method to protect roses. You’ll need to prune the rose bush and tie the branches together before placing under the cone. This is a fairly simple method, but your rose landscape will be replaced with Styrofoam cones, which may not be as attractive as you’d like.

Protecting your roses in winter is important, but just as important is removing the protective covering in a timely manner in the spring. Begin gradually removing the soil or other protective material in March or early April when you see new growth. New growth needs to become acclimated so you don’t want to expose too much at one time. It’ll likely take several weeks to completely remove all the protective covering. If you used Styrofoam cones, remove the cones for an hour or two each day at first, and gradually extend the time the plants are exposed each day until the cones are permanently removed.

Up until recently, you could only purchase tender roses. However, hardy roses are now becoming available, and these roses are better adapted to our harsh climate. To learn more about hardy roses, where to purchase them and care of tender roses, download a free University of Idaho bulletin, “Hardy roses for harsh climates” at <http://www.cals.uidaho.edu/edComm/pdf/BUL/BUL0874.pdf>.

Happy Gardening!



Watch for information about  
**Southeast Idaho’s Cereal Schools**  
 in upcoming newsletters!



February 8, 2012—Pocatello, Red Lion Hotel

February 9, 2012—Idaho Falls, Red Lion Hotel



### Take time to learn cow needs this winter

The recent cold weather that we are having has caused me to think about feeding cows to meet their nutritional needs. It is always a challenge to feed cows enough during the winter to maintain their productivity next spring and summer. I think it is more difficult this winter due to the high cost of most feedstuffs. But cutting corners to cut costs during the cold weather months could be more costly to herd productivity than you might think.

With the cost of hay at all time highs, cattlemen were able to sell their high quality hay to dairies; keeping the lower quality hay for their own cows. If that happened to you, it's going to be important to make sure the cows get enough protein to maintain an adequate body condition score. In order to know the needs of your cattle, a body condition score (BCS) needs to be determined (see <http://www.cowbcs.info> to learn more about identifying body condition score.) An adequate BCS for cows at this point in the winter should be from 5 to 7. Cows thinner than a 5 BCS need more feed while fatter cows can get by on less. I have learned that what I perceive as adequate fat might be considered too fat for someone else. As an example of this, my son called me last week to look at the cattle he is hauling to sale during the National Western Stock Show in Denver. He was concerned that one on the bulls was too fat and wanted advice on how to feed him differently. I looked at the bull, but I thought his condition was right where it should be. I explained that it is going to get colder and with hauling the bull to Denver it will cause him to shrink some weight. My recommendation was to keep feeding the bull the same. It's always easier to pull a little weight off in the winter than put it on.

A typical 1,200 pound cow will need to eat 2% of it's body weight or 24 pounds of dry matter per day. The 24 pounds of dry matter is equal to 28 to 30 pounds of hay. The amount of dry matter consumption will change based on the quality of feed and weather conditions. Cattle will eat less of a poor quality, stemmy hay, which means they will need something else to maintain condition. I'm sure you have noticed that cows eat more (and they need to) during periods of colder weather. They



need the extra feed just to maintain their condition. Cows don't typically gain weight during extremely cold months.

In determining your feed costs, you should figure the cost of feeding for at least 120 days. Hay costs that I have been quoted range from \$190 to \$275 per ton. For the following example I estimated the average cost per ton at \$225. Feeding 30 pounds of hay for 120 days means you will feed 1.8 tons of hay per cow; with a cost of \$225 per ton for a total hay cost of \$405 per cow. Even

if you are feeding your own hay, you need to figure the value of the hay at the price you could have sold it for to determine your costs. It may be more cost effective to feed a higher protein supplement along with the lower quality hay to make sure the cow's nutritional needs are met.

Cows with a BCS from 5 to 7 still need to be fed enough to gain 3/4 to 1 pound per day to account for fetal and reproductive tract growth. Cows with less than a BCS of 5 will need to be fed enough to gain more than one pound per day to keep up with calf and reproductive needs. Cow management during the winter months will impact their

ability to rebreed for next season.

I think it is important for producers to know the needs of their cows, know the nutrient content of the feed (s), take time to compare feedstuffs and balance diets or rations for the cattle. I realize that cattle prices are at an all time high, even cull cows, it's easy to think that taking the time to know about your cattle and their needs is not very important. In fact my friend says, "I am making money so I don't need to keep good records." I still remind him that he may be getting high prices for his cattle, but is he paying a very high price for feed, fuel, fertilizer and transportation. Keeping track of these expenses could increase his bottom line.

