

BREKING

barriers ~ building bridges

TEEN CONFERENCE 2013

University of Idaho
Extension

June 10-14, 2013
University of Idaho Campus
Moscow, Idaho

University of Idaho
Extension

College of Agricultural and Life Sciences



Purpose of 4-H Teen Conference

- Participate in educational workshops.
- Experience campus life and become aware of opportunities at the University of Idaho.
- Learn about state, national, and international 4-H opportunities.
- Develop a life-long enthusiasm for the 4-H Program.
- Make new friends throughout the state of Idaho.

Who Can Attend

Youths who have completed the 8th grade and not more than the current year's high school graduates. Adult chaperones also attend. 4-H membership is not required.

Activities

You will take part in scheduled educational, recreational, and social events, with enough time to explore the university campus and relax with new friends. You will live in a university dormitory, eat in the student dining hall, participate in workshop tracks, and take part in recreation activities including sporting events, dances, and assemblies.

Events range from casual to semiformal. You will need a dressy outfit for the Clover Banquet and dance (no jeans, denim, or mini-skirts). Other activities, such as variety show, free time, and workshops call for casual summertime clothing, swimwear, and comfortable footwear. Pack your rain gear, too.

Lodging

Delegates will stay at the University of Idaho Theophilus Tower Dormitory. Delegates need to bring bedding (pillow, sleeping bag and/or sheets, blankets), towels, and personal toiletry items. Rooms and roommates will be pre-assigned. Counties are grouped together by districts on floors. Changes are not allowed. There is a \$55 charge for lost room keys and \$5 for lost key tags.

Food

Meal service is provided in the Wallace cafeteria. Delegates will be issued a meal card which must be presented at each meal. There is a \$15 charge for replacing lost cards.

Travel Arrangements

Check with your County Extension Office to arrange transportation to Teen Conference. Delegates are not allowed to drive cars once they arrive at the Conference. Travel should be timed to arrive in Moscow between 10 a.m. and noon, Monday, June 10. Departure from Moscow will be 11 a.m., Friday, June 14.

Workshop Tracks

Tracks are assigned according to choices indicated on your registration form and available space. Delegates select one track and participate in a wide range of workshops or activities within that track throughout the week.

Gem State News and Week in Review

All delegates interested in being a photographer or reporter for the Gem State News or Week in Review should register for the Cyber Alert track.

Contests

The 2013 Teen Conference will host the first statewide 4-H Public Speaking Contest since 2006. If you would like information on competing, please check the Public Speaking box on the registration form or contact your County Extension Office. A Consumer Decision-making contest and a Financial Bowl are also planned; pre-registration is not necessary for these two events.

National 4-H Congress Application Interviews

National 4-H Congress interviews will not be held at Teen Conference this year, as 2013 Congress applicants will be asked to submit their video interview electronically. Applicants who indicate an interest in interviewing for National 4-H Congress will be sent instructions on the new interview process.

4-H Variety Show

Delegates who enjoy performing are encouraged to audition for the 4-H Variety Show. Bring any props and music you will need.

Friends of 4-H Endowment Fund

A coin drive for the Idaho Friends of 4-H endowment fund will be held. Bring all your coins, cash or checks to help.

Decorations

Bring supplies to decorate your dormitory room doors to show your 4-H pride and help people get to know you.

Teen Association Officers Election

If you would like to run for a 4-H Teen Association office, indicate your interest on the registration form. Information will be mailed to you.

Registration

- Register by May 17
- Complete the 4-H Teen Conference registration form, the Code of the Conduct, and Permission/Waiver.
- Mark your choices for tracks.
- Indicate interest in special activities.
- Pre-order the all-conference photo, if you want one.
- Turn in the 4-H Teen Conference registration form, Permission/Waiver form AND a \$100 deposit to your County Extension Office (make check payable to _____ County Extension Office). Those who register and pay in full by the early-bird registration deadline of April 15 will receive a \$25 discount on registration fees. Credit card payments may be made by having the cardholder call 208-885-6321. All registration forms and non-credit card payments must be turned in to your County Extension Office.

- Registration closes May 17, 2013.
- Payment in full is expected by May 31, 2013. If you must cancel and do so before June 1, 2013, you will receive a refund of the amount paid to your county office, minus the \$100 deposit. The \$100 deposit is not refundable, but may be transferred to another person who is not already registered. If you cancel on June 1, 2013 or later, you will not receive a refund of the fees paid to the county office. Refunds must be requested through your county office by July 1, 2013. Scholarship funds may not be used to pay the registration deposit if you cancel.
- On-site registration will take place in the LLC complex lobby on Monday, June 10, between 10 AM-noon.

