

# CURRICULUM VITAE FOR EXTENSION EDUCATOR FACULTY

University of Idaho

**NAME:** Gretchen L. Manker

**DATE:** October 31, 2023

**RANK OR TITLE:** Associate Extension Professor  
Extension Educator

**DEPARTMENT:** University of Idaho Extension, Central District

**OFFICE LOCATION:** University of Idaho Extension, Jerome County  
600 2<sup>nd</sup> Ave. W  
Jerome, ID 83338

**OFFICE PHONE:** (208) 324-7578  
**FAX:** (208) 324-7562  
**EMAIL:** [gretchenm@uidaho.edu](mailto:gretchenm@uidaho.edu)  
**WEB:** [uidaho.edu/jerome](http://uidaho.edu/jerome)

**DATE OF FIRST EMPLOYMENT AT UI:** January 9, 2017

**DATE OF TENURE:** June 25, 2023

**DATE OF PRESENT RANK OR TITLE:** June 25, 2023

## EDUCATION BEYOND HIGH SCHOOL:

### Degrees:

M.S., 1993, Nutrition, University of New Mexico, Albuquerque, New Mexico.

B.S., 1988, Home Economics-Dietetics, University of Wyoming, Laramie, Wyoming.

### Certificates and Licenses:

Juntos Training Program Certification, North Carolina State Extension, 2018-present.

Lifestyle Coach Training Program for the National Diabetes Prevention Program, 2017-present.

Master Food Safety Advisor Certification, 2015-present.

Licensed Dietitian, Idaho State Board of Medicine, 2002-present.

Registered Dietitian, Commission on Dietetic Registration, Academy of Nutrition and Dietetics,  
1991-present.

## EXPERIENCE:

### Teaching, Extension and Research Appointments:

Associate Professor and County Extension Educator, University of Idaho Extension, Jerome County, Jerome Idaho, June 2023-present.

Assistant Professor and County Extension Educator, University of Idaho Extension, Jerome County, Jerome, Idaho, January 2017- 2023.

Community Nutrition Advisor II, Eat Smart Idaho, University of Idaho Extension, Twin Falls County, Twin Falls, Idaho, 2000–2016.

Instructor, Department of Health and Nutrition, University of Northern Colorado, Greeley, Colorado, 1993-1994.

### Academic Administrative Appointments:

Juntos Program Manager, University of Idaho Extension, Jerome County, Jerome, Idaho, 2018-2023.

## TEACHING ACCOMPLISHMENTS:

### Areas of Specialization:

Health and Nutrition

4-H Youth Development

Consumer Food Safety and Food Preservation

Basic Financial Management

**Material Developed:**

**Displays and Posters**

Manker, G. Food preservation basics. Jerome County Fair, Jerome, Idaho, 2020, 2021, 2023.  
Manker, G., S.G. Lee, and C. Jayo. Eat Smart Idaho, Family Wellness Night, Valley School, Hazelton, Idaho, 2018, 2019, 2023.

**PowerPoint/Slide Presentations**

Lee, S.G., **G. Manker** and S. Ettesvold. School Food Pantry: Mystery Box Cook-off, 2019.

**Non-Credit Classes, Presentations, Workshops, Seminars, Invited Lectures, etc.:**

**Health and Nutrition: Diabetes Prevention Program**

Manker, G. Idaho prevents diabetes. City of Jerome Wellness Program, Jerome, Idaho, 2019.  
Prevent T2 for life, December 11.  
Get back on track, November 20.  
Get enough sleep, November 6.  
Healthy foods you enjoy, September 11.  
More about carbs, August 14.  
Stay active away from home, July 10.  
Stay active to prevent T2, June 26.  
Take a fitness break, June 12.  
When weight loss stalls, May 22.  
Stay motivated to prevent type 2, May 8.  
Eat well away from home, April 24.  
Get support, April 10.  
Take charge of your thoughts, April 3.  
Keep your heart healthy, March 20.  
Cope with triggers, March 13.  
Find time for fitness, March 6.  
Manage stress, February 27.  
Shop and cook to prevent T2, February 20.  
Burn more calories than you take in, February 13.  
Get more active, February 6.  
Track your food, January 30.  
Eat well to prevent T2, January 23.  
Track your activity, January 16.  
Get active to prevent T2, January 9.  
Introduction to prevent T2 Program, January 2.  
Manker, G. Idaho prevents diabetes, Jerome County Courthouse, Jerome, Idaho, 2017-2018.  
Prevent T2 for life, August 8.  
Get enough sleep, July 11.  
Have healthy food you enjoy, June 6.  
Stay active away from home, May 9.  
More about carbs, April 11.  
Take a fitness break, March 7.  
When weight loss stalls, February 7.  
Stay motivated to prevent type 2, January 24.  
Eat well away from home, January 10.  
Get support, December 20.  
Take charge of your thoughts, December 13.  
Keep your heart healthy, December 6.  
Cope with triggers, November 29.  
Find time for fitness, November 15.  
Manage stress, November 8.

**Health and Nutrition: Diabetes Prevention Program (continued)**

Shop and cook to prevent T2, November 1.  
 Burn more calories than you take in, October 25.  
 Get more active, October 11.  
 Track your food, October 4.  
 Eat well to prevent T2, September 20.  
 Track your activity, September 13.  
 Get active to prevent T2, September 6.  
 Introduction to prevent T2 program, August 3-4.