My recommendation is to take time to identify the needs of your cattle, learn the nutrient content of your feed, and take time to investigate feeds and balance rations. Using your time to identify the needs and feeds of your cattle might be the best investment you make this winter.

Source: Dr. John Hall, University of Idaho Beef Specialist



# Fun with 4-H



Premiums (\$) not claimed by December 30, 2011 will be considered a donation and will revert to 4-H.



## Reminder to 4-H leaders!

All 4-H leaders are required to re-enroll for the 2012 4-H year. If you have not enrolled yet, please come into the office to do so.

* 2012 Registration Fees	Before Dec. 30, 2011	After Jan. 1, 2012
<b>Regular Members</b>	\$ 7.00	\$ 11.00
<b>Cloverbud Memebrs</b>	\$ 7.00	\$ 7.00
<b>Horse Memebrs</b>	\$ 11.50	\$ 15.50
<b>Regular Leaders</b>	\$ 1.00	
<b>Horse Leaders</b>	\$2.00	

## 2012 Know Your Government Conference in Boise

The annual 4-H Know your Government Conference provides 4-H members in the 8th and 9th grades the opportunity to learn more about our government by experiencing firsthand how Idaho's legislative and judicial systems work.

Youth will participate in mock trials and legislative sessions as well as watch our legislature work, tour the Capitol building and have breakfast with Idaho's legislators and judges. Delegates will stay at the Red Lion Hotel in Boise.

The 2012 conference is scheduled for February 18-20 (Presidents' Day Holiday weekend so kids won't miss school.) The cost for the conference is about \$130. There are scholarships available that GREATLY reduce the cost to the youth. For more information, contact Scott or Debbie at 785-8060.

**Application deadline is January 6, 2012.**

## 2012 4-H College Scholarship Application Deadlines



Attention high school seniors! Before you know it, 4-H college scholarship applications will be due. It is not too early to start completing the application process! The following 4-H college scholarships are available.

### Please note the deadlines!

#### Bingham County 4-H College Scholarships

All applications are available at the Extension Office and are due to the Extension Office by **April 15, 2012**.

- Bingham County 4-H Endowment College Scholarship (\$250)
- Bingham County 4-H Teen Association College Scholarship (\$250)
- Jennifer Stoddard Memorial College Scholarship ( \$750)

#### Idaho 4-H State College Scholarships

The applications and information can be found on-line at : [www.uidaho.edu/extension/4h/awardsscholarshipscontests/asc/4hscholarships](http://www.uidaho.edu/extension/4h/awardsscholarshipscontests/asc/4hscholarships).

Copies are available at the Extension Office.

#### **All applications due to Idaho State 4-H Office by February 15, 2012.**

- Idaho Friends of 4-H Board College Scholarship (\$1,000)
- Cooper "Whitey" and Leona Fletcher Memorial College Scholarship (\$1,000)
- Johannsen Leadership College Scholarship (\$1,000)
- O.M. Plummer Memorial College Scholarship (\$300-\$700)
- Ruth Shane Memorial Scholarship (\$1,000). Primary consideration will be given to applicants with Family and Consumer Sciences project achievement and leadership in 4-H and community.
- Lillian Jeanette Craig Memorial Scholarship (\$1,000) will be awarded to cancer survivors or sibling of someone who has cancer.

## Congratulations to our 2011 Bingham County Fair Barn Awards:

Beef: Last Chance, Sheep: Hot Ewes & Cool Dudes, Swine: Barnyard Friends, Goat: Wether or Knots



A colt horse has been offered to any 4-H family willing to provide a good home. The colt was born in the spring of 2011. The colt is Pappy's Blackburn out of a Quincy Dan mare. The colt has registration papers and can be transferred for \$25. Anyone interested in this free colt horse, contact Scott Nash at the Extension Office at 785-8060.

## Thank You!

Thanks to all that supported the Livestock Judging Team Turkey Shoot. Team members Jake Johnson, Colter Carter, KayDee Isom, and Carsey Kofford raised \$654 toward their trip to participate in the Western 4-H Roundup Judging Contest held during the National Western Stock Show in Denver, Colorado next month. They would also like to thank the Bingham County 4-H Advisory Council for helping with funding for their registration for the Roundup.



