STATES' 4-H INTERNATIONAL EXCHANGE PROGRAMS

STATE

2013 OUTBOUND DELEGATE APPLICATION

If printing, paste a small photo of yourself

Indicate program(s) for which you are applying:

For programs marked with *, there is a maximum group size nationwide. You will be notified in February 2013 regarding final delegate selection.

☐ Australia* ☐ Argentina* ☐ Finland* ☐ Tanzania*

☐ 4-week Japan (No maximum group size) ☐ 8-week Japan* (**Maximum 17**)

Japan OB Applicants Only: choose an organization: ☐ Labo ☐ LEX ☐ Utrek

FULL LEGAL NAME: _____
***Exactly** as printed in passport** (First) (Middle) (Last)

Name you prefer to be called: _____

Gender: _____ Grade: _____ (for 2012-13) Age:__ Birth Date: _____ (M/D/YY) T-shirt Size: _____

HOME ADDRESS:

Mailing Address: _____

City: _____ State: _____ Zip: _____

County: _____ Phone: ( ) _____

Applicant's Cell Phone:
(to be carried and used during
the domestic travel in the U,S.) ( ) _____ Email: _____

PARENT / GUARDIAN:

Mother's Name: _____ Occupation: _____

Cell Phone: ( ) _____ Home Phone: ( ) _____ Work Phone: ( ) _____

E-Mail: _____

Father's Name: _____ Occupation: _____

Cell Phone: ( ) _____ Home Phone: ( ) _____ Work Phone: ( ) _____

E-Mail: _____

Name and Age of Sister(s): _____

Name and Age of Brother(s): _____

EMERGENCY CONTACT

Name: _____ Relationship: _____

Cell Phone: ( ) _____ Home Phone: ( ) _____ Work Phone: ( ) _____

RELIGION (Optional): _____

FAMILY INSURANCE CARRIER: _____ ID#: _____ Group #: _____
(Participants are responsible for expenses beyond the coverage of the exchange program's insurance policy.)

FOREIGN LANGUAGE SKILLS *Please indicate: Excellent - Good - Fair - Poor - None.*

Language	Reading	Writing	Speaking	Comprehension	Years Studied

TRAVEL

1. Which local airport would you prefer to use? Please list only the airports you can actually use in the summer. In the event that your preferred airport is not feasible, please note that an alternative airport within 100 miles of the listed ones may be chosen at S4-H's discretion.

   1) _____ 2) _____(if applicable)

2. Have you flown domestically before? ☐ Yes ☐ No Internationally? ☐ Yes ☐ No

3. Do you have a current passport?

   ☐ Yes – Submit a copy of photo page (with signature). The passport must be valid for three (3) months after the intended return travel date (and six months for Australia). Check the expiration date and renew, if needed.

   ☐ No – Apply in advance. It may take as long as two months, and applicants who are under 16 years of age must apply in person accompanied by both parents/guardians. Submit a copy of photo page (with signature) when passport is received.

TRAVEL EXPERIENCE OUTSIDE THE U.S.

Country	Length of Stay	Dates/Year	Purpose (tourist, study, etc.)

HOSTING EXPERIENCE

1. Have you hosted any international exchange students before? ☐ Yes ☐ No

   a. If yes, through which organization(s) did you host? (Please list all.)

   _____

2. **If you have hosted a Japanese student/chaperone through 4-H in the past and are applying for Japan Outbound program, please fill in the list below.** You may be eligible for Hosting Grant through Labo/LEX/Utrek.

Japanese participants' Name(s)	Year	Length of Stay (two weeks, a month, or a school year)	Organization (Labo/LEX/Utrek)

***State Coordinators ONLY**: Please verify the record and initial here _____

HOST FAMILY REQUEST

☐ **Any host family assigned is acceptable.**

☐ **I request to be hosted by (we cannot guarantee that the preferred host family will be available):**

Family Name: _____ Organization: _____

Address: _____

Home Phone: (_____) _____ Email: _____

☐ **List type of farm experience desired in order of your preference (required for AUS OB applicants only; farm experience not guaranteed):**

_____

AT-A-GLANCE HEALTH SURVEY: Since medical forms are not due until later, it is important to list any health conditions here, so the international partner and host family can be aware of them to make the homestay enjoyable for everyone. Be as specific as possible. You may attach a separate piece of paper, if needed.

ALLERGIES: List ALL non-food allergies: _____

DIET: 1. List all food allergies (shellfish, peanuts, etc.): _____

2. Are you a vegetarian? ☐ Yes ☐ No

If YES, list what you cannot/do not eat: _____

And what you can/do eat: _____

3. Any other special dietary needs or restrictions? _____

SMOKING:

☐ I may NOT be placed with a smoking family.
☐ I may be placed with a smoking family, but prefer non-smoking.
☐ A smoking family is acceptable for me.