**Health and Nutrition: Dining with Diabetes**

Manker, G. Jerome School District, Jerome, Idaho, 2021.  
 Putting it all together, June 30.  
 Fats and sodium, June 23.  
 Carbohydrates and sweeteners, June 16.  
 Living well with diabetes, June 9.  
 Manker, G. and S.G. Lee. Statewide, Google Classroom Q&A Session, 2021.  
 Living with diabetes, March 4.  
 Lee, S.G. and **G. Manker**. Twin Falls County Extension, Twin Falls, Idaho, 2020.  
 Fats and sodium, March 14.  
 Carbohydrates and sweeteners, March 7.  
 Living well with diabetes, February 24.  
 Manker, G. and S.G. Lee. Jerome Recreation District, Jerome, Idaho, 2020.  
 Putting it all together, February 5.  
 Fats and sodium, January 29.  
 Carbohydrates and sweeteners, January 22.  
 Living Well with Diabetes, January 15.  
 Manker, G. and Lee, S.G. Jerome Recreation District, Jerome, Idaho, 2020.  
 Putting all together, February 5.  
 Fats and sodium, January 29.  
 Carbohydrates and sweeteners, January 22.  
 Living well with diabetes, January 15.  
 Manker, G. College of Southern Idaho Community Education Center, Jerome, Idaho, 2018.  
 Putting it all together, September 20.  
 Fats and sodium, September 13.  
 Carbohydrates and sweeteners, September 6.  
 Living well with diabetes, August 30.  
 Lee, S.G. and **G. Manker**. Twin Falls County Extension, Twin Falls, Idaho, 2018.  
 Putting it all together, March 7.  
 Fats and sodium, March 14.  
 Carbohydrates and sweeteners, March 7.  
 Living Well with Diabetes, February 28.

**Health and Nutrition: Cooking 101**

Manker, G. Migrant Summer School, Jerome School District, Jerome, Idaho, 2023.  
 Air fryer baking, June 15.  
 Appliance safety with air fryers and eggs, June 13.  
 Appliance safety with blenders, June 8.  
 Knife safety, June 6.  
 Measuring basics, June 1.  
 Following recipes, May 30.  
 Manker, G. Migrant Summer School, Jerome School District, Jerome, Idaho, 2022.  
 Measuring basics, June 16.  
 Electric appliance safety, June 14.  
 Knife skills, June 9.  
 Cooking "how to" basics, June 7.  
 Kitchen safety basics, June 2.

**Health and Nutrition: Cooking 101 (continued)**

- Food safety basics, May 30.
- Manker, G. Migrant Summer School, Jerome School District, Jerome, Idaho, 2021.
  - Electric appliance safety, June 17.
  - Kitchen safety basics, June 15.
  - Food safety basics, June 10.
  - Cooking “how to” basics, June 8.
  - Knife skills, June 3.
  - Measuring basics, June 1.
- Manker, G. Migrant Summer School, Jerome School District, Jerome, Idaho, 2019.
  - Measuring basics, June 20.
  - Electric appliance safety, June 18.
  - Kitchen safety basics, June 13.
  - Cooking “how to” basics, June 11.
  - Explore my plate, June 6.
  - Food safety basics, June 4.
- Manker, G. Jerome Recreation Center Summer Youth Camp, Jerome, Idaho, 2018.
  - Measuring basics, August 7.
  - Electric appliance safety, July 31.
  - Kitchen safety basics, July 24.
  - Cooking “how to” basics, July 17.
  - Explore my plate, July 10.
  - Food safety basics, July 3.
- Manker, G. Migrant Summer School, Jerome School District, Jerome, Idaho, 2018.
  - Electric appliance safety, June 18.
  - Kitchen safety basics, June 13.
  - Cooking “how to” basics, June 11.
  - Explore my plate, June 6.
  - Food safety basics, June 4.
- Manker, G. Idaho School for the Deaf and Blind, Gooding, Idaho, 2018.
  - Measuring basics, March 5.
  - Kitchen basics and preparing fruits and vegetable, February 6.
  - Following a recipe and measuring basics, January 30.
  - Kitchen safety, January 23.
  - Food safety basics, January 16.
- Manker, G. Caminos al Futuro, Jerome Middle School, Jerome, Idaho, 2018.
  - Measuring dry ingredients, February 26.
  - Kitchen basics and preparing produce, February 19.
  - Kitchen safety, February 12.
  - Following a recipe and measuring basics, February 5.
  - Food safety basics, January 29.
- Manker, G. Jerome Migrant Summer School, Summit Elementary, Jerome, Idaho, 2017.
  - How to measure dry ingredients and how to cut fat into flour, June 23.
  - How to break an egg and how to use electrical equipment, June 19.
  - How to wash fruits and vegetables and how to use a cutting board and knife, June 14.
  - How to follow a recipe and how to measure liquid ingredients, June 7.
- Manker, G. Jerome Academy Summer School Program, District Offices Jerome, Idaho, 2017.
  - How to break an egg and how to use electrical equipment, August 8.
  - Prepare Fruits and Vegetables, August 8.
  - How to safely prepare fruits and vegetables, August 1.
  - How to follow a recipe and how to measure ingredients, July 26.
  - Food safety basics, July 18.