# Fun with 4-H



**Save the Date**  
**Teen Conference 2012**  
**June 11-15**  
**University of Idaho Moscow Campus**

**Learn**  
 Educational workshops  
 Community service  
 Electing youth leaders  
 Collegiate life  
 Life skills



**WAY OUT WEST**  
 Teen Conference 2012  
 University of Idaho  
 Extension

**Enjoy**  
 Swimming  
 Dancing  
 Group sports  
 Variety show  
 Making friends

For more information visit the Teen Conference web page at [www.uidaho.edu/4h](http://www.uidaho.edu/4h)

### 4-H T.A.L.K. Retreat March 18-20

A Teen Ambassador Leadership kit (T.A.L.K.) retreat will be held **March 18-20** at the Campus Grove at Albion, Idaho. Each participant will have the opportunity to learn about event planning, goal setting, job/interview skills and photography. The event begins on Friday evening and ends Sunday approximately at noon. 4-H teens ages 13-18 by Jan 1, 2012 are invited to participate. Cost of \$50 includes activities, meals, snacks, lodging and an Ambassador polo shirt. If you return the application by Feb 25, you receive a \$10 discount—a good deal for a fun-filled weekend with 4-H teens from around the state! For registration forms contact the Bingham County 4-H Office at 785-8060 or for more detailed information contact Donna Gillespie at the Minidoka County Extension Office at (208)436-7184.



We will be starting a 4-H sewing club beginning on January 9<sup>th</sup>. This group is open to ages 8-18, as of Jan 1, 2012. We have 10 available openings. This class will be a basic sewing skills class. If you are new to sewing and would like to learn to sew, this is the class for you. This group will meet Mondays at 3:00-4:30 and will run for 6 weeks. We will be working on some exciting projects such as a pincushion, a purse and a skirt, and we will be learning skills such as hand sewing, threading a sewing machine and seam finishes. The students enrolled in this class will be responsible for a \$20 class fee that will cover the cost of materials and sewing supplies.

**Please sign-up by January 3, 2011.**

## Idaho BEEF Summit

A Steak in Your Bottom Line.



Tour meat processing facilities to learn about carcass grading, processing, & value added marketing.

Attend workshops to learn about:

- DNA testing for carcass quality traits
- Meat cutting demos
- Meat science 101 for ranchers
- Industry
- How to get paid to produce consumer acceptable cattle
- Check-off
- Tips from a retailer & chef
- BQA updates
- Much, much more!



**January 5-7, Twin Falls  
Red Lion Hotel, Canyon Springs**

Cost: \$50.00  
For more information contact  
Danielle at (208) 236-1046

## Farm & Ranch Management School

This 5-hour course will focus on:

- Machine Costs
- Custom Rates
- Enterprise Budgets
- Crop Leases
- Livestock Leases
- Machinery Joint Ownership

### Location & Times:

**12/19**, 10-3 p.m., Burley at Cassia Co. Extension Office

**12/20**, 10-3 p.m., Pocatello at Bannock Co. Fairgrounds

**12/21**, 10-3 p.m., Rexburg at Madison Co. Courthouse

**Cost:** \$10 per person  
Includes lunch and materials

\*bring a laptop if you have one, or you can use one of ours.

**Registration:** call Teton County Extension at (208) 354-2961



# Fun with 4-H



## 2011 Bingham County 4-H Open House

The annual Bingham County 4-H Open House was held on October 24 at the Extension Office. Over 140 parents, leaders, 4-H members, supporters and public attended. We, also, had many new 4-H members sign up for the 2012 year. 4-H fair premiums were available for pick up. The conference room was set up with various "stations" that the public could visit to find 4-H club and project information. There was a "hands-on" table that kids could experience a 4-H card making project. A 4-H awards program was held at 6 p.m. that honored 4-H members who had shown exemplary service and leadership in their clubs and project work. Leslie Mielke from the Morning News attended to take photos and interview the recipients.

- Chase Herbst was chosen for the Spirit of 4-H Award by award donors, Randy & Julie Wilmot, because of his service to others at the fairs and as a 4-H teen camp counselor.
- Shayna Rosin was chosen for the Wells Fargo Wristwatch Award because of her outstanding project work and her teen camp counselor leadership.
- Casey Rosin was chosen for the Idaho 4-H Key award for his club leadership and project work.

Both the Idaho 4-H Key Award and the Wells Fargo Wristwatch Award are state 4-H sponsored awards to deserving 4-H members in each county in Idaho.

Congratulations to all of our award winners, leaders, parents and club members for helping to make our 2011 4-H year great!

### Idaho 4-H Centennial Celebration

Idaho 4-H will turn 100 years old in 2012! In the following newsletters for 2012, there will be ideas for clubs to help celebrate 100 years of 4-H in Idaho. Look for this boxed article each month with several celebration ideas!