CONFERENCE POLICIES

University of Idaho 4-H Youth Development Office and Teen Conference Officers and Planning Team plan and conduct the conference in accordance with the 2013 University of Idaho Youth Conference Policies. Delegates are expected to adhere to these policies. A code of conduct must also be signed by the youth delegates and returned with the registration form.

Parents/guardians are required to fill out and sign a permission form, which provides for adherence to certain policies and health requirements.

2013 University Of Idaho Youth Conference Policies

The Cooperative Extension System and the administration of the University of Idaho want your week at Teen Conference to be filled with exciting experiences, new friendships and fun. To help make this happen, each participant is expected to be considerate of others, participate fully in the Conference program and observe the following rules and policies:

Assemblies and Workshops

- Attendance at all scheduled events is required. Be prompt in attendance and courteous to all instructors and speakers.
- Tracks are assigned according to choices given on your registration form and available space. Attend the workshop assigned when you check in.

- Name badges are important for gaining admittance to Idaho 4-H Teen Conference events, for identification and to help you get acquainted. Wear your badge at all times.

Dormitory and Meals

- Room assignments made at dorm registration must be kept. Counties are grouped together by districts on floors. Changes are not allowed (in an emergency, we must know where you are).
- Leave valuables at home. We have no way to guarantee their security. Even locked dorm rooms do not always prevent losses. (There is a \$55 charge for lost room keys and \$5 for lost key tags.)
- Report illness immediately to an adult chaperone. First aid will be provided on site. In case of emergency, delegates will be taken to Moscow Family Medicine or Gritman Memorial Medical Center, Moscow.
- Respect for the privacy of others requires that members of the opposite sex are only allowed in dorm rooms with the door open. No delegate will be allowed in the rooms or on the floors of the opposite sex between midnight and noon.
- Lounges are available on each floor for visiting.
- Dormitory will be locked one-half hour after the close of the evening activity. In your room and quiet time begins at 11:30 p.m. After 11:30 p.m. use phones for emergencies only.
- The removal of window screens, visiting or throwing any object out of dorm windows is strictly forbidden.

General

- Idaho 4-H Teen Conference delegates may ride only in cars driven by Extension staff or chaperones. Only campus or Moscow buildings scheduled for 4-H events are to be entered and then only at times designated on the program.
- Possession or use of alcoholic beverages or illegal drugs, firearms or explosives of any kind are prohibited on campus and anytime during Idaho 4-H Teen Conference.

- Cost of damage or theft of any university property will be billed to the individual responsible (or delegate's parents) or to the group with which the delegate is associated.
- Permission to leave Idaho 4-H Teen Conference and/or campus at any time must be secured in advance from the Extension staff or chaperone in charge of the county delegation who will then inform the 4-H Youth Development Office.
- Minor problems will be handled by the Extension staff or chaperone in charge.
- In case of major infractions of regulations, the delegate will be brought before the disciplinary committee composed of 4-H Youth Development staff, Extension staff or adult advisor in charge and the 4-H Teen Association president. If it is necessary to send the delegate home, it will be at the parent's expense.

**NO SMOKING IN ANY AREAS
OF THEOPHILUS TOWER.**

The smoke detectors are very sensitive.

These policies are intended to assist in providing for health, safety and social well-being of everyone attending Idaho 4-H Teen Conference. Should a situation or question arise that is not covered by this list, ask the adult staff member in charge of your county delegation before action is taken.

Idaho 4-H Youth Development Office

University of Idaho
Mary E. Forney Hall
875 Perimeter Drive, MS3015
Moscow, ID 83844-3015
fourh@uidaho.edu
208-885-6321 (7:30 a.m.-4:30 p.m.)
208-885-6571 (24 hours, Dorm Office)
Claudine Zender, 4-H Teen Conference Coordinator

Claudine Zender

TRACKS

Climbing the Walls of Tomorrow (Challenge)

Facilitator: Mike Beiser and Trevor Fulton, UI Outdoor Recreation

Do you know your own abilities? Can you take on a challenge and move beyond your previous experiences to tackle something new and different? This track will provide many hands-on activities to guide delegates through problem solving, team building, risk taking, and trust building. The Challenge track includes Low Ropes initiatives, High Ropes activities, and state-of-the-art Climbing Wall in the UI Student Recreation Center.

\$25 fee will be collected from those assigned to the track.