**Health and Nutrition: Community Education**

- Wittman, G., S.G. Lee, **G. Manker**, Healthy meals for busy families,  
Twin Falls, Idaho, September 22, 2023.  
Kimberly, Idaho, August 22, 2023.  
Jerome, Idaho, July 19, 2023.  
Twin Falls, Idaho, May 18, 2023.
- Manker, G. Idaho Educational School of the Deaf and the Blind, Independent Living Skills,  
Nutrition presentations and cooking classes 2023.  
Air Fryer Cooking, March 8.  
Kitchen Appliance Safety, March 1.  
Cooking Basics, February 22.  
Food Safety Basics, February 15.  
My Plate: Importance of Protein, February 8.  
My Plate: Bone Health, February 1.  
My Plate: Colorful fruits and vegetables, January 25.  
My Plate: Whole grains, January 18.  
My Plate: Build a healthy you, January 11.
- Manker, G. Idaho Educational School of the Deaf and the Blind, Independent Living Skills,  
Nutrition Presentations, 2022.  
My Plate: Power of protein, March 9 .  
My Plate: Build strong bones, March 2.  
Nutrition Facts label, February 9.  
My Plate: Grain group, February 2.  
My Plate: Colorful vegetables and fruit, January 12.  
My Plate: Variety of foods, January 5.
- Lee, S.G. and **G. Manker**, School Food Pantry: Mystery Box Cook-Off  
Robert Stuart Middle School, Twin Falls, 3 sessions, December 6-10, 2021.
- Wittman, G., S.G. Lee, **G. Manker**, B. Hutchings Healthy meals for busy families,  
Jerome, Idaho, October 21, 2022  
Twin Falls, Idaho, April 27, 2022.  
Rupert, Idaho, March 9, 2022.
- Manker, G. Idaho Educational School of the Deaf and the Blind, Independent Living Skills,  
Zoom Presentations, 2021.  
My Plate: Power of protein, April 7.  
My Plate: Power up with breakfast, April 28.  
My Plate: Grain group, March 10.  
My Plate: Dairy group-build strong bones, March 31.  
My Plate: Variety of foods, February 24.
- Manker, G. School Food Pantry: Food insecurity and a healthy food drive, Jerome High  
School, Jerome, Idaho, 4 sessions, July 21, 2021.
- Lee, S.G. and **G. Manker**. School Food Pantry: Mystery box cook-off  
Robert Stuart Middle School, Twin Falls, 3 sessions, December 3-11, 2019.
- Manker, G. Jerome Recreation Center Summer Youth Camp, Jerome, Idaho, 6  
presentations, July 2- August 6, 2019.
- Manker, G., S.G. Lee, S., S. Ettesvold and C. Jayo. School Food Pantry: Mystery box cook-  
off, Robert Stuart Middle School, Twin Falls, 3 sessions, April 24-May 1, 2019.  
My Plate: Power of protein, April 7.  
My Plate: Power up with breakfast, April 28.
- Manker, G., S.G. Lee, S., S. Ettesvold and C. Jayo. School Food Pantry: Mystery food box  
cook-off, Canyon Ridge High School, Twin Falls, Idaho, 3 sessions, April 23- 27, 2018.
- Manker, G. Fight BAC! Twin Falls High School, Twin Falls, Idaho, October 5, 2018.
- Manker, G. Colorful fruits and vegetables, Boys and Girls Club of the Magic Valley.  
Twin Falls, Idaho, March 6, 2017.
- Manker, G. Why eat a healthy breakfast? Let's Move Child Care Workshop, South Central  
Public Health District, Jerome, Idaho, April 13, 2017.

### **Eat Smart Idaho: Idaho's Supplemental Nutrition Assistance Program-Education**

- Manker, G. Nutrition Facts Label update, Eat Smart Idaho Program Update Training, Twin Falls, Idaho, October 14, 2021.
- Manker, G. Gray for a day, Eat Smart Idaho Program training, Twin Falls, Idaho, February 22, 2018.
- Manker, G. Scope of Practice-food security and reliable nutrition information, Eat Smart Idaho Program Training, Twin Falls, Idaho. March 6, 2017.
- Manker, G. Dietary Guidelines for Americans. Eat Smart Idaho Program Training, Twin Falls, Idaho. March 13, 2017.
- Manker, G. My Plate-Whole grains. Eat Smart Idaho Program Training, Twin Falls, Idaho. March 27, 2017.
- Manker, G. My Plate -Vary your fruits and vegetables and power up with protein. Eat Smart Idaho Program Training, Twin Falls, Idaho. April 10, 2017.
- Manker G. Metabolism Maintenance: What's your number? Eat Smart Idaho Program Training, Twin Falls, Idaho, May 5, 2017.
- Manker, G. and S. Ettesvold. Smarter Lunchroom Assessments.  
 Pre-Assessment, Jerome High School, Jerome, Idaho, April 14, 2017.  
 Post-Assessment, Summit Elementary, Jerome, Idaho, April 24, 2017.  
 Post-Assessment, Shoshone High School, Shoshone, Idaho. March 27, 2017.  
 Post-Assessment, Gooding High School, Gooding, Idaho. March 28, 2017.  
 Post-Assessment, Jerome High School, Jerome, Idaho, April 14, 2017.  
 Post-Assessment, Summit Elementary School, Jerome, Idaho, April 24, 2017.  
 Post-Assessment, Jerome Middle School, Jerome, Idaho. April 28, 2017.
- Manker, G. and C. Villicana. Choose Health: Food, fun, fitness, Eat Smart Idaho Community Nutrition Advisor Curriculum and Classroom Training, Valley School, Hazelton, Idaho, 2017.  
 Healthier fast food, April 4.  
 Healthy breakfast, March 20  
 Rethink your drink, March 14.  
 Eat more colorful vegetables and fruits, February 28.  
 Make half your grains whole, February 21.  
 Handwashing essentials, February 15.

### **4-H Youth Development**

- Manker, G. and Katlyn Scheer. 4-H F"air" Foods Camp, July 11-13, 2023.
- Manker, G. 4-H Cooking 101, Juntos 4-H, Jerome Idaho, 2023.  
 Air fryer food safety basics, May 19.  
 Air fryer baking basics, May 3.  
 Air fryer kitchen safety basics, April 20.  
 Air fryer cooking basics, April 5.
- Manker, G. 4-H Cooking 101, Juntos 4-H, Jerome Idaho, 2022.  
 Measuring basics, April 27.  
 Skillet skills, April 20.  
 Kitchen safety basics, April 6.  
 Electric appliance safety, March 30.
- Schoenfelder, J. and **G. Manker**. STEAM Project: Mix media, Juntos 4-H, Jerome Middle, Jerome, Idaho, 10 sessions, February 16-17, 2022.
- Manker, G. Gray for a day, Juntos 4-H, Jerome High School, Jerome, Idaho, 10 sessions, October 25-26, 2021.
- Manker, G. Cooking basics: knife skills, AmeriCorps Program, Jerome Fair Grounds, Jerome, Idaho, July 21, 2021.
- Schoenfelder, J. and **G. Manker**. STEAM Project: Acrylics and mix media, Juntos 4-H, Jerome Middle and High Schools, Jerome, Idaho, 10 sessions, April 7-8, 2021.
- Manker, G. STEM Project: Cupcake wars, Juntos 4-H, Jerome Middle and High Schools, Jerome, Idaho, 5 sessions, March 16, 2021.

