University of Idaho

Margaret Ritchie School of Family and Consumer Sciences

Nutrition Option – (Coeur d'Alene)

Faculty

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FCS Checksheet

128 credits are required for graduation
36 credits must be 300 level or above

_____	3 cr	*FCS 270*	*Intermediate Foods*
_____	3 cr	*FCS 305*	*Nutrition Related to Fitness and Sports*
_____	3 cr	*FCS 361*	*Advanced Nutrition*
_____	2 cr	*FCS 462*	*Eating Disorders (web course)*
_____	2 cr	*FCS 473(F)*	*Community Nutrition*
_____	4 cr	*FCS 486 (F)*	*Nutrition in the Life Cycle*
_____	**3 cr**	**Biol 204**	**Introductory Foods**
_____	**3 cr**	**Biol 207**	**Human Nutrition**
_____	**4 cr**	**Biol 227 (F)**	**Human Anatomy and Physiology I**
_____	**4 cr**	**Biol 228 (S)**	**Human Anatomy and Physiology II (Prereq 227)**
_____	**4 cr**	**Biol 250**	**General Microbiology**
_____	**4 cr**	**Chem 101**	**Intro. to Essentials of General Chemistry I**
_____	**3 cr**	**Chem 204A**	**Carbon Compounds**
_____	**3 cr**	**Comm 101**	**Intro to Speech Communications**
_____	**3 cr**	**Engl 101**	**English Composition** (if required)
_____	**3 cr**	**Engl 102**	**English Composition**
_____	**3 cr**	**Math 143**	**College Algebra**
_____	**3 cr**	**Math 253**	**Applied Statistics**
_____	**3 cr**	**Psych 101**	**Intro to Psychology**
_____	**3 cr**	**Psych 205**	**Developmental Psychology**
_____	3 cr	*MMBB 300 (F)*	*Survey of Biochemistry*
_____	**6 cr**	**Humanities Electives**	**Student Choice (From list)**
_____	**2 cr**	**Physical Educ. Electives**	**Student Choice**
_____	**3 cr**	**Soc. Sci. Elective**	**Advisor approved**
	12 cr	*FCS Electives*	*Advisor approved*

	1 cr	*FCS 175*	*Introductory Foods Lab(Suggested)*
	2 cr	*FCS 411 (S)*	*Global Nutrition(Suggested)*
	1 cr	*FCS 435*	*Feeding Young Children in Group Settings (Suggested)*
	2 cr	*FCS 463 (F)*	*Helping Skills in Dietetics (Suggested)*
	3 cr	*FCS 404 (F)*	*Research Methods in Foods and Nutrition (Suggested)*
	3 cr	*FCS 499*	*Senior Thesis (Suggested)*

	credits	Electives	To Total 128 credits (approximately 37 credits – at least 30 from the University of Idaho)

	128 cr	***Total***

(F) = Fall only; (S) = Spring only.
University of Idaho Courses in Italics