Point of Order (Parliamentary Procedure)

Facilitators: Dr. Jim Connors, Chair of the Department of Agricultural Education & 4-H Youth Development; Brett Wilder, President

Parliamentary procedure is a skill that 4-H members and adults will be able to utilize their entire lives. Engaged citizens use it in town council meetings, school board meetings, church boards, and other organizations. Learn the knowledge and skills needed to effectively run club meetings, develop club bylaws, hold elections, serve as an officer or on committees or county boards. Planning and conducting 4-H parliamentary procedure competitive events will also be covered, with the goal of developing an Idaho 4-H Parliamentary Procedure team to compete nationally.

Breaking the Sound Barrier (Model Airplanes)

Facilitator: Frank Heath, Nez Perce County Volunteer

Test your flight knowledge in this hands-on workshop featuring model airplanes. Use a pre-cut kit to build your own airplane and learn how flight works.

\$15 fee will be collected from those assigned to the track.

New World Leaders (Advanced Leadership)

Facilitator: Andy Smyth, Canyon County Volunteer

Delegates who are currently in a county or statewide leadership role can advance their skills to meet the challenges of leadership. State officers and county and club officers, Ambassadors and camp counselors will have opportunity to practice skills and develop abilities that their leadership roles demand. Activities include leadership tasks from the podium as a master of ceremonies, working with adults on boards and committees, putting forth your best professional image, conducting interviews, and representing 4-H to the public. Getting elected is just the beginning of the leadership job—explore the many aspects of being in a leadership role and doing your very best.

Unmasking the Future (Drama)

Facilitators: Todd and Danielle Gibbs, College Staff

Learn to use the elements of theatre as performance as well as process. Collaborative participation in the creative process helps delegates develop teamwork skills while allowing them to express themselves creatively. Perform at the Teen Conference Variety Show!

Dodging Disaster (Self Defense)

Facilitator: Travis Catt, Krav Maga Instructor

Learn self defense based on Krav Maga, an intuitive, real world system that emphasizes personal safety without the ritual or highly stylized practices favored by other martial arts. Developed in Israel during World War II, Krav Maga stresses the ability to respond appropriately when surprised by an aggressor. Learn to react effectively under stress and to move into a state of preparedness in seconds.

\$20 fee will be collected from those assigned to the track.

Building Your Future Self (Self-Assessment)

Facilitator: Roxanne Burheim, Twin Falls County Volunteer

Come and join us on a voyage in the Time Machine. We will take a fun and exciting journey through discussions, activities, and games to the discovery of the past, present, and future you. Have fun while exploring all about who you are and why you do the things you do.

Dressing for Success (Fashion)

Facilitator: Debbie Lowber, Canyon County Extension Office Administrator

Learn how to bridge the gap between your body type and your clothing choices. There will also be glamour tips and fun, interactive activities. Show off in the Fashion Revue at the Clover Banquet.

\$10 fee will be collected from those assigned to the track.

Building a New Look (Fashion Accessories)

Facilitators: Mary Davidson and Rena Davidson, Twin Falls County Volunteers

Give yourself a new and one-of-a-kind look out of old and recycled resources such as ties, t-shirts and scarves. Learn how to extend your wardrobe by making new accessories using embellishments. Optional: Complete the "Handwork from Our Heritage" project.

Check the Pieces (Quality Assurance)

Facilitator: Jim Wilson, Kootenai County Extension Educator

Quality assurance is a multi-million dollar concern throughout the livestock industry. Youth livestock producers hold a vital role within the food chain to insure that a high-quality, wholesome product reaches the consumer's plate. Not only will you learn about developing personalized quality assurance plans for your specific project areas, you will have an opportunity to participate in a variety of hands-on experiences where these principles can actually be applied. Enough talking, let's get started!

Building the Next Generation (Camp Counseling)

Facilitators: Brian Luckey, Ada County Extension Educator; Missy Cummins, Bannock County Extension Educator

Are you a camp counselor? Do you want to be a camp counselor? Join us in this active workshop as we share ideas from counselors around the state. Learn new songs, games, and skits to use at home. Optional: Complete the "Step Up to Leadership" project.

Race to the Future (Fitness)

Facilitator: Melody Kauer, Lemhi County Volunteer

Getting fit and being healthy doesn't have to be hard work. Explore the many ways to care for your body through a wide range of life sports you can enjoy forever, including indoor and outdoor sports. Learn how to eat right and keep fit while having fun.

\$15 fee will be collected from those assigned to the track.

Cyber Alert (Reporting)

Facilitators: Brandy Kay, Bonneville County Extension Educator; Rachel Morton, Reporter; Justin Nesbitt, Historian

Join the team of writers, photographers and videographers who put together the official news of Teen Conference. Prepare yourself to be a reporter or editor by learning desktop publishing, digital photo and video editing, interviewing and writing while using our mobile computer lab. Show off your work in the Gem State News and Week in Review. Bring your own digital camera and take home professional images.