**4-H Youth Development (continued)**

- Manker, G. My Plate: Eat a healthy breakfast, Juntos 4-H, Jerome Middle School, Jerome, Idaho, February 4, 2021.
- Manker, G. STEM Project: Marshmallow towers, Juntos 4-H, Jerome Middle School, Jerome Idaho, January 22, 2021.
- Manker, G. School Food Pantry: Food insecurity and a healthy food drive, Juntos 4-H, Jerome High School, Jerome, Idaho, 8 sessions, January 21 and January 28, 2021.
- Manker, G. School Food Pantry: Food insecurity and a healthy food drive. North Carolina State University Juntos 4-H Multi County Club Meeting, December 8, 2020. *On-Line Invited Presentation.*
- Manker, G. Cooking 101: Kitchen safety, Juntos 4-H, Jerome Idaho, September 30, 2020.
- Manker, G. STEM Project: Marshmallow catapults, Juntos 4-H, Jerome Idaho, September 18, 2020.
- Manker, G. Proper handwashing in times of COVID-19, Juntos 4-H, Jerome, Idaho, September 10, 2020.
- Manker, G. Build your future: career exploration, Juntos 4-H, Jerome Middle School, Jerome, Idaho, April 1, 2020.
- Manker, G. Build your future: career exploration, Juntos 4-H, Jerome Middle School, Jerome, Idaho, December 16, 2019.
- Manker, G. Build your future: funds, Juntos 4-H, Jerome Middle School, Jerome, Idaho, February 27, 2019.
- Manker, G. The Benefits of nutrient rich beef, State Livestock Skill-a-thon, Jerome, Idaho, January 26, 2019.
- Manker, G., T. Miller, L. Hansen, and B. Hutchings. Consumer decision making contest, Central District Contest, Jerome, Idaho, June 9, 2018.
- Manker, G. and A. Wilfong. Proper handwashing when handling ground beef. District III Beef Education Day, Gooding, Idaho, April 29, 2017.
- Manker, G. Goat product nutrition and tasting. District III Goat Education Day, Jerome, Idaho, June 12, 2017.
- Manker, G. and T Miller, Consumer decision making contest. Jerome County Contest, Jerome, Idaho, July 22, 2017.

**Family Economics:**

## Youth Financial Literacy:

- Manker, G. Juntos, Jerome High School, Jerome, Idaho, 2021.  
The bean game, ten sessions, October 6 and 7.
- Manker, G. Jerome Middle and High Schools, Jerome, Idaho, 2021.  
Pirates loot, 5 sessions, April 21.  
Night of the living debt, 5 sessions, April 20.  
Credit score millionaire, 5 sessions, April May 5.
- Manker, G. and T. Miller. Juntos, Jerome High School, Jerome, Idaho, 2020.  
Consumer Decision Contest, March 2, 4, 9.
- Manker, G. Juntos, Jerome High School, Jerome, Idaho, 2019.  
Life smarts, credit, November 7.  
Life smarts, budgeting, October 15, 17.  
Life smarts, let's talk about money, September 23, 25.
- Manker, G. Juntos, Jerome Middle and High Schools, Jerome, Idaho, 2019.  
Pirates loot, December 16.  
Pirates loot, April 8.  
Night of the living debt, March 4.
- Manker, G. Caminos al Futuro, Jerome Middle School, Jerome, Idaho, 2017.  
Night of the living debt, December 11.  
Credit score millionaire, December 4.  
Teen credit cards, November 13.
- Manker, G. Night of the living debt. Buhl High School, Buhl, Idaho, March 14, 2017.

**Adult Financial Management**

- Manker, G. Jerome Senior Center, Jerome, Idaho, 2017.  
 De-Clutter your life and reduce your stress! June 9.  
 Who gets grandma's yellow pie plate, June 23.
- Manker, G. Simplify your life. Eat Smart Idaho Staff Training, Twin Falls, Idaho, 2017.  
 De Clutter Your Life and Reduce Your Stress! July 31.  
 Organizing your financial paperwork, July 30.  
 Who gets grandma's yellow pie plate, September 11.

**Consumer Food Safety and Preservation**

- Manker, G., Preserve the Abundance: Dehydration, U&I Together, You-Tube, September 2023.  
 Manker, G., Dehydrating Fruit, Eden Senior Center, Eden, Idaho, September 27, 2023.  
 Manker, G., Do's and Don'ts of Home Canning and Pressure Gauge Testing, Eden Senior Center, Eden, Idaho, July 26, 2023.  
 Manker, G., Do's and Don'ts of Home Canning, The Church of Jesus Christ of Latter-day Saints, Jerome, Idaho, September 24, 2022.  
 Wittman, G., **G. Manker**, and S.G. Lee. Preserving with purpose the abundance, Martha and Mary Food Pantry, Jerome Idaho, June 15, 30, September 8, 28, 2022.  
 Martha and Mary Food Pantry, Jerome Idaho, July 14, 21, and September 29, 2021.

**SCHOLARSHIP ACCOMPLISHMENTS:**

Description of personal contributions

\*Corresponding author

1. Developed project idea
2. Obtained or provided project funding/resources
3. Collected data
4. Analyzed data
5. Contributed significantly to writing
6. Contributed significantly to editing

**Publications, Exhibitions, Performances, Recitals:****Refereed:****Journals:**

Lee, S.G., **G. Manker**, N. Ghimire, L. Foist, and J. Buck. 2021. School pantry cook-off: An approach to educate youth on food insecurity. *The Journal of Extension*, 59(4), Article 9.  
<https://doi.org/10.34068/joe.59.04.09>. (1,3,5,6)

Hutchings, B., K. Richel, **G. Manker**, S. Greenway, and L. Erickson. 2021. Prelude to estate planning: helping older adults simplify their lives before meeting with professionals. *The Journal of Extension*, 58(2), Article 6., <https://tigerprints.clemson.edu/joe/vol58/iss2/6>. (1,3,5,6)

