University of Idaho Extension

IDAHO 4-H WOOL CONTEST

Sponsored by
Idaho Wool Growers Association
Idaho State 4-H Office

Guidelines and Portfolio/Entry Packet

- **General Information**
  The Promotion Division of the Idaho Wool Growers Association offers awards to Idaho 4-H members who make garments from wool fabric or yarn at the Basic and Advanced levels. Contestants will participate in judging at the county on construction and fit (style revue or interview) and at the state level on construction and their Wool Contest Portfolio.

- **Purpose**
  1. To develop clothing construction skills related to working with wool.
  2. To increase participation in 4-H projects and activities.

- **General Eligibility**
  Basic Level–Participants:
  - Must be a 4-H member 12 to 16 years of age as of January 1 of the year they will compete.
  - Must be enrolled in a 4-H Project where they construct or make a garment using a minimum 60% wool blend fabric* or yarn with basic construction techniques. *Basic Level Example: Clothing–Pants, skirt, vest, jumper, cape, etc. Knit/Crochet–Sweater, vest, etc.*
    (see photo examples online at http://www.4h.uidaho.edu/programs/Contest/Wool/index.htm)

  Advanced Level–Participants:
  - Must be a 4-H member at least 14 and not have reached their 19th birthday by January 1 of the year they will compete.
  - Must be enrolled in a 4-H Project where they construct or make a garment/outfit using a minimum 60% wool blend fabric* or yarn.
  - Construct a garment or outfit (see photos of past entries online) with at least four advanced construction elements on wool.

    *To test your fabric for wool content place a 1" square in 1 cup NEW CLOROX bleach. 100% wool will begin to disintegrate within 1 hour and should have no residue after several hours. Wool blends will have fibers remaining. Note: Fabric finishes and other natural fibers may affect the test results.

County Qualifications (Basic and Advanced Levels)

1. Must meet all requirements of the 4-H project in which the garment or outfit is made. (4-H Record Book required.)
2. Completed outfit or garment will be judged at county level using standard county project judging forms for construction and either a 4-H style revue or a fit-interview.
3. Contestants MUST receive a Blue or 1st place ribbon on the entry's construction and fit (either a style revue or fit-interview) to be eligible to participate in the State Level Contest.

State Level Wool Contest (Basic and Advanced Levels)

1. The State 4-H Wool Contest will be held in conjunction with the Idaho 4-H Leaders' Forum, which rotates around the state each fall.
   - Entries will be judged on construction and the completed "Wool Contest Portfolio."
2. If you qualify at the County level, have County Extension Office notify the district contact.
3. Complete the "Wool Contest Portfolio" which includes:
   - 4-H Wool Contest Portfolio cover sheet
   - The Idaho 4-H "Official Wool Contest Entry Packet."
   - 4-H Wool Contest Story
   - Five (5) photographs to include a front, left side, right side, back view, and favorite pose of contestant wearing outfit or garment.
4. Submit outfit or garment and Wool Contest Portfolio (needs 4 signatures: contestant, parent/guardian, leader, Extension personnel) to State Contest contact, listed in the current Wool Contest Brochure and on the Idaho 4-H web page. Garments need to be delivered or mailed to be received by September 27.
5. District and State winners will be announced and displayed at the Idaho 4-H Leaders' forum in the fall.

❖ **Awards**

- Entries will be divided into the four 4-H Extension districts to determine district winners.
- Previous State Winners are not eligible to enter future 4-H Wool Contests.

The following cash award winners will be determined at the discretion of the judges using the minimum contest score.

<u>Basic Level Awards:</u>

District Level:

- The first place winner from each District will receive a $25 award.

State Level:

- The first place over-all winner will receive an additional $100.00 award.

<u>Advanced Level Awards:</u>

District Level:

- The top scoring entry from each District will receive a $100.00 award.

State Level:

- The first place winner will receive an additional $600.00 award.
- The second place winner will receive a $300.00 award.
- The third place winner will receive a $150.00 award.

(Note: Overall scores will determine the second and third place advanced winners. These winners do not need to be a top district winner.)

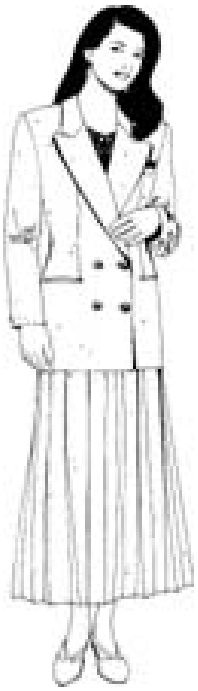
❖ **Use of Awards**

Winners are encouraged to use their award to advance their education. Procedures for claiming awards will be sent to winners after the State Contest.

Required Photo Guidelines

a. Professional photographs not required or recommended.
b. Use photo corners to attach photos to one side of paper (so photo can be easily removed).
c. Use plain paper (Card stock weight recommended)
d. Use non-glare sheet protectors.
e. Photo size - Minimum 3" x 5"
   - Maximum 5" x 7"
f. Do not use scrapbook formatting/decorating on photos A – D, optional for photo E.
g. Pages should include:
   Page 1 – (A) Front & (B) Back Views
   Page 2 – (C) Left & (D) Right Side Views
   Page 3 – (E) Favorite Pose

Back View"



Front View"

Favorite Pose example

This photo can be a close up to show special details, action or modeling pose.

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June 2009

Tips for Taking Quality Photos

(Example pictures are <u>not</u> correct size but scaled to fit page.)