ANIMALS:

☐ Placement in a home with any type or size of pets/animals is okay with me.
☐ Although I am mildly allergic to the following animals, it's okay for me to be placed with them:
_____
☐ I am strongly allergic to the following animals and cannot be placed with them inside the home:
_____
☐ I am afraid of some pets and animals. Please do not place me in a home with the following:
_____

OTHER HEALTH CONCERNS:

1. Do you have any physical/mental condition of which your host family should be made aware? ☐ Yes ☐ No

If yes, provide details (history, treatments, current status):_____

2. Are you taking any medications? ☐ Yes ☐ No

If yes, list the names and purposes of the medications: _____

3. Are there any physical activities you are restricted from doing? ☐ Yes ☐ No

If yes, list all: _____

INTRODUCTION TO YOUR HOST FAMILY

In the following categories, check as many boxes as may apply to you.

What activities do you enjoy?

☐ studying ☐ shopping ☐ hiking ☐ camping ☐ nature/outdoors ☐ movies ☐ swimming ☐ cooking
☐ handicrafts ☐ museums ☐ listening to music ☐ gardening ☐ bicycling ☐ painting/drawing ☐ boating
☐ reading ☐ writing ☐ dancing ☐ singing ☐ TV ☐ computers ☐ video games
☐ sports (types:_____ _____)
☐ musical instruments (types:_____) ☐ Animals (types:_____)
☐ other activities: _____

Your personality characteristics:
☐tidy ☐curious ☐shy ☐emotional ☐cheerful ☐quiet ☐patient ☐talkative ☐humorous/funny
☐sociable ☐tolerant ☐serious ☐other:_____

What do you usually do in your free time?
☐movies ☐museums ☐reading ☐studying ☐shopping ☐sports events ☐other: _____

What type of TV programs do you enjoy watching?
☐educational ☐adventure ☐game shows ☐musicals ☐comedies ☐drama ☐movies ☐sports ☐news

What kind of books do you enjoy reading?
☐science fiction ☐classics ☐non-fiction ☐mysteries ☐poetry ☐humor ☐fiction ☐anime ☐other

What type of music do you enjoy?
☐classical ☐disco ☐show-tunes ☐popular ☐folk ☐country & western ☐jazz ☐rock ☐rap

What qualities do you value most in people?
☐loyalty ☐kindness ☐patience ☐intelligence ☐sense of humor ☐decisiveness ☐politeness ☐honesty
☐ sociability ☐ generosity ☐ curiosity ☐ hard-working

Please list some of your hobbies & interests:

_____

Please list some things about the hosting country and its culture that you find interesting:

_____

REFERENCES

- 4-H members are required to name at least one 4-H Staff Member and one school representative.
- Non 4-H members are required to name one school representative; the other reference may be any other adult (non-relative).

Name: _____ Position-Title/Relationship: _____

Address: _____

City: _____ State: _____ Zip: _____ Phone: ( ) _____

Name: _____ Position-Title/Relationship: _____

Address: _____

City: _____ State: _____ Zip: _____ Phone: ( ) _____

REQUIRED WRITTEN MATERIALS

Please see the next page for the list of written materials that must be submitted along with the application.

I CERTIFY that all information on this application is true and complete to the best of my knowledge. I understand the purposes and objectives of the States' 4-H International Exchange Programs and agree to participate within the framework of the program.

Applicant's Signature	Date
Parent or Legal Guardian (If applicant is under 18)	Date
County Agent	Date
State Coordinator	Date

REQUIRED WRITTEN MATERIALS

The following questions are designed to better prepare you for the homestay exchange experience. Think carefully and be specific! Please use separate pieces of paper and attach to this application.

1. **Application essay**
   Submit a typed one-page essay that answers the following questions:
   a. What are your expectations for this exchange?
   b. Why do you want to participate?

2. **Letter to host family**
   Either handwrite or type a letter to your host family introducing yourself, your family, and your interests. This letter will be your future host family's first chance to get to know you.

3. **Short answer questions**

   a. This exchange is a cultural immersion program. All host countries have cultural differences from your home, community, county and state. Do you have experience interacting with people from different backgrounds? How did you react when faced with cultural situations that differed from what you grew up with?

   b. What kinds of situations take you out of your comfort zone? How do you cope when feeling uncomfortable? How do you communicate your discomfort?

   c. What does diversity mean to you? How does it relate to this exchange experience?

   d. What does global citizenship mean to you? How do you expect that your worldviews might shift or be challenged by this experience?

   e. You have just arrived in your host country. You have no digital social networking options (cell phone, text message, Facebook, etc.) available, and have limited email access. Now how would you spend your down time?

4. **Cultural Project**
   Each outbound delegate is asked to prepare a cultural project that he/she can share with his/her host family. The cultural project should focus on an aspect of American culture that is important to you. The project can be in any form and on any topic. For instance, previous delegates have:

   - Demonstrated how to throw a lasso
   - Prepared their favorite food dish
   - Sung a favorite pop song (with accompanying dance moves!)
   - Taught their favorite sport/game and then played it with their host family

   Pick a project that you enjoy and that you're comfortable teaching others. You should also be prepared to leave a "hard copy" of your project with your host family. For instance, write down the recipe for your favorite dish, write down the lyrics for your favorite song, take photographs of your dance moves, or prepare a guidebook with pictures on your favorite sport. The main goal is for you to share a piece of American culture with your host family and new friends…and to have fun!

Email digital copy of at least one photo of yourself to your 4-H Coordinator,

or print this page and attach them here!