**Peer Reviewed/Evaluated****Professional Meeting Abstracts and Proceedings:**

- Lee, S.G., G. Manker, J. Buck, N. Ghimire. 2022. School Pantry Mystery Food Box Cook-Off: Educating Youth on Food Insecurity and Healthy Meal Preparation. National Extension Association of Family and Consumer Sciences Annual Session. Raleigh, North Carolina. (1,3,5,6)
- Lee, S.G., **G. Manker**, J. Buck, and L. Foist. 2020. School pantry mystery food box cook-off: An approach to educate youth on food security. National Association of Extension 4-H Youth Development Professionals Annual Meeting (Virtual). (1, 3, 5, 6)



**Professional Meeting Abstracts and Proceedings (continued)**

- Manker, G., J. Schoenfelder, E. Reyes, and T. Miller. 2020. Juntos-engaging Latinx youth, National Association of Extension 4-H Youth Development Professionals Annual Meeting (Virtual). (1, 5)
- Morrisroe-Aman, B., J. Amende, **G. Manker**, S. Martinez, J. Peutz, and B. Hutchings. 2020. Triumphs, trials, and tools: delivering the national Diabetes Prevention Program. National Extension Association of Family and Consumer Sciences Annual Session (Virtual). (3,6)
- Richel, K., **G. Manker**, B. Hutchings, S. Greenway, and L. Erickson. 2019. Prelude to an estate plan: simplifying your life before you meet with professionals. Association for Financial Counseling and Planning Education Annual Research and Training Symposium. Portland, Oregon. (3,6)
- Lee, S.G., **G. Manker**, S. Ettesvold, C. Jayo, A. Roe, and N. Ghimire. 2019. School food pantry mystery box cook-off: an approach to educate teens on food security. National Urban Extension Conference. Seattle, Washington. (6)
- Manker, G., J. Schoenfelder, E. Reyes, and T. Miller. 2018. Juntos Program for a Better Education. PNW Tri-State 4-H Conference. Bend, Oregon. (1, 5)
- Wittman, G., B. Hutchings, and **G. Manker**. 2018. 4-H Cooking clubs, National Extension Association of Family and Consumer Sciences Annual Session. San Antonio, Texas. (3,6)
- Morrisroe-Aman, B., J. Amende, B. Hutchings, and **G. Manker**. 2018. Diabetes prevention Program, National Extension Association of Family and Consumer Annual Session. San Antonio, Texas. (3,6)
- Ettesvold, S., **G. Manker**, and S.G. Lee, 2018. School pantry cook-off: a strategy to create food insecurity awareness and develop meal planning and cooking skills in teens. Society for Nutrition Education and Behavior Annual Conference. Minneapolis, Minnesota. (1, 3, 6)

**University of Idaho Extension Impact Statements:**

- Lee, S.G., G. Wittman, and **G. Manker**. 2023. Healthy Meals for Busy Families reduces spending at the drive thru. <https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/Extension/admin/Impacts/2023/59-23-sglee-busy-families.pdf?la=en&hash=49FAD9053512052FC9B9C1CDCC109FAC492AABA1>
- Manker, G., T. Miller, J. Schoenfelder, A. Mojarra. 2022. Juntos 4-H members celebrate academic success with high school graduation. <https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/Extension/admin/Impacts/2022/46-22-gmanker-juntos-4h.pdf?la=en&hash=CA3D8A1DF87DDA9A8B12349042C87C3C7B229B24>
- Manker, G., S.G. Lee, J. Schoenfelder, C. Jayo, and E. Reyes. 2021. Eat Smart Idaho supports Juntos family engagement with healthy meal kits. <https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/Extension/admin/Impacts/2021/34-21-gmanker-juntos-family.pdf?la=en&hash=19B56FDDED228241069E6DE88E227B68757805B3>
- Manker, G., J. Schoenfelder, E. Reyes, and T. Miller. 2020. Juntos 4-H improves academic success of Latinx students through family engagement. <https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/Extension/admin/Impacts/2019/29-20-gmanker-juntos.pdf>.
- Buck, J., **G. Manker**, J. Amende, B. Morrisroe-Aman, and S.G. Lee. 2019. Dining with Diabetes class participants increase knowledge. <https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/Extension/admin/Impacts/2019/18-19-jbuck-diabetes.pdf?la=en&hash=C74FFED912ABE5FECBA93B5ACBF0D78CB6D84EF2>
- Wittman, G., B. Hutchings, and **G. Manker**. 2019. Cooking skills for youth can have lifelong health impacts. <https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/Extension/admin/Impacts/2019/2-19-gwittman-4-h-cooking.pdf?la=en&hash=7D935B7A5088525391BC242004C1EACA43141AE0>

**University of Idaho Extension Impact Statements (continued)**

- Morrisroe-Aman, B., J. Amende, **G. Manker**, B. Hutchings. 2019. Extension educators expand diabetes prevention program in southwest Idaho. <https://www.uidaho.edu/-/media/UIIdaho-Responsive/Files/Extension/admin/Impacts/2019/7-19-bmorrisroe-aman-diabetes.pdf?la=en&hash=03A11E6C3CAA92D9A49F5D705D0050FB501D8B30> Statement.
- Manker, G., K. Richel, B. Hutchings, S. Greenway, L. Erickson. 2018. Idahoans simplify their lives by taking charge of future financial decisions. <https://www.uidaho.edu/-/media/UIIdaho-Responsive/Files/Extension/admin/Impacts/2018/26-18-gmanker-future-decisions.pdf?la=en&hash=817A864B32BD8135D125CF1D081F596891615CEC>
- Lee, S., **G. Manker**, S. Ettesvold, C. Jayo, A. Roe, N. Ghimire. 2018. School pantry “Mystery Box Cook-Off” increased students’ food insecurity awareness. <https://www.uidaho.edu/-/media/UIIdaho-Responsive/Files/Extension/admin/Impacts/2018/21-18-sguanlee-food-insecurity.pdf?la=en&hash=9A33D7CA6F0B76AC13C407BB1B879CD73789D0A4>
- Willmore, C., C. Kinder, A. Wilfong, **G. Manker**, M. Barlow. 2017. Youth Beef Education Day links livestock production, food quality and safety. <https://www.uidaho.edu/-/media/UIIdaho-Responsive/Files/Extension/admin/Impacts/2017/31-17cwillmore-beef-education.pdf?la=en&hash=C1CCD9B2CD930847448BDB608D786A5EAAE064BD>

