States' 4-H

2013 Finland Exchange

Who: **4-H youth ages 15-19** (must turn 15 by the date of travel and no older than 19 during exchange period; must not be in college)

What: Travel to Finland with 4-H youths from across the U.S. and live with a Finnish host family (**a host sibling of similar age is NOT guaranteed**). S4-H's mission is to enhance world understanding and global citizenship, which we believe can be achieved through living with a local host family and immersing oneself in another culture.

The 4-week program will include orientation in Helsinki and a day trip to Tallinn, Estonia.

An adult chaperone will travel with the delegation on all international flights and stay in Finland for the entire exchange period to assist with any delegate concerns/issues.

When: **July 1 – July 31, 2013**

Where: Departure Orientation in US gateway city (TBD) & Arrival Orientation in Helsinki, Finland

How: This exchange is coordinated with the Finnish 4H Federation which will organize the Arrival Orientation and the homestay.

Capacity: 15 delegates and 1 chaperone

Cost: Estimated at **$3,300 - $3,700***
*Final cost will be dependent upon currency exchange and airfare.

Program Costs Include:

- Roundtrip airfare from home state to Helsinki, Finland
- In-Finland expenses: transportation, lodging, meals**
- Orientation in the U.S. gateway city & Helsinki (double or higher occupancy based lodging)
- Day trip to Tallinn, Estonia
- Health & Accident Insurance
- Pre-trip conference call, orientation materials and t-shirts
- Administrative costs
- A portion of the adult chaperone expenses

Additional costs to be paid by each delegate may include:

- **Some meals during the Helsinki orientation & trip to Tallinn
- Passport
- Gifts for host family members
- Spending money and all other personal items

Application Deadline: February 1, 2013

Payment Schedule

- **February 1st** **$2000 with application**
- **April 1st** **$1000**
- **May 1st** **Remaining balance**

Cancellation Policy

- **Payments NOT refundable after each deadline (Air ticket is issued by mid-February and is NOT refundable once issued)**
- Cancellations must be made in writing
- For exceptional circumstances, refunds are made on a case-by-case basis

Program details subject to change.

Non-Discrimination Statement

As a an organization comprised of 4-H members, S4-H prohibits discrimination in all its programs and activities on the basis of race, color, national origin, creed, sex, religion, age, disability, political beliefs, sexual orientation, or marital or family status.