- Make arts and crafts during 4-H club meetings that represent the past, present, and future of 4-H. Display them at the county fair.
- Make the 4-H club meeting warm up activity or icebreaker an old-fashioned game they may have played 100 years ago. See [www.oldfashionedliving.com/holidays/main.html](http://www.oldfashionedliving.com/holidays/main.html) or [www.seedsofknowledge.com/treehouse.htm](http://www.seedsofknowledge.com/treehouse.htm) for ideas.
- Make, document, and track a club pledge of 100 things each member will do to be healthy in 2012. This could be exploring substance abuse prevention issues, eating healthier snacks at 4-H club meetings, exercising 100 times both individually and as a club.
- Collect 100 pairs of mittens, gloves, or hats and donate to a homeless shelter.
- Bake 100 4-H cookies or cupcakes and give them to the local police, fire, and ambulance workers to say thank you for their service to the community.
- Write letters to the editors of newspapers or commissioners describing the difference 4-H has made in your life.

### 4-H Winter Holiday Day Camps

Bingham County 4-H is offering day camps during the holiday break from school. You can complete one or two 4-H projects in a day! The day camps will be held on **Wednesday, December 28, 2011** from 9 a.m. to noon and from 1p.m. to 4 p.m. at the 4-H/Extension Office. **All 4-H age youth (8-18 on Jan 1, 2012) are invited to attend.** These day camps fill up fast, so get your registration in as soon as possible! Payment is required to reserve your spot. **Registration deadline: December 21, 2011**

#### Winter Holiday 4-H Day Camp Registration Form

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Birth date: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Make checks payable to 4-H. Return this form with fee to the 4-H office or mail to:  
Bingham County 4-H, 583 West Sexton St., Blackfoot, ID 83221

**Check only one from each session:**

**\*\*Please bring a sack lunch if you are attending both sessions\*\***

9 a.m.- noon

1- 4 p.m.

All day camps will be held at the Extension Office	
<b>Microwave Cooking</b> -Learn to make breakfast/lunch/dinner and holiday treat items using the microwave! Come hungry! <b>Cost: \$6</b>	<b>Hot Eats &amp; Cool Treats</b> - Learn to make fun & easy snacks that will warm you up and are cool to make! <b>Cost: \$6</b>
<b>Pajama Pants</b> - Come and make a cozy pair of pajama pants and practice your sewing! Age: <b>Full</b> <b>Cost: \$8</b> and range from small to x-large.	<b>Set Your Table!</b> - Learn fun table setting themes and ideas for the county fair table setting contest and for your family table! <b>Cost: \$6</b>

"At the University of Idaho we respect your right to privacy and we understand that participants need to be in control of their personal information. "Personal information" includes, but is not limited to, name, address, and telephone number and e-mail address. The University of Idaho does not sell, rent, swap or otherwise disclose any of this information other than for the sole purpose of Civil Rights reporting."

COOPERATIVE EXTENSION SYSTEM  
UNIVERSITY OF IDAHO  
BINGHAM COUNTY  
583 WEST SEXTON  
BLACKFOOT ID 83221

NON-PROFIT ORGANIZATION  
U.S. POSTAGE PAID  
BLACKFOOT ID 83221  
PERMIT No. 291

**Web Site:** <http://www.uidaho.edu/extension/bingham>

## 2011 Calendar

December	23	Holiday—Office will be Closed
	26	Holiday—Office will be Closed
	28	Winter Day camps
	30	Last day for reduced enrollment fees
January	5	Idaho Irrigation Equipment Show & Conference
	5-7	Idaho Beef Summit, Idaho Falls
	6	Master Gardener application deadline
	6	KYG applications deadline
	9	Early out Monday 4-H sewing club begins, 3:00-4:30 p.m., Office
	17	Market Animal Meeting, 7 p.m., Office
	24	Master Gardener Class begins 1-4 p.m., Lutheran Church
February	8	Cereal School, Pocatello, Red Lion Hotel
	9	Cereal School, Idaho Falls, Red Lion Hotel
	15	State 4-H Scholarships due to State Office
	18-20	KYG, Boise

The Bingham County News is published by the Bingham County Extension Office. All comments should be directed to Scott Nash.

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<http://www.uidaho.edu/extension/bingham>

Extension Educators:  
*William Bohl*, Horticulture/Crops  
*Scott Nash*, 4-H/Livestock  
*Marnie Spencer*, Family &  
Consumer Sciences/4-H

Staff:  
Krista Cernyar, Office Manager  
Debbie White, 4-H Coordinator  
Molly Bedke, 4-H assistant

Persons with disabilities who require alternative means for communication of program information or reasonable accommodations to any programs listed in this newsletter need to contact the Bingham County Extension Office two days prior to the event at 583 West Sexton St., Blackfoot, ID 83221, phone 208-785-8060, email [bingham@uidaho.edu](mailto:bingham@uidaho.edu).