**Scholarly Presentations and Other Creative Activities:****Displays and Posters:**

- Manker, G. 2020. Juntos-engaging Latinx youth, National Association of Extension 4-H Youth Development Professionals Virtual Annual Meeting.
- Morrisroe-Aman, B., J. Amende, **G. Manker**, S. Martinez, and J. Puetz. 2020. Triumphs, trials, tools: Delivering the National Diabetes Prevention Program, National Extension Association of Family and Consumer Sciences (Virtual) Annual Session.
- Richel, K., **G. Manker**, B. Hutchings, S. Greenway, and L. Erickson. 2019. Prelude to an estate plan: simplifying your life before you meet with professionals. Association for Financial Counseling & Planning Education Annual Research and Training Symposium. Portland, Oregon.
- Manker, G. 2019. Juntos program for a better education. Pacific North-West Tri-State 4-H Conference. Bend, Oregon.
- Ettesvold, S., **G. Manker**, and S.G. Lee. School Pantry Cook-Off: A strategy to create food insecurity awareness and develop meal planning and cooking skills in teens. Society for Nutrition Education and Behavior Annual Conference. Minneapolis, Minnesota.

**Professional Meeting Paper, Workshops:**

- Lee, S.G., **G. Manker**, J. Buck, N. Ghimire. 2022. School Pantry Mystery Food Box Cook-Off: Educating youth on food insecurity and healthy meal preparation. National Extension Association of Family and Consumer Sciences Annual Session. Raleigh, North Carolina.
- Lee, S., **G. Manker**, J. Buck, and L. Foist. 2020. School Pantry Mystery Food Box Cook-Off: An approach to educate youth on food security. National Association of Extension 4-H Youth Development Professionals Annual (Virtual) Meeting.

**Professional Meeting Paper, Workshops (continued)**

- Morrisroe-Aman, B., J. Amende, **G. Manker**, S. Martinez, and J. Puetz. 2020. Triumphs, trials, tools: Delivering the National Diabetes Prevention Program, National Extension Association of Family and Consumer Sciences (Virtual) Conference.
- Lee, S., **G. Manker**, S. Ettesvold, C. Jayo, A. Roe, and N. Ghimire. 2019. School Food Pantry Mystery Box Cook-Off: An approach to educate teens on food security. National Urban Extension Conference. Seattle, Washington.
- Manker, G., S. Schoenfelder, E. Reyes, and T. Miller. 2019. Juntos Program innovations, Statewide 4-H Inservice. Boise, Idaho.
- Manker, G., G. Wittman, and B. Hutchings. 2019. Boosting cooking skills for kids. Pacific Northwest Tri State 4-H Conference. Bend, Oregon.
- Wittman, G., B. Hutchings, and **G. Manker**. 2018. Boosting cooking skills for kids. National Extension Association of Family and Consumer Sciences Annual Session. San Antonio, Texas.
- Manker, G., 2018. Dining with Diabetes. Panel presentation, National Extension Association of Family and Consumer Sciences Conference. San Antonio, Texas.
- Morrisroe-Aman, B., J. Amende, B. Hutchings, **G. Manker**, and S. Martinez. 2018. "Prevent T2", the CDC National Diabetes Prevention Program. National Extension Association of Family and Consumer Sciences Conference. San Antonio, Texas.

**Grants and Contracts Awarded:**

- Behnke, A., Urieta, D., J. McShane, and **G. Manker**. The Juntos Sustainable Community Project: A Collaboration between North Carolina State University, North Carolina Agricultural and Technical University, and University of Idaho, USDA/NIFA Children, Youth, and Families at Risk (CYFAR) Grant. September 2018 –September 2023, Grant Award \$548,000. (\$381,689 spending authority). FY 18-23.

**Internal Funding Awarded:**

- Manker, G. Extension Professionals Travel Award, 2023, \$300.
- Lee, S.G., G. Wittman, **G. Manker**. Healthy Meals for Busy Families, University of Idaho Extension Innovative Project Grant, 2023, \$2500 (spending authority).
- Manker, G., J. Buck, J. Amende, and S.G. Lee. Dining with Diabetes outreach to Hispanic/Latinx audiences, University of Idaho Extension Innovative Project Grant, 2019, \$4000 (principal investigator) (full spending authority).
- Morrisroe-Aman, B., Amende, J., Hutchings, B., and **Manker, G.** Idaho Diabetes Prevention Program, University of Idaho Extension Critical Issues Grant, 2017, \$5000 (no spending authority).
- Manker, G. Joint Council of Extension Professionals Travel Award, 2018, \$300.
- Manker, G. Marion Hepworth Endowment Award, School of Family and Consumer Sciences, 2018, \$96.
- Manker, G. Mildred Haberly Fellowship Award, School of Family and Consumer Sciences, 2018, \$1,756.
- Manker, G. Mildred Haberly Fellowship Award, School of Family and Consumer Sciences, 2017, \$1408.97.

**Honors and Awards:**

- Lee, S.G., G. Wittman, **G. Manker**, Family, Health, & Wellness Award, National Extension Association of Family & Consumer Sciences, 3<sup>rd</sup> Place Western Region Winner, 2023.
- Manker, G., T. Miller, Team Diversity Award, University of Idaho College of Agricultural and Life Sciences, Extension, 2023.
- Lee, S.G., **G. Manker**, J. Buck, N. Ghimire, Innovative Youth Development Programming Award, National Extension Association of Family & Consumer Sciences, 3<sup>rd</sup> Place National Winner, 2022.

