States' 4-H

2013 Costa Rica Exchange

Who: **4-H youths ages 15-18** (must turn 15 by the date of travel and no older than 18 during exchange period; must not be in college)

What: Travel to Costa Rica with 4-H youths from across the U.S. and live with a Costa Rican host family during your stay. The 4-week program will include a trip to the La Paz Waterfall Gardens.

An adult chaperone will travel with the delegation on all international flights and stay in Costa Rica for the entire exchange period to assist with any delegate concerns/issues.

When: **July 5 – August 4, 2013**

Where: Departure Orientation in US gateway city (TBD) & Arrival Orientation in San Jose, Costa Rica

How: This exchange is coordinated with the Fundación Nacional de Clubes 4S who will organize the Arrival Orientation and the homestays.

Cost: Estimated at **$2600 - $3000**
*Final cost will be dependent upon currency exchange and airfare.

Program Costs Include:

- Roundtrip airfare from home state to San José, Costa Rica & Airport exit tax
- In-Costa Rica expenses: transportation, lodging, meals
- Orientation in US gateway city and Costa Rica (double or higher occupancy based lodging)
- Medical & Accident Insurance in Costa Rica
- Pre-trip conference call, orientation materials, t-shirt
- Administrative costs
- A portion of the adult chaperone expenses

Additional costs to be paid by each delegate may include:

- Passport
- Gifts for host family members
- Spending money and all other personal items
- Some in-Costa Rica transportation and activities

Application Deadline: February 1, 2013

Payment Schedule

- **February 1st** — **$2000 with application**
- **April 1st** — **$1000**
- **May 1st** — **Remaining balance**

Cancellation Policy

- **Payments NOT refundable after each deadline (Air ticket is issued by mid-March and is NOT refundable once issued)**
- Cancellations must be made in writing
- For exceptional circumstances, refunds are made on a case-by-case basis

Program details subject to change.

Non-Discrimination Statement

As a an organization comprised of 4-H members, S4-H prohibits discrimination in all its programs and activities on the basis of race, color, national origin, creed, sex, religion, age, disability, political beliefs, sexual orientation, or marital or family status.