



**Enroll in ZSuite Under this Project Name:** CTD-SEWING FOR FUN

*Approved for 2023-24 Project Year*

**Project Description:** Beginning clothing members learn basic sewing concepts such as using a sewing machine and/or a serger, learning to sew woven or knit fabrics, and basic clothing construction.

### REQUIRED YOUTH CURRICULUM

[Sewing for Fun](#) (Nebraska 4H167), 2008

[Sewing Skills Checklist](#)

[Sewing for Fun Packet](#) (Nebraska 4H169), 2002

[ZSuite 4-H Involvement Report](#)

[ZSuite 4-H Project Record Book](#)

### REQUIRED VOLUNTEER CLUB LEADER CURRICULUM

[Sewing for Fun Leader's Guide](#) (Nebraska 4H168), 1986

### SUPPLEMENTAL RESOURCES

Note: It is recommended that youth participate in this project for 2 years before moving on to the Advanced Clothing project.

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## PROJECT COMPLETION CHECKLIST

STATE REQUIREMENTS	
	Learn to use a sewing machine and/or a serger.
	Learn to sew on woven or knit fabric.
	Complete 25 of the skills listed on the sewing skills checklist each year.
	Develop these three basic construction skills: <ul style="list-style-type: none"> <li>• Straight seams</li> <li>• Sew square or curved corners</li> <li>• Use plain finish on seams</li> </ul>
	Complete the 4-H Project Record Book for this project in your ZSuite Member Account
	Fill out your 4-H Involvement Report in your ZSuite Member Account
	Give an oral presentation (speech, demonstration, or illustrated talk) to your 4-H peers on a topic related to this project. Recommended guidelines for length of oral presentations are: <ul style="list-style-type: none"> <li>• Junior: 5-8 minutes</li> <li>• Intermediate: 8-10 minutes</li> <li>• Senior: 10-12 minutes</li> </ul>
	Complete any supplemental forms or activities required at the County level for your project (see below) and submit to the County Extension Office by the date specified.

ADDITIONAL LOCAL REQUIREMENTS	

FAIR EXHIBIT CHECKLIST	
	Completed Idaho 4-H Involvement Report (ZSuite)
	Completed Idaho 4-H Project Record Book for this project (ZSuite)
	Supplemental forms or materials required at the county level, submitted to the county Extension office by date specified
	Sew For Fun Skills Checklist
	Display one of the items you sewed from the Sewing for Fun packet (Needle book, square pin cushion, etc.)
	<b>Note:</b> The sewing skills and techniques used for the exhibited item should be consistent with a beginning project.

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