**Honors and Awards (continued)**

- Lee, S.G., **G. Manker**, J. Buck, N. Ghimire, Innovative Youth Development Programming Award, National Extension Association of Family & Consumer Sciences, 1<sup>st</sup> Place Western Region Winner, 2022.
- Knutz, M., D. Murieta, **G. Manker**, T. Miller, P. Lewis, and B. Wall.  
Diversity & Inclusion: Expanding the 4-H Audience Award, National Association of Extension 4-H Youth Development Professionals, First Place State Winner, 2022.
- Morrisroe-Aman, B., J. Amende, **G. Manker**, J. Peutz, S. Martinez, and B. Hutchings.  
Distinguished Team Award, Epsilon Sigma Phi, Chapter Winner, 2020.
- Morrisroe-Aman, B., J. Amende, **G. Manker**, J. Peutz, S. Martinez, and B. Hutchings.  
University of Idaho Extension Diabetes Prevention Program, Certificate of Center of Disease Control Full Recognition, National Diabetes Prevention Program, 2020.
- Manker, G. People's Choice Award, 2<sup>nd</sup> Place, Poster, Juntos Program for A Better Education. Pacific Northwest Tri State 4-H Conference. Bend, Oregon, 2019.

**SERVICE:****Major Committee Assignments:****National:**

- Juntos Family Engagement Curriculum Updating Group, October 2021  
National Dining with Diabetes Working Group, November 2018 – present  
National Dining with Diabetes Curriculum Subcommittee, November 2018 – present

**Major Committee Assignments:****Regional:**

- Western Region Latinx Consortium, January 2021- 2022

**University of Idaho:**

- CALS P & T Committee, 2023 - present  
University of Idaho Admissions Committee, 2022-2024  
University of Idaho Student Financial Aid Committee, 2019–2022 (chair 2021-2022)  
University of Idaho Advisory Committee, Vandal Ideas Program: Engage Pre-College Outreach Program, 2017-2018

**District/Departmental:**

- Central District Mentoring Committee Chair, Tina Miller, 2023-present  
Central District Audit Committee, 2021 - 2022  
Central District Search Committee, Twin Falls County, Juntos Program Coordinator, 2020 - 2022  
Central District Search Committee, Blaine County, Juntos Program Coordinator, 2020 - present  
Central District Meetings Committee, 2018– present  
Central District Search Committee, Twin Falls County, Horticulture Extension educator, 2018  
Central District Search Committee, Twin Falls County, Eat Smart Idaho Community Nutrition Advisor II, 2017

**County/Local:**

- Jerome High School Technical Advisory Committee for Family and Consumer Sciences (FCS) Chair, 2020  
City of Jerome Project, Blue Cross of Idaho Employee Community Fund Recipient, 2018  
Advisory Committee, United Way of Magic Valley- Community School Grant for Jefferson and Horizon Elementary, Jerome School District, 2017  
Magic Valley Registered Dietitian Focus Group for the Idaho Dairy Council, 2017  
March 13, 2017

**Professional and Scholarly Organizations:****National:**

Epsilon Sigma Phi theta Chapter, April 2023  
 Academy of Nutrition and Dietetics-Eat Right, June 2016-present  
 National Extension Association of Family and Consumer Sciences, Dec. 2016 – present

**State:**

Academy of Nutrition and Dietetics-Eat Right Idaho Affiliate, June 2016- present  
 National Extension Association of Family and Consumer Sciences – Idaho Affiliate,  
 Dec. 2016 – present  
 Vice-President of Public Affairs, 2021- present

**Outreach Service:****Classes, Workshops, Seminars, Share Fairs and Tours Organized:**

Juntos family workshop series, Jerome, Idaho, 2023.  
 March 3.  
 January 20.  
 Juntos family workshop series, Jerome, Idaho, 2022.  
 December 2.  
 November 4.  
 October 7.  
 Juntos family workshop series, Jerome, Idaho, 2021.  
 October 1, 15, 29 and November 19.  
 February 19, March 4, April 9 and May 21.  
 Juntos family workshop series, Jerome, Idaho, 2019.  
 September 6, 19, October 10, 17, 31.  
 City of Jerome employee wellness program, Jerome, Idaho.  
 August 25, 2021.  
 November 6, 2018.  
 Juntos – Jerome County, Western Region 4-H Consortium, (on-line) March 9, 2021.  
 Dining with Diabetes Panel, NEAFCS Annual Session, Omaha, Nebraska  
 September 27, 2019.  
 Kimberly Research and Extension Center Twilight Tour, Kimberly, Idaho, July 18, 2018.  
 Migrant Summer School, fairground fieldtrip, Jerome, Idaho, June 20, 2018.  
 Night of the Living Debt. Caminos al Futuro Parent Night, Jerome, Idaho,  
 February 9, 2018.  
 Valley School Family Wellness Night, Hazelton, Idaho:  
 April 20, 2023.  
 March 8, 2018.  
 February 8, 2017.

**Miscellaneous Extension Publications:**

Jerome County Newsletter:  
 Food safety on the grill. Summer 2021.  
 New Nutrition Facts Label. Spring 2021.  
 Canning in electric multi-cookers: is it safe? Fall 2019.  
 Boosting cooking skills for kids. Spring 2019.  
 Healthy tips for diabetes prevention. Winter 2019.  
 Food preservation tips for safely home canning tomatoes and more! Fall 2018.  
 Staying hydrated. Spring 2018.  
 Making focus on food habits. Winter 2018.  
 Slow cookers and food safety. Fall 2017.  
 Common food safety mistakes made when cooking outdoors. Spring 2017.  
 Making small changes for health. Jerome County Newsletter, Winter 2017.

**Miscellaneous Extension Publications (continued)****Popular Press:**

Manker, G. Common outdoor cooking mistakes. The Weekly Sun. Vol. 10- NO. 27, July 5-11, 2017. p. 11.

**Media Presentations:**

Manker G. and Eduardo Reyes, Presenter. "Episode 24: Juntos National Roadtrip (Part III)" Connect Extension Podcast Episodes, 2021 Aug 19.

<https://soundcloud.com/user-735659541/episode-24-juntos-nationalroadtrippart-iii>

**Judging:**

4-H baking and cake decorating interview judge, Jerome County Fair, 2020, 2023.

4-H style review Judge, Jerome County Fair, August 1, 2020.