A

Tips for Good Photos (A and B)

- Camera Distance – get close to make details easy to see.
- ✂ Background – plain, contrasting color. (Hint: Hang a plain colored sheet to create a good background.)
- ✂ Size – cropping can help focus subject, min 3" x 5" size.

✂ Example of a favorite pose

B

Photo Improvement Tips (C and D)

- ✂ **Camera distance – too far away making details and fit hard to see. Get close enough so subject fills the frame.**
- ✂ **Background – busy or extra items in background. Get closer, change angle of photographer, or turn camera to take vertical photo.**

C

D

Portfolio Checklist

The following should be in a binder or folder:

- ❑ **4-H Wool Contest Portfolio c**over sheet

- ❑ **The Idaho 4-H "Official Wool Contest Entry Packet"**

- ❑ **4-H Wool Contest Story**
  (Write a 4-H wool story including the following information: (a) your overall 4-H experience, (b) your experience(s) working with wool, and (c) successes and challenges you encountered with your project).
  - ❑ **Basic Level (1 page limit)**
  - ❑ **Advanced Level (2 page limit)**

- ❑ **Five (5) photographs of contestant wearing wool outfit or garment. (3 pages)**
  (Pictures should show the fit of the outfit/garment on contestant and accessories used. Favorite pose picture should show the personality of the contestant.)

The following five (5) pages are to be completed and included in your Wool Contest Portfolio

18 USC 707

4-H Wool

Contest Portfolio

Contest Year _____

Contestant's

Name _____

District _____

County _____

CHECK LEVEL YOU ARE ENTERING:

☐ Basic Level age 12 - 16 *(as of January 1)*

OR

☐ Advanced Level age 14 - 18 *(as of January 1)*

18 USC 707

Idaho 4-H
Official Wool Contest Entry Packet

Contestant's

Mailing Address _____ _____ ID _____
POB or Street City State Zip

Day Time Phone: _____ Evening Phone: _____

Contestant's age _____ Birthdate _____/_____/_____
(As of Jan. 1 of current year) Month Day Year

Parent's/Guardian's name(s) _____

We declare that the information included in this packet is correct and that all 4-H requirements have been completed.

_____
Contestant's signature

_____
Leader's signature

_____
Parent's/Guardian's signature

_____
Extension personnel

4-H Wool Contest Agreement Form

Photos from portfolio may be used in various media for the purpose of promoting the Idaho 4-H Program and/or the State Wool Contest. The media may include publications, exhibits, computer web pages, or other similar items. (Note: Portfolios will not be returned.)

I hereby give permission to the University of Idaho 4-H Program and the Idaho Wool Growers Association to use photos of my child. I agree not to hold the University of Idaho, the Idaho 4-H Youth Development Program, Idaho Wool Growers Association, or any of its officers, faculty, staff, or volunteers liable for any unintentional nor unauthorized use of my child's photo by any other person.

_____ _____
Parent/Guardian Signature Date

_____
Contestant's Signature

Any photo of the above named child will be used only in accordance with existing University of Idaho and Idaho 4-H Youth Development Program policies and will only be used in an effort to promote the Idaho 4-H Program and the Idaho Wool Contest.

Project Information

Years in 4-H _____ Name of 4-H project _____
(including current year) (Title and level/unit of project)

(Check and explain at least four advanced skills listed below that you have used on garment/outfit.)

	CLOTHING SKILLS	LIST LOCATION ON GARMENT
	Advanced seam finishes and /or hems (bound, French seams, etc.)	
	Lining/underlining (Underlining is when two layers of fabric are constructed as one item.)	
	Interlining (Interlining is when an extra layer of fabric is applied to the wrong side of the garment or lining for warmth.)	
	Collar/lapel	
	Buttonhole (bound, hand or machine)	
	Pad stitching (machine or hand)	
	Sleeves, 1 or 2 piece	
	Pleats/tucks	
	Welt or patch pockets	
	Matching plaids	
	Zipper	

	KNIT/CROCHET SKILLS	LIST LOCATION ON GARMENT
	Waistline, casing, waistband	
	Lining	
	Collar/ribbing	
	Buttonhole(s)	
	Sleeves	
	Pocket(s)	
	Multi-colors	
	Pattern stitches	
	Zipper	

Cost of Project Garments

Item(s) constructed _____	A._____	B._____	C._____
Pattern name & number_____	$ _____	$ _____	$ _____
Cost per yard or skein A. Item cost $_____ x ____amount used =	$ _____	$ _____	$ _____
B. Item cost $_____ x ____amount used =			
C. Item cost $_____ x ____amount used =			
Lining and/or underlining, and/or interfacing cost, if any	$ _____	$ _____	$ _____
Cost of notions (thread, buttons, zipper, etc.) if any	$ _____	$ _____	$ _____
TOTAL COST OF GARMENT	**$ _____**	**$ _____**	**$ _____**
Estimated cost of comparable garment in ready-to-wear	$ _____	$ _____	$ _____
Difference (+/-)	$ _____	$ _____	$ _____

Attach and label a sample of each garment's fabric, interfacing, lining and/or underlining:

Garment made: _____	Garment made: _____	Garment made: _____	Garment made: _____
Fiber content: _____	Fiber content: _____	Fiber content: _____	Fiber content: _____

Care of fabric(s) (washable, dryclean, etc.)_____

_____

_____

4-H WOOL SUMMARY

Why did you choose to construct this item(s)?

_____

_____

_____

_____

_____

How much experience did you have with wool **before** you started this project?

_____

_____

_____

_____

If you were to do the project again, would you do anything differently? Explain.

_____

_____

_____

_____

_____

What new skills did you learn in this project?

_____

_____

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_____

_____