Family, Career and Community Leaders of America District Competition, February 11, 2020.

Family, Career and Community Leaders of America District Competition, February 5, 2019.

Family, Career and Community Leaders of America District Competition, February 13, 2018.

**Community Service: (non-academic unrelated to employment)**

Gear Up mentor, Jerome Middle School, 2019.

Ike-Kistler Youth Safe House yearly menu review, 2005-present.

Mock interviews, Jerome High School, Jerome, Idaho. May 16, 2017.

Twin Falls Municipal Band, Member, 2007-present.

Magic Valley Symphony, Member, 2006-present.

**PROFESSIONAL DEVELOPMENT:****Teaching:**

Connecting Successfully with your Hispanic Clients: Cultural Competence and Basic Spanish Skills For Nutrition Professionals, 2<sup>nd</sup> Ed, Continuing Professional Education Certificate, 16 CPEU/CEUs, October 31, 2023.

Life with diabetes: A series of teaching outlines, 6<sup>th</sup> Ed, Continuing Professional Education Certificate, 32 CPEU/CEUs, July 15, 2021.

Focus on behavior: Using a weight-neutral approach with your diabetes clients, Continuing Professional Education Certificate, 7 CPEU/CEUs, August 12, 2020.

Juntos Program training, North Carolina State University,

Twin Falls, Idaho, February 15-17, 2022.

Twin Falls, Idaho, November 12-14, 2019.

Raleigh, North Carolina, August 14-16, 2018.

Culinary Nutrition Education Certificate, Commission on Dietetic Registration-Academy of Nutrition and Dietetics, On-line Continuing Professional Education, May 28, 2018.

Idaho Diabetes Program Healthy Lifestyle Coach training, Boise, Idaho, March 24-25, 2017.

**Outreach:**

National Extension Association of Family and Consumer Sciences Annual Session, Providence, Rhode Island, September 11 – 14, 2023.

Children, Youth and Families At-Risk Professional Development Professional Development Training, Phoenix, Arizona, May 23-24, 2023.

University of Idaho, Annual Extension Conference, Sun Valley, Idaho, April 10-14, 2022.

National Juntos Convening, Corvallis, Oregon, March 22-24, 2023.

National Extension Association of Family and Consumer Sciences Annual Session, Raleigh, North Carolina, September 12 – 15, 2022.

Children, Youth and Families At-Risk Professional Development Professional Development Training, Chicago, Illinois, June 1-2, 2022.

University of Idaho, Annual Extension Conference, Moscow, Idaho, April 11-15, 2022.  
 Outreach (continue)  
 Juntos 4-H Program Training, Twin Falls, Idaho, February 15-17, 2022.  
 National Extension Association of Family and Consumer Sciences Annual Session (Virtual),  
 November 1-5, 2021.  
 Children, Youth and Families At-Risk Professional Development Professional Development  
 Training (Virtual), June 9-10, 2021.  
 University of Idaho, Annual Extension Conference (Virtual), April 13-16, 2021.  
 National Extension Association 4-H Youth Development Professionals Annual Meeting  
 (Virtual), October 19-22, 2020.  
 Statewide 4-H In-Service, Boise, Idaho, October 19-22, 2020.  
 Children, Youth and Families At-Risk Professional Development Professional Development  
 Training (Virtual), October 13-16, 2020.  
 Juntos National Convening (Virtual), September 23-24, 2020.  
 National Extension Association of Family and Consumer Sciences Annual Session (Virtual),  
 September 14-16, 2020.  
 University of Idaho, Annual Extension Conference (Virtual), April 13-16, 2020.  
 Statewide 4-H In-Service, Boise, Idaho, October 21-23, 2019.  
 Pacific Northwest Tri State 4-H Professional Conference, Bend, Oregon, April 15–18, 2019.  
 University of Idaho, Annual Extension Conference, Idaho Falls, Idaho, March 26-28, 2019.  
 National Extension Association of Family and Consumer Sciences Conference,  
 San Antonio, Texas, September 24-27, 2018.  
 North Carolina State Extension, National Juntos Program Training, Raleigh, North Carolina,  
 August 14-16, 2018.  
 Society for Nutrition Education Annual Conference, Minneapolis, Minnesota, July 22-24, 2018.  
 Children, Youth and Families At-Risk Professional Development Training, Alexandria, Virginia,  
 June 12-14, 2018.  
 University of Idaho, Annual Extension Conference, Moscow, Idaho, April 2-5, 2018.  
 National Extension Association of Family and Consumer Sciences Conference, Omaha,  
 Nebraska, October 16-20, 2017.  
 New Employee Orientation, University of Idaho, Moscow, Idaho, August 14-17, 2017.  
 University of Idaho, Annual Extension Conference, Burley, Idaho, April 3-6, 2017.

#### **Administration/Management:**

University of Idaho all employee required training, October 12, 2023.  
 University of Idaho annual employee required training, October 14, 2022.  
 Protecting minors training, October 11, 2022.  
 Civil rights and diversity: Know your civil rights, October 19, 2021.  
 University of Idaho annual employee required training, June 24, 2021  
 Supervising in the time of COVID -19, Managing a team from a distance, University of  
 Idaho Professional Development Training (Online), October 13, 2020.  
 University of Idaho search committee training (Online), July 7, 2020.  
 University of Idaho required training, April 2020.  
 Collaborative Institutional Training Initiative, Institutional Review Board  
 committee member update, April 23, 2020.  
 Question, Persuade, Refer, Suicide Prevention Training, Vandal Health Education,  
 April 22, 2020.  
 Collaborative Institutional Training Initiative, Institutional Review Board, Responsible conduct  
 of research, September 4, 2019.  
 Hiring, onboarding and supervising employees training, Jerome, Idaho, June 5, 2019.  
 Collaborative Institutional Training Initiative, Internal Review Board certification update,  
 June 2017.  
 University of Idaho, Diversity and inclusion training, November 2016.  
 University of Idaho, Information technology security, November 2016.  
 University of Idaho, Safety and security awareness